

It's Easy To Get Rid of Dandruff Gently rub spots of dandruff, scales, itching and irritation with Cuticura Ointment. Next morning shampoo with Cuticura Soap and hot water. This treatment every two weeks is usually sufficient to keep the scalp clean and healthy. Sample Each Free by Mail. Address posteard: "Cuticura, Dept. N. Boston, U.S. A." Sold throughout the world."

EGG FACTORY SECRETS.

Furnish Reason for Scarcity of Eggs in Chinese Stores.

Imagine yourself residing in the province of Kiangsu, China. One morning you are out for your constitutional and feeling a bit curious to familiarize yourself with the interior of the Chinese "general store," you drop into one of those institutions. You must inquire for eggs, else the hypothesis is to no avail. You ask What? for a dozen fresh eggs. What haven't that many in stock? How

This is, of course, only a hypothe ais, but there is no reason in the world why it might not happen in real life. As a matter of fact, the Chinese mer-chant who handles more than a dozen eggs at one time is a rare article. It isn't because he doesn't want to carry the eggs; the real reason is a much better one than that. He can't get

them.

Should you wake up in China some morning and follow the above itinerary it is quite possible that you might see long lines of "coolies" jogging liong the highway, balancing large wicker baskets on their heads. Once more your curiosity gets the better of fou, any you stop one of them and ask what is in the basket. The answer will be "eggs," and if you press him for further information as to the number of eggs in the baskets be with mber of eggs in the basket he might

tell you anywhere from 500 to 800.

And now for the egg factory. If you have read this far and will continue for a moment you will absorb the knowledge of something which

The Nova Scotia "Lumber King,"

"I consider MINARD'S LINIMENT the best LINIMENT in use. I got my foot badly jammed lately. I bathed it well with MINARD'S LANIMENT and it was as well as ever next day. Yours very truly,

T. G. McMULLEN.

many of the residents of China knew nothing about. It is a fact that there are hundreds and thousands of there are nunareds and thousands of persons born and brought up in a Chinese city, perhaps within a stone's throw of an egg factory, who are ignorant of the existence of the industry, let alone the factory.

The daily capacity of the average egg factory is something over 100,000 The first step in the manu facturing process is to separate the yolks from the whites. Women are employed of this purpose. these women become marvellously ficient may be illustrated by the fact that each woman handles 2,000 eggs per day, and at that she is finished with her day's work by noon. Inci-dentally the price for handling 2,000 dentally the price for handling 2,000 eggs is approximately 6 cents. The woman takes the egg from the basket and as she picks it up she breaks the shell on the side of the basket. Then she empties the contents of the shell into her other hand. This action is reversed, and the yolk and white are separated. separated.

The yolks are churned until the The yolks are churned until the mass is of one solid color, and it is then strained through four or five sleves. Preservation is of more importance than delicacy of taste, and for this reason borax is mixed with the yolks to preserve them. After straining, the yolks are poured into large vats, twenty feet long, and three or four feet deep. There they are also or four feet deep. There they are allowed to rest for a few days in order that they may settle. Once they have thoroughly settled, a white foam which rises to the top is skimmed off, and the residue, a deep yellow, slightly thicker than the cream, is sealed in wooden barrels and is ready for ship-



The treatment The treatment of the process of fermentation. They, like the yolks, are churned and put into large hogsheads, where they undergo the process of fermentation. The time occupied in this process varies from five days to two weeks, the fermentation proceeding more rapidly in warm weather. The fermentation causes the more volatile constituents of the albumens to rise to the surface, and the usable part of the albumens to the surface, and the usable part of the albumens to restrict the surface, and the usable part of the albumens to restrict from the surface, and the usable part of the albumens is therefore deeper of from the surface. mens is therefore drawn off from the bottom of the hogshead. In appear bottom of the hogshead. In appearance this portion is not unlike skimmed milk. This is then mixed with a small portion of ammonia and is poured into small pans which are very shallow in depth. The pans are taken to the evaporating room, where they are piled up in tiers of shelves reaching six or seven feet. The ammonia, of course, and somewhat in the process of evaporation, but heat is also necessary. The method of is also necessary. The method of supplying this heat is unique in its simplicity. Flues of brick wind their way through the exaporating room, and these are fired from the outside, causing the heat to circulate uniformly through the room.

Evaporation is accomplished very quickly. Workmen are able to pass through the evaporating room, but the heat is such that they cannot remain there long.

main there long.
When the evaporation process is finished, the result is a pleasing product. Odorless and perfectly dry, it comes from the pans in crinkled sheets of a clear, transparent amber, that readily crumbles on being pressed or handled. After being thorought special it is needed in existing the ly cooled it is packed in air-tight tins and is ready for market.

That the business is a profitable one is shown by the fact that no less an authority than the bureau of foreign and domestic commerce lists the importation of "egg products" from China to the amount of \$1,203,945 for the eleven months ending in Navem-ber, 1916. Compare these figures with the annual imports of these products into the United States for 1912—\$43,000—and one will readily see the industry is a progressive one.—Ex-

Minard's Liniment Cures Garget in

THE DEADLIEST POISON.

Curare, Whose Secret is Known Only to the Abors of India.

The cranks who not so long ago conspired to murder Premier Lloyd George were going to employ curare, the kind made by the Abor tribesmen of India, which is the dealiest poison

known to man. It is believed in London, where curare has been extensively studied, that its chief ingredients are snake venom and certain distillations from decayed corpses. It is asserted that the Abor tribesmen test the strength of curare by injecting a little into a vigorous tree. If all the leaves of the tree do not fall off within twenty-four hours

the poison is considered inefficacious.
The Abors use curare in a simple, primitive way. They dip their arrow tips in the fresh poison. The slightest scratch from one such arrow means certain and immediate death

Firm, practical habutais from Japan -to make blouses, lingerie and other garments.

From Switzerland there are warm, new undergarments—single garments or union suits, of merino, part silk or all silk.
The daintiest new neckwear-exqui-

site collars and vestees from Paris. New filet laces to make the fashionabel collars and cuffs, from China.

The New Suits.

Uneven coat lengths. Fitted and semi-fitted lines. Belts simulated and belts real.

FIFTEEN YEARS' USE OF **BABY'S OWN TABLETS**

Thousands of mothers keep a box of Baby's Own Tablets in the house as long as there are little ones about. Among them is Mrs. Marcel D. Le Blanc, Memramcook West, N. B., who says:—"For the past fifteen years I have never been without Baby's Own Tablets. Whenever any of my children are alling the Tablets promptly relieve them. I have such faith in relieve them. I have such faith i them that I never hesitate in recon nending them to any of my friends who have little ones in the home." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams Medicine Co., Brockville, Ont.

One Man's Prayer.

Ont in Kansas there is a man named Homer McKee. He wrote a prayer, and it was printed in the State Board of Health Bulletin. The Bul-letin fails to identify Mr. McKee further than to publish his name. Which is enough in a way, for the prayer speaks for the man. Here it is: Teach me that sixty minutes make

an hour, sixteen ounces one pound and 100 cents \$1.

Help me to live that I can lie down at night with a clear conscience, with-out a gun under my pillow, and un-haunted by the faces of those to whom have brought pain.

Grant, I beseech thee, that I may earn my meal ticket on the square, and in doing thereof that I may not stick the gaff where it does not be-

long.

Blind me to the faults of the other fellow, but reveal to me my own.

Keep me young enough to laugh
with the children, and to lose myself

in their play.

And then, when comes the smell of And then, when comes the smell of flowers, and the tread of soft steps, and the crushing of the hearse's wheels in the gravel out in front of my place, make the ceremony short and the epitaph simple.

Ted-I suppose you can hardly stand him now that he is so rich. New—That's so. Since he won an auto he blows his horn more than -Town Topics.

MONEY IN OIL The Oil Industry is booming. The ever increasing demand for Gasoline and bricating Oil, which are refined from Crude Oil, has forced the price of Crude at the well in some instances us much as

New oil fields are being opened up. Drilling for oil is being carried on never before. Oil leases bought for a song a few months ago are increasing value almost daily. Payment of hundreds or thousands of dollars per a for land worth practically nothing a year ago is to-day a common occurrence.

27 Oll Companies paid \$22,207,418 in Dividends in first three months of 1917.

You owe it to yourself to get posted now regarding "Profits in Oll". Send to-day for free information.

UNITY OIL & GAS CO., 405 BANK OF HAMILTON BLDG. HAMILTON, ONT.

Meats in War Time

whom the high cost of foods, created by unusual demands on our country's supply, does not particularly affect take to demanding cheaper cuts of meat thus increasing demand for them the prices will naturally go higher than if the demand is equalized

For those who must economize for personal financial reasons the less expensive cuts of meat can be made into splendid dishes

BEEF CUTS TO BUY. For stews and soup buy a shank, plate, neck or chuck piece. In making soup brown and meat first and then put it to cook in boiling water. Keep it at the simmering point until meat is tender. By this method you have meat for a stew or ragout and the stock for soup. If you put the meat to cook in cold water you extract all

the flavor, leaving the real food in the meat but with no flavor. It is better economy to add cereal and vegetables to the soup stock pre-pared in the first way. Thus you will have a nutritious main dish for two

Our eating to-day is based not only on the fundamental principle "to live but also on the democratic principle "to let live." Thus it is that no matter how little we need to economize his uppers that personally, we are willing to forego his sole his own.

ing it well before covering it with boiling water. USING UP LEFT-OVERS

Any left-over pieces of beef, ham mutton or pork can easily be turned into a "made dish" that will take the place of another meat order for next day. Run the meat through the chopper or cut into small cubes. Mix with canned or cooked hominy, salt.
pepper, chopped green pepper and a
little white sauce. Cold cooked rice may be used in place of hominy. FOR MEATLESS DAYS.

So long as the family is provided with the necessary tissue building material it makes no particular difference excepting with regard to flavor and supply which of the tissue building foods one uses.

Dishes that satisfactorily replace meat are made with cheese, fish, eggs, nuts, peanut batter and beans.—Mrs. Jean Prescott Adams, Domestic Science adviser, Armour & Co.

Minard's Liniment Cures Distemper

New-These.

Black velours with a black check, almost invisible, running through the

most invisible, running through the weave.

Boquel veils—hexagon meshes with borders, chenlile dots and flower patterns.

Military overcoats for men-coats with high straight shoulders, flare skirts and belis that button in front.

Soft crown velvet hats with trimmings of black braid and hanging tassels.

Auturn slik petilocats of red, purple, rose, blue, gray or green taffeta or Jersey slik with finely pleated flounces.

It is probably when a man is on his uppers that he feels he can't call

250 Seems a very large number of cups to get from a pound of tea. But that proves the fine quality of Red Rose Tea, which goes further and tastes better because it consists chiefly of rich, strong teas grown in the famous district of Assam in Northern India. A pound of Red Rose gives 250 cups. Kept Good by the

the pleasures of indulging in foods that are scarce, merely to satisfy a personal whim as to flavor.

Sealed Package

We are emphatically requested by the United States Food Administration to use less of certain meats so that the soldiers may have the necessary soldiers may have the necessary amount to keep them fit for the stren-

uous work of the trenches The simplest way for each family to co-operate in this patriotic movement is for the members to agree together on one day a week to have a meat substitute. It will be found entirely practical and possible by the average home manager to reduce the amount

home manage.
of each meat serving.
amilies financially able Those families financially able should continue to buy the so-called choicest cuts That is the loins, rib and then allowed to simmer with seasoning and vegetables and just enough

water to cover, until tender.
For roasting purposes buy cuts from the rump, sixth and seventh rib, short ribs and chucks. These cuts should first be put into a very hot oven or should be thoroughly seared on the skillet before going into the oven This keeps the juices in. Then roast This keeps the juices in. Then roast the meat slowly, basting very often. These cuts are delicious cooked with vegetables. That is, sear the cut thorougly, lay in the roasting pan and surround with carrots, potatoes, turnips and a few slices of onions previously prepared.

For pot roasts, buy cuts from the

Dutch!

leanser

KANDY.

Old-Time Capital of Ceylon is Picturesque.

The old-time capital of Ceylon is city rich with the usual picturesqueness of the East, and having two or three unusual points about it as well. In Kandy you will find the Rodaya caste, one of the few Buddhist castes whose origin is a matter of history. Kandy, too, contains the most sacred object in the Orient, no less a relic than a tooth of Buddha. These features are Kandy's principal claims to fame and interest.

It is written that the Rodava had roasts, sirloin and porterhouse steaks, their origin in the sentence protenderloins and sweethreads. If there shoulder clod. Steaks from the two charged that they served his table last coarser cuts should be well seared with the flesh of pigs instead of the flesh of deer. For this crime he made them the lowest of all casts, and their lot has not been a happy one There are perhaps five hundred of them left to-day; they may be seen daily around the outskirts of Kandy. They are not allowed to live in houses, but inhab!t miserable lean toos. They have no recourse to native courts of justice, although under the English law they are not discriminated against They may not use a bridge, but have to swim all streams. They must kneel when addressing the higher castes. When the shadow of one of them falls upon food, the food cannot be eaten.

Generations of this organized out-For pot roasts, buy cuts from the shank, rump. plate. chuck, neck or shoulder clod. Scar the meat, brown-tionable habits. They are not nice

Always First

because of

-Cleansing power

--Superior quality assuring economy

Absence of Caus-

tics, Acids, Alkali

-No roughening or

reddening of the

or Ammonia

hands

in every grain

enough, are among the comellest in Ceylon. Men and women, they are incurable wanderers and vagabonds.

about their bill of fare, nor over-particular about the ten command-ments. The men are an unlevely crew, but the women, strangely

incurable wanderers aand vagabonds. The Rodaya are a pretty clear case of people who have been made what they are by persecution. There is something ironical in their worship outside the great temple—they are not admitted within—for it stands for the system that cast them down. The temple shields what is believed to be a tooth of the Buddha himself. The toota of the Buddha himself. fact that the tooth in question is two inches long and an inch in diameter casts a certain amount of doubt upon the authenticity of this belief.

RELIEF AT LAST

I want to help you if you are suffering from bleeding, itching, blind or protruding Plies. I can tell you how, in your own home and without anyone's assistance, you can apply the best of all treatments.

PILES TREATED AT HOME

I promise to send you a FREE trial of the new absorption treatment, and references from your own locality if you will but write and ask. I assure you of immediate relief. Send no money, but tell others of this offer. Address

> MRS. M. SUMMERS. Box 8, Windsor, Ont.

TREE TALK.

About nine million acres out of a total of 210 million acres in Quebec Province are under agricultural development. The chief crop of the remaing 200 million acres is and will always be timber, for the reason that the soil is unfitted for tillage.

More than two-thirds of the technical foresters in Canada in 1914 have seen military service at the front. The enlistment of forest rangers has likevise been heavy.

The use of hydro-aeroplanes for detection of forest fires is being considered by certain governmental and private interests in Canada.

In order to save for the Indians of Canada their large timber holdings against loss of forest fires, the Indian Department at Ottawa is obliging licensees to pile and burn their 'slash' after taking the logs out of the woods. The precaution will save numerous bad fires.

While Canada spends about four millions yearly in studying agricultural problems, only a trifling sum has been spent thus far on the study of forest problems. More than two-thirds of the whole of Canada is better adapted for tree growing than any-thing else, and will pay profits ac-cording to the scientific care bestowed

Minard's Liniment Cures Colds, Etc.

Spiking the Guns.

The expression "spiking guns" is a survival from the days when all that was necessary to put a gun out of ac-tion (provided, of course, that you had access to it) was a large nail or spike and a hammer. You simply drove the nail into the touch hole at the breech. If the nail was long enough to turn round at the end on the bottom of the bore so much the better. It is just as simple, perhaps simpler to put a mod-ern gun out of action. All you want is a hammer. The breech block of the bodern gun is held closed by screw threads. After the breech block is shut on the shell a turn of two or three inches engages the threads. By knocking a bur on these threads you prevent them engaging. Any attempt to fire the gun without the breech block being perfectly closed would, of course, he of material assistance

©?**************** A Dyspepsia Cure

M. D. advises: "Persons who suffer from severe indigestion and constipation can cure themselves by taking fifteen to thirty drops of Extract of Roots after each meal and at bedtime. This remedy is known as Mother Seigel's Curative Syrep in the drug trade." Get the genuine. 50c. and \$1.00 Bottles.

Ode to the Slacker!

What will you say, young man of to-day, When your son clambers up on your knee, And with eyes all ashine, says 'Daddy of mine, In the days when the world was made

on the days when the world was made free.

Oh, what was your part in that wonderful mart,
When the price that men paid was to die.

What DID you do, Dad?" "I did NOTHING, Lad."

Is THAT what you'll have to reply?

What will you say, young man of to-day, When all this grim carnage is done. If OTHERS have fought your fight and have bought Year peace from the murderous Hun? Will you brazenly dare to ask for a stare. In what they have anguished to buy? Or if you could sink to such depths, can you think

You are called on to weight, young man of te-day, of te-day.
Comparative losses and gains.
Is stopped: of breath as ghastly as death As LIVING when HONOR is slain? In that wonderful earth that is coming to birth.
The roll will be called by and by, And each man must declare his right to be there.
WHAT. THEN, WILL YOU HAVE TO REPLY? REPLY?

-A.M A., in New York Herald.

Veil Allure.

Grape motifs.
Chemille embroidery.
Bold designs generally.
Hairline meshes altogether.
Applied motifs of silk crepe.
Veils that some in individual boxes.

The paths of glory lead but to the

ISSUE NO. 46, 1917

SITUATIONS VACANT.

YOU CAN MAKE \$25 TO \$75 weekly, writing show cards at home. Easily learned by our similar method. No canvassing or solietting. We sell your work. Write for particu-

AMERICAN SHOW CARD SCHOOL 801 Yonge Street, Toronto.

HELP WANTED.

WANTED - PROBATIONERS TO train for nurses. Apply, Wellandra Hospital, St. Catharines, Ont.

WANTED-GLOVE OPERATORS, WAX thread, union special and 44-11 machines. The Craix, Cowan Co., Ltd. 154 Pearl St. Toronto Ont.

L ADIES WANTED TO DO PLAIN and light sewing at home; whole or spare time; good pay; work sent any distance, charges paid. Serd stamp for particulars. National Manufacturing Co., Montreal.

MONEY ORDERS.

T IS ALWAYS SAFE TO SISND A Dominion Express Money Order. Five dollars cost three cents.

A-1 TOBACCO BI'SINESS; STEADY trade; rent rioderate; splendid living apartments; price, two thousand dollars; owner leaving city. Cherrier, 323 James street north, Hamilton, Ont.

FARMS FOR SALE

FOR SALE—A CHOICE DAIRY FARM: sand loam. A photo can be had of the building. Apply, to John McCor-mick, Kelvin, Ont.

FOR SALE **Book** and Stationery **Business** IN HAMILTON

Established 12 years in good central location.

Will be sold at a sacrifice. Good reasons for selling. Apply to

THOS. FRENCH

90 JAMES STREET NORTH HAMILTON, ONT.

Pig and Pickle.

I was a fine big piggy, covorting roung the sty, Until the price of bacon went up so very high, high,
Then the farmer sold me at eighteen cents a pound.
I landed in Toronto, and before I booked around,
They cut me up in pieces, and stuck me

around.

They cut me up in pleces, and stuck me in the brine,
And though I have no tummy, I'm really growing fine,
They say you'd hardly know me, I've taken on such weight.
And lots of it's just water, which will evaporate.
But not until they've sold me; when in the frying pan,
That's when you'll see me tearful; I'll shed about a can.
If they ship me o'er the briny (I undersiand they may),
I guess they will post cure me. By doing that, they say,
I'll keep my weight right over, except, say, two per cent.
If that's all I will suffer, I will be well content, It that's all I will suffer, I will be well content,
They sure enough have soaked me, for I am wringing wet;
But, say, friends, that's not in it with the soaking you will get.
They say I'm now worth fifty good solid cents per pound,
Including all the pickle which into me they've ground.
So, friends, think when you ear me, whom they so gaily croaked,
'That I am not the only one who's getting surely soaked.

surely socked.
—ILDERIM, in Toronto Star.

Minard's Liniment Cures Diphtheria.

Blind Dogs and Rats.

Canines born blind or that become and paw their way into the most inac cessible and out of the way places. It is practically impossible to starve them, lose them or trap them. Furthermore, blind dogs learn as quickly as those that see. Loss of sight in no way interferes with their ability to learn tricks, acquire habits or find

Rats, as a matter of fact, if they use their eyes at all—a doubtful matuse their eyes at all—a doubtul mat-ter—can see little or nothing of the world. The retina of these creatures has no point of perfect vision such as is found in the higher animals and man; hence their noses, muscles, touch and hearing give them informa-tion about the world they live in.

A War Obituary.

Soloman Grundy
Married on Monday,
Drafted on Tuesday,
Claimed exemption on Wednesday;
Wife learned it Thursday,
Sought the office Friday,
Returned him with thanks to his country Saturday
And blew him up all Sunday,
That was the end of Solomon Grandy,
—Columbia State.

The Greek White Book also proves the ruthlessness and brutality of Ger-many. Most everything else published these days proves the same thing .-Chicago Herald.

DRS. SOPER & WHITE



SPECIALISTS Piles, Eczema, Asthma, Catarrh. Pira Dyspepsia, Epilepsy, Rheumatism, Skin, ney, Blood, Nerve and Bladder Discase: Call or send history for free advice. Médicine furnished in tablet form. Four-10 a.m. to 1 p.m. and 2 to 6 p.m. Sundays-10 a.m. to 1 p.m.

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