

"Whilst meagre phthisis gives a silent blow,
Her strokes are sure, but her advances slow,
No loud alarms nor fierce assaults are shown,
She starves the fortress first, then takes the town"—*Goethe*.

M. J. Stewart

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"THE MERE SPECTATOR AND WAITER, THE ONE WHO IS CONDEMNED TO SIMPLY LOOK
ON AND LOOK FORWARD, CAN FIND IT Hugely ENJOYABLE."

"Real true advance always tends to simplification, and the great fundamental therapeutic remedies for consumption are the employment of fresh air, sunshine, good food, and of regulated exercises.—Sir Thomas Layton, M.D.