

UNB HARRIERS

Few people seem to realize that those fellows in the red sweat-suits who run up and down all over our campus, are participating in this university's most successful sport. Fewer still know what they have to do to make it so suc-

cessful. As one might gather from the name, the object of "Cross Country" is to transport oneself over a specific distance in as short a time as possible. The interesting thing about the sport is, however, that this

distance is usually laid out over a muddy woods road which covers several hills. The race will even be run in a hail storm since no "meet" (as these races are called) has ever been known to be cancelled. Various obstacles sometimes have to be dealt with so that the whole thing resembles a steeple chase rather than the more tame events on an ordinary track.

The sport does have certain advantages however, according to its dedicated participants. Compared with track, it is much less boring. One rarely covers the same ground twice. Also it is a team sport. The depth of the team and running strategy are important factors.

In the following interview, coach Amby Legere talks about Cross Country in Canada and at UNB.

HISTORY
"Not too many years ago, the 880 yds. and the mile were considered distance runs.

Today they are classed with short runs, while the 2 to 6 mile is a middle-distance event.

Although Canadians had been doing reasonably well in middle-distance running for some years, it was not until Bruce Kidd and UNB's Chris Williamson commenced gaining international recognition, that its popularity showed a sharp increase. Today, most high schools and many elementary schools have Cross Country on their agenda. With many thousands of young Canadians involved, this sport is contributing much to the health and character of the nation. In addition to these values, and because of the nature of the training involved, many good short distance runners are evolving as products of middle-distance."

MARITIME CROSS COUNTRY

"In 1946 the UNB Athletics Department held its first organized Cross Country run.

Another Perfect Score

The Red Harriers ran over Ricker College in their first cross country meet of the season last Saturday.

The Harriers placed all of their runners ahead of the first Ricker finisher. This is the equivalent of a perfect score in cross country running.

The meet was held over a 3.5 mile course in Houlton, Maine.

The UNB Harriers see their next action at Maine Maritime University this Saturday in an invitational meet.

- | | | |
|----|--------------------|-------|
| 1 | Wayne Stewart, U | 17.10 |
| 2 | Richard Meister, U | 17.15 |
| 3 | Tim Holmes, U | 18.08 |
| 4 | Mike Ernst, U | 18.10 |
| 5 | Brian McEwing, U | 18.15 |
| 6 | Bob Hemphill, U | 18.23 |
| 7 | Dennis Furlong, U | 18.52 |
| 8 | Mike White, R | 19.17 |
| 9 | Bob Schilke, R | 21.10 |
| 10 | Ed Iannuzzi, R | 22.06 |
| 11 | Lee Johnson, R | 23.18 |
| 12 | Ray Sagne, R | 25.34 |
| 13 | Dan Haley, R | 26.46 |
- U — UNB
R — Ricker



...training



...the UNB

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