

How to Make Two Pounds of Meat Out of One

Veal Leaf.

This recipe makes one pound of meat go twice as far when combined with

2 envelopes Knox Acidulated Gelatine.
1 cup cold water.
2 cups stock, well seasoned.
1 onion peeled and sliced.
1 stalk celery.

Soak gelatine and one-half teaspoonful of the lemon flavoring found in the Acidulated Package in cold water five minutes. Add onion and celery to stock, bring to the boiling point, let boil three minutes, and pour over soaked gelatine. When mixture begins to stiffen, add meat, plumbeous and chopped parsley. Turn into brick mold, first dipped into cold water, and chill. Remove from mold, and cut in slices for serving.

Get a box of Knox Gelatine at your grocer's to-day and try the above recipe.

KNOX SPARKLING GELATINE

Write for the booklet "Food Economy" and "Dainty Desserts". They are free. Just enclose 4 cents in stamps to cover postage and mailing. Address:

MRS. CHARLES B. KNOX
KNOX GELATINE

400 Knox Avenue, Johnstown, N.Y.

"Wherever a recipe calls for gelatine think of Knox."

For further information apply to THOMAS B. CLIFT, Manager Knox Co., Commercial Chambers, Water St. Rooms 9 and 10. Sample Room 14.

Britain May Cancel War Debts of Powers.

Bishops in Conclave Ask Divine Blessing on Irish Matters--Japan Agrees to Naval Limitations--Premier Lloyd George Publishes Correspondence.

BRITAIN TO CANCEL DEBTS!
WASHINGTON, Dec. 13. Some foreign delegates to the Disarmament Conference have received word which they interpret as indicating that Lloyd George is preparing to take the initiative in world economic matters. The British Premier's plan is said to be cancellation of all war debts owing to Britain by France, Italy, Belgium, Russia and the smaller Balkan Allies, amounting to upward of two billion dollars.

NON-COMMITTAL.
DUBLIN, Dec. 13. The Irish Bishops, following a meeting presided over by Cardinal Logue to consider their attitude as to the Anglo-Irish agreement, issued this afternoon a statement of a non-committal character. It implored the divine blessing upon the deliberations of the Dail Eireann, and said that the body would be sure to have the best interests of the country in mind.

FINAL RESULT OF ELECTIONS.
TORONTO, Dec. 13. With Yukon conceded to the Conservatives, the standing of the parties as a result of the recent elections is as follows:—Conservatives, 51; Liberals, 117; Progressives, 65; Labor, 2. Re-counts are being held in some ridings.

JAPAN ACCEPTS.
WASHINGTON, Dec. 13. Japan's acceptance of the American proposal for a 5-5-5 naval limit.

PACIFIC TREATY SIGNED.

The formal signature of the Pacific Treaty by delegates of the four Pacific Powers and another meeting of the "Big Three" to continue their consultation in the light of instructions received by the Japanese delegates from Tokyo regarding the 5-5-5 naval ratio, were the outstanding events scheduled to-day for the Armaments Conference. The Far Eastern Committee of the whole was in adjournment until to-morrow.

CONFESSES GUILT.

OTTAWA, Dec. 13. G. J. Artz, an employee of the Finance Department, charged with embezzling \$30,000 belonging to the Canadian Government, has made a complete confession. He began his speculations in 1917.

HAMILTON SUCCEEDS MAHARG.

REGINA, Sask., Dec. 13. The resignation of Hon. J. A. Maharg as Provincial Minister of Agriculture, has been accepted by

Premier Martin, and Hon. C. M. Hamilton has been appointed his successor.

LOSES BRITISH CITIZENSHIP.

LONDON, Dec. 13. The official Gazette to-day announced the formal revocation of the naturalization of Sir Edward Speyer, also his removal from the Privy Council, the grounds being that he had shown himself by act and speech disloyal to His Majesty, and had during the war communicated with enemy subjects and had been associated with business carried on in a manner to assist the enemy. His wife and three children cease to be British subjects. Speyer, who was formerly of the British branch of the Speyers banking interest, had his title to Privy Councillor challenged in 1917, but the Courts ruled he was entitled to it.

LAST OF GERMAN STEAMERS.

LONDON, Dec. 13. With the sale just announced of sixteen large German steamers to British buyers, Lloyd Inchausti has now disposed of all of the former German ships allocated to him by the Government for sale except one ship. These latest sales are considered very satisfactory from the point of view of the present state of the market.

THEIR CHANCES IN THE SENATE.

WASHINGTON, Dec. 13. Informal canvasses of the Senate following attacks of Senators Borah, Reed, Watson and La Follette on the four power treaty indicate clearly that the treaty will be ratified. The agreement relative to Yap and mandated islands will also be ratified, according to predictions of leaders.

THE GEORGE-CRAIG CONFERENCE.

LONDON, Dec. 13. The correspondence between Lloyd George and Premier Craig of Ulster, was made public to-day by the British Premier. Lloyd George's first letter dated November 10th recognized the danger that patronage in departments controlled by a common legislature might be unfairly exercised on religious or other demands, and that Ulster might be imperilled by an All-Ireland Parliament controlling tariffs. The letter expresses the desire to consult Ulster on the appointment of All-Ireland officials in the Northern zone, the collection of revenues and measures safeguarding exports and imports against discrimination. Craig's reply, dated November 12th, said Ulster had for many years resisted an All-Ireland Parliament, and that the dislike of such a body has not been diminished by local institutions conferred upon her by the Act of 1920. Ulster was certain no paper safe guards could protect her against maladministration. Craig declared the reserve powers, instead of being given to the All-Ireland Government should be conferred respectively upon the North and South within their areas. The Government of Northern Ireland, Craig added, desired to express the conviction that the time had not arrived when the cause of peace which they fervently desired to further could be promoted by establishing an All-Ireland Parliament, which could only come from mutual confidence. When the time for it arrived the provisions of the Act of 1920 would be sufficient for the purpose of bringing it into existence. Lloyd George replying November 14th, expressed regret that Ulster would not enter the Conference without conditions, and argued that two Dominions in Ireland were indefensible. The status of a Dominion was based upon gradual assimilation of large territories into national units of self-government. Two places for Ireland could not be claimed in the League of Nations, or the Imperial Conference, and Ireland is represented in them it must be that part with the largest area and population.

Needles Without Eye.

The needle's eye has undergone several changes of positions since, in the dim past, it was invented and placed at the end away from the point. In the first form of sewing-machine the needle was made double-ended, and the eye was placed in the middle, and the idea of putting the eye close to the point was one of the first factors in making a really practical sewing-machine. Now in the latest pattern of needle the eye has disappeared altogether. This is a surgical needle for sewing up human tissues after a wound or an operation. For such use a needle with an eye has never been entirely satisfactory, because the double thread, through the eye and back again, inevitably made at one point a thickness different to the thickness of the rest of the needle. The blunt end of the new needle ends in a short tube, in which the end of the thread is permanently fixed, so that the surface of the needle is smooth and regular from end to end, and there is no longer any "pull" when the thread follows through the hole that the needle has pierced. The inventor, a London surgeon, has presented all rights in the new needle to the London Hospital.

Steam and Massage Treatments for open pores, black-heads, etc. MRS. J. L. COURTNEY, Keating Bldg., Dec 12, 81.

Did this ever happen to you?



Mentholatum
Is a wonderful relief for:
Headaches, Colds,
Catarrh, Chapped Skin, etc.

Bank of England.

To Be made Several Storeys Higher. Plans are under consideration, for the rebuilding of the Bank of England. For many years the activities of the Bank have been growing so rapidly that other premises have been taken for branch work outside the famous area in Threadneedle-street, London.

The idea is to rebuild a main portion of the Bank, adding several storeys, and to concentrate all the work in one spot. The Bank was established in 1694. During the Gordon riots in 1780 the clerks were armed, the inkstands melted into bullets, and the rioters who tried to rush the Bank were beaten off with many casualties.

**HERE'S
A
CHANCE
FOR
THE
LADIES.**

This is an exceptional year and present conditions don't warrant paying fancy prices for 'Xmas Gifts.

We have decided to clean out all fancy goods together with many other useful articles at our great mark-down

SALE.

HERE THEY ARE—DON'T MISS A LINE.

Fancy Coloured Glass Fruit patterns48c. each
Bowls, your choice of four
Fancy Cold Glass Jugs, 42c. ea.
Rubigold Berry Sets . . \$2.00 set
Rose and Gold Table Sets, Water Sets and Berry Sets, all one price \$3.80 set
Crystal Footed Bowls . . .42c.
Crystal Fruit Bowls, 37c., 40c., 70c.
Fancy and Crystal Orange Bowls \$1.20
Nappies, fancy and plain, \$1.35 and \$1.65 doz.
Plain and Etched Wine Glasses, \$2.30 and \$3.10 doz.
Cats, Dogs, Frogs and Elephants5c. each
Teddy Bear Cups & Saucers, 15c. each
Fancy Coloured Figures, Boys, Girls and Skirt Dancers, 18c.
Earthen Vases, assorted shapes and colours, 22c., 25c., 27c., 32c. ea.
Ruby and Crystal Baby Mugs, 27c.
Ruby and Crystal Wines . .25c.
Ruby and Crystal Jugs . . .35c.
Japanese Salt and Peppers, 22c. pair
Japanese Tea Sets . . . \$5.50
Japanese Berry Sets . . \$2.25
Japanese Cups and Saucers, pink or crimson roses, gold traced30c. each
Rubigold Wine Sets . . \$2.70
26 piece Dinner Sets . . \$15.00
54 piece Dinner Sets . . \$35.00
21 piece Tea Sets, printed pattern \$4.50
5 piece Toilet Sets, blue and floral design \$7.75
6 piece Toilet Sets, crimson roses and gold . . . \$12.00
21 piece Best English China Tea Sets \$9.50
Fancy Teapots, assorted sizes, banded or green, 40c., 50c., 60c., 70c.
Decorated Teapots, crimson roses and gold70c., 90c., \$1.00
Brown Teapots . . .40c., 45c., 55c.
Good strong Cups and Saucers, white25c. each
Jap. China Cups and Saucers, white25c. each
Table Tumblers, plain thin, \$1.40, \$1.80, \$2.00 doz.
Pony Tumblers . . \$2.30 doz.
Heavy Tumblers, \$1.00, \$1.55 doz.

IF YOU WANT BARGAINS DON'T MISS THIS SALE.
G. KNOWLING, Ltd.
dec 9, 81

MINARD'S LINIMENT USED BY VETERINARIANS.

Christmas Toys

For Girls and Boys
For
Tags & Coupons Only



THE Children's Day is near, and already they're planning what they'll do with the toys Santa Claus is bringing them.

How about it? There'll be lots of useful things the dollars will have to buy this Xmas but—at the

TAG AND COUPON STORE

you can get toys, all you want of 'em, that will delight both big and little children.

There's a wonderful selection to choose from:—Dolls, Trains, Motor Cars, Motor Trucks, Fire Engines, Roller Chimes, Balls, 2-Wheel Carts, and hundreds of other toys, any of which can be obtained for tags and coupons only. To avoid disappointment come early and get your requirements while the selection is at its best.

THE TAG AND COUPON STORE,

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(Newfoundland) Ltd.

TOYS FOR TAGS AND COUPONS ONLY.







TOYS FOR TAGS AND COUPONS ONLY.



TOYS FOR TAGS AND COUPONS ONLY.



Jazz in Ancient Peru.

The Indians of prehistoric Peru knew something of jazz, the craze which has descended on our dancing world. Instruments similar to those used by modern jazz bands have been found in Peru by grave diggers and ruins. Further proof has been found on old Peruvian pottery, the decorations on which portray quaint orchestras and dancers. Certainly man sang and danced before music, as we know it, was thought of, but the need for rhythm was always felt. The Indians, when dancing, used to clap their hands, stamp their feet, and beat their hips. Later the drum was devised to keep a sort of time. The first drums used by the Peruvians were made of deer-skin stretched tightly over a wooden hoop or section of a tree trunk hollowed out. To strike terror into the hearts of their enemies, one tribe, the Hanuza, used for their drums the skins of their fallen foes—and used to boast about the fact.

COWAN says Calendars will be cheaper next year. Why book your order for 1923 Calendars now? Don't promise your order until you see his Samples. —dec 5, m.w.s, 2w

New Material for Paper.

German has Invented Process to Use Fresh Water Flora. According to a German press report, the Muldenwerke A. G., of Freiberg, has recently patented a process for the treatment of fresh water flora which provides material which can be used in the manufacture of paper, pastboard, cardboard, etc. The report further states that this Company has carried out a series of experiments in its own factories and has proved the practical value of the new raw material and the profitability of the production. It has succeeded under very favorable conditions in securing for itself the sole patent rights for the manufacture of this product in Central Germany. The directors of the company now intend to establish a new factory for the production of this material, in order to render themselves independent of the supply of other raw material.

Grocers---Shopkeepers! Please Read This Carefully!

**REMEMBER
EACH PACKAGE
OF LANTIC
SUGAR IS
GUARANTEED
TO CONTAIN
FULL WEIGHT
OF HIGHEST
QUALITY
GRANULATED
SUGAR.
WHEN YOU BUY
LANTIC PACKAGE
SUGAR YOU GET**

GROCERS' BULLETIN

Shopkeepers who want to stay in business will need to figure the cost of their goods closely during the next few months, otherwise they may be selling goods at a loss and then "good night."

Such goods as flour, oats, beef, pork, sugar and other bulk goods will need careful watching as it is on such goods that most losses are made. Receiving a few pounds too little and giving a few pounds too many have put the shutters up on many a grocery shop.

Besides loss of weight and the consequent loss of profit in retailing pork, flour, sugar, etc., out of bulk, the cost of time, bags, twine and paper must be considered and unless these costs are figured properly the grocer is within sound of the breakers.

Grocers should handle package goods if at all possible, because the invoice cost of package goods is their actual cost and the difference between cost and selling price is actual profit. Shopkeepers who have carefully figured the retailing costs of sugar are selling package sugar, because package sugar pays a definite, certain profit—a profit that can be seen; whereas the profit on bulk sugar can only be estimated or guessed at.

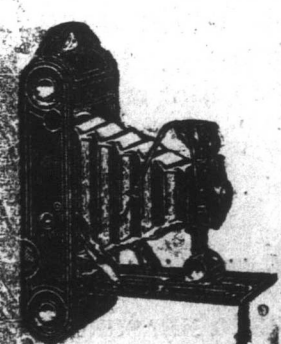
Lantic Sugar in 2 pound and 5 pound packages is a boon to shopkeepers in these days of small profits. The shopkeeper who sells Lantic doesn't need to worry about his profit because he knows exactly what it is. It may be small, but at least it IS profit, and even small profits are not to be despised in these days. LANTIC LESSENS LOSSES.

Purest—Finest—Cleanest—Sweetest—Sugar.

COLIN CAMPBELL, LIMITED.

Don't say Paper, say The Evening Telegram

Cameras for Xmas Gifts 20 p. c. Off Regular Price



Get it early, your Christmas Gift Camera. We would suggest that you make it a

1A KODAK

Giving a picture 2 1/2 x 4 1/4, this beautiful little Camera is very easy to use, and convenient to carry, while the 20 per cent. reduction makes it both a delightful and reasonable Christmas offering.

1A KODAK, size 2 1/2 x 4 1/4.

Single Lens. Reg. Price \$23.50. Now . . \$18.60
R.R. Lens. Reg. Price \$26.50. Now . . \$21.20
F.Z.T. Lens. Reg. Price \$33.70. Now . . \$27.00

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THE KODAK STORE, 309 WATER STREET.

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