through the mercy of God, I passed the crisis, which is generally thought to be the ninth day; after which the fever abated, and I rapidly regained health and strength; so that in a few weeks I was able to leave the Coast for my Station, (Kumasi,) two hundred miles in the interior of Africa; and as our mode of travelling is very peculiar, you would perhaps like to know all about it.

You will understand me more easily, if I first tell you that, in that part, we have no wide turnpike-roads, nor any railroads, as in England; neither have we any horses, as that useful animal cannot live there. only way of travelling, otherwise than walking, is by canoe, if your journey lies parallel to the sea side; but as I had to go directly from the shore inland, I was compelled, if I rode at all, to ride upon the heads of two men, in the following manner: A hammock is slung to a long bamboopole; the men rested it upon the shoulder while I got in; then they raised it upon their heads, and walked away, about four miles an hour. clothes and books were put in boxes of sufficient sizes, when full, to make a good load for a strong man, and were also carried by men upon their heads; but they could not carry me all the way, although they frequently rested themselves. I always walked about two-thirds of the distance. Sometimes we had to scramble through bogs, to climb over the trunks of fallen trees, and to wade through rapid rivers; to do which I had sometimes to tie some stiff sticks together, which my carriers held upon their heads, while I lay upon the top of them, in order to keep out of the water, as it sometimes took the tallest of them up to their chins; and as the beds of the rivers are generally very rocky, and after rains the water overflows the bank, hence there was no little danger

in crossing them; but I always felt safe while under the smile of Him in whose work I was engaged.

The country through which we passed was one dense mass of forest. The lofty trees rising far above our heads, frequently formed a beautiful arcade, screening us from the "sun's directer ray," and affording a delightful shady walk. I sometimes wished that I had known more of botany, that I might have studied to greater advantage these beautiful specimens of the vegetable kingdom; and then, again, I should almost feel thankful that I did not, as it might have been a temptation to induce me to forget the great object of my mission, in preaching the Gospel, and in exhorting the people to turn from dumb idols to God. And, indeed, during my travels, I had no time to investigate many interesting objects which came under my notice, as I travelled two hundred miles in eight days, exclusive of Sundays, on which I always rested.

There are many villages and towns along the path; and I always stayed at a village to take refreshment, frequently sitting under a tree in the street, and partaking of the bounties of Providence, in the midst of scores of the natives, who were always out to have a look at us, and not unfrequently bade us welcome. But then we wanted sleeping-places by night as well as resting-places by day; and we generally came into a village at sunset, which takes place about six o'clock, as the days are nearly equal all the year round. After looking round for a suitable house, we beg the owner or occupier to clean if out, and to remove the pots, calabashes, and armour with which they are generally decorated. That being done, we take possession, and commence operations. One runs to fetch water; another cooks the supper; while two or three others are employed in making the house a little