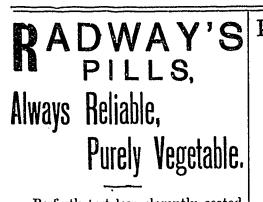
THE CANADA PRESBYTERIAN.

. . . .



Perfectly tasteless, elegantly coated, purge, regulate, purify, cleanse and strengthen. Radway's Pills for the cure of all disorders of the Stomach, Bowels, Kidneys,Bladder, Nervous Diseases, Dizziness, Vertigo, Costiveness, Piles,

Sick Headache,

Female Complaints,

Biliousness,

Indigestion,

Dyspopsia,

Constipation

All Disorders of the Liver

Observe the following symptoms resulting from diseases of the digestive organs: Constipation, inward piles, tulness of blood in the head, acidity of the stomach, nausea, heartburn, disgust of food, fulness of weight of the stomach, sour eructations, sinking or fluttering of the heart, choking or suffocating sensations when in a lying posture, dimness of vision, dots or webs before the sight, fever and dull pain in the head, deficiency of perspiration, yellowness of the skin and eyes, pain in the side, chest, limbs, and sudden flushes of heat, burning in the flesh.

A few doses of RADWAY'S PILLS will free the system of all the above named disorders.

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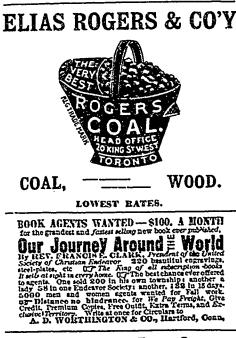
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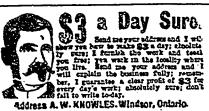
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COR QUEEN AND PORTLAND STS., TORONTO. BEST QUALITY OF BREAD. Brown Bread, White Bread.

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HEALTH AND HOUSEHOLD HINTS.

Carry a lighted match with the flame from you to keep it from going out.

Feed caged birds with not only seed, but lettuce, sorrel, plantain and celery top.

Flat-irons will not yellow linen if they are first rubbed on a cloth saturated with kerosene.

Butter put into clean pots and well surrounded with charcoal will keep good for twelve months.

All traces of mud can easily be removed from black clothes by rubbing the spots with a raw potato cut in half.

In baking bread or rolls put a saucepan of boiling water into the oven. The steam will keep the crust smooth and tender.

Some parents compel their children to eat against their will, as when they come to the breakfast table without an appetite or have lost it in prospect of a visit or a ride, or for the sake of "eating their plates clean" in discouragement of wasteful habits. Unless we are thirsty we cannot drink the purest spring water without aversion, and, as for eating when there is no appetite, it is revolting, as any one may prove to himself by attempting to take a second meal in twenty minutes after having eaten a regular dinner. The appetite, the hunger, is excited by the presence of gastric juice there can be no hunger, no appetite, and to compel a child to swallow food when it is distasteful is an absurdity and a cruelty.

A sea salt bath, followed by an "oil rub," is an excellent daily habit for delicate women who need vitalizing. Sea salt may be bought in three or five pound boxes at a druggist's, and a half cupful dissolved in boiling water and added to a basin of lukewarm water is enough for a sponge bath. The best way to take it is to stand in the bathtub, and, after sponging one's self from head to foot, pour the remaining water over the chest and shoulders. To be entirely satisfactory the oil must be applied by another person. Cocoanut oil is best and cheapest for the purpose, and it should be rubbed into the skin till no trace remains on the surface. It is most beneficial to have the bath and the oil rub just before going to bed, and in any case the patient should rest in a reclining position for at least half an hour after receiving the treatment.

Baked Custard.—One quart milk in the dish in which it is to be baked; set upon the range to warm; three tablespoonfuls granulated sugar; six eggs, beaten light, and grate nutmeg over the top, and bake until solid.

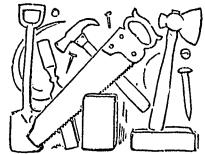
Boiled Suet Pudding.—One coffee-cup chopped suet, one coffeecup milk, one coffeecup molasses, *not* syrup, one teaspoon baking powder, and flour to make as stift as poundcake. A cup of stoned raisins can be added. To be steamed four hours.

Soft Gingerbread.—One cup each of sour milk and molasses, two eggs, one teaspoonful and a half of soda, half a cup of butter, a tablespoonful of ginger and flour enough to make it as thick as pound-cake. Warm the butter, molasses and ginger together, beat the eggs, and stir in ; then add the flour, milk and soda. Bake immediately.

Celery Salad.—Cut the white stalks or celery into pieces half inch long. To every pint of these pieces allow half a pint of mayon naise dressing. Dust the celery lightly with salt and pepper, mix it with the dressing, heap it on a cold plate, garnish with white tips of the celery and serve immediately. Do not mix the celery and dressing until you are ready to use the salad.

Polish for Silver and Table.—Once every week silver should be thoroughly polished. First clean with electro silicon, or any perfectly smooth powder, mixed with a little alcohol and water. Rub with soft cloths or chamois, and use a soft brush where necessary. Somatimes it is impossible to get all the powder out of tracery and filagree work. In that case, hold under boiling water and dry quickly. If you have a Vienna coffeepot, Banares brass trays, or Similar articles to clean, rub first with electro silicon and a mixture of one-half lemon juice and one-half water. Then polish with hard silver rouge. To keep the polish of your tables in order, have a mixture of one-half turpentine and one-half olive oil. Wash the wood with clear water, or water in which a little borax has been dissolved. Never rub scap on polished wood. Rub a little of the oil and turpentine on with a flannel cloth, Polish with a clean flannel.

Dear Sirs, — I have been using Burdock Bitters for Boils and skin discases, and I find it vory good as a cure. As a dyspepsia cure I have also found it unequalled. Mrs. Sarah Hamilton, Montreal, Que.



Hard-ware,

and a good deal of it, comes to the clothes that are washed without Pearline. It's spelled differently, but it gets there just the same. With Pearline,⁹the rub, rub, rub that makes all the hard wear and the hard work is left out.

Pearline washes without it. Practically, it washes without you, and without any of the troubles, drawbacks and losses that you want to avoid. But you can always depend upon three things that Pearline washes with. These are ease, safety and profit. 23



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