AUGUST , 1901.

OUR BOYS AND GIRLS.

THE CHARIOT RACE.

The Catholic Standard and Times.

In to day's chapter of "Favorite Characters" one of our Vacation Con-Characters one of our vacation Con-test essayists explains why he likes Ben Hur, the hero of General Lew Wallace's famous book. The most dramatic portion of the story is the description of the chariot race between scription of the charlot race between the young Jew and his Roman enemy, Messala. The stirring scene is a favorite subject for recitation. We give it to day in abridged form.

The arena swam in a dazzie of light, yet each driver looked the first thing for the rope, then for the coveted inner So, all six aiming at the same point and speeding furiously a collision line. med inevitable, nor that merely. What if the editor at the last moment esatisfied with the start, should with hold the signal to drop the rope? Or if he should not give it in time?

The fours neared the rope together. Then the trumpater by the editor's side blew a signal vigorously. Seeing the action, the judges dropped the rope, and not an instant too soon, for the hoof of one of Messala's horses struck it as it fell. Nothing daunted, the Roman shook out his long lash, loosed the reins, leaned forward and, with a triumphant shout, took the wall.

"Jove with us ! Jove with us !" yelled all the Roman faction, in a frenzy of delight.

Massala turned in the bronze lion's head at the end of his axle caught the foreleg of the Athenian's right hand tracemate, flinging the brute over against its yoke fellow. There was a crash, a scream of rage and fear, and the unfortunate Athenian fell under the hoofs of his own steed a. On swept the Corinthian, on the By-

zantine, on the Sidonian. Sanballat looked for Ben Hur and turned again to Drusus and his co-

terie "A hundred sestertii on the Jew !"

he cried. Taken !" answered Drusus "Another hundred on the Jaw !

shouted Sanbaliat. Nobody appeared to hear him. He

called again ; the situation below was too absorbing, and they were too busy shouting, ''Messala! Messala! Jove with us

Suddenly he saw Ben Hur to the front, coursing freely forward along with the Roman ! Behind them in a group followed the Sidonian, the Cor inthian and the Byzantine. The race was on ; the souls of the

called to the Arabs: racers were in it ; over them bent the horse-oho, Aldedaran ! I hear the myriads.

When the dash for position began Ben Hur was on the extreme left of the six. For a moment, like the others, he was half blinded by the light in the areana, yet he managed to catch sight of his antagonists and divine their purpose. At Messala, who was more than an antagonist to him, he gave one searching look.

In a time not longer than was required to turn to his four again Ben Hur felt his own resolution harden. At whatever cost, at all hazards, he would humble his enemy. Prize, friends, wagers, honor, everything that can be thought of as a possible interest in the race was lest in the one deliberate purpose. Regard for life even should not hold him back. Yet there was no passion on his rart; no blinding rush of heated blood from required the movement to be in a for-ward direction; that is, on a like circle ward direction; that is, on a like circle pulse to fling himself upon fortune ; he did not believe in fortune ; for otherwise. He had his plan and, confiding Hur's four close outside Messala's outer wise. He had his plan and, confiding Hur's four close of the heave wheel behind in himself, he settled to the task never more observant, never more capable. The other's car—all this they saw. Then they heard a crash loud enough

-no other except madness. It is one thing to see a necessity and

THE CATHOLIC RECORD

whirling his lash with practiced hand. "Down Eros, up Mars !" he repeated, and caught the well-doing Arabs of Never be discouraged because good Ben Hur a cut the like of which they

had never known.

cry of the people.

Roman.

a thing beautiful to see. What should

such dainty natures do under such in-

Forward they sprang as with one

dignity but leap as from death

things go on so slowly here, and never fail daily to do that good which lies next to your hand. Do not be in a hurry, but be diligent. Enter into the submon soft be load. The blow was seen in every quarter, and the amazement was universal. the sublime patience of the Lord. The cilence deepened ; up on the penches behind the consul the boldest charitable in view of it. God can afford to wait; why cannot we, since we have Him to fall back upon? Let held his breath, waiting for the out-come. Only a moment thus; then, involuntarily down from the balcony, Patience have her perfect work, and bring forth her celestial fruits. Trust as thunder falls, burst the indignant to God to weave your little thread into The four sprang forward affrighted. a web, though the patterns show it not

No hand had ever been laid upon them vet. except in love, they had been nur-Good to Laugh. tured ever so tenderly, and as they grew their confidence in man became

This thing the ancients called Fate, and we moderns call luck-is a god of laughter. The Hoodoo bird never roosted on a laughing man's house ong enough to give him one moment's what is there that should keep us

impulse, and forward leaped the car, but Ben Hur kept his place and gave the four free rein and called to them from laughing ? The best that life can give ? in soothing voice, trying merely to guide them around the dangerous Surely, surely not.

turn, and before the anger of the people began to abate he had back the The worst ? Well then it is the worst. We are mastery. On approaching the first goal he was again side by side with Messala, bearing with him the sympano other ill can come to affright us. Troubles may come. Sorrow will surely come to us all. Thank Provi-dence for that ! The life, unsweetened thy and admiration of every one not a by sorrow isn't worth living, but anx.

On they dashed. As they neared the second goal Ben Hur turned in be-hind the Roman's car. The joy of the Messala faction reached its bound; eties have none of them. Laugh them down the wind, and you'll find a light heart waiting for they screamed and howled and tossed rou at the next cross roads. their colors, and Sanbailat filled his The world is full of funny things to tablet with wagers of their tendering. laugh at. So full of good things to And now to make the turn Messal

smile on ; so full of sweet things to began to draw in his left hand steeds, an act which necessarily slackened their speed. His spirit was high ; are dearer to the heart than any more than one altar was richer of his laughter. It's a good world, a merry world, a vows ; the Roman genius was still bright world. Fortune will give us so President. On the three pillars, only

six hundred feet away, were fame, in much if we only give Fortune a chance -perhaps not in money-money does crease of fortune, promotions and a triumph ineffably sweetened by hate, not mean laughter. You'll see more merry faces and hear more laughter all in store for him ! At that moment in one half an hour at a day laporer's Ben Hur leaned over his Arabs and gave them the reins. Out flow the many folded lash in his hand; over the backs of the startled steeds it

Everyday Heroism.

writhed and hissed, and though it fell not, there were both sting and manace A word should be said for the every in its quick report. Instantly the four answered with a leap that landed them day hero. So much has been said and sung about the comparatively few alongside the Roman's car. Messala, people whose names are written upon on the perilous edge of the goal, heard, but dared not look to see what the awakening portended. Above the noises of the race there was but one the world's roll of honor, that we are at times tempted to think they are the only heroes worth talking about, forgetting that in the common, everyday voice, and that was Ben Hur's. In the old Aramaic, as the sheikh himself, he affairs of life the world needs contin-

ually the stuff out of which heroes are mide. When the majority of men come to understand and appreciate the value of putting a noble motive as leaven into the daily routine of life we shall have more of this kind of heroism. requires courage to meet the rifle balls and shells on the field of battle. It takes greater courage to quietly stand for the right when the forces of evil march their alluring and seducing armies upon the soul. The conscien life's common tious performance of duties as in the sight of God, and re isting of every evil thought and desire, the meeting of petty troubles and adversities in a spirit of fortitude, the rigid adherence to principles of honesty and integrity, even when this course may entail personal sacrifice of course may entail personal sacrinee of wealth or friendship or social position —in short, faithfulness to truth and duty at any cost—is the kind of hero-ism that is needed in the world to day. It is encouraging to know that there is more of this common averyday here. the goal To pass him Ben Hur had to cross the track, and good strategy limited to the least possible increase. The thousands on the benches saw Ben is more of this common everyday hero-

ism in the world to-day than ever before. This steady struggle against gist's globe.

their failure to get on, throw away. In Dante's time, nearly every literary man in Italy was a hard working mer chant, physician, statesman, judge or soldier.

Rufus Choate used to lay out a course of study in the classics practically parallel with that of the young men in Harvard university and by improving the few spare moments which his immense practice left him, would keep pace with the students, year after year.

The early works of John Stuart Mill were written in the intervals of official work while he held the office of princi-

pal examiner in the East India house, in which Charles Lamb, Peacock, the author of " Headlong Hall," and Edwin Norris, the philologist, were also clerks. Macaulay wrote his "Lays of Ancient Rome " in the war office while holding the post of secretary of war.

It is well known that the writings of PALE AND DEJECTED. Arthur Helps are literally "Essays Written in the intervals of Business." The Trying Condition of Many Women.

SUBJECT TO HEADACRES, DIZZINESS

From the Review, Windsor, Ont.

TURELY OLD.

AND HEART PALPITATION, THEY

GROW DISCOURAGED AND PREMA-

"Dr. Williams' Pink Pills is the

only medicine that ever gave me any

real benefit," said Mrs. R. K. Harris,

well known resident of Windsor, to

a representative of the Review recently.

do not know exactly what my

I was dejected all the time and could

I tried medicines, but they did not

seem able to help me or tell me what

"Nothing is worse for those who have business than the visits of those at the end of things and we ought to laugh them to a finish, knowing that Scottish editor. The worst of a lost hour is not so much in the wasted time as in the wasted power. If you are idle, you are on the way to ruin, and there are few stopping places upon it. It is rather a precipice than a road," says Beecher. Let no moment pass until you have extracted from it every possibility. Watch every grain in the hour glass. Let your record be :

trouble was ; doctors seemed unable to No moment wasted, no power pertell me, though I thought myself it was verted, no opportunity neglected. consumption. I had a constant racksays Dean " There are moments," remember with the happy tears that Alford, "which are worth more than ing cough, and a constant feeling of languidness. My blood seemed to We cannot help it. There is years. have turned to water, and I was very pale. I had a feeling in my chest as though some no proportion between spaces of time in importance or in value. A stray, un thought-of five minutes may contain in the event of a life. And this all-imin my chest as though some foreign substance was lodged there. The slightest noise made me nervous

portant moment-who can tell when it will be upon us? Drive the minutes or they will drive not scarcely do any household work.

Success in life is what Garfield called help me in the least. Doctors did not you. hear in a week's visit in the home of a a question of "margins." Tell me how seem able to help me or tell me what millionaire. edges of time while waiting for meals

with alarming rapidity. I grew so weak, and so despondent that final or tardy appointments, after his day's work is done, or evenings-what he is revolving in his mind at every oppor-orado to see if a change of climorado to see if a change of clim-ate would benefit me. While tunity-and I will tell you what that contemplating this trip I read in a young man's sucess will be. One can paper one day the testimonial of a perusually tell by his manner, the direcson whose symptoms were almost identical with my own, who was cured by Dr. Williams' Pink Pills. I detion of the wrinkles in his forehead or the expression of his eye whether he has been in the habit of using his time cided to give them a trial and purto good advantage or not. "The most valuable of all posseschased a box. When that box

done I got another, and found gradu-ally that the pills were helping me. sions is time ; life itself is measured by it." The man who loses no time doubles his life. Wasting time is wast-The trip to Colorado was abandoned. and I continued using the pills until 1 An officer apologized to Gen. had taken eight or nine boxes when I ing life. M. Mitchell, the astronomer, for a felt like an altogether different person brief delay, saying he was only a few moments late. "Only a few moments From a pale, thin, listless person, I be-came the picture of health, and felt it late !" exclaimed the general. "I have been in the habit of calculating too. It is several years since I used the pills, and I have not had any rethe value of the thousandth part of a turn of the trouble. I am positive Dr. Williams' Pink Pills saved me from an second.

A crown fit for a king can be made early grave, and I cannot recommend out of the sweepings of a goldsmith's shop. So an hour or so saved by Napo-leon might have made Waterloo as them too highly to those who are afflicted as I was. It is the mission of Dr. Williams' proud a remembrance for France as it Pink Pills to make rich, red blood,

is now for England. Some squander time, some invest it, nourish the nerves, tissues and various organs of the body, and thus by some kill it. That precious half hour a day which many of us throw away, reaching the root of the trouble, drive disease from the system, Other medirightly used, would save us from the cines act only on the symptoms of the Ignorance which mortifies us, the narrowness and pettiness which always discontinued, the trouble returnsattend too exclusive application to our otten in an aggravated form. If you want health and strength, be ture the full name, "Dr. Williams' Pink Pills for Pale People," is on the wrapper around each box. If your dealer cancallings. It would tinge and color the day as the drop of ruby liquid imparts its hue to the gallon of water in a drug-Four things come not back-the

sin, this increasing disrepute of in-temperance, this yearning after a spoken word, the sped arrow, the past higher and purer life, this growing bigher and purer life, this growing bigher and purer life, this growing higher and purer life, this

HEART.

you wish to be saved.

means of attaining all graces.



Every house=wife takes as much interest in her clothes closet as in her parlor or dining-room. It is only when its contents are dainty and white that she is satisfied. She knows this snowness

can only be secured by means of a pure soap. She knows the greatest satisfaction comes from using

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Then they The air about him seemed aglow with to send a thrill through the circus. a renewed and perfect transparency. Down on its side toppled the bed of the Roman chariot. There was a rebound. When not half way across the arena he saw Messala's rush would, if there Then the car went to pieces and Mes was no collision and the rope fell, give sala entangled in the reins, pitched him the wall ; that the rope would fall he ceased as soon to doubt, and, fur-

"Oa, Atair! Oa, Rigel! What,

women and the children bringing in

the tents-singing of the stars, of

Atair, Antares, Rigel, Aldebaran, vic-tory: Well done ! Home to morrow

under the black tent-home ! On, on!

The tribe is waiting for us and the

master is waiting. 'Tis done ! 'Tis done ! We have overthrown the

proud. The hand that smote us is in

the dust. Our's the glory ! Ha steady ! The work is done, Soho

There had never been anything of

At the moment chosen for the dash

Messala was moving in a circle around

the kind more simple ; seldom any-thing so instantaneous.

Our's the glory !

done !

Rest

Good

Ha

Antares ! dost thou linger now ?

forward headlong. The people arose and, leaning upon the benches, shouled and screamed. ther, it came to him, a sudden flash-light insight, that Messala knew it was They had not seen the cunning touch to be let drop at the last moment (pre-arrangement with the editor could of the reins by which, turning a little, he caught Messala's wheel with the safely reach that point in the contest). iron shod point of his axle and crushed and it suggested what more Roman like it ; but they had seen and felt the heat thau for the official to lend himself to a and glow of his spirit when by look, countryman who, besides being so popular, had also much at stake? There could be no other accounting for word and gesture he so suddenly in-spired his Arabs. And such running! It was rather the long leaping of lions in harness. When the Byzantine and the confidence with which Messala pushed his four forward the instant his the Corinthian were half way down the competitors were prudently checking course Ben Hur turned the first goal. their fours in front of the obstruction

And the race was won !

The Word " Mass."

another to act upon it. Ben Hur yielded the wall for the time. The rope fell, and all the four but his The word "Mass" is taken from "Misss," and this in turn from "mit-tere," "to send away," or "to dis-miss." In the early days of the Church sprang into the course under urgency of voice and lash. He drew head to there were two dismissals-the first that of the catechism, at what is known the right and, with all the speed of his Arabs darted across the trails of his opponents, the angle of movement being such as to lose the least time and as the gospel, the second that of the

faithful after Holy Communion. It might be stated here, too, that gain the greatest possible advance. So while the spectators were shivering many old records mention the missp prehension under which the pagane at the Athenian's mishap, and the Si-donian, Byzantine and Corinthian abored regarding the Sacrific frequently accusing the Christians of were striving with such skill as they committing murder at their meetings thus proving that there existed in those days no doubt whatever in the minds of the Christians as to the Eucharist being the true body of Christ seesed to avoid involvement in the ruin, Ben Hur swept around and took the course neck and neck with Messala, though on the outside. The marvelous skill shown in making the change thus -a sacrifice instituted by Oar Lord from the extreme left across to the right without appreciable loss did not

the circus seemed to rock and rock again with prolonged applause. A hush fell over all the circus, so that for the first time in the race the ratile and clang of the care plunging steeds were distinct-ly beard. Then it would seem Messals observed Ben Hur and recognized him, and at once the audacity of the man-famed out in an astonishing manner. . "Down Eros, up Mars!" he shouted,

sensitiveness of conscience in all mat-ters regarding public and private duty—their symptoms and evidences of the spread of everyday heroism that Success. will ultimately lead the world to a

Christian heroic age.

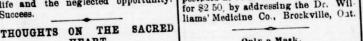
"If I Only Had Time." Ruskin kept on his study table a handsome block of chalcedony, on which was engraved, "To-day." We all know people who, according to their own account, would be very philanthropic if they had but the time; who would visit the sick, relieve the poor and comfort the widow and the fatherless in their afflictions, did leisnre permit.

Others would become great authors, singers, orators, inventors, statemen, if they only had the time. But, alas ! they have absolutely no time-not more than two or three hours a day at most, and what does that amount to ? Some boys will pick up a good edu-cation in the odds and ends of time, which others carelessly throw away, as which others carelessly intow away, as one man saves a fortune by small economics, which other disdain to practice. What young man is too busy to get an hour a day for selfimprovement ?

An education that would adorn a man of letters, or qualify a college pro-fessor, has been secured in the frag. nents of leisure that are often wasted because they are so brief. You will never "find " time for any-

thing. If you want time, you must make it. If a genius like Gladstone carried

through life a little book in his pocket



disease, and when such medicines are

Only a Mask.

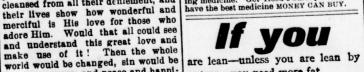
Only a Mask. Many are not being benefitted by the sum-mer vacation as they should be. Now, not-withstanding much outdoor life, they are little if any stronger than they ware. The tan on their faces is darker and makes them look healthier, but it is only a mask. They are still nervous, easily tired, upset by trifles, and they do not eat nor sleep well. What they need is what tones the nerves, perfects Idigestion, creates appetite, and makes sleep refreshing, and that is Hood's Sarsaparilla. Pupils and teachers generally will find the chief purpose of the vacation best subserved by this great medicine which as we know " builds up the whole system." No one need fear cholera or any summer Those who go away to spend their vacation can utilize this season to good advantage by spreading the devotion of the League of the Sacred Heart. If you are not in favor of the devotion to the Sacred Heart, you are against it ; there is no middle ground. Why not be in favor of it, and reap all the blessings, graces and advantages this most beautiful devotion offers? You can not afford to do without it if

What an abundance of riches the de votion to the Sacred Heart offers ! 1st. We consecrate our thoughts, words and actions each morning to the Sacred Heart. 2nd. We consecrate ourselves to the Blessed Virgin and

best subserved by this great medicine which as we know " builds up the whole system." No one need fear cholera or any summer complaint if they have a bottle of Dr. J. D. Kellogg's Dysentery Cordial ready for use. It corrects all looseness of the bowels prompt-ly and causes a healthy and natural action. This is a medicine dapted for the young and old, rich and poor, and is rapidly be-coming the most popular medicine for chol-era, dysentery, etc., in the market. *How to Cure Headache*-Some people suf-fer untold misery day after day with Hoad-ache. There is rest neitner day nor night until the nerves are all unstrung. The cause is generally a disordered stomach, and a cure can be effected by using Parmelee's Vegetable Pills, containing Mandrake and Dandelion. Mr. Finlay Wark, Lysander, P. Q, writes: "I find Parmelee's Pills a first class article for Billous Headache." offer her daily the decade of the rosary. Srd. We receive the body and blood of our Lord each month in the Blessed Sacrament. Now if we practice these three degrees we have ample The love of the Sacred Heart for the

sinner is daily shown by the grace He showers upon those who truly repent and turn to Him for aid. Their Ill fitting boots and shoes cause corns. Holloway's Corn Cure is the article to use. Get a bottle at once and cure your corns.

THE BEST should be your aim when buy ing medicine. Get Hood's Sarsaparilla, and have the best medicine MONEY CAN BUY. prayers are answered, they are cleansed from all their defilement, and



nature-you need more fat. known no more, and peace and happi-You may eat enough; you are

losing the benefit of it.

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