

**W. C. T. U. Notes**

Women's Christian Temperance Union first organized in 1874.

**AIM**—The protection of the home, the abolition of the liquor traffic and the triumph of Christ's Golden Rule in custom and in law.

**MOTTO**—For God and Home and Native Land.

**BADGE**—A knot of White Ribbon.

**WATCHWORD**—Agitate, educate, organize.

Let us not judge one another any more, but judge this rather, that no man put a stumbling block or an occasion to fall in his brother's way. RM. 14:81.

**OFFICERS OF WOLFVILLE UNION:**

President—Mrs. J. G. Elderkin.  
1st Vice President—Mrs. W. O. Taylor  
2nd Vice President—Mrs. G. W. Miller  
Recording Sec'y.—Mrs. Ernest Redden  
Cor. Sec'y.—Mrs. Annie Murphy.  
Treasurer—Mrs. H. Pineo

**SUPERINTENDENTS**

Evangelistic—Mrs. William Chipman  
Parlor Meetings—Mrs. Stanley Robinson.

Labrador Work—Mrs. J. W. Vaughn  
Fishermen and Lumbermen—Mrs. W. E. Fielding.

Anti-Narcotic—Mrs. W. O. Taylor  
Flowers, Fruit and Delicacies—Mrs. D. G. Whidden  
Christian Citizenship—Mrs. B. O. Davidson.

Press—Mrs. M. P. Freeman  
Willard Hall—Mrs. M. P. Freeman  
Temperance in Sabbath Schools—Mr. C. A. Patriquin.  
Supt. Tidings—Mrs. T. Hutchinson.  
Business meeting of the W. C. T. U. the last Monday of every month

**TRAVELLERS' AID APPEAL**

The officers and members of the "Toronto District W. C. T. U." desire to again call attention to the importance of our "Travelers Aid" work, which has been carried on by us for more than 20 years.

We began by employing one worker located at the Union Station.

Now we have a "Travelers' Aid Secretary" there as well as two workers, and also one worker at each of the other stations in the city.

During the past year they have spent 6,609 hours at the stations, helping 19,145 persons, many of whom were homeless young girls, who had to be brought to our "Willard Hall" for care and protection.

Our expense in the beginning was comparatively small, but it has gradually increased, and last year we paid \$2,654.94, besides incidentals.

Through all these years the "Surprise Soap Company" has given us a small cash percentage for every wrapper collected, thus materially assisting us in securing the amount of money needed.

During recent years, however, our income from this source has not been nearly equal to the expense incurred. We are therefore earnestly appealing to our friends for increased donations of soap wrappers, and where these are not available, money will be most acceptable instead.

During the past year our Travellers' Aids have found many opportunities for service especially in showing kindness and giving information to a large number of war brides coming to, or passing through, our cities.

Many a tired and perplexed mother, with her family of little ones, expressed her gratitude to the T. A. who gave assistance during the hours of waiting between trains and put them on the outgoing train at the right time.

Then the many aged and infirm ones compelled by stress of circumstances to travel alone, were also made comfortable, and their nervousness overcome, as they were kindly and patiently helped on their journey.

Scores of young girls, troubled and perplexed, having wrong addresses or none at all, were carefully looked after, and when unable to be correctly located, were sent to Willard Hall until their friends were found.

Sick and injured women off the trains were given "First Aid", and when necessary, taken to hospitals, and their friends communicated with.

A large number of children without escorts and sometimes without tickets or money, were placed in charge of reliable persons travelling in the same

**"Saved My Little Girl"**

**Mother tells how her little Ethel's life was saved.**

That is what one woman wrote us recently, and then she goes on to say:—

"Ethel, who is just past eight, caught a bad cold last August. The child is of a highly strung, nervous temperament and could not be kept quiet in bed. We tried everything we could think of to cure her cough. But, the cough became worse and from a rosy, healthy, sturdy girl she became pale and thin. Nothing we did seemed to stop the cough and by this time regular spasms of coughing had developed. These coughing spells left the child weak and completely tired out. I believe that in a short time the cough would have reached the child's lungs. After trying everything I could think of, I saw an advertisement for Carnol, saying that this preparation would build one up. I got a bottle from the druggist and before it was half finished my little girl had almost completely shaken off her cough. Her cheeks began to get back their old colour. She started to put on flesh again and would run and play all day without being tired. Today, after having taken two bottles of Carnol, she is looking and feeling better than she has ever felt in her life."

Carnol is sold by your druggist and if you can conscientiously say, after you have tried it, that it hasn't done you any good, return the empty bottle and he will refund your money.

SOLD BY H. E. CALKIN

direction. Evil-minded, designing persons were in many cases discovered, and their plans thwarted, and numberless young, innocent girls saved from ruin and misery by the timely intervention of our Travellers' Aid.

In order that we may be able to continue this good work, without financial embarrassment, will you please send increased donations of "Surprise Soap Coupons" to Mrs. M. P. Freeman, (P. O. Box 35, Supt. Dept. Travelers' Aid Wolfville, N. S.)

**GOLDEN WEDDING AT CANARD**

CANNING, July 6.—More than one hundred guests assembled at the home of Mr. and Mrs. Levi Clark, Canard, on Tuesday evening to tender to them their good wishes on the 50th anniversary of their marriage.

The grounds were beautifully decorated for the occasion. The bride and groom of fifty years entered the drawing-room to the strains of the Wedding March, played by Mrs. William Harris. A fitting address, accompanied by a handsome electric reading lamp and purse of gold, on behalf of the friends, was presented by Warden C. A. Campbell, of Port Williams, which was pleasingly responded to by Mr. and Mrs. Clark. A delightful program, consisting of solos by Mrs. George Bowser, readings by Mrs. Leander Eaton, music by the Clark Quartette (composed of Messrs John Clark, Burpee McGowan, A. Clark, Clayton Harris) was then enjoyed. Supper was then served, tea being poured by Mrs. William Harris; Mrs. Ernest Harris, Mrs. Agnes Robinson, Mrs. Leander Eaton, Miss Eva Eaton, and Miss Alba Eaton assisting. Mrs. Clark, who was Stella, daughter of the late Andrew Bishop, of Lower Canard, was lovely in a gown of blue. Mr. Clark, from his early boyhood, resided with his uncle, the late Eaton Rockwell, Upper Canard.

Mr. and Mrs. Clark have four sons, Albert of Kentville, Howe, of Ottawa, Leander of Boston, and John, residing in Canard.

Mrs. Corbett, Mrs. Foote, and Mrs. A. Corbett, sisters of Mr. Clark, were present on this occasion. Community singing was enjoyed until the wee sma' hours.

**Plumbing and Furnace Work**

JOBBER PROMPTLY DONE

**H. E. FRASER**  
Phone 75

**HOW TO USE THE SEASON'S FRUITS**

In canning fruit, be sure that your jars are absolutely clean, and use new pliable rubber to be sure that no air shall get in. Sterilize the jars by placing them in cold water and heating until it comes to a boiling point. Take care that after this process neither fingers nor anything else that might carry germs touch the inside of the jars. Do not allow the fruit to come into contact with iron or tin vessels; use enamelled ware.

For canning fruit, use one-third to one-half as much sugar as fruit; for preserving, three-quarters as much; for jam an equal quantity and for jelly equal quantities of sugar and juice. For canning, use only perfectly sound, fresh, firm fruit. For jelly, fruit should be under-ripe.

Sugared currants can easily be made by dipping the fruit into white of egg and then in powdered sugar.

A few drops of currant juice left over from preserving, added to lemonade, gives it a delicious flavor.

**Spiced Currants.**—Use seven pounds of fruit, four pounds of sugar, one pint of vinegar, one tablespoonful each of cinnamon and cloves, one nutmeg, grated and one teaspoonful of allspice. Boil for two hours.

**Cherry and Raisin Conserve.**—Use three pounds of sour cherries (pitted) four pounds of sugar, four oranges (seeded and chopped), two pounds of raisins (seeded and chopped). Steam the raisins for twenty minutes, put all the ingredients together and boil for twenty minutes longer. Put in glasses and seal.

**Raspberry and Currant Jam.**—Crush the desired amount of fruit, using equal parts of raspberry and currants. Use also equal weights of sugar and fruit. Combine the sugar with the berries and bring slowly to the boiling point. Boil until thick and clear. Place in sealed glasses.

**Raspberry Vinegar.**—Put any quantity of fresh red raspberries into a crock, cover with vinegar and let stand twenty-four hours. Scald and strain. Add a pound of sugar to a pint of juice. Boil twenty minutes and bottle.

**Raspberry Cream Whip.**—Sprinkle a quart of red raspberries with a heaping cupful of powdered sugar. Allow them, to stand until a thick syrup is formed then press them through a sieve and pour slowly onto two cupfuls of cream which has been stiffly whipped constantly during the process. Chill thoroughly and just before serving, add a cupful of meringue made from the whites of two eggs beaten with half a cupful of confectioner's sugar. Serve heaped in pyramidal form on a round or frosted angel cake.

**PLAYING THE GAME**

Under the above caption, B. C. Forbes in Forbes magazine (New York) says:—Business is as much a game as golf or football or baseball.

Life itself is aptly likened to a game. To win, to earn and enjoy the fruits of victory, you must play fair.

A cup or medal or other trophy is not the real prize the victor receives, the real reward is the satisfaction derived from superior, worthy achievement.

Wealth is not the real prize of life, it is only a trophy, a symbol, and may carry with it no satisfaction; indeed it does not carry with it genuine, lasting satisfaction unless it has been won fairly, honestly, honorably.

The more I see of rich men and the closer my insight into the workings of their minds and hearts, the more strongly convinced do I become that great wealth is no passport to happiness nor proof of true success.

It is an old truth, but it needs preaching every sunrise, so many do not know it, or, knowing it, do not heed it. If they could only be made to understand, if they could only see things in their true colors, if they could only peer into the hearts of many millionaires, they would order their lives more rationally and enjoy life more thoroughly.

To win out you must play the game every time.

"Look at So-and-So; he has everything he wants, yet everybody knows that he made his money by shady practices," you may reply.

Don't fool yourself that So-and-So has everything he wants. Do you imagine that he doesn't know how you and other people regard him? And do not think for a moment that he enjoys being looked at askance, or that he wouldn't exchange most of his ill-gotten gains to stand high with you and other people—and to stand high with himself.

There have been wholesale efforts to reap more than has been sown, to get more than has been earned, to tilt the scales unduly.

Sooner or later the profiteers and labor slackers will get their just reward.

The call is for the fellows who can be depended upon, under any and all circumstances to play the game.

The things that count are the things that last. Playing the game lasts."

Please read the advertising matter in this paper and support the home communities. Every dollar sent out of the County is a dollar lost to the County. Buy what you can at home and help the Merchant, who is helping the Community.

Mered's Liniment for Burns, etc.

**Boston and Yarmouth Steamship Co., Limited**

**FREIGHT AND PASSENGER SERVICE**  
Steamships "Prince George" and "Prince Arthur"

SUMMER SERVICE SIX TRIPS WEEKLY FARE \$9.00

Leave Yarmouth daily except Sundays at 6.30 p.m.

Return—Leave Boston daily except Saturdays at 2 p.m. (Daylight Saving Time).

For staterooms and other information apply to

J. E. KINNEY, Superintendent, Yarmouth, N. S.

**They Bargain By Telephone, Now**

There was a day when the Farmer loaded his waggon with a glistening pile of the green and red first-fruits of his season and plodded to town along the dusty road to sell his stuff, often enough only to plod home with it again, having found the market oversold.

And there was a time when the dealer awaited a visit from the same Farmer, but with only languid interest in the transaction to follow the meeting. If one farmer would not come to his terms, another would.

The Telephone has changed all that!

Nowadays the wide-awake Farmer takes no selling trips and takes no chances. He stays at home, bargains with his dealer by Telephone, and rides to town with his stuff already sold.

And the Dealer does not await the Farmer's visit. He must seek the Farmer, or some competitor will get ahead of him. So he, too, takes to his Telephone and its by means scours the countryside to supply his needs. The result is, fresh, attractive stock on his shelves that swells the number of his customers.

For their mutual advantage the Telephone Line links the three together—Farmer, Dealer and Consumer.

**"Sell By Telephone"**

**Maritime Telegraph & Telephone Co. LIMITED**



**Its Rich Delicacy and genuine all-round goodness makes Salada the choice of millions and its sales are ever increasing.**

**Old Country People**

resident in Canada who have money they desire to transfer for use here can do so with absolute safety through any one of our branches.

Your interests in England will be cared for by our London office.

**THE ROYAL BANK OF CANADA**

WOLFVILLE—R. CREIGHTON, Mgr.  
PORT WILLIAMS—R. S. HOCKEN, Mgr.

**The Cash Grocery and Meat Store**

Now is the time to Preserve your Strawberries. Our prices are right.

Preserving Jars in Pints, Quarts and 2 Quarts. — PERFECT SEAL and QUEEN — Rubber Rings and Wax

LAMB, VEAL, MUTTON, BEEF, PORK FOWLS and CHICKEN

FRESH FISH EVERY DAY

One of the Cleanest and Most Up-to-date Grocery and Meat Stores in Town.

PHONE 53.

**FRANK W. BARTEAUX**

**The Cost of Living**

ADVERTISING turns over stocks rapidly, and therefore multiplies profits. This means that prices in a shop which advertises can be short rather than long.

Of this you may be sure: Prices in a shop which advertises are not MORE than in a shop which does not advertise. The chances are that they are oftentimes lower.

This also is generally true: You will find better goods, better values and better service in those shops which turn over their stocks rapidly. This means, as a general thing, shops which advertise.

**A NOTE TO MERCHANTS**

Advertising costs you nothing—it is paid for by the profits on increased sales.

Advertising is easy—it is simply saying in writing what you say to the customer in your shop. Turn over stocks quickly, if you would make more money.

**Shop Where You are Invited to Shop**

Issued by Canadian Weekly Newspaper Association

**SECURITY**

Your best interests will be served in discussing

**BONDS**

**REAL ESTATE**

**and FIRE INSURANCE**

WITH

**ANNIE M. STUART**

Phone 22-31

INVESTMENT BROKER.

Grand Pre, N. S.

**PLUMBING and HEATING**

Now is the time to have all repairs and alterations done to your heating system. Let me solve your heating problems for you.

Repairs promptly attended to.

**J. R. WAKEHAM**

Phone 394.

WOLFVILLE, N. S.