Happenings in Canada.

Farmers of Saskatchewan investe approximately \$6,000,000 in new train 1920, no less than 2,000 trac tors being sold to purchasers during the year at a cost averaging \$3,000 Saskatchewan farmers are de contrivances to a greater extent.

Stewart Moore, a Winnipeg pros-pector, has rediscovered a rich de-posit of mica in the district adjacent to Point du Bols, Man., and staked a fifty-two acre claim. The mica is traceable for fifteen hundred feet in length and several large blocks have already been taken out. A small crew

is now working on the deposit.

A large deposit of sodium sulphate has been discovered on Baxter Lake. east of Wainwright, Alberta. analysis it appears that the lake itself is strongly impregnated with this chemical, while a test made at the lake's edge gave thirty-two per cent. sodium carbonate and thirty per cent. sulphate. A company has been de veloped to exploit the find.

which ordered 24,000 pounds having requested 70,000 pounds this greater numbers of sofourners each summer. Canada imported from the unmier. The many-miles-long bays under States last year 34,641,000 flooded and then laid bare by the shift-

States during the six months ending Summer accommodations of Evang June 30, 1921. They brought with line Land do not run to vast hotels, them personal wealth to the value of \$2,445,804, and effects worth \$702,453.

made to bring out a carload of "crude."

Owing to transportation difficulties only the better grade of fibre is being considered at present. As No. 1 crude brings over \$1,500 per ton, transportation on this class of material is not prohibitive. The new light railway which is now in the course of construction in Northwest Character and Angereine Cump stories; the tired business man and popular cabia for boys at Weymouth, are old established in stitutions.

Some credit it of for boys at Weymouth, are old established in stitutions.

They are so long and slender;

And sometimes in full view, on the red mud flats that at high tide course of construction in Northwest Character find baim and strength weary teacher find baim and strength weary teach which is now in the course of con-struction in Northern Ontario will aid development to a great extent.

## Under Deep Blue Skies.

The sky at great elevations is of a richer, deeper blue color than anything we experience down at sea level. When the philosophical De Saussure made his famous accent of Mont Blanc

towards the end of the eighteenth cer There are reasonable and scientific heart, through its efforts to pump grounds for the relief that during remough of the weakened blood through the sheets of paper of sixteen graducer types the average span of life is the system to keep the body strength interesting way on this phenomenon.

color to the palest tint, and these he

numbered from one to sixteen.

Three sets of papers were made.
One he left at Geneva, the second at Chamouni, and the third he took to the

top of Mont Blanc the sky at noon was between the first and second tint and at Chamount between the fifth and sixth. Thus from the summit of

One can hardly imagine what it must be like in that respect on the top

of Mount Everest.

The explanation of this intense blueness is that the smaller the particles in the atmosphere the less strong the but the greater proportion of

Near the horizon at lower altitudes the sky lacks that rich blue tint, bewhich scatter the light are larger, and there are more of them proportionate-

fully, then replied: "Well, now, seeing as you've asked me, the fastest I ever ran was one time last summer. You see fellows, 'twas like this. I took my gun one norning and started out to get some game. I hadn't any more than stepped out of the house before I saw a wood chuck sitting by his hole on a hillside

So I fired at him But I'd heard tell that a woodchuck might drop back into his hole when you hit him. So, having that in mind. Well, fellows, I'd have got him, but just as I stooped over to grab him by the hind legs, the shot I'd fired hit me in the back."

The Forestry Authorities of Great Britain are planting comparatively large areas with Douglas fir and Sitka spruce. The seed for this planting was gathered by the officers of the Forestry Branch of the Department of the Interior, Canada.

SIMPLICITY: THE KEYNOTE OF SUMMER LIFE OF COTTAGE COLONIES IN EVANGELINE LAND



HEALTH EDUCATION

BY DR. J. J. MIDDLETON

Provincial Board of Health, Ontario

Dr. Middleton will be glad to answer questions on Public Health that

ters through this column. Address him at the Parliament Bldgs.

This food builds strength

Maximum nourishment with no burden to the di

gestion is secured from that

famous food - Grape: Nuts.

The nutriment of wheat and malted barley, from which Grape Nuts is made.

builds strength and vigor-

'There's a Reason'

for Grape: Nuts

Sold by all grocers

and delights the taste.

rape Nuts

them personal wealth to the value of \$2,445,804, and effects worth \$702,453 out of the total number of immigrants 2,600 gave their occupation as agriculturists and will engage in farming on the prairies. Of the total, 4,892 were United States citizens—while the balance of 2,248 were composed of Britishers, Frenchmen, Canadians and Scandinavians.

Development work is being carried on at the Sinclair asbestos property in Banockburn township. Matachewan district. Samples of first class asbestos have been briught out from the property and arrangements have been made to bring out a carload of "cryde".

Owing to transportation difficulties of the first class and running water.

Owing to transportation difficulties of the first class and running water.

Out of the total number of immigrants 2,600 gave their occupation as agriculturists and will engage in farming on the prairies. Of the total, 4,892 were United States citizens—while the balance of 2,248 were composed of Britishners, Frenchmen, Canadians and Scouting and the kineral of thity miles of good motor road which begins at historic country. Here the fisherman district. Samples of first class asbestos property and arrangements have been made to bring out a carload of "cryde".

Owing to transportation difficulties of the fisherman district and will make a beaten to have been bring out a carload of "cryde".

Owing to transportation difficulties of the fisher and the first occupance of the condition of this porting country. Here the fisherman may enjoy excellent fishing, and here the part of the basic porting country. Here the fisherman may enjoy excellent fishing and here the hunter may bag the biggest of mose of the hunter may bag the biggest of the competition country to the country and crown reach a write and croquet grounds are golf, squash and croquet grounds are golf for sawas the lovely historic country to be explored. One cannot travel may be always the lovely historic country to be explored. One cannot travel may be a better book, may be a better finds in

open all day, is very commendable. Popular sympathy is nearly always with the injured child, but when syoungsters are allowed to play indiscriminately on the streets it is practically always and always are peculiar ducks. children under six on a city street without a parent or guardian. Children, however, must play, and the chool playground seems the most suitable recreasion place for them in the chool playground seems the most of the control of the There are reasonable and scientific heart, through its efforts to pump grounds for the relief that during reseated to the palest tint, and these heart of papers were made he left at Geneva, the second at count, and the third he tock to the left at Geneva, the second at count, and the third he tock to the left at Geneva, the second at count, and the third he tock to the left at Geneva, the second at count, and the third he tock to the left at Geneva, the second at count, and the third he tock to the left at Geneva, the second at count, and the third he tock to the left at Geneva, the second at count, and the third he tock to the left at Geneva, the second at count, and the third he tock to the left at Geneva, the second at count, and the third he tock to the left at Geneva, the second at count, and the third he tock to the left at Geneva, the second at count, and the third he tock to the left at Geneva, the second at count, and the third he tock to the left at Geneva, the second at count, and the third he tock to the left at Geneva, the second at count, and the third he tock to the left at Geneva, the second at count, and the third he tock to the left at Geneva, the second at count, and the third he tock to the left at Geneva, the second at count, and the third he tock to the left at Geneva, the second at count, and the third he tock to the left at Geneva, the second at count, and the third he tock to the left at Geneva, the second at count, and the third he tock to the left at Geneva, the second at count, and the third he tock to the left at Geneva, the second at count, and the third he tock to the left at Geneva, the second at count, and the third he tock to the left at Geneva, the second at count, and the third he tock to the left at Geneva, the second at count, and the third he tock to the left at Geneva, the second at count, and the third he tock to the left at Geneva, the second at count, and the third he tock to the left at Geneva, the second at count, and the third he tock to the left at Geneva, the seco

of modern conditions with resulting than adults. In fact, there is a notwear and tear on the human system which have during the past quarter century reduced the average lifetime to 55 years or thereabouts, instead of the alloted three score and tea.

An old saying, with a grain of truth and the spread of any outled by communicable diseases or the prevention or any outled by communicable diseases or where and often to carefessness on the part of the worker himself.

And to this the any allies the work of the Boy Scouts, they are avoidable are not being fooled. Neither are the work of the Boy Scouts, they are not being fooled. Neither are the work of the Boy Scouts, they are not being fooled. Neither are the work of the Boy Scouts, they are not being fooled. Neither are the work of the Boy Scouts, they are not being fooled. Neither are the work of the Boy Scouts, they are not being fooled. Neither are the work of the Boy Scouts, they are not being fooled. Neither are the work of the Boy Scouts, they are not being fooled. Neither are the work of the Boy Scouts, they are not being fooled. Neither are the work of the Boy Scouts, they are not being fooled. Neither are the work of the Boy Scouts, they are not being fooled. Neither are the work of the Boy Scouts, they are not being fooled. Neither are object to be the work of the Boy Scouts, they are not being fooled. Neither are object to be the work of the Boy Scouts, they are not being fooled. Neither are object to be the work of the Boy Scouts, they are not being fooled. Neither are object to be the work of the Boy Scouts, they are not being fooled. Neither are object to be the work of the Boy Scouts, they are not being fooled. Neither are object to be the work of the Boy Scouts, they are not being fooled. Neither are object to be the work of the Boy Scouts, they are not being fooled. Neither are object to be the work of the Boy Scouts, they are not being fooled. Neither are object to be the work of the Boy Scouts. They are not are not are not are not are not are

preventable infant mortality amongst

# feels, and there is no reason why he should not at 60 or 70, provided his general health is good, be engaged at useful work without being a burden to anyone. There are many causes leading up to early or premature death that could be largely eliminated if health habits were formed in early life and more observance made of the quarantine and control of communicable diseases. To illustrate this latter point, take

Every mother knows how fatal the hot summer months are to small children. Cholera infantum, diarrhoea, dysentry, colic and stomach troubles are rife at this time and often a preClub is for the Boy Scouts. Their To illustrate this latter point, take the case of heart disease, which causes an enormous number of deaths in this only occurs once. Newspaper readers

adopted methods of their own which throughout Canada

are rather odd and picturesque.

In particular they go in for street processions. Enterprising advertisers in Chinese and Japanese cities argan ize parades, with banners and strange devices, such as dragons and other monsters, carried by men or on wag- mother.

ons.

This is real jazz as applied to publicity work. We have nothing equal to it in its way. In the Philippines similar methods are pursued. Not long ago, in Manila, to advertise a new local process. cigar, there was a very striking procession in which gigantic walking cigars took part, accompanied by men carrying huge placards lettered in English and Spanish, extelling the product and inviting the public to try it.

Africa embraces nearly one-fourth of the total land area of the globe.

## THE CAUSE OF BACKACHE

Only in Rare Cases Does Back ache Mean Kidney Trouble.

Every muscle in the body needs con stantly a supply of rich, red blood in proportion to the work it does. The muscles of the back are under a heavy strain and have but little rest. When pain in those muscles. Some people think pain in the back means kidney trcuble, but the best medical authori-ties agree that backache seldom or never has anything to do with the kidneys. Organic kidney disease may have progressed to a critical point without developing a pain in the back. This being the case, pain in the back should always lead the sufferer to look to the condition of his blood. It will be found in most cases that the use of Dr. Williams' Pink Pills to build up passing by, and suid: "Are you looking for a job?" the blood will stop the sensation of pain in the ill-nourished muscles of the back. How much better it is to try Dr. Williams' Pink Pills for the blood than to give way to unreasonable alarm about your kidneys. If you suspect your kidneys, any doctor can make tests in ten minutes that will set your fears at rest, or tell you the worst. But in any event to be per-fectly healthy you must keep the blood in good condition, and for this purpose no other medicine can equal Dr. Williams' Pink Pills.

You can get these pills through any

into. But no comfort has been found there.

But who cares who wrote it? It

riminately on the streets it is practically impossible to lay the blame To say they are egotistical is putting entirely to the motor driver. It should it so middly as to be complimentary. They have such confidence in their that one cannot interest

to 55 years or thereabouts, instead of the latest the alloted three score and ten.

An old saying, with a grain of truth spread of any outbreaks. Child morbin it, is that a man is as old as he feels, and there is no reason why he should not at 60 or 70, provided his organic changes of the heart due to organic changes of the heart due to organic changes of the heart due to the should not at 60 or 70, provided his out to them by their superior officers. The Scouts have made good in spite

of the ridicule which was heaped upon them only a few years ago, when their elders first heard of them. The DURING HOT WEATHER police and the rest of us laughed at the idea of having Boy Scouts help

atmosphere which must be as pure as it is rich in color.

A Swift Boy From the Country.

How fast can you run?" the humorously inclined bell boy of a Toronto hotel asked the country lad who was on his first visit to the city.

"Not very fast, I guess."

"Well," replied the lad bashfully, "Not very fast, I guess."

"How fast is that?" asked the bell boy, winking at some of his friends who had gathered to see the fun.

The country lad frowned thought-fully, then replied:

"Well," then replied:

"How fast is that?" asked the bell to see the fun.

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The country lad frowned thought-fully, then replied:

"Well," then replied:

"How fast is the reason why the Kiwanis only occurs once. Newspaper readers were interested last week in a despatch from England stating that a motor-car driver was given one year's many causes, but a very imprisonment for running over a one its replaced last week in a despatch from England stating that a motor-car driver was given one year's and our car driver was given one year's care one books by virtue of the heart diseased and unable to properly carry on its function? There are monor the heart tirsue by carry on its function? There are monor the heart diseased and unable to properly carry on its function? There are monor the heart diseased and unable to properly carry on its function? There are monor the very year. What makes the heart diseased and unable to properly carry on its function? There are motor-car driver was given one year's and our carry carry on its function? The mother heart tirsue by server to stomach and bowel to would have the result of many cares in Canada that could be thus summarily dealt wi

Oriental countries, having awakened within very recent years to the worthwhileness of advertising, have on sale in five thousand offices

The tendencies of the father are usually handed down to the daughter, while the son inherits those of the



Saves buying new tires. Best for emergency. The Spare Tire in the tool box. Wears for thousands of miles. Your hands the only tools you'll need. At all jobbers and dealers. Resilient. Neat. Cheap. Quick and Nonskid.

We guarantee each 3.3.3.

Agents wanted by
The G20. E. SECUGERON Co.
128 Wellington St. W., Toronto See us at Can. Net. Exhibition, 1931.

FROM BERE & TREME

Hen Made.

Mrs. Newlywed-"And these eggs Are they real country eggs?" Shopkesper-"Yes, mum; genuine

Nothing Lower.

Jack—"I don't think I should get ero on this examination." owest mark I know of

The clerk of the works of a new uilding was short of help. One morning he stopped an old tramp who was "Yes," said the tramp.

"Can you do anything with a shovel?" asked the clerk of the works. "Yes," replied the tramp, rubbing his eyes: "I can fry bacon on it."

He'd Been. "How far do you travel in crossing

"Oh no. Think again," said the out.

### Mighty Awkward.

"You've made a mistake in your paper, 'said an indignant man, entering the editorial sanctum of a country newspaper. "I was one of the competitors at that athletic contest yesterday and in your report you have called me "the well-known light-weight I'm sure she does her darning

An American poultry farmer went over to England to have a look round the poultry farms there and see where the farmers were making mistakes. He did not besitate to tell how far advanced was the atr of poultry keep-ing in the States, and spun several very tall yarns on that subject.

Twenty chickens from twelve eggs appeared to be an everyday occurrence in the United States, if the people cannot read and write. stories he told could be believed. But a bluff old English farmer was

"Happen, maister," said the old man, ve have never seen as many as a hun dred chickens hatched by one hen at a setting?

"Waal," answered the American, "I can't say that I have, but-

"Well, then, listen here, maister; happen I have," returned the farmer "Down Ipswich way we allus fill a barrel with eggs and set the hen on the bunghole!"

NOTHING TO EQUAL

For Sprains and Bruises.

**COARSE SALT** LAND SALT **Bulk Carlots** G. J. OLIFF - TORONTO



## **ASPIRIN**

"Bayer" only is Genuine



Warning! Take no chances with substitutes for genuine "Bayer Tab-lets of Aspirin." Unless you see the name "Bayer" on package or on tab-lets you are not getting Aspirin at all. In every Bayer package are directions for Colds, Headache, Neuralgia, Rheufor Colds, Headache, Neuralgia, Rheu-matism, Earache, Toothache, Lumba-go and for Pain. Handy tin boxes of twelve tablets cost few cents. Drug-gists also sell: larger packages. Made in Canada. Aspirin is the trade mark (registered in Canada), of Bayer Manu-facture of Monoaceticacidester of Salicylicacid.

## FEARED SHE HAD HEART TROUBLE

MRS. SMITH SUFFERED AFTER EVERY MEAL.

Toronto Woman Says Since Taking Tanlac All Her Troubles Have Disappeared.

"Before I had taken half a bottle of examination."

"Correct, but that's the and now I feel just fine," said Mrs. Q. E. Smith, 169 Yarmouth Road, Toron

> pressure, but whatever my troubles were they began to disappear when I got Tanlac and now I haven't a trace of any of them. For one thing, I suf-fered from indigestion something awful. After eating, the gas from my undigested food would press up into my chest until my heart fluttered frightfully and at times I actually thought

t would stop beating.

My head ached terribly at times and I got so dizzy I couldn't stand up. kidneys also bothered me and my back and legs hurt constantly. My legs hurt worse while lying down and nights I couldn't sleep any to speak "How far do you travel in crossing the ocean from Liverpool to New York?" asked the teacher.
"Four thousand miles," replied the of, so that I always felt tired and worn

"But all my troubles are gone now "I'm right," persisted the youth. "It dealer in medicine, or by mail at 50 and that's what it is in a straight line. But I'm counting the ups and downs. I've been across!"

"I'm right," persisted the youth. "It says digestion is just perfect and never have a headache or dizzy spell any more. Even those pains have disappeared from my back and legs and I've been across!" the time.

Tanlac is sold by leading druggists

Pine Needles.

Old Greek Coins.

Coin collectors regard the collecting of old Greek coins as their most for midable task, not because of their rarity, but because fully 1,000 indepen-den cities had a distinctive serie; of



## HOUSE WORK

Before I took Lydia E. Pinkham's Vegetable Compound I could hardly get about.

Cobourg, Ont.—"For many years I have had trouble with my nerves and have been in a general run down condition for some time. I could not de my work half of the time because of the trouble with my monthly sickness. I was told of Lydia E. Pinkham's Vegetable Compound by friends and advised to try it. It has done me good, and I strongly recommend it. Since I have taken it I have been able to do all my own work, and I also know friends when have found it good. You can use these facts as a testimonial."—Mrs. ELLESS FLATTERS, Box 761, Cobourg, Ont.

Why will women continue to suffer so long is more than we can understand, when they can find health in Lydis E. Pinkham's Vegetable Compound?

For forty years this good old fashioned root and herb remedy, which contains no narcotics or harmful drugs, has been the standard remedy for temale ills, and has restored the health of thousands of women who have been troubled with such ailments as displacements, inflammation, ulceration, irregularities, etc.

If you want special advice of the static E. Birkhern Medicine C. (considered)

If you want special advice write t Lydia E. Pinkham Medicine Co. (condential), Lynn, Mass. Your letter w be opened, read and answered by woman an i held in strict confidence.

188UE No. 85-/21.