

hear. He was again mentally much depressed. Took baths for six weeks, no massage, no after cure, and rapidly improved. He returned to professional work until November, 1907, when he retired from the army. He wintered in Corsica and Italy, no drugs were taken and no massage or resistance movements. He returned to Nauheim on the 27th of May, and Prof. Schott thought he had better have some more baths.

Under examination, on June 8th, I found the heart sounds clear though not strong; the apex beat in normal position; he was in good spirits and had a feeling of health and well being.

*Case No. 9.*—Dilated heart, marked nervous symptoms. Dr. S. de Nux, aged 30, of New Orleans.

He graduated in Medicine and had been in practice for several years under heavy work. Had a breakdown, partly nervous and with some heart dilatation. Suffered greatly from dyspnea, pulse averaged 120. Was so weak he could scarcely walk two blocks, and had continual pain in the region of the heart with palpitation for two or three days. This appeared to be aggravated by flatulence, dyspepsia and extreme constipation. Stomach showed some dilatation, and the liver was enlarged. He was troubled with sighing respirations. At times he had to remain in bed. During the period of this illness he quickly lost sixteen pounds. He relinquished his practice and consulted many physicians, who entertained but little hope of his recovery. He took a complete rest in Colorado, and in the spring of 1907 went to the South of France, but received little benefit. After leaving the South of France he went to Nauheim, July 18th, 1907, and was ordered by Prof. Schott to take at the beginning a bath every other day for two weeks and then a rest, and also the resistance movements, but no massage; four weeks of baths and exercise treatment, then two weeks as an after cure in Switzerland, followed by four weeks again in Nauheim, and later four weeks in the South of France, and on returning to America was able to do moderate work. During the winter and in March and April his village and country practice was very heavy. When at home he continued the resistance exercise treatment, which usually made the volume of the pulse fuller and caused a lessening of his pulse six or eight beats per minute.

The first of June, 1908, he returned to Nauheim, when cardiac dilatation almost disappeared; the area of dullness on percussion one and one-half inches smaller than last year, absence of murmur, and in all respects greatly improved. The depressing symptoms also disappeared.