

COULD NOT STOP THE HEADACHES

Until She Tried "Fruit-a-tives" —Made From Fruit Juices

112 Centre St., St. John, N.B.
"I feel I must tell you of the great benefit I have received from your wonderful medicine, 'Fruit-a-tives'. I have been a sufferer for many years from *Violent Headaches*, and could get no permanent relief. A friend advised me to take 'Fruit-a-tives' and I did so with great success; and now I am entirely free of 'Headaches', thanks to your splendid medicine".
MRS. ALEXANDER SHAW,
50c. a box, 6 for \$2.50, trial size 25c.
At all dealers or sent on receipt of price, postpaid, by Fruit-a-tives Limited, Ottawa.

Perfect Eyesight

If Perfect Eyesight could be purchased, it would out-sell Victory Bonds or any stock on the market.

Perfect Glasses are the only substitute, and they may be purchased here.
Our many year's experience in fitting all kinds of defective vision enables us to correct the most difficult cases.
Poor eyes throw the whole nervous system off balance. Our glasses will positively correct this fault and give you relief from eyestrain.

Harvey Optical Co.

OPTOMETRIST
8 South Market St.,
Open Tuesday and Saturday
Evenings

Have you Indigestion?

Your food will continue to disagree with you, and cause distress until you strengthen your digestive organs, and tone and sweeten the stomach. You can do this quickly and surely by promptly taking a few doses of

BEECHAM'S PILLS

Their natural action relieves the stomach of undigested food, stimulates the flow of gastric juice, renews the activity of the liver and bowels, and strengthens the digestive system. Take them with confidence, for 60 years' experience prove that Beecham's Pills

Are good for the Stomach

Largest Sale of Any Medicine in the World. Sold everywhere, in boxes, 25c.

GRAND TRUNK RAILWAY SYSTEM

Time Table Changes

A change of time will be made on JUNE 23RD, 1918.
Information now in Agents' hands.

Eat less Bread

Don't miss the bargain in White Loaves and Muffins, Wednesday (to-morrow) at Grompton's. Thousands of yards to go at 15c and 20c, worth twice the money.
How's This?
We offer \$100.00 for any case of cancer that cannot be cured by HALL'S CATARRH MEDICINE. HALL'S CATARRH MEDICINE is taken internally and acts through the blood on the mucous surfaces of the system. Sold by druggists for over forty years. Price 75c. Testimonials free.
E. J. Cheney & Co., Toledo, Ohio.

"THE WAR IS A BLINGER"

Laconic Message of Canadian Soldier Voices Sentiments of All—Brantford Officer Writes of Y. M. C. A. Work

France, May 22nd, 1918.
To The Editor, The Courier, Brantford, Canada.
Dear Sir,—A rainy day sometimes interferes with military work to the extent of giving us opportunity to complete letters as per enclosed which I trust will be of interest to all your readers.
You will note this communication is written with pencil. Lack of ink coupled with other inconveniences in our present location force us to "carry on" in a somewhat primitive fashion.
Sincerely,
W. H. Wood, Captain.
In the Field, France.

A story is going the rounds which rather shows the effort it is for one to write of the many things which come to his attention in France and of how busy one can be helping prevent the enemy achieving the object of his ambition. The story runs somewhat as follows:
Realizing the duty of a son to write to his mother and that parents and friends like to hear from him, the Y.M.C.A. urges soldiers to write home following an exhortation along this line one young man wrote thus about his experience of two years: "Dear Mother—The war is a blinger. Tell Aunt. (Signed) Billy."
All who have had direct experience agree "the war is a blinger" and that there are many better places which might be chosen as a health resort. Many Brantford boys would I am sure prefer spending the summer at Mohawk Park, on the Grand River or at Port Dover. Yet the spirit displayed by the troops is most wonderful and I am sure it is not all "camouflage". Without his humour, his great knowledge and his happy knack or genius for turning unpromising material into a home, monotonous food into more or less tasty dishes and depressing surroundings into being "tumbled" into the hands of the Iron Cross.

Speaking of forward work of the Y.M.C.A. in which I have been engaged recently, it is hard to forego the appreciation of it by the men whom we strive to serve is only exceeded by the great need for its enlargement and extension. This is a matter of more money and I am sure that citizens of Canada will continue to contribute to that which means so much to the men bearing the brunt of battle. This home support means an added source of strength to our soldiers in the knowledge that Canadian citizens are standing by them in the bitter struggle to make the world safe for democracy.

We are greatly interested in the splendid type of boys coming from Canada now—boys who when the war commenced, enlisted to enlist—boys who will eventually win the victory. It again brings to our attention how much nations, in the last analysis, depend on the boy. Boys to-day, citizens and soldiers to-morrow, it is to be hoped those who heretofore were loath to be interrupted or assumed an air of indifference and resentful impatience when approached upon any phase of work centering on boy welfare will be awakened to a generous interest and sympathy toward efforts to supplement in a community the home, church and school in their processes of character building.

Relaxation of customary restraints, loss of home guidance and controlling influence means that no previous generation of youth was ever so exposed or subjected to very special dangers and peculiar perils, of which the Hun is not the greatest. For these boys everything possible should be done by the citizens of Canada, whose influence reaches far beyond the Dominion, to keep them as home folk and friends, who have been protecting them during the years, would have them kept, with the thought in mind, that after achieving a worthy and complete victory they should return fit and ready to deal with the great issues that will face them when they take their places of leadership in the affairs of Canada—a leadership to which they must inevitably be called.
W. H. Wood, Captain.

in all seclusion, upon hearing shells bursting outside, that he was more frightened wondering what he should do if a shell hit the bath house while he was in it, than when he was in the trenches. This officer, by the way, had won his Military Cross. Again while in conference with a group of officers, who were accustomed to the coming of shells, when a programme of athletic events was being arranged, the question of having a 10 pound "shot put" on the list was raised. After due consideration it was ruled out as being too dangerous. At the story of the soldier who had been fighting on the northern part of the western front, spending his leave with friends 1,200 yards from the front, on another part of the line, the sound of shells going out (ours) and shells coming in (his), the sound of incoming shells is likened to a peculiar noise made by the males in lieu of a cry. To become acquainted with this it will be necessary to visit France for I fear, judging from the number seen, all animals of this invention must be here rather than in Missouri.
The really affectionate terms in which the individual German soldier is spoken of by our soldiers is remarkable. Heine and Fritz are common and as mentioned before, Jerry is now heard. This affection is also shown in the treatment given individual German prisoners. The care taken to mark the grave of an unknown German soldier is another illustration. One of the most pathetic sights is that of single graves on a lonely road marking the resting place of unknown British, French and German soldiers—friend and foe—for whom fighting is over. Trips up the line to our "Forward Work" take us past a German cemetery where many bodies are buried, among them being numbered winners of the Iron Cross.

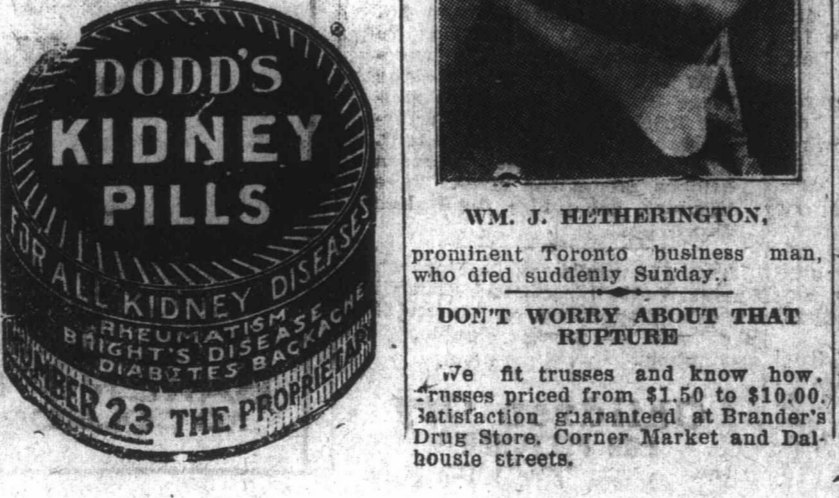
When the revolution in Petrograd had got well started, says Florence Harper in her book, "Runaway Russia," soldiers in pairs and in small groups went about invading apartments and houses, explaining that they were searching for suspected enemies of the revolution. The author was always out and about seeing what she could. One day she had taken refuge (and lunch) in the apartment of Mr. Martin of the American Embassy. Suddenly the maid rushed in, shrieking, "They're killing on the stairs." Mrs. Harper and the others could scarcely get up the stairs, thus of hard objects striking soft ones. Then two excited soldiers rushed up to the Martin apartment. They came in, bringing two rifles and two bombs. They were paid and won by the exhibition of a diplomatic passport with red ribbons and a red seal: anybody carrying red was all right. Mrs. Harper continues: "Martin asked them to come in and have some tea. They came into the dining-room and we all sat down. The soldiers placed their bombs at the edge of the table. Now they were to be dropped to explode."
"Get those bombs away from the edge of the table," I said.
"All right, as soon as I can," Kierforth said.
"The soldiers were very pleased with their reception, — so pleased that they entertained us with a description of how they had just killed a policeman. All the time we had been talking to them there was a terrible noise of bumping and smashing going on. None of us paid any attention to it; we did not dare to. I thought they had placed a big gun on top of the roof and that it was being fired. We did not talk among ourselves in English; we did not want to arouse any suspicions. One of the soldiers described the killing. He used his comrade as a dummy, and picking up his rifle, showed how he hit him with the butt and then stabbed him with the bayonet. Finally he sat down and we all applauded. I picked up a bomb and said in French, 'May I see it?' The soldier was delighted. He explained how it was made, and all the rest of it, and I said that it was a very beautiful bomb and carefully placed it in the centre of the table. Martin lifted the other one to the centre of the table, so we felt safe for awhile."

W. J. HETHERINGTON,

prominent Toronto business man, who died suddenly Sunday.

DON'T WORRY ABOUT THAT RUPTURE

We fit trusses and know how. Trusses priced from \$1.50 to \$10.00, satisfaction guaranteed at Brander's Drug Store, Corner Market and Dalhousie streets.



HOW TO SAY "GOOD MORNING."

In granting "Good Morning" we give you fair warning.
You're passing good fellowship by. In growing "Good Morning," all cheerfulness scorning.
You're due for a growl in reply.
In chirping "Good Morning" the day you're adorning.
And making an excellent start.
So honor each meeting with a pleasant greeting.
And say it right out from the heart.

HAD INNOCENT ANCESTOR.

T.N.T. is "Grandson" of Coal Tar and Not Easily Exploded.
Trinitrotoluene, the trit of the Germans and the T.N.T. of the Americans and British, is the most powerful and the most commonly used explosive of to-day. High explosive shells are loaded with it. It is the force which makes the torpedo effective, or which endangers submarines when, in depth bombs, it is exploded in their vicinity. It was trinitrotoluene which caused the recent disaster in Halifax.

And this substance, holding such great potential powers of destruction in its seemingly innocent pale yellow or white crystals, is a product of our harmless domestic coal tar. Or, rather, it is a grandson, as it were, of coal tar. Toluene, more commonly known as methyl benzene, is the base of trinitrotoluene. Toluene is derived through a process of distillation from coal tar.

Toluene contains much hydrogen, and in the process of manufacturing trinitrotoluene these hydrogen atoms are replaced by nitro groups. This process of nitro substitution permits many variations in the arrangement of the nitro groups, and hence chemicals are able to produce twelve different trinitrotoluenes, each varying from the others in boiling point, melting point, solubility, specific gravity and sensitiveness to detonation.
Trinitrotoluene in its natural state is in the form of pale yellow or white crystals, but in loading shells or bombs these crystals are melted, and in a fluid state the explosive is poured into its cases, where it is sealed under pressure. In the form most commonly used its sensitiveness to detonation is so slight that it is necessary to use a detonator of mercury fulminate. Because of this lack of sensitiveness it is one of the safest explosives to handle, but at the same time its explosive force, occasioned by the rapid expansion of a small quantity of the solid into a great volume of gas, is greater than that of any of its cousins, such as dynamites and nitroglycerine.

Bombs on the Table.

When the revolution in Petrograd had got well started, says Florence Harper in her book, "Runaway Russia," soldiers in pairs and in small groups went about invading apartments and houses, explaining that they were searching for suspected enemies of the revolution. The author was always out and about seeing what she could. One day she had taken refuge (and lunch) in the apartment of Mr. Martin of the American Embassy. Suddenly the maid rushed in, shrieking, "They're killing on the stairs." Mrs. Harper and the others could scarcely get up the stairs, thus of hard objects striking soft ones. Then two excited soldiers rushed up to the Martin apartment. They came in, bringing two rifles and two bombs. They were paid and won by the exhibition of a diplomatic passport with red ribbons and a red seal: anybody carrying red was all right. Mrs. Harper continues: "Martin asked them to come in and have some tea. They came into the dining-room and we all sat down. The soldiers placed their bombs at the edge of the table. Now they were to be dropped to explode."
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Vast Water Powers in India.

Lord Lamington, speaking at the Society of Arts in London, Eng., on the development of water power in India, said it was a sad reflection that all the resources of human ingenuity were being devoted to destruction. Referring to the industrial development of India, Lord Lamington said there were tremendous supplies of water available for factory power in the southern part of the Bombay Presidency.

Do You Know That—

Of the twenty-six barons who signed the Magna Charta, only three could write their own names.
Some of the world's most noted characters have never written more than a line; or at least no trace of such writings can be found. Secretaries left no writings. Shakespeare has left only a few scraps for present-day people to see.
On his return from the west coast, Pres. Theodore Roosevelt predicts bumper crops.

Houses for Sale in all Parts of the City

Modern Red Brick House, in North Ward; 9 rooms and bath; hardwood floors; hot water heating; 2 verandahs. \$8,000.
Good Brick House, on Peel street, with all conveniences; large lot. \$3,600.
Large, Roomy, Comfortable Brick House on Palmerston avenue, containing hot water heating and all modern improvements, also garage. \$4,800.
Splendid Brick Cottage, on Murray street. \$3,100.
Fine Red Brick House, containing all improvements, on Park avenue; garage. \$6,500.
1 3/4 Brick House, on Sydenham street, containing bath, furnace, electric, etc. Possession at once. \$2,100.
Brick Cottage, on St. Paul's avenue. \$1,550. \$200. down
2 Storey Brick on Duke street. \$1,500. \$150. down
Frame House on Wallace street. \$1,500.

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Galvanized Japanned
in Five Sizes
\$1.25 to \$2.50
One containing 2 1/3 cubic feet, locked cover \$2.60
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GENERAL CONTRACTOR AND BUILDING MOVER
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D. L. & W. Scranton Coal
OFFICES:
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150 DALHOUSIE ST.
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\$1,900—Clarence street, 1 3/4 story red brick, cellar, city and soft water, 2-piece bath, large lot, 7 rooms, close to Motor Tracks Ltd. \$200. lets you in.
\$9,000—Darling street, white brick, two storey and attic, front and side verandahs, good cellar, combination hot air and water heating, fine electric, city and soft water, complete bath, oak grain and paper finish, 9 rooms and large lot. Drive on either side, very central. \$3,000 down.
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House, 561. Auto 193

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Agent for Ely's Neckwear
Agent for Aertex Underwear
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Cleaning, Pressing, Repairing and Altering.
G. H. W. BECK
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Makes Your Old Hat Look Like New.
All colors, will not fade or run.
15c PER BOTTLE
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George St. Opp. Market Sq.

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Everything Clean and Fresh
Try us for your Fish Dinner
Meals at all hours.
T. HOBDAV, Prop.
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Open 8 o'clock until 12 o'clock
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DR. DOVAN'S FEMALE PILLS

Reliable monthly medicine for all Female Complaints. 25c a box, or three for 75c. At Drug Stores. Made to order, address receipt of price. VAN SCORSEL DRUG CO., St. Catharines, Ontario.
PHOSPHONOL FOR MEN
Restores Vigor and Vitality
for Men and Women
Increases "grey matter"
"Will" will build up the brain, the force of the will, at drug stores, or by mail on receipt of price. VAN SCORSEL DRUG CO., St. Catharines, Ontario.