

## EDUCATIONAL VALUE OF THE RURAL SCHOOL LUNCHEON

The noon luncheon, conducted as outlined in the foregoing pages, may be made of great educational value to the child and to the community. It is the best means whereby may be taught the necessity of thorough mastication and the care of the teeth; the danger of flies and the importance of good drinking water. In no other connection can the child learn so well the sources of our common foods, their composition, and, in a general way, their use in the body; also the proper care and handling of food, especially in relation to the lunch box. Table etiquette cannot be properly taught in any other way. The preparation of the meal gives training in working together and in serving one another. The child's interest in school is increased and this results in more regular attendance.

The community cannot fail to profit by participating in this valuable work. There will be many social gatherings at the school house. Parents and teacher must meet often because they are co-operating in a common cause. This brings a larger social life, which is the great factor in rural betterment.



After the Noon Lunch, Cobourg School District No. 614