## Nurses News

The Sisters at C..., having grown weary of wasting time, and thinking a daily morning exercise would be beneficial, decided to try the well known game of Baseball.

The morning of January 17 th. saw on the old familiar grounds, a group of Blue clad players, with a tennis ball, and a large tent peg substituting for a bat.

The two motive powers, Capts. "Dilly " and " Babs " arranged their respective teams, gave them pointers as to pitching, catching and fielding and then the fun began.

Umpire N-n-y was a great success in keeping score and settling disputes, while " Vic " and
" Mac " did some fine pitching, enabling both sides to make a few home runs.

There was one casualty which was quickly attended by the " First Aid " member, who arrived on the scene of the accident, with every necessary equipment including a hot water bottle.

The game ended with 10-2 in favor of "Babs " team.

Next morning was rainy which was a joy to those suffering from untrained muscles and aching joints. Their groans illicited the suggestion from a member of the Unit, that the game of their childhood was too strenuous for such as were so aged, as to be left in C.... to recuperate after their summers work. Notwithstanding the criticism, they were on the field with accumulated pep, in the bright sunshine of the following morning.

Through the kindness of friends at No. 20 a Spalding bat and ball arrived, which, together with the presence of the O. C. of the Camp, who gave many helpful suggestions, increased the interest of the players.

One week has passed - the aged are rejuven nated, benefit has been derived from the exercise, and those who overindulged in the rest cure now swell the ranks of the breakfast table and await with eagerness the $9.30 \mathrm{a} . \mathrm{m}$. game.

Captain George Mac Donald,P.P.C.L.I.
Captain Anderton, Royal Engineers.
Lieutenants Dow and Stevenson, Cornwall Engineers.

Lieut. Badgely, C. F. A.
Captain Blaylock.
Mr Dobell of Quebec.
Major Archibald who is temporarily attached to No. 1 Canadian Casualty Clearing Station, spent a night recently with his old Unit. He speaks in the highest terms of the kindness and hospitality shown him by Lt. Colonel Ford and his Officers. He was accompanied by Captain Peat.

## G.......ITEMS

No. 4 General Hospital have taken over the Huts of No. 22.

The O.C., of No. 4 and a Major making an inspection, strayed into the N.S. Mess Hut they received the usual Canadian Welcome.

Dr. Grenfell was the guest, at the sisters' afternoon tea on Saturday last.

The Sisters admired the energy and devotion which prompted three of their Officers to WALK from Boulogne to see them.

Reliable news reaches us that two air raids were experienced at No. 4 Canadian General Hospital, Salonica. A Bomb has been kept as a souvenir. Damages (only to property) were slight.

Captain Shatford is rapidly convalescing at St. John's Ambulance Association Hospital.

French lessons are the order of the day. Ici on parle français.

Latest method of defence - In C.... - Mouse traps.
extremely hard as it means that the opposing lines of communications would cross each other. Joffre adopted the " open stategic square " formation on a huge scale, for the defence of France. One strong army was sent to the triangle formed by the junction of the Sambre and Meuse rivers ; its right extended as for as Namur, on its left the British Army under General French, took its position in the vicinity of Mons.

The second part was located in the Verdun district, the third looked after the defence of Paris, while the fourth, which did not get in its right position in time, concentreted in the Loire district, and moved to the department of Seine et Oise early in September.
It soon became apparent that the main German attack would be through Belgium and Northern France. Taking everything into consideration it did not seem possible to experts that more than 9 German Army Corps could be sent forward together ; Joffre, as a measure of safety based his calculations on a total German strength of 10 Corps his estimate proved however hopelessly inadequate, as it has since been proved that not

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