

assistant in the person of the Duke, and the Duke was so delighted with the sterling worth and honesty of the boy, that he ordered him to be sent to school at his expense.

HOW THE RUSSIANS KEEP WARM.

In Russia the only fuel used is wood, and an armful of sticks burned in such an economical stove that they will keep a room warm for twenty-four hours. The "heating" process takes place once a day, unless it is extremely cold, when they have two "heatings."

In the morning a man brings in ten or a dozen sticks of wood, opens the big brass door, and builds a fire; then he climbs up a ladder and takes out of the top door something very much like a stove lid. After the fire has been burning vigorously for half an hour, the lid is returned to its place, the lower door is shut and screwed up almost air-tight, and the "heating" is over.

All the houses in Russia are heated in this way; but in the peasants' homes the stoves are built of brick and plastered. Although the floors of the houses are bare, they are clean and comfortable.

When they go out of doors in winter the people dress in fur from head to foot—fur caps, fur coats, and high overshoes lined with fur. Even the peasants have sheepskin coats, caps lined with wool, and thick felt boots. There is less actual suffering from cold among the poor than in other countries with less severe weather.

GRIEVE NOT THE HOLY SPIRIT.

Many a man has been kept from doing wrong things by thinking of a sad, pale face sitting at home waiting for him. Many a boy has been kept from youthful transgressions with war against his soul by thinking it would grieve the poor old mother in her cottage away down in the country somewhere.

child makes no account of some precious gift that he has bestowed upon him, and leaves it lying about anywhere. A loving friend, standing on the margin of the stream, and calling to his friends in a boat when they are drifting to the rapids, turns away sad if they do not attend to his voice.

Legs So Swelled He Couldn't Walk.

Kidney and Urinary Troubles were Followed by Dropsy—A Perfect Cure by

Dr. Chase's Kidney-Liver Pills.

This case of Mr. James Treneman, the well-known butcher, of 536 Adelaide Street, London, Ont., is another proof that Dr. Chase's Kidney-Liver Pills are effective in the most severe and complicated diseases of the kidneys.

The double action which this famous prescription has on both the kidneys and liver is in a large measure responsible for its wonderful curative effects. When there are backache, frequent, difficult, or painful urination, dropsical swellings, biliousness, constipation or stomach derangements, you may depend upon it that the kidneys are clogged and the liver sluggish.

It is at such times that Dr. Chase's Kidney-Liver Pills prove themselves prompt to give relief and certain to effect a cure. The evidence to prove this fact is simply overwhelming.

Mr. James Treneman states:—Two years ago I was laid up with kidney disease and urinary troubles. Besides the pain and inconvenience caused by these troubles I became dropsical, and my legs would swell up so that I could scarcely go around at all. Hearing of Dr. Chase's Kidney-Liver Pills I procured a box and continued the use of this valuable medicine until now I can say for a certainty that I am entirely cured.

As a family medicine of tested and known worth, Dr. Chase's Kidney-Liver Pills have never been approached. They act directly on the kidneys and liver, regulate the bowels and ensure the perfect action of the digestive and filtering systems. One pill a dose, 25 cents a box. At all dealers, or Edmanson, Bates & Co., Toronto.

BLACK, GREEN and MIXED.

Get a packet of whatever kind you have been in the habit of buying. You will be astonished how fine it is compared with other teas.

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A THOUGHTFUL MOTHER SAYS.

That if you want your children to be courteous, you must treat them with respect.

That they will invariably copy your manners, so you must take care that they are the best.

That you should be as careful of their feelings as you wish them to be of the feelings of others.

That when it is necessary to administer reproof it should be given in private.

That most children are sensitive on this point; it injures their self-respect, and they feel it acutely, though they are not able to express it in words.

That to tell a child in public that it has been rude or lacking in good breeding is as unwarrantable as it would be to tell a guest so.

That it is no excuse to argue that you are doing it for the purpose of making the child better and more thoughtful.