



Grandmother's Pies are done

HOW luscious they look as she takes them from the oven. Here is a kind well worth your attention, made from dried apples, small raisins and brown sugar. "Spring mince pies" grandmother called them. She had many other delicious pies and pudding made from brown sugar

—in fact she hardly used any other sugar for cooking.

Lantic Old Fashioned Brown Sugar

is just like the sugar that Grandmother used to use. It comes in Light, Brilliant and Dark Yellow, but the Brilliant Yellow is about right for most of the things Grandmother made and for your own favorite brown sugar dishes.

You should keep brown sugar in your pantry and you should use it oftener. It has a delicious characteristic flavor essential to the success of many dishes. It is economical, too, costing less per pound than granulated.

If you don't know how to make Grandmother's good old-fashioned dishes, no matter. We have just printed a delightful new booklet called "Grandmother's Recipes." It is devoted entirely to brown sugar goodies. Send for it to-day enclosing 2 cent stamp to cover cost of mailing and please add the name of your grocer.

Lantic Old-Fashioned Brown Sugars are made by the same firm that makes the famous Lantic "FINE" Granulated.

Atlantic Sugar Refineries, Limited - - Montreal, Que.



Income Tax Forms Are now available

Returns must be filed on or before 31st March

THE Dominion Income War Tax Act requires you to fill in one or more of the five special Forms provided before 31st March, 1918. In order to assist the public to understand just what is required of them, information on each Form is given below. Read carefully, then get three copies of the form that fits your case and fill them in. Answer all questions fully and accurately. For making false statements, a penalty of \$10,000 or six months' imprisonment, or both, is provided.

Individuals.—All persons unmarried, and all widows or widowers without dependent children, whose income is \$1500 a year or more, must fill in Form T1. All other persons whose income is \$3000 or more, use the same Form. Where any income is derived from dividends, list amounts received from Canadian and Foreign securities separately. Fill in pages 1, 2 and 3 only. Do not mark on page 4. Partnerships, as such need not file returns, but the individuals forming the partnerships must.

Corporations and Joint Stock Companies, no matter how created or organized, shall pay the normal tax on income exceeding \$3000. Use Form T2—giving particulars of income. Also attach a financial statement. Under Deductions, show in detail amounts paid to Patriotic Fund and Canadian Red Cross or other approved War Funds.

Trustees, Executors, Administrators of Estates and Assignees use Form T3. Full particulars of the distribution of income from all estates handled must be shown as well as details of amounts distributed. A separate Form must be filled in for each estate.

Employers must use Form T4 to give names and amounts of salaries, bonuses, commissions and other remuneration paid to all employees during 1917 where such remuneration amounted in the aggregate to \$1000 or over.

Corporation Lists of Shareholders.—On Form T5 corporations shall give a statement of all dividends and interest paid to Shareholders residing in Canada during 1917 stating to whom paid, and the amounts.

Forms in every case are to be filed by 31st March. For information as to how to file, see the instructions on the back of each form.

In the case of Forms T1 and T2, keep one copy of the filled in Form and file the other two with the Inspector of Taxation for your District. In the case of T3, T4 and T5, keep one copy and file the other two with the Commissioner of Taxation, Dept. of Finance, Ottawa.

Forms may be obtained from the District Inspectors of Taxation and from the Postmasters at all leading centres.

Forms must be held on all letters and documents forwarded by mail in the name of Taxation.

Department of Finance, Ottawa, Canada

Inspector of Taxation, J. P. Edwards, 441 Dennis Building, Halifax, N. S.

PROTECT ELECTION ON TECHNICAL GROUNDS

OTTAWA, MARCH 15.—A protest has been lodged at Ottawa against the declaration of Wm.

Duff as member of parliament for Lunenburg (N. S.) Major Mackenzie, the Unionist candidate, who was defeated by a majority, claims the seat on large majority, claiming the seat on the technical ground that

Mr. Duff is disqualified because he is bondsman for a local mail carrier. The act regarding the independence of parliament stipulates that no member shall be interested in a contract.

GREAT GERMAN OFFENSIVE HAS PUSHED BRITISH LINE BACK BUT NOW ENEMY IS HELD IN CHECK.

Space will not allow us to give to our readers much of the momentous events in the battle fields of Europe in the last few days. The great German offensive was started on Friday and Sundays news that came over the wires was most alarming. While the fate of nations were in the balance the reports arriving on Monday gave us no reason to fear any disaster to British and Canadian armies. The British lines have been bent back several miles, at places, but the ground won has been gained at a tremendous cost in German lives. American reports claim that fully 200,000 casualties have occurred among the Germans an awful toll for so little accomplished. The British only claim 150,000 German casualties with their own dead and wounded at 75,000 or about one half.

The Canadians were evidently not in the first of the fight but they have launched one of the greatest gas attacks that ever was known in this contest. They were highly successful also punishing the enemy in a terrible manner.

Later news will no doubt bring more reassuring reports of the little that the enemy has gained and counter attacks may place the Germans in a worse position than before.

The enemy have surprised all by their great gun which shelled Paris from a distance of 75 miles. If more of these guns are being placed Britain may be bombarded from the coast of

It Saves Doctors' Bills!

This is the Rev. A. D. McLeod's opinion of Zam-Buk. This clergyman, who lives at Harcourt, N.B., writing to the proprietors, remarks upon the unusual popularity which Zam-Buk enjoys in the homes of the people of his parish. He says: "I know of nothing that can compare with it. Having charge of an extensive mission, over which I travel constantly, I meet with many sick and afflicted people, and I have been amazed at the good which Zam-Buk is doing daily. I have learned, as an absolute fact, that for bad ulcers, old wounds, eczema and skin diseases of all kinds the healing powers of Zam-Buk are simply marvellous. For the painful ailment, piles, also, it is excellent. Many a doctor's bill is saved by the use of Zam-Buk." For cuts, burns and scalds Zam-Buk is equally good. Nothing ends pain and heals so quickly. 50c. box, \$ for \$1.25. All dealers or Zam-Buk Co., Toronto. Send 1c. stamp for free trial box.



Belgium.

We can only repeat the assurances coming from the seat of war that there is no reason for great fear. The lines will hold and the Germans will be thrown back. They cannot long stand the terrible punishment which allied guns is giving them. But it awful to think the noble men which this offensive has cost us.

ORCHESTRAL CONCERT AT PROVINCIAL SANATORIUM

The patients at the Provincial Sanatorium—were given a musical treat by the Baptist Choir Orchestra under the direction of E. R. Bishop. The following program was rendered, and the appreciation of the audience was expressed by the number of encores; called for.

- March "Paen of Triumph! Orchestra.
- Cornet Solo "Polka Militaire" Mr. Roy Walsh.
- Baritone Solo "Somewhere a Voice is Calling" Mr. L. W. C. Charlton.
- Violin Solo (a) "Scotch Pastorale" Mr. E. Harrington.
- (b) "Hungarian Poem"
- "Fifth Nocturne" Orchestra.
- Clarinet and Violin Duet "Sextet From Lucia" Mr. and Mrs. Avarid M. Bishop.
- Cornet Duet "Larboard Watch" Messrs Charlton and Walsh.
- March and Two-step "Our Favorite Rag." Orchestra.
- Piano Duet "La Rostraite Militaire" Mrs. A. M. Bishop and Miss Viola Bishop.
- Violin Duet "Romanze" Mr. E. Harrington and Mrs. A. M. Bishop.
- Soprano Solo with Violin Obligato "Good-bye!" Miss Myrtle Neary.
- Caprice "Solitude" Orchestra.

GOD SAVE THE KING.



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