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Woman and the Bome.

The Abandoned Cottage.

Just close the little house up tight,
Let all the blinds be drawn;
She—well, she doesn't miss the light
Of day where she is gone.
You'd better nail the gate tight shut,
Make fast the shutters, too;
I may come back—I don't know—but
Not soon if e'er I do.

No! Leave the things just as they are Inside—she had them so.

Just lock the place tight up and bar The doors, and then we'll go.

I'm not much of a hand for dreams;

I know it's foolish, when.

She's gone—but, do you know, it seems She might come back again.

When every picture on the wall
Speaks in its voiceless way,
And her voice seems to call and call—
No! No! I couldn't stay.
Just close the house up tight_I must
Forget it all, somehow;
So let things molder in the dust—
Dust—that's all left me now.

We'll close the little place up tight,
It doesn't matter now;
I've got my foe of Grief to fight,
I'll master him somehow.
But here—no, no! We'll close the door
And pass out reverently—
Seek to forget what's gone before
And face what is to be.

Don't move a book, a vase, a chair;
Those flowers—let them lie;
She ft things as they are in there,
So leave them—now and aye.
I'm much of a hand for dreams, I know it' foolish when
Sh s gone, but ...omehow—well, it seems
She might come back again.

The Evolution of the Kitchen.

The evolution of the modern kitchen is just as interesting a story as that of the evolution of any feature of present-day life in enlightened countries.

It has come straight from the out-door fire, just as modern dress has evolved from the blanket and loincloth of the savage.

When the Romans invaded Britain they found the inhabitants living in

When the Romans invaded Britain they found the inhabitants living in one room, partially underground. The cooking, however, was done mainly in the open air, as a matter of convenience. When it was done in the house the smoke and odor escaped through a hole in the roof, as it does in the huts of savages today. One of the greatest, most civilizing and most elegant inventions ever made was the fireplace, which brought the first sembance of modern decency, neatness and comfort into the home. The fireplace seems very old-fashioned, yet the

comfort into the home. The fireplace seems very old-fashioned, yet the mother of the present writer, not a very aged woman, can remember when the first stove was brought into her home in Northern Ontario.

Later, as a young married woman, she possessed one of the first three lamps brought into Pembroke, Ont.

It was the middle ages before the kitchen had been raised to the dignity of an established apartment. Strange doings went on in those mediaeval kitchens. Butchers slaughtered animals there which were skinned and dressed, as well as cooked, in the kitchen. The family blacksmith kept his fire there, and repaired the plows and wheels of the estate.

Coal began to be used as a kitchen fuel in 1245, though not generally for two hundred years after. The oven did not come into use until the year 1400, and then it was the old-fashioned brick oven, which persisted for hundreds of the stove when transmitted.

oven, which persisted for hundreds of years. The stove, when invented, took tne place of the separate oven and the fireplace, with its spit, crane and hanging pots.

Advice to Mothers.

Young children require bathing once in the twenty-four hours in warm, net hot, water. This keeps the functions of the skin in an active condition, by which means much of the waste matter generated in the "building process" is thrown off.

No process of "hardening" a child is logical which consists in submitting it to exposure or fatigue. Its energies are mostly devoted to the growing process, and it will indulge naturally in all the exercise necessary to its de-

velopment.
The pains of children are often better relieved by external heat than by the use of drugs. and in the absence of a doctor this remedy should invariably be tied first.

be to ed first.

Remember that children are oftener overfed than underfed, and that a baby sometimes cries when he is not hungry.

On the other hand, young children cannot express their wants in speece, so that prolonged crying without apparent cause—feverishness, or any other symptom of trouble—is best interpreted by the physician.

Sympathizing with One Another.

It could not be denied that the piecing showed. After all Agnes' planning and turning and sponging and pressing, the garment had that unmistakable "made-over" look which is the dread of the amateur dressmaker.

Agnes had accepted cheerfully her father's decision that he could not afford to buy her a new gown that season, and cheerfully had she entered upon the task of remodeling an old one. Less than her usual success had crowned this articular undertaking, and as in the mirror she surveyed the work of her ha...ds. her lips trembled, and the tears actually forced themselves into her eyes.

"What if the piecing does show! I don't see any reason for being so afraid folks will know it's a made-over dress, as long as that's just what it is," said her Aunt Jane. "My best black skirt's been turned six times, and anybody's welcome to know it."

A few days later the household was

A few days later the household was thrown into unexpected confusion by a iscovery on the part of Aunt Jane. She had been searching for something in the garret, and had missed a pile of old newspapers which for years had stood yellowing under the rafters. Pale and tremulous she hurried downstairs to make enquiries as to their whereabouts.

stairs to make enquiries as to their whereabouts.

The feminine portion of the household looked at one another guiltily, and it was Agnes who took upon herself the responsibility of ah explanation. "Why, auntie, I'm afraid they were burned up last house-cleaning time. You know they were almost falling to pieces, they were so old, and we didn't think you'd ever care to read them again."

Then Aunt Jane cried, and went up to her room to spend the remainder of the day in solitude, and downstairs Agnes grew eloquent over her folly. "To think of mourning like that," she cried, "over a pile of musty old papers, just because they happen to have the wedding notices or obituaries of the people she used to know! I never heard of anything more foolish."

So week by week the gulf widens between these two people, bound to each other by closer ties than kinship, just because neither sympathizes with the other's little sorrows and vexations. Aunt Jane forgets to put herself in the place of a young, beauty-loving girl. Agnes does not try to understand what tender memories may cling about the mementos of a vanished youth and friends of other years. Each magnifies her own especial worry, and looks on that of the other as too triffing to deher own especial worry, and looks on that of the other as too trifling to de-

serve consideration.

It is worth asking if there are not It is worth asking if there are not other homes where this self-same blunder is bringing about estrangement between those whom God meant to love each other. Do we not need to practice putting ourselves in the place of other people, looking at things through their eyes? Unless we master this art, we shall not put the right estimate on the burdens our friends are carryon the burdens our friends are carrying, and so will fail in giving them the sympathy they have a right to expect from us.

Fresh Air Without Draughts

Where the windows of the sleeping room are situated too near where the bed must stand, delicate persons often deny themselves the much needed fresh air, in the natural fear of taking cold from having the window open. This danger, however, may be avoided, and a current of fresh air assured by a simple device which I have seen used.

This was merely a strip of thin, smooth board the exact length and width of the window ledge, which was fastened to the sash-edge of the ledge by small hinges placed underneath the board and on top of the ledge. The board was hinged perfectly flush with the sash, and when not in use lay flat on the ledge.

When fresh air is wanted the window Where the windows of the sleeping

on the ledge.

When fresh air is wanted the window is raised the width of the board, the board then being lifted and pushed forward to act as a support for the window sash. Thus the window is opened in the middle, the current of air entering between the top of the lower sash and the bottom of the upper one—the bottom of the window where the draughts are to be most feared, being closed by the board.

This simple draught screen may be put in place by even the feminine carpenter, and if varnished or pa ted to match the rest of the woodwork is scarcely noticeable when down, and therefore no. at all objectionable.

Of cours the board may be as wide as de eq, the greater width allowing a freer circulation of air, but when wider than the window ledge will be more conspicuous when down.

more consp.cuous when down. This arrice is particularly applicable

to a sick room, since by it we avoid both the direct draught from the window opened at the bottom, and that annoying flaoping of the curtain hich is sure to follow opening the window at the top. HO SUPERV

July, 19

Corn Sante-can of corn is of a cupful simmer for ic cupful of cre pepper and Cook gently pour into a l

mam Salad fine and slice tatoes very ti-potatoes in a sprinkle each ped celery, tover all. Garrent cut in slices strawberry very light, as of sweet milk of sugar. In sponge cake in hot buttes and heap eace and sugar. plain or whi

Busha __On ittle more of of warm milyeast, flour tand let rise. after they have and make the side the larg smaller, endi

ome cupful of milk, with a fuls of sugabutter, one powder. Us granulated, butter togetheat hard, half an hour.

Maine Crusugar, two-timixed togeth of molasses, cinnamon, none-half cupiteaspoonful of Flour to mal cookies. Roll Bake in quice

cups as ther in the botton spoonfuls of canned or frethirds full of one and o milk, a scampinch of salia stiff baminutes and cream. are quickly one cupful spoonful of

rub into this ter, add or cheese, and i Roll out in

inch strips bake pale b a box of ge cold water. ing water, strain. Let only half as stir lightly ened strawb glasses with each a spo Serve very

Daffodil P ter, one-hal ful of milk. in which is teaspoonfuls the same of a teaspoonfr mixture uni into indivi steam for c

fuls of sug ter, one cur whites, one three cupfu of baking baker's ext butter, add cornstarch mixture. It and flour s flavoring e