

# Field hockey Pandas lead

by Karl Wilberg

The field hockey season is short and almost over. However, the Pandas have broken the coastal teams hold and are leading the West conference. Earlier this season the Pandas placed second in Vancouver and first last week in Saskatoon.

Coach Wendy Carson is somewhat surprised at the Panda's success against the coastal squads, especially because field hockey is a full-year event on the coast. In explanation, she mentions "Maybe the other teams work harder because of their late start." However, the intensive training Carson provides for the Pandas has as much to do with their success.

Carson emphasises running and expects serious players to weight train over the winter. The running is broken into an endurance run and interval sprints. Carson wants the team to practise at full speed to "try to get them into game speeds." Consequently, the team has "speed with endurance."

Carson mentions that aggressiveness is essential to field hockey. She states her team is keen and aggressive enough. She terms them "Quite a motivated crew."



photo Brad Keith

Pandas have done well since opening meet in late September. Pandas are now slightly ahead of Victoria.

It appears the Panda's good conditioning and attitude results in their being "ball-hungry," a quality that is essential according to Carson. Other important skills like ball handling are taught at an individual level. Carson also uses passing patterns and two on one situations to develop techniques. Carson believes in breaking the game down into parts by using

small structured drills. She reasons that on the full field the parts will combine largely on their own.

In general, Carson believes the skill level is high both here and in Canada. Importantly, good coaches, brought here by the national field hockey organization, have had a strong effect. The National team goes on tour and other teams, Carson

states, "get feedback from that."

Carson feels the team budget is adequate, but points out the short season and that there have traditionally been few tournaments. Hopefully, if room is available, Carson will extend the season. Indoor hockey is planned for February and March and is claimed to be more of a technical game than outdoor hockey. It involves continuous

man to man pressuring and is useful for developing skills.

The National champs are in Victoria two weeks from now and if the Pandas represent the West they will face one of several eastern teams. Carson says Toronto has dominated the nation, but was beat last year in the finals. In any case, Carson's team has proven itself here and would show well in Victoria.

## Pro turns rookie

by Bob Kilgannon

He's only a rookie but so far this year he has received lots of exposure. Maybe more than anyone else on the Golden Bear hockey team. There is one simple reason for all the attention he has been given. He is an oddity. A player who went the route in junior hockey and then played professional hockey. Every Canadian kid's dream, right? Wrong. Not for Danny Arndt.

Dan was a successful junior player with his hometown team, the Saskatoon Blades. He went on to play in the WHA but he quit pro hockey and returned to the amateur ranks with the Golden Bears. Why? "I was travelling around so much," says Arndt. "That was probably the main reason. I wasn't getting a chance to play hockey and I didn't enjoy it (moving from team to team), that's for sure."

Did he ever travel around! Dan started in the fall of 1975

with the New England Whalers, staying with them until halfway through 1976. Then the travelling really began. He was traded to the Edmonton Oilers and stayed for "a couple of weeks." He then finished out the season in Providence. Arndt then attended the Oiler training camp in the fall of 1976. His stay was short-lived, however. The Oilers traded him to Birmingham and the Bulls eventually sent him down to Hampton. Hampton promptly folded and Dan was sold to Springfield. After playing about 10 games in Springfield, Arndt got hurt and didn't play for the rest of the season. The summer following that season, Dan decided to retire as a professional hockey player.

The 24-year-old explained how his thinking has changed between his days in junior hockey and now. "(Back then) hockey was first and I didn't really care about school. I wanted to play for the (Saskatoon) Blades — I had watched

them when I was a kid and I also saw how many guys were going from junior to pro. School's first now though. I'm trying to combine the two (hockey and school) and do a good job at both."

Arndt went on to talk about college hockey — the style and calibre of play and the abilities of the players. "It's a good brand of hockey. It has lots of skating and it isn't too chippy. Some of the guys playing here (in college hockey) mature as hockey players after they have played junior. After a year or two of college hockey some are good enough to play pro hockey (as witnessed by Ted Olson). That's why scouts should look at college hockey more closely."

Danny Arndt, whether he likes it or not, is already a "name" on campus because of his professional hockey experience. He has shown in the first three league games that he fits in well with the Bears and will contribute much to this rookie-laden



photo Russ Sampson

Ex-pro Arndt may not be as wealthy but is probably enjoying hockey more.

team. One can only hope that Danny Arndt get out of playing for the Bears that which any hockey player wants from the game — enjoyment.

### Bear Facts

The Golden Bears play their

first away games of the season this weekend. They play the

Brandon Bobcats Saturday in

Brandon. On Sunday they journey to Regina to play the always tough U of R Cougars.

## Superstars quit Hollywood for U

by Garnet DuGray

Bring out your "Superstars", ladies and gentlemen, for the first annual Intramural "Campus Superstars." Running on November 1 and 8, the competition will include athletes from most units of the Men's and Women's programs as well as Intercollegiate athletes.

The competition will contain activities like the ever popular obstacle course, of the intramural department's own design, along with five other exciting events. The competition starts at 6:00 pm both nights and will take place either in the P.E. building or around the football field. Entry deadline is today at 1:00 pm so dig up your

"Superstars." However, each unit is allowed only two entries.

Next Tuesday, October 30, all men's units are invited out for the Men's Basketball Golf and Free Throw competition. This is a fun event with no pre sign-up necessary as all one needs do to avoid the rush is show up between 7:30 and 10:30 pm at the Main Gym.

October 30 at 1:00 pm is also the entry deadline for the Men's Swimming and Diving Fun Meet. The meet will be held Saturday, November 3, in the West Pool starting at 9:00 am. Anyone who has been in the meet before will know what a great time this was.

There will also be the traditional swim meet races, fun races, a new rope dive event and

the ever popular Splash Dive. Last year's splash dive was a resounding win for Chuck Williams (Kappa Sigma) and the fact that Chuck is not returning to defend his crown, leaves the title up for grabs, so come on out and splash.

Do you want fast relief from the mid-term blues? Well, down in the Co-Rec office they spell relief: R-A-C-Q-U-E-T-B-A-L-L. Remember one thing though: entry deadline for the tourney is Wednesday, October 31, 1:00 pm at the Co-Rec office. The tourney is slated for Saturday, November 3, so grab your favorite partner and sign-up now.

Last Sunday was the scene of a very successful Co-Rec Car Rally and eleven cars completed

a tough and challenging course. First place overall went to the "Plan B Weasels" followed closely by Team Toyota (second), and St. John's (third).

Co-Rec Volleyball continued Monday, Tuesday, and Thursday in the Main Gym as well as Wednesdays in the Dance and Education Gyms. Please check outside the office for playing times.

Boost your ego: how would you like to come out and "squash" a good friend or enemy. Well, now you can on Saturday, November 3 from 9:00 am to 5:00 pm in the Women's Squash Tournament. Make sure your entries are in the Women's office

by 1:00 pm on Tuesday, October 30.

One last reminder to stay tuned for a special feature on intramurals in the near future (if I ever get finished my mid-terms).

### Telegram!

You have a chance to sign a telegram bidding the football Bears good luck this weekend. The Bears will face UBC to decide home field advantage for the November 3 WIFL playoff. The telegram is available in RATT, at the Info desk in SUB, and in Lister Hall. 25¢ is necessary and the telegram is available until Friday.