

Nuxated Iron Helps Make Red Blood

The Kind That Puts Roses
Into the Cheeks of Women
and Force, Strength and Cour-
age Into the Veins of Men.

Watch the People You Meet on the
Street—You Can Tell Those Who Have
Plenty of Iron in Their Blood—Strong,
Healthy, Vigorous Folks.

Cut this Out

Sworn Statement of the Composition of the FORMULA of Nuxated Iron

It is conservatively estimated that this remarkable formula is now being used by over three million people annually. Among those who have used and strongly endorse it are many physicians who have been connected with the hospitals and medical societies, as well as numbers of prominent people such as former United States Senator and Vice President nominee, Charles A. Towne, of Minnesota; Judge Atkinson of the United States Court at St. Paul, Wash.; William L. Chambers, Commissioner of the United States Board of Mediation and Conciliation at Washington; Lemace Padewski, famous pianist and ex-Premier of Poland; Mabel McKinley, niece of the late President of the United States, and former Health Commissioner, William H. Kerr, of Chicago. Newspapers everywhere are invited to copy this statement for the benefit of their readers. It is suggested that physicians make a record of it and keep it in their offices so that they may instantly answer questions of patients concerning it. Everybody is advised to cut it out and keep it. A copy of the actual sworn statement will be sent to anyone who desires it. It is as follows: Iron Peptonate (special specific Standard) Quantity given below. Iron Peptonate, U. S. P. (Monsanto). Calcium Glycophosphates U. S. P. (Monsanto). P. E. Nut Yonics U. S. P. (Monsanto). Bitter, Magnesium Carbonate. Po. Ginger U. S. P. Oil Cassia Cinnamon Precip. U. S. P. Calcium Carbonate Precip. U. S. P. Each dose of two tablets of Nuxated Iron contains one and one-half grains of organic iron in the form of iron peptonate, of a special specific standard, which in our opinion possesses superior qualities to any other known form of iron. By using other makes of Iron Peptonate we



HE WAS CLOSELY ASSOCIATED WITH CZECHO-SLOVAKS

New Pastor of Local Church
Saw Much of Them in Siberia,
and Learned to Ad-
mire Them—Their Interest-
ing Career in the War.

The Czech-Slovak troops now assembled at Valcartier Camp, Quebec, have no more ardent admirers among their hosts of Canadian friends and fellow veterans of the Siberian campaign than Major Harry B. Clarke, M. C., formerly senior chaplain of the 10th Canadian battalion in Siberia and now pastor of the Portland street Methodist church. The bravery of these Bohemian troops, their loyalty to the Allied forces while serving under disadvantageous conditions and their appreciation of the services rendered by the Canadian troops in Siberia are known best by the Allied soldiers who fought with them side by side in repelling the advances of the Bolshevik forces in eastern Russia.

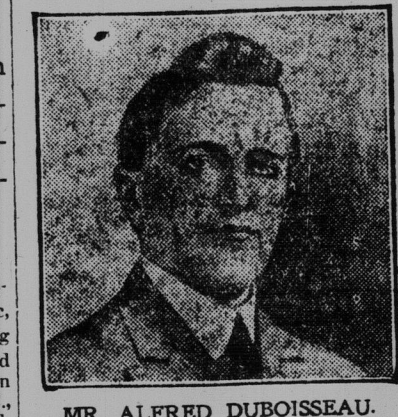
In conversation with a Telegraph reporter yesterday, Major Clarke explained that the Czech-Slovak troops, though closely allied with the Slav races of Bohemia and Moravia, were forced to take arms with the northern Hungarian troops, though they possessed an intense national spirit and with a population of more than 8,000,000, wished to make their country an independent republic.

Under such circumstances the temptation to adulteration and substitution by unscrupulous persons, is very great and the public is hereby warned to be careful and see every bottle is plainly labeled "Nuxated Iron" by the Dae Health Laboratories, Paris, London and Detroit, U. S. A., as this is the only genuine article. If you have taken other forms of iron without success, this does not mean Nuxated Iron will not help you.

Manufacturers' Note: Nuxated Iron, which is recommended above, is not a secret remedy, but one which is well known to druggists everywhere. Unlike the older inorganic iron products it is easily assimilated and does not irritate the stomach. Each tablet of genuine Nuxated Iron is stamped with the words "Nuxated Iron" and the words "Nuxated Iron" are stamped into each bottle, so that the public may not be led into accepting inferior substitutes. The manufacturers guarantee successful results to every purchaser or they will refund your money. It is dispensed in this city by Ross Drug Company, S. McDonald, E. Clinton Brown, Watsons Drug Store and all good druggists, in tablet form only.

CONSTIPATION AND HEADACHES

Completely Relieved by this Grand
Fruit Medicine, "FRUIT-A-LIVES."



MR. ALFRED DUBOISSEAU.

482 St. Catherine St. E. Montreal.
"For three years, I was a terrible sufferer from indigestion, constant headaches and constipation. I took various medicines for the trouble but nothing seemed to do me any good."
"Then a friend advised me to try 'Fruit-a-lives'. Now I am free of indigestion and headaches, the constipation is cured, and I have gained considerable weight, and my general health is fine. I cannot say enough in its favor."

"Fruit-a-lives" is a grand medicine and I cannot say enough in its favor.

"Fruit-a-lives" are made from fruit juices and valuable tonics—and are pleasant to take, their action being gentle and mild, yet always most effective. 50c a box, 6 for \$2.50, trial size 25c. At all dealers or sent postpaid by Fruit-a-lives Limited, Ottawa, Ont.

front but so intense was their hostility to the oppressors of their country and to the cause of the Central Powers that shortly after their first engagements, whole battalions surrendered to the Russians, many of the units throwing down their arms and headed by their regimental bands, marching over to the lines of the Czar's troops. More than 60,000 prisoners were taken by the Russians in that manner.

With the large number of Czechs in the country, successful efforts were made to form a Czech-Slovak army to fight on the Russian front and permission to organize and fight in the ranks was given by Kerensky. While the Central Powers were in training the Bolsheviks seized the reins of government and the peace treaty with the Central Powers was signed at Brest-Litovsk, and the Czechs determined to cross Siberia to Vladivostok and sell for France to fight on the western front.

Permission to the army to move was given by Trotsky, on condition that the Allies would not interfere with the internal affairs of Russia. This was in April, 1918. The Czechs mobilized at Omsk, Krasnoyarsk, Irkutsk and Vladivostok and later moved eastward but while they were on the march Trotsky was informed of the fact that Japanese troops had landed in Vladivostok, at the instigation of the Allies, to protect the large amount of munitions and stores there from the possibility of being transferred to the Central Powers, and deeming this an interference with the affairs of Russia by the Allies, the permission granted by Trotsky was countermanded.

The official notification to the Bolshevik officers read:
"Delay and disarm all Czech detachments (troop trains) and intern in prison camps. Refuse rolling stock. If necessary destroy railway ahead. Keep us informed of your success."

As a result of further negotiations, the Bolsheviks consented to let half the Czechs through to the Murman coast in order to protect their interests there and the remainder of the army was detained at Vladivostok. An order from Trotsky demanding the disarmament of the men

Nothing Like It For Bronchitis And Weak Throat

Remarkable Cures in the Worst Cases
Reported Daily.

CURES WITHOUT USING DRUGS.

Doctors now advocate an entirely new method for treating bronchitis and irritable throat. Stomach dosing is no longer necessary. The most approved treatment consists of a healing vapor resembling the pure air of the Adirondacks. This soothing vapor is full of germ-destroying substances, and at the same time is a powerful healing agent. It is sent to the bronchial tubes and lungs through a skillfully devised inhaler that can be carried in the vest pocket. Simply inhale the vapor through this simple inhaler is the keynote of this splendid treatment.

CATARHOZONE is the name of this wonderful invention that is daily curing chronic cases of weak throat, bronchitis and catarrh. Every breath through the inhaler is laden with soothing, healing substances that destroy all diseased conditions in the breathing organs, it can't fail to cure because it goes where the trouble really exists, and doesn't attempt to cure an illness in the head or throat by means of medicine taken into the stomach. Catarhozone is a direct, breathable scientific cure.

There is no sufferer from a grippiness or any winter ill, that won't find a cure in Catarhozone, which is employed by physicians, ministers, lawyers and pulpits throughout many foreign lands. Large size lasts two months and cost \$1.00 and is guaranteed to cure. 50c sample size 25c. All storekeepers and druggists, or the Catarhozone Co., Kingston, Canada.

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Constipation, health's worst enemy, can be easily conquered with

"RIGA"

Purgative Water, which acts mildly, yet surely, without causing colic, cramps or weakness.

ON SALE EVERYWHERE. TRY IT TODAY

Distributors for the Maritime Provinces:
NATIONAL DRUG & CHEMICAL CO. OF CANADA LIMITED, St. John and Halifax.

was objected to on the ground that the Czechs would then be at the mercy of the Bolsheviks and when the Russian minister of war ordered that all Czechs found armed after June 5, 1918, be shot on sight, a state of war existed between these two widely separated branches of the Slav race. In August, the Czechs and various Cossack forces, anti-Bolshevik, were in possession of the Trans-Siberian line from Pensa to Irkutsk and from Manchuria to Vladivostok, with the opposing force around and between these two districts.

Early in August the British, French, United States and Japanese expeditionary forces landed at Vladivostok and on August 25 opened an offensive in conjunction with the Czechs. The British army was at Khabarovsk and at Blagoveshchensk. Later Colonel (Now General) Gaidis and Semenov, the Cossack leader joined forces and on September 1, 1918, the enemy was driven east along the Omur railway and by the end of the month were disrupted into two divisions and later appeared in hands.

The Canadian forces first landed in Siberia in October and worked in connection with the other allies in maintaining peace and order.

Monument to the Fallen.
During the year the Czechs erected at Vladivostok monument to their dead and after General Zmiele, officer commanding the Canadian troops, had completed negotiations with Ottawa, a somewhat similar monument was erected in memory of the twenty-two Canadians and one French soldier who died on active service in Siberia. This work was under the direction of Colonel A. H. H. Powell, (now of the New Brunswick military headquarters staff) and was practically all done by the Czechs without pay. The design is a granite cross on a rubble foundation, with a bronze plate on the front, and at the rear, listing the casualties and commemorating their deeds. Over each grave in the cemetery, which overlooks the Golden Horn bay, a stone pillow has been placed and the cemetery is fenced with granite pillars of different sizes, connected by a chain.

**SCHOOL BOARD
ACCEPTS TENDER**
At a special meeting of the board of school trustees, held last evening with Dr. A. F. Emery in the chair, tenders were opened for the construction of two

additional rooms in the Annex of Victoria School. The lowest tender was accepted, but as it had not been completed the architect was authorized to accept it on completion. Others members present were Mrs. Richard O'Brien, J. D. P. Lewis, G. Herbert Green, George E. Day, Allan A. McIntyre and Dr. H. S. Bridges.

After a strenuous day outdoors, when winds, heat and exhaustion have combined to take away one's freshness and caused the skin to wrinkle and sag—or after a tedious or fretful day indoors—one often has urgent need for some quick rejuvenator. Maybe there's a social event. How in the world can one make herself presentable, looking as she does? It's quite easy.

Just get an ounce of powdered sapolite and a half pint with hard at the nearest drug store, mix the two and bathe the face in the solution for two or three minutes. Then look into your mirror and behold the wonderful transformation! Wrinkles have vanished, loose, tired muscles have been rested and "firmed up," marks of fatigue have flown, and you look so much brighter and younger you can hardly believe your eyes. No one need hesitate to try this, the witch hazel and sapolite being so perfectly harmless.

**This Makes the Curl
Stay In Your Hair**
The simerine method is unusually popular just now, according to the druggists. This is largely due to the warm weather and because women are now spending so much of their time out of doors. This simple method not only produces the loveliest, natural looking curls and waves, but it keeps the hair in curl no matter how hot or how moist the day, or how hard the wind blows. All one need do is to wet a clean tooth brush with liquid simerine, draw this through the hair before doing it up, and the hair will dry in just the sweetest waves and crinkles. This will also keep the hair beautifully soft, silky and lustrous. A few ounces of liquid simerine will last for months.

CROWDS WRECK THEATRE WHEN BOUOT IS STOPPED

Vienna, July 9.—An extraordinary scene was witnessed the other night at the Ronacher Music Hall, where an international wrestling competition was in progress.
The Italian world's champion, Bianchi, began a match with a Viennese wrestler, shortly before the legal closing time for theatres, and as the two wrestlers were well matched the contest was still undecided when time was called.
The police insisted on closing the theatre, whereupon the audience started breaking the furniture and fittings and throwing them against the iron curtain. The interior of the theatre was completely wrecked and the police had to clear the building by force.

ST. JOHN MAN BUYS GOLD MINE IN NOVA SCOTIA

An important mining transaction was announced yesterday by Frank O. Garson, president and owner of the New Brunswick Iron and Wrecking Co., who has purchased for a large amount the mining areas, timber limits and water power of the Dufferin Mining Co. (N.S.) of Port Dufferin, Guysborough county. The property consists of 1,312 gold and copper mining areas, more than two

miles in length and 2,100 acres of lumber land. Formerly the Dufferin was one of the largest gold mines in Nova Scotia and was operated by maritime province and American capital amounting to several millions of dollars.

The mine was discovered in 1880 and was worked until 1901 a total of nearly 40,000 ounces of gold being taken out. In all, 86,000 tons of rock were crushed, but the mine was not worked to any great depth because of the difficulty of handling the rush of water. The operations were discontinued for this reason. Until Mr. Garson bought the property it was owned by the Montreal London Gold and Silver Development Co.

Mr. Garson, who although only twenty-five years of age, has figured in three other large business transactions, including gypsum, gold and timber properties, as well as the purchase of the rolling mills in the north end. He will operate the Dufferin mine.

A Problem for the Editor.
It has been asked whether stepping on a man's corns gives provocation for swearing. Answer: Keep the toes clear of corns by using Putnam's Corn Extractor. It's the best, 25c. at all dealers.

The Navy League has engaged the City Cornet Band to give a concert in King Square this evening from 9 o'clock until 10:30 o'clock for the benefit of the sailors on board H. M. S. Calcutta. The programme will include naval, military and popular airs.

The British mails here will close at 1 p.m. today for the steamship Metanama, via Quebec. The South African mails from here will close at 2 p.m. on Wednesday, July 14, for the steamship New Brooklyn, via Montreal.

Doctors Stand Amazed at Power of Bon-Opto to Make Weak Eyes Strong—According to Dr. Lewis

Guaranteed to Strengthen Eyesight 50%
In One Week's Time in Many Instances

A Free Prescription You Can Have Filled and Use at Home
Philadelphia, Pa. Victims of eye strain and other eye weaknesses, and those who wear glasses, will be glad to know that according to Dr. Lewis there is real hope and help for them. Many whose eyes were failing say they had their eyes restored by this remarkable prescription. They have thrown them away. One man says, after using it: "I was almost blind. Could not see to read at all. Now I can read everything without my glasses and my eyes do not hurt any more. At night they would pain dreadfully. Now they feel fine all the time. It was like a miracle to me." A lady who used to say: "The atmosphere seemed hazy with or without glasses, but after using this prescription for 10 days everything seems clear." I can read even fine print without glasses. Another who used to say: "I was bothered with eye strain caused by overworked, tired eyes which induced severe headaches. I have worn glasses for several years both for distance and work, and without them I could not read my own name on an envelope or the type do both now and have discarded my long distance glasses altogether. I can count the fluttering leaves on the trees across the street now, which for several years have looked like a dim green blur to me. I cannot express my joy at what it has done for me." It is believed that thousands who wear glasses can now discard them in a reasonable time and multitudes more will be able to strengthen their eyes so as to be spared the trouble and expense of ever getting glasses. Eye troubles of many descriptions may be wonderfully benefited by the use of this prescription. Go to any active drug store and get a bottle of Bon-Opto tablets. Drop one Bon-Opto tablet in a fourth of a glass of water and let it dissolve. With this liquid, bathe the eyes two to four times daily. You should notice your eyes clear up perceptibly right from the start and inflammation and redness will quickly disappear. If your eyes bother you even a little it is your duty to take steps to save them now before it is too late. Many hopelessly blind might have saved their sight if they had cared for their eyes in time.

Note: Another prominent Physician to whom the above article was submitted, said: "Yes, the Bon-Opto prescription is truly a wonderful eye remedy. Its constituent ingredients are well known to eminent eye specialists and widely prescribed by them. I have used it very extensively, and can highly recommend it in cases of weak, watery, aching, smarting, itching, burning eyes, red, inflamed vision or for eyes strained from exposure to smoke, sun, dust or wind. It is one of the very few preparations that should be kept on hand for regular use. Above, is not a patent medicine. Bon-Opto, referred to above, is an ethical preparation, the formula being printed on the box. The manufacturer guarantees to strengthen eyesight 50 per cent in one week's time in many instances or refund the money. It can be obtained from any good druggist and is sold in this city by Watson's Drug Store and other druggists.

**A Source of
Clean Health—**

WHEREVER the Anglo-Saxon goes he carries with him certain manners and customs which are the basis of his civilization. The first law of his civilization is *Health and Cleanliness*. So it is interesting to know that wherever the Anglo-Saxon has journeyed or settled, there you will find Eno's "Fruit Salt."

In every land on earth ENO is regarded as an almost indispensable factor in the regulation of health. It is given a place in the baggage of the traveller by land and sea—in the pack of the explorer—in the desk of the office man—and most of all in those households of the world where good health is rightly valued.

ENO'S FRUIT SALT

is composed of the valuable elements of ripe fruit in pure and palatable form. By its action on the liver, digestive and alimentary systems it corrects thoughtless or unavoidable errors of diet. It cleanses the system of the deleterious elements that result from impure air, lack of exercise or contaminating surroundings. It keeps the brain clear and the body healthy in whatever environment it is necessary to live.

Sold by All Druggists

Prepared only by
J. C. ENO, Ltd., "Fruit Salt" Works, LONDON, ENG.

Agents for North America
HAROLD F. RITCHIE & CO., LIMITED
10 McCaul Street, Toronto
171 Madison Ave., New York City