

rotic matters, housekeeping, and so forth. She also told of the success which has been attained by their short course work throughout the country. Dr. Chas. J. C. O. Hastings, Medical Officer of Health, Toronto, gave an instructive address on individual responsibility in public health in rural communities. Several patriotic addresses were also delivered. Mrs. Murphy, of Toronto, who was in Berlin when war was declared, gave a short account of her experiences, and of some of the excuses of the Germans for the atrocities perpetrated at the beginning of the war.

One of the interesting features of the convention was the reception at Government House by Lady Hendrie for the delegates to the convention, and many crowded cars left the Technical School en route for the Government House after one of the afternoon sessions.

All of the resolutions read by Dr. Margaret Patterson at the close of the convention were adopted. Among these were the following: A resolution approving such action as has been taken so far with regard to the care of the feeble-minded in the Province and expressing the belief that if necessary a tax should be put upon the province to carry out plans for this work; a request that the Government have medical-dental inspection introduced into rural schools; that the Department of Education excuse from their final examinations girls who are going in for bee-keeping, poultry or domestic science and that the Government be petitioned to prohibit the manufacture of ice cream as a luxury.

—R. M. M.

Caring for Linen Intelligently

LINENS nowadays are an expensive part of the household equipment. But what woman does not view with pride her linen chest and takes a great deal of pleasure in adding to her supply from time to time. It is well to be intelligently informed on the best methods of handling linen. Good linen in the first place means much and it is worth our while to endeavor to care for it to best advantage. Herewith are a few hints which may prove valuable in this connection:

Strong bleaches must never be used on fine table linen. Of course table linen is often badly spotted and needs to be cleaned in some way. But boiling water removes coffee spots, cold water removes cocoa spots, and sunshine removes many stains. When stronger acids must be used they should be applied and removed by intelligent hands.

They should be allowed to remain on the spots just long enough to eradicate them, and then rinsed out thoroughly in clear water. For if they remain on too long they remove not only the stain but the pieces of linen.

Some old fashioned housewives occasionally have their table linen dipped in buttermilk to whiten it. The linen is allowed to remain in the buttermilk a day or two if necessary, and is then thoroughly rinsed in cool, clear water, later in warmer water.

For fruit stains, pour boiling water through them while the stains are damp, if possible. If they dry on, rub them with lard and put through the usual washing process.

Always dry table linen out of doors in the sunshine. If possible have a little bleaching green of grass, protected from the threads of rats and dogs.

Perhaps every woman at one time or another finds that some wet pieces in her soiled laundry have been caused by rain among the clothes.

To remove the spots with soap and cover them with chalk. Then put them in the grass in the sun. Keep it slightly damp for an hour or two, and then let it dry thoroughly.

The Season for One-Piece Dresses

IMPORTANT NOTICE

Farm and Dairy patterns shown in these columns are especially prepared for Our Women Folk. They can be relied upon to be the latest and include the most modern features of the paper pattern. When sending your order please send to state the number of the pattern desired. Orders for adults, for children, and the number of the pattern described. Orders for adults are within one week to 10 days after receipt. Price of all patterns to Our Women Folk, 10 cents each. Address orders to Pattern Dept., Farm and Dairy, Peterboro, Ont.



THE wintry weather we have been enjoying lately makes us think of winter clothes and if we have been neglecting to replenish the wardrobe, this season usually brings out to our minds a goodly number of one-piece dresses, fashioned from material which is both warm and serviceable.

The chin collar and adjustable collar are still shown on the fall and winter coats, but the coat buttoning straight up the front and the wide, round collar meeting with most favor. The silk plait is the stylish one of the season, and makes a very dressy and becoming addition to the costume for almost any figure.

1903—Child's Dress.—Not so many years ago, fashion decreed that the pockets in dresses be practically out of sight. Now, however, they form an important part of the trimmings in frocks for both old and young. This model illustrates the idea quite plainly. The belt is also quite an addition to the frock. Both pockets and belt may be omitted if preferred. Four sizes: 4, 6, 8 and 10 years.

1636—Lady's Dress.—When cold weather sets in, some of us like to come back to the high necked dresses and styles in a style which should meet our needs. One commendable feature about this costume also is that if desired the pattern may be used for making a low necked blouse as well. The only trimmings on this dress is buttons. Note the neat sleeves which is also touched up with buttons. Six sizes: 34 to 44 inches bust measure.

1909—Dress for Misses and Small Women.—Coat dresses are being given a very prominent place in the fashion world at present and the one here shown should prove popular with many of Our

Women Folk. The coat dresses hang very loosely, being fitted at the waist line, but slightly. The pockets on this dress are of a distinct touch to the outfit. This frock would be very neat and attractive if made up in serge and trimmed with braid on collar, cuffs, belt and pockets. Four sizes: 14, 16, 18 and 20 years.

1883—Girl's One-piece Dress.—Here is a dress that should make up nicely for general wear. If desired the collar and belt might be made from contrasting material, which along with buttons, would be all the trimming necessary. Five sizes: 4, 6, 8, 10 and 12 years.

1882—Lady's Kimono.—It is time to be thinking of Christmas gifts again and something that is both practical and attractive is a nice kimono. The style shown herewith is somewhat different to the usual designs, having a yoke across the back and fitting in fairly close to the waistline. Six sizes: 34, 36, 44, 46 and 48 inches bust measure.

1910—Ladies' Waist—Collars of all sizes and descriptions are in vogue all over. While it is high at the back and sides, the low, "V"-shaped effect in front does away with any uncomfortable lines which might be felt if one does not care for the high collar under the chin.

1883—Lady's Apron.—One of the neatest and most attractive apron styles we have noticed for sometime is the design shown herewith. So many of the covers all aprons hang very loosely and have a tendency to make one feel untidy. This, however, fits snugly and the waistline and the belt makes an attractive finish. These sizes: small, medium and large. It requires 2-3 yards of 36 inch material for the medium size.

RAW FURS
BIG MONEY IN TRAPPING
Mink, Beaver, Otter, etc.
We make money by shipping to us, we get all the money, and we sell the furs on our own terms. Write for our market report and our terms. We are the only Consolidated Fur Corporation in the world.
108 King St. East, Toronto
Dept. 37

BOOK ON DOG DISEASES
and how to cure them
Mailed Free to any Address by the Author
H. Clay Glover, V.S.
118 West 31st St., N.Y.

STEVENS' POTASS FERTILIZER
destroys wire worms, Cuckoo-birds, white grubs, cut worms, army worms, Gypsy moths, brown-tailed moths.
Address: GEORGE STEVENS, Peterborough, Ontario, Canada

"I earn \$2 a day at home"

You may say that, too—If you want more income. Easy to learn. Steady work at home the year round. Write for particulars. (Canadian) Co., Ltd. Dept. 301 F, 281 College St., Toronto.

MAKE YOUR BIKE A MOTORCYCLE
as a small cost, but with great results. Write today for our FREE BOOK. We are the only ones in the world who are giving away the SHAW MANUFACTURING CO. D-4 125 ALEXANDRIA, CAN. N.Y.

THE CANADIAN COOK BOOK
Edited by GRACE DENISON
(Ladies' Guild, Toronto, Ont.)

THE CANADIAN FAMILY COOK BOOK
Edit. DENISON
It contains 150 pages with recipes for preparing soups, fish and meat, vegetables, puddings, cakes, pies, and jellies, candies, beverages, dishes for the sick, and many other recipes, with blank pages for writing recipes, a chapter on dinner giving and a complete set of tables.

After carefully considering the merits of many cook books we have come to the conclusion that this one is the best suited to the needs of Our Women Folk. It is practical, containing only recipes that do not demand rare and expensive ingredients and is just the book required in the farm kitchen. For this reason, it is Recommended By Our Household.

It contains 150 pages with recipes for preparing soups, fish and meat, vegetables, puddings, cakes, pies, and jellies, candies, beverages, dishes for the sick, and many other recipes, with blank pages for writing recipes, a chapter on dinner giving and a complete set of tables.

SOUND IN OILCLOTH
so that it may be opened out on the kitchen table without danger of injury to the binding. It will be sent postpaid for only One New Subscriber, or we will give away a subscription for a year and send you the book book for \$1.50.

CIRCULATION DEPARTMENT, FARM AND DAIRY - Peterboro, Ont.