

# Ministers of the Gospel Speak Out

TELL THE PUBLIC OF THE GREAT WORK PSYCHINE IS DOING

Psychine in its great work of healing those diseases that lead to consumption, and even consumption itself has naturally come under the notice of a large number of the clergy, and many of them have felt it their duty to let the public know what splendid results come from its use. Here are a few instances of what clergymen say:—

**REV. JOS. ODERY, formerly of Broadway Tabernacle, Toronto.**

"I have found Psychine to be one of the best remedies for throat and chest troubles that I know. It is prompt, efficacious and reliable."

**REV. WM. H. STEVENS, Paisley, Ont.**

"Psychine seemed just the stimulant my system needed. I shall add my testimony as to its efficacy at every opportunity."

**REV. R. M. BROWNE, Amherst Head, N.S.**

"I have often recommended Psychine since taking it myself, for I believe it is a cure for the troubles you specify."

**REV. J. J. RICE, 51 Walker Ave., Toronto.**

"My wife suffered two very severe attacks of La Grippe, one of which threatened rapid consumption, there being a hereditary tendency in that direction. They were speedily corrected by Psychine, leaving no trace of the disease."

**REV. CHAS. STIRLING, Bath, N.B.**

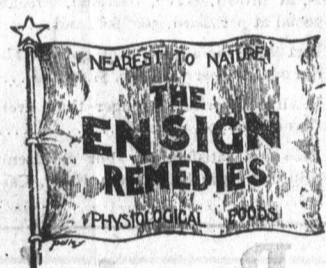
"I have used Psychine in my family; the results were marvelous. I have visited people who state they never used its equal. I have no hesitation in recommending it."

**REV. J. S. I. WILSON, Markdale, Ont.**

"I have taken two bottles of Psychine, and am pleased to say that I am greatly improved in health. I was troubled with my throat, but now I find it about restored to its normal condition. I find my work very much less taxing. I have reason to believe Psychine is all that is claimed for it."

Where sickness is there the minister of the gospel is found. His is the opportunity to note how the sufferer got relief, what furnished the relief, and what caused the cure. Large numbers of the clergy of Canada recommend Psychine. They know, out of their experience, that it is the greatest preventive of consumption, the greatest builder-up of weak men and women, science has given to the world.

**Psychine is 50c. per Bottle.** Larger sizes \$1.00 and \$2.00. At all druggists.



"Whatever is sufficient to build a human body is sufficient to keep it in repair."

—**ENSIGN**  
The Ensign Remedies contain the elements out of which and by which your body was constructed. They will repair and cure any disease condition.

If you are sick you need them.

REMEDIES AND PRICES.	
No. 1. Mental Diseases.....	25
No. 2. Headaches.....	25
No. 3. Fevers, Inflammations.....	25
No. 4. Malarial Diseases.....	25
No. 5. Colds and Coughs.....	25
No. 6. Bronchitis and Coughs.....	25
No. 7. La Grippe.....	25
No. 8. Croup.....	25
No. 9. Chronic Catarrh.....	25
No. 10. Catarrh of Stomach.....	25
No. 11. Tonsillitis, Quinsy.....	25
No. 12. Sore Throat.....	25
No. 13. Neuralgia.....	25
No. 14. Nervous Diseases.....	25
No. 15. Spasms, Fits, Chorea.....	25
No. 16. Whooping Cough.....	25
No. 17. Dyspepsia, Indigestion.....	25
No. 18. General Debility.....	25

No. 19. Diarrhoea, Dysentery.....	25
No. 20. Colds, Cramps.....	25
No. 21. Constipation.....	25
No. 22. Hemorrhoids.....	25
No. 23. Liver Complaints.....	25
No. 24. Worms.....	25
No. 25. Kidney Complaints.....	25
No. 26. Bladder Diseases.....	25
No. 27. Eruptions, Bed Wetting.....	25
No. 28. Rheumatism.....	25
No. 29. Toothache.....	25
No. 30. Asthma.....	25
No. 31. Heart Disease.....	25
No. 32. Skin Diseases.....	25
No. 33. Glandular Diseases.....	25
No. 34. Injuries, mechanical.....	25
No. 35. Amenorrhoea, scanty menses.....	25
No. 36. Menorrhagia, profuse menses.....	25
No. 37. Change of Life.....	25
No. 38. Prolagues.....	25
No. 39. Diseases of Breasts.....	25
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No. 41. Tuberculosis.....	1.00
No. 42. Syphilis, primary.....	1.00
No. 43. Syphilis, secondary.....	1.00
No. 44. Syphilis, tertiary.....	1.00
No. 45. Gonorrhoea.....	1.00
No. 46. Gleet and Stricture.....	1.00
No. 47. Seminal Losses.....	1.00
No. 48. Seminal Weakness.....	1.00
No. 49. Impotency.....	1.00
No. 50. External.....	1.00
No. 51. Diseases of Prostate.....	1.00
No. 52. External.....	1.00
No. 53. Varicocele.....	3.00 and 10.00

Books on General Diseases, Private Diseases, Women's Diseases and Varicocele of Druggists.

**SOLD BY DRUGGISTS.**

Central Drug Co. have a stock of these Remedies.

**The Wiles of Beasts of Prey.**  
The panther on the plains of Patagonia gets as near a herd of guanacos as it can, then lies down behind a bush on its back. It puts one paw up in the air, then another, then the third and fourth and after a bit all four at once. That seems curious to the guanacos, and they come close to investigate. Up jumps the panther and lights on the nearest one's back and breaks its neck. A fox up in Nova Scotia comes down to the bay of Fundy and goes jumping along the beach a couple of rods and back again, rising on its hind legs at each about face and waving its big tail in the air. The little flock of four or five Canada geese out on the water begin to wonder what can be the matter with the fox. They swim up into the shallow water to investigate, when in dashes the fox and grabs one by the neck. The men have taken advantage of this trick and have trained dogs to do as the fox does. For lack of a dog men themselves have ambled about on their hands and knees to attract the birds.

**SICK HEADACHE**  
Many varieties of headache exist, those most prevalent being sick or bilious headache, nervous headache, headache from constipation, etc.  
Headache is an effect of disease, the cry of the suffering body for relief from some pressing disorder.  
Undoubtedly the cause must be removed in order to cure the headache permanently. Wrong action of the stomach, liver or bowels is responsible for nine out of ten cases of headache.  
In sick headache (a very common form) there is sometimes nausea and vomiting and usually constipation.  
In nearly all forms of headache

**Burdock Blood Bitters**  
has proved itself a specific—a medicine that has cured where all others failed.

Keep the stomach, liver and bowels in perfect working order by the use of nature's regulator and tonic, Burdock Blood Bitters, which cures all forms of headache by removing the cause.

Miss L. Smith, Merrisburg, Ont., writes: "I desire to let you know how much good Burdock Blood Bitters has done for me. I was troubled with headaches all the time, and could get no relief, until a friend told me of your Burdock Blood Bitters. After taking two bottles of it, I can say that I am completely cured."

B.B.B. is for sale at all druggists and general stores. Do not accept anything "just as good."

**COULD BE WORSE.**

They tell me the people of Europe are at stake in Algeria.

That's not the worst of it. What could be worse?

Why, the Kaiser wants to be the stakeholder.

## IF YOUR BODY EXPLODED.

Human Energy Is a Result of Continuous Explosions—Waste and Repair of Body.

In the great chemical factory of the human body there is a constant explosion upon millions of cells work night and day manufacturing and converting vital force into heat, work and electricity. Every portion of the body, even in the teeth, bones and hair, is full of constant motion, though the person is apparently inert in sleep. The sum total of this energy can only be equalled by a powerful engine. And the comparison is apt, for the body is indeed an engine of marvellous complexity and efficiency, but still an engine. Like the steam and gas engines it works by expansion and expulsion of gases and vapors.

A man weighing 160 pounds contains 88 pounds of oxygen gas, 14 pounds of hydrogen, and a few pounds of other gases. In all his body holds about 107 pounds of gas in a highly condensed and concentrated form, only to be compared with gasoline or gunpowder.

These gases of the human body, should they suddenly expand to their normal size, would cause a thunderous explosion, powerful enough to wreck a large building or sink a battleship. The fourteen pounds of hydrogen alone would occupy 2,800 feet of space.

It may seem strange that we don't blow up. The fact is we do explode continuously from our birth to our death, and even for a time afterward. But the explosions are so small, so numerous and so well muffled that no ear or instrument can detect them.

Every thought or movement of the body means the setting off of a train of explosions. The waste gases pour out of our mouths from the lungs, and ooze through the skin and stomach, go puffing and banging away all day long like an automobile with a million cylinders.

Everywhere parts of these engines are breaking down and getting out of order. If our health is good, repair goes on as fast as the breakage, and the work of the body is done thoroughly. Sometimes repair is done on a larger scale than the waste and breakage. Then we have growth and increase in weight.

If the breakdowns occur faster than they are repaired the organs waste away, work accumulates, the system becomes clogged and unless things are readjusted in time a general disorganization follows—at least organized work stops and the person is dead.

For some time after the body as a whole is dead, growth goes on, and there live on gradually succumbing to their altered conditions. They die just as the inhabitants of a large city would die if they could not leave their homes, should the water, gas and food and sewage systems suddenly stop.

The popular belief that the material of the body is renewed once every seven years is erroneous. The greater part of the matter in our bodies at this moment has been there from twenty to thirty days. The source of material for construction, reconstruction and repair is in our food.

The greatest amount of this loss and repair or metabolism, as it is called, occurs between the thirtieth and fortieth years of life—that is to say, when man's creative energy is most fully developed. It is greater in men than in women and children, and is, as Massachusetts has observed, the measure of life.

Professor Fischer of Paris, has discovered that an average man in a working day gives off enough heat to run an engine of about one-half horse power. According to his figures man, as a motive power, is 100 times as expensive as mechanical energy.

All man's needs the most indispensable is air, for it contains the most important of all nutrients, oxygen, without which life is impossible. For to live is to breathe, to burn, to oxidize. As soon as the proportion of oxygen in the air falls from the normal 21 per cent. to 7 per cent. suffocation commences.

In ordinary breathing a little more than a pint is inhaled and exhaled at every complete breath. Though the quantity is the same when the air leaves the lungs as when it enters, the quality is very different.

The air expelled from the lungs contains more carbonic acid and moisture and much less oxygen. The quantity of carbonic acid given off is increased by exercise, and is greater with vegetable diet than with animal.

In twenty-four hours, a man absorbs about 26 ounces, or 143 gallons of oxygen and exhales about 32 ounces, or 124 gallons, of carbonic acid.—Dr. Adolph Heilbronn.

**Nail Caused Explosion.**  
One of the most devastating explosions on record—at Ross—was caused by a single nail in the shoe of one of the employees. Such a trifle will strike a spark that, though quite unnoticeable, will explode as much powder as would fill a theatre. The dynamite has to search every employee before he enters the works, and not the tiniest scrap of metal is allowed, nor, of course, any matches, nor a metal button, while everyone has to leave his boots away from the factory, and put on a pair of felt shoes.

**Intellectual Birds.**  
A certain university doctor, desiring to see a birdcatcher exercise his employment, accompanied him to the field. As soon as he saw the birds he hallooed in Latin:

"There they are!"

The birds took the alarm. The sportsman, indignant at the absurdity of the professor, told him of it in very plain terms.

"My good friend," exclaimed the doctor in great astonishment, "who would have imagined that birds would have understood Latin?"—London Quaker.

**Strength of the Ant.**  
If a man had the strength of the ant he could lift 500 times his own weight. Thus if the standard weight of man were 150 pounds he could lift without undue exertion 75,000 pounds. Think how such a condition would affect the labor problem or how it would express itself in prowess of peace and war beyond the wildest dreams! And if an ordinary man was so strong how marvelously more able would be a Sandow of that race of Samsons!

## Ashamed of her Skin

Now proud of the complexion "Fruit-a-tives" gave her.

Bad complexions are all too common among women. The skin becomes sallow—pimples and blotches break out. Then women try lotions and creams and "beautifiers" which really injure the skin. They never think of constipation and bad digestion—sick kidneys or torpid liver—as the CAUSE.

"I was a martyr to that distressing complaint—chronic constipation—and had a dreadful complexion, sallow in the extreme and black under the eyes. Last May, I was advised to try 'Fruit-a-tives.' Before I had finished the first box, the constipation was relieved. My complexion began to clear up again. The sallowness disappeared, and the black circles under my eyes went away. Since then I have continued to improve and now my complexion is as clear as when I was a young girl. To all persons suffering from constipation and indigestion, and particularly those with bad complexion, I would most emphatically advise them to try 'Fruit-a-tives.'"

FLORENCE JAMISON, MASSO, P. O.

**Fruit-a-tives**  
or Fruit Liver Tablets

strike right at the root of the trouble. The skin helps to dispose of the waste of the body. When the bowels don't move regularly—when the kidneys are clogged—the blood carries the poisons, which the bowels and kidneys won't pass off, to the skin. The pores of the skin become clogged with this poison and the complexion becomes grey or sallow or irritated and inflamed—and pimples and blotches are the natural result of the poisoned blood.

"Fruit-a-tives" correct faulty digestion and make the bowels move regularly. They act directly on the kidneys—and open the millions of tiny pores of the skin by stimulating and strengthening the glands. This insures all the waste of the system being removed as nature intended. It insures pure, rich blood—and who ever heard of a bad complexion where the blood was rich and pure?

"Fruit-a-tives" cost 50c a box and are worth 50c. To any woman who values her complexion, if your druggist has none or if we will send them on receipt of price—50c a box or 6 boxes for \$2.50.

FRUIT-A-TIVES LIMITED, OTTAWA.



**Scale for Men's Hosiery.**

The fact is not generally known that men's hosiery measures in inches from toe to heel the same number as the size. For example, size 8 is equivalent to eight inches, and this standard rule applies with similar effect upon smaller or larger sizes. Hence, it is so conforming in measurement is commercially regarded as imperfect stock.

The following fixed trade list of half hose sizes shows the corresponding sizes of shoes if proper fit be desired:

Size of shoe.	Size of hose.
6 1/2	6 1/2 or 7
7	7 or 8
7 1/2	7 1/2 or 8 1/2
8	8 or 9
8 1/2	8 1/2 or 9 1/2

—New York Press.

## OPEN PUBLICITY THE BEST GUARANTEE OF MERIT.

When the maker of a medicine, sold through druggists for family use, takes his patients fully into his confidence by frankly and fearlessly publishing the full list of all its ingredients in plain English, this action on his part is the best evidence that he is not afraid to have the search light of investigation turned full upon his formula and that the most thorough investigation, Dr. Pierce's Favorite Prescription for the cure of the weaknesses, periodical pains and functional derangements of the organs distinctly feminine, is the only medicine put up for sale through druggists for women's special use, the maker of which is not afraid to take his patients into his full confidence by such open and honest publicity.

A glance at the published ingredients on each bottle wrapper, will show that it is made wholly from native, American, medicinal roots, that it contains no poisonous or habit-forming drugs, no narcotics and no alcohol—pure, triple-refined glycerine, of proper strength, being used instead of the commonly employed alcohol, both for extracting and preserving the active medicinal properties found in the roots of the American forest plants employed. It is the only medicine for women's peculiar diseases, sold by druggists, that does not contain a large percentage of alcohol, which is in the long run so harmful to women's delicate, nervous system. Now, glycerine is perfectly harmless, and serves a valuable purpose by possessing intrinsic value all its own, and besides it enhances the curative effect of the medicine by its action on the "Favorite Prescription."

Some of the ablest medical writers and teachers endorse these views and praise all the several ingredients of which "Favorite Prescription" is composed—recommending them, for the cure of the very same diseases, which this world-famed medicine is advised. No other medicine for women has any such pronounced endorsement by the world's eminent medical writers and teachers, endorsing the several ingredients and recommending the use of the medicine as made of. It's free for the asking.

**THE SMALLEST BRITISH COIN.**  
The smallest British coin is not the farthing. In the reign of Queen Victoria half-farthings were in circulation in the island of Ceylon.

## GLASS OF THE ANCIENTS.

The Glassblowers of Thebes Were Experts Many Centuries Ago.

The glassblowers of ancient Thebes are known to have been as proficient in that particular art as is the most scientific craftsman of the same trade of the present day after a lapse of forty centuries or so called "progress." They are well acquainted with the art of staining glass and are known to have produced that commodity in great profusion and perfection. Rosellini gives an illustration of a piece of stained glass known to be 4,000 years old, both in tint and design. In this case the color is struck through the vitrified structure, and he mentions designs struck entirely in pieces from a half inch to three-quarters of an inch thick, the color being perfectly incorporated with the structure of the piece and exactly the same on both the obverse and reverse sides.

The priests of Ptah at Memphis were adepts in the glassmaker's art, and not only did they have factories for manufacturing the common crystal variety, but they had learned the vitrifying of the different colors and the imitation of precious stones to perfection. Their limitations of the amethyst and of the various other colored gems were so true to nature that even now, after they have lain in the desert sands from 2,000 to 4,000 years, it takes an expert to distinguish the genuine article from the spurious. It has been shown that besides being experts in glassmaking and glass coloring, they were the diamond in cutting and engraving glass. In the British museum there is a beautiful piece of stained glass, with an engraved embossment of the monarch Thothmes III, who lived 3,400 years ago.

## THE ATMOSPHERE.

First Attempt to Weigh It Was Made by Aristotle.

If we are to believe both legend and history, the first attempt to weigh air was that made by Aristotle, the great Greek philosopher of the fifth century. He first weighed an empty goatskin bag and then inflated it and again put it in the balances, and because he found no difference in weight under the two conditions announced to the world that air was a substance wholly without weight.

With modern laboratory apparatus most any high school scholar can demonstrate the fact that a flask of ten cubic inches capacity weighs fully three grains more when filled with air than it does after being placed under the exhaust of an air pump. The numerous experiments that have been made on the weight of air warrant the scientists in announcing that the weight of the whole terrestrial atmosphere is about equal to that of a solid copper ball sixty-two miles in diameter. The philosophers have also shown that the weight of the atmosphere must be limited to where gravity overcomes the centrifugal force. If it were of equal density throughout its height above the earth, it could not extend a greater altitude than 27,815 feet, which would leave about 1,200 feet of Mount Everest sticking out above the atmosphere. It is a well known fact, however, that air loses its weight and density as we ascend from the sea level, and calculations which have been made on that basis go to show that there may be a stratum of very thin air at a height of 21,000 miles.

## The Use of Quinine.

People who suffer with the liver and who get run down in nerve strength sometimes complain that quinine does them no good, says a physician. The reason is this: When quinine passes into the intestine it is acted on by the bile and forms with it a salt that is soluble only in a great excess of bile, so it passes out of the system without entering the blood at all. To prevent this bilious persons ought to clear out the bile by a good liver pill or a saline purgative before the quinine is taken. Even when the liver is not affected it is always best to take such medicines before using quinine.

## The Earth and Man Compared.

If it were possible for a man to construct a globe 800 feet in height—less than twice the height of the Washington monument—and to place upon any portion of its surface an atom one-fourth of an inch in diameter and eight-tenths of an inch in diameter and one hundred and twentieth of an inch in height, it would correctly denote the proportions man bears to the gigantic globe upon which he stands.

## A Kissing Duel.

At some amateur theatricals in Victoria two people in the stalls, whenever the heroine was kissed, kissed each other loudly and with ostentation. It turned out that the man in the audience was the husband of the heroine, who disapproved of her theatrical tastes and, with the help of an amiable friend, took this way of reproving them.—Sydney (Australia) Bulletin.

## An Accomplishment to Be Revived.

Tommy Hardup—Can you whistle, Mr. Wigwag? Wigwag—No, my boy. My whistling days are over. Tommy—Then you'd better learn again. Wigwag—Why? Tommy—Cause I heard pop say he owed you some money and you'd have to whistle for it.

## Fixed For Life.

"I can't understand how that young lawyer lives. I've never heard of him having a client."

"On haven't? Why, he is one of the people who helped to break old Biggsen's will. He doesn't need clients."

Many a tongue shakes out its master's undoing—Shakespeare.

### Which are You Going to Use?

#### WOODEN SHINGLES

Dry out, warp and crack to rain and snow soak in. Are instantly in flames from sparks or lightning. Compel you to pay highest insurance rates. Last from 3 to 10 years.

#### METAL SHINGLES

Are rainproof. Are snowproof. Are fireproof. Are lightningproof. Cut down your insurance premiums one-third. And last for 50 years.

Separate catalogues for Walls, Ceilings, Siding, Roofs, etc., beautifully illustrated, FREE—if you say what you are interested in, and mention this paper.

THE METAL SHINGLE & SIDING CO. LIMITED  
PRESTON, ONT.

### District

#### FLETCHER.

Geo Robertson was in Chatham on Saturday on business.  
N. H. Bewley was here on business on Thursday.  
Wm. Coutts intends buying the Adams farm in East Tilbury.  
Several men are here putting in the Block system on the M. O. R.  
A very pretty wedding took place at St. Patrick's Church on Monday, the contracting parties being Wm. Robertson and Miss Katherine Murphy, both of this place.  
James Finlay, who has been visiting friends and relatives here for the past few months, has returned to his home in the west.  
**ROMNEY.**  
Miss Ina Dawson, of Detroit, is visiting at her home here.

Ed. Suskey has returned to Dawson City.  
Golden Heatherington and Mrs. J. Renwick have returned home from Harper's Hospital, Detroit, much improved in health.  
Mrs. W. T. Wickwire has been visiting her brother, Enoch Watson, Miss Maud Bruner, of Kingsville, visited friends here a few days.  
Mr. and Mrs. Wm. Dawson have returned home after spending a fortnight with friends in Blenheim, Wallaceburg and Zone.  
Mr. and Mrs. Isaac Dawson, of Coatsworth, are the happy parents of a baby boy.  
Oliver Edwards has moved his family to Leamington, where he has secured a good steady job.  
Mr. Frank Coatsworth, of the Maple City, spent some time with friends in Romey.  
Andrew McClutchie, of Cedar Springs, is stopping with the Heatheringtons.  
Thomas Cox has moved into Mr. H. Robinson's house, lately vacated by Mr. Geddes.

### We Trust Doctors

Some educationist has made a collection of more than two hundred "tongue twisters":  
"A glowing gleam glowing green."  
"The black breeze blighted the bright broom blossoms."  
"Flesh of freshly dried flying fish."  
"Two toads tried to trot to Tedbury."  
"Give Grimes Jim's great gilt gig whip."  
"Strict, strong Stephen Stringer snared six sickly silky snakes."  
She stood at the door of Mrs. Smith's fish sauce shop welcoming him in."  
The first three are the gems of the collection. It is said to be impossible for anyone to repeat them rapidly.

### Tenders for Pulpwood Concession

Tenders will be received by the undersigned up to and including the 18TH DAY OF APRIL NEXT for the right to cut pulpwood on certain areas tributary to the Montreal River, in the District of Nipissing, the Nepigon River in the District of Thunder Bay, the Red Lake, the Washago River and the Lake of the Woods, all in the District of Rainy River. Tenders should state the amount they are prepared to pay as bonus in addition to such dues as may be payable from time to time for the right to operate a pulp or pulp and paper industry on the areas referred to. Successful tenders will be required to erect mills on the territories and to manufacture the wood into pulp in the Province of Ontario.  
Parties making tenders will be required to deposit with their tender a marked Cheque, payable to the Treasurer of Ontario, for 10 per cent. of the amount of their tender, to be forfeited in event of their not entering into agreements to carry out conditions, etc. The highest or any tender not necessarily accepted.  
For particulars as to description of territory, capital required to be invested, etc., apply to the undersigned.  
HON. F. COCHRANE,  
Minister of Lands and Mines,  
Toronto, Ont.

### Free to You, My Sister

Free to You and Every Sister Woman Suffering from Women's Ailments

I will mail, free of any charge, my home treatment with full instructions to any sufferer from women's ailments. I want to tell all women about this cure—your, my reader, for yourself, your daughter, your mother, or your sister. I want to tell you how to cure yourselves at home without the help of a doctor. Men cannot understand women's sufferings. What we women know from experience we know better than any doctor. I know that my home treatment is a safe and sure cure for Leucorrhoea or White Discharges, Uterine Displacement or Falling of the Womb, Protrusion, Scanty or Painful Periods, Excessive Ovarian Tumors or Growths, also pains in the head, back and bowels, bearing down feelings, nervousness, creeping feeling up the spine, melancholy, hot flashes, weariness, kidney and bladder troubles where caused by weaknesses peculiar to our sex.  
I want to send you a complete ten days treatment entirely free to prove to you that you can cure yourself at home, easily, quickly and surely. Remember that it will cost you nothing to give the treatment a complete trial, and if you should wish to continue, it will cost you only about 12 cents a week, or less than two cents a day. I will not interfere with your work or occupation. Just send me your name and address, tell me how you suffer if you wish, and I will send you the treatment, for your case, entirely free, in plain wrapper, by return mail. I will also send you free of cost, my book "WOMAN'S OWN MEDICAL ADVICE," with explanatory illustrations showing why women suffer, and how they can easily cure themselves at home. Every woman should have it, and learn to think for herself. Then when the doctor says, "You must have an operation," you can decide for yourself. Thousands of women have cured themselves with my home remedy. It cures all older or younger.  
To mothers or daughters, I will explain a simple home treatment which speedily and effectively cures Leucorrhoea, Great Sickness and painful or irregular menstruation in young ladies. Plumpness and health always result from its use.  
Wherever you live, I can refer you to ladies who can refer you to ladies who will gladly tell you all about this Home Treatment. It really cures all women's diseases, and makes women well, strong, plump and robust. Just send me your address, and I will send you the free ten-day treatment, and also the book. Write today, as you may not see this offer again. Address:  
• MRS. M. SUMMERS •  
Box 4 Windsor, Ont.

### DOCTORS RECOMMEND LAMON BROS. BREAD

Phone 489

### FRED BIDDLE

Horseshoer and General Blacksmith. All kinds of Iron Work Made and Repaired. Lawn Mowers Sharpened. Good workmanship at reasonable charges.  
Awarded Two Diplomas for Horseshoing Shop, Wellington St., Opposite Market Square.

### STOP TAKING DRUGS

All Diseases Successfully Treated by Osteopathy, Chiropractic and Psycho-Therapy. Particular attention given to nervous and mental troubles with both men and women. Consultation Free.  
R. C. WEESE, D. S. T.  
WELLINGTON STREET WEST, CHATHAM, ONT.

### DOCTORS RECOMMEND LAMON BROS. BREAD

Phone 489

### FRED BIDDLE

Horseshoer and General Blacksmith. All kinds of Iron Work Made and Repaired. Lawn Mowers Sharpened. Good workmanship at reasonable charges.  
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### DOCT