

# SPRING CLEAN!

Have You Prepared for it?

Spring is upon us as is the annual House-Clean.

The thrifty Housewife will not be happy unless the best cleaning materials are used in order to make THE WORK LIGHTER and THE HOME BRIGHTER.

WHAT Soaps, Powders and Disinfectants are you using? Get the Best—It is the cheapest when HEALTH & CLEANLINESS are concerned.

**Sunlight Soap.**  
None Better. No Rubbing. No Scrubbing. A child can use IT.

**Lifebuoy Soap.**  
The lifebuoy thrown in the nick of time saves life. So does LIFEBOUY SOAP.

LEVER'S Genuine Carbolic Soap  
For Clothes, Linen, Flannels and Blankets.

**Old Home Soap & Fine Pale Soap.**  
In bars for scrubbing.

**Monkey Brand Soap.**  
Creams and Polishes at the same time.

**VIM.**  
If there's anything you find difficult to clean—TRY VIM.

**LUX--**  
For Lace Curtains, White Goods, or other delicate fabrics.

**Sunbeam Soap Powder**  
Should be in every household, for it gives every satisfaction.

**Y Z (Wise-Head),**  
Royal Disinfectant Soap Powder.

**Swan Soap.**  
White Floating, for the nursery.

**Soft Soap.**  
(In Tins and Kegs.)  
It may be used for all purposes such as Table Crockery and Cutlery, Kitchen Utensils, and Cleaning Vessels, &c., &c., where pungent soaps would be objectionable and unpleasant. ITS quality is uniformly the BEST.

**Toilet Soaps**  
of many kinds.

Scrubbing Cloudy Ammonia.  
Zotal Disinfectant Fluid for Toilet Room, Drains and Sinks.  
"Jeyes" Fluid is far more efficacious than Carbolic Acid, and is non-poisonous.  
"Sapallo," "Don Ami," "Silver Smith's Soap," "Godard's" Plate Powder, "Wellington" Knife Polish, "Chivers" Cloth & Carpet Soap, "Globe" Metal Polish, "Splendid" Metal Liquid Polish, "Adam's" Furniture Polish, "Liquid Veneer," "Washing Soda Lye, Whiting, "Dustbane," "Linoleo," "Silva Putz," "Putz Cream."

**Brushes.**  
Scrubbers, Store, Shoe, Daubers, Kalsomine, Whitewash, Brooms, Harth and Whisks.

**ELLIS & Co.,**  
Limited,  
203 Water Street.

W. A. ELLIS, Agent,  
Lever Brothers, Ltd.,  
Port Sunlight.

## Learning to Want Less.

By RUTH CAMERON.



Most of the unhappiness in the world comes from wanting things you cannot have. Now there are two ways of making the discrepancy between what we want and what we have, less. One is to obtain some of the things we want. This is the most common way; the only way that occurs to the average person. The other way is to stop wanting some of the things we lack. A great many people live a lifetime without ever trying this method.

A Zulu prince who is studying to be a missionary told an interviewer the other day that it would have been far better for Zululand if the whites had stayed at home. "My people were once the most happiest people in the world," he said, "and now they are the most miserable. Fifty years ago, before the white folks came, they had everything they wanted. They were warm and the sun shone. They had land; didn't have to work, for things grew of themselves. They had white folks came and took the land, and put my people to work, and made them want things they didn't know was in the world before."

Now analyze that. The Zulus have no less than they ever had, but they want more. Therefore they have changed from "the most happiest people in the world" to "the most miserable." Of course we must not forget the other side of the case. There are some things that it is right to want. To a certain extent a nation's progress is measured by the standards

of living which the people hold. For instance, it is well that our people today want better sanitation in their homes than they used to have. It would be unfortunate if they stopped wanting that. But there are countless other unnecessary things which we have come to feel that we cannot live without. And so we toil and mope all the days of our life to possess them and find at last in possession little of happiness but much of care and worry and work.

You all know how Thoreau, the Concord philosopher, became weary of the cares and demands of even the simple society of his day, and went out into the woods and lived in a hut to show that men could still be happy and civilized without the trappings of civilization. Of his experiment he wrote:

"For more than five years I maintained myself thus solely by the labor of my hands, and I found, that by working about six weeks in a year, I could meet all the expenses of living. The whole of my winters as well as most of my summers I had free and clear for study."

Now wasn't that a worth-while life? No, I don't suppose we all could go out into the woods and live like Thoreau. I must sadly admit that it isn't "practical," that pin-prick of a word which so often bursts the idealist's fair bubbles.

But even if we couldn't follow Thoreau's example we could at least try to get a little of his spirit. "My greatest skill," he once said, "has been to want but little."

I can think of no skill we men and women of to-day more need to acquire than that.

Ruth Cameron

## WALT MASON'S DAILY STORY.

FALSE ECONOMY.

"A stranger came here to the sylvan solitudes this morning, and was fortunate enough to find an unoccupied cave down by the creek," said the wise man of the woods. "He expects to remain here permanently, and I am glad of it, for he seems a perfect gentleman of the old school. He says that he left his home after several years of married life, because economy had become a mania with his wife."

"When it isn't carried to extremes, economy is the finest thing I know of, and no home can be successfully conducted without it. But women never are able to do anything moderately, if they go in for extravagance, their conduct would astonish inebriates; and if they elect to be economical, they can give pointers to professional misers."

"I was unusually fortunate in my

wife. She was a remarkable woman, and I consider it an honor to be referred to as her husband. For years we lived together in peace and harmony, and there wasn't a single cloud upon our horizon. Those were indeed halcyon days. When the day's work was done I donned my slippers and took up the evening paper, and had a pleasant time reading the crime news. We had an admirable hired girl who was a good cook, and had a hundred noble qualities of mind and heart. She was such an excellent domestic that unprincipled women were always trying to bribe her to leave us, and accept portfolios in their homes; but Matilda was loyal to us, and probably would have remained with us until her dying day but for the fact that my wife attended a lecture, and heard that waste is the besetting sin in American homes. The lecturer said that we throw much of our substance into the bargain can.

"So my wife began keeping cases on Matilda, and found to her horror, that she sometimes threw away a crust of bread, or an eggshell with a fragment of albumen clinging to it, or a bone with a few shreds of fat on it. For days together my wife was snooping around the kitchen, calling down that unfortunate handmaiden about forty times a day, and at last Matilda couldn't stand it any longer, and handed in her resignation. I don't blame her. I'd have done the same thing had I been in her place. "My wife was not at all dismayed. She said it was the best thing that could have happened. 'I'll do my own housework,' she said, cheerfully, 'and save not only the girl's wages, but the value of all the stuff she wasted. You can lend a hand with some of the work just as well as not, and in one year we'll save \$342.75. I have it all figured out.'"

"From that moment there was no comfort for me in my own home, and you can still see the furrows on my careworn cheeks, where the tears trickled down. I had to be up and doing at all hours, performing menial tasks which formerly were attended to by Matilda. I had to get up and light the kitchen fire every morning, and carry in eighteen armloads of wood from the shed, and carry out ashes, and pump water, and a million other things."

"In the evening I never had a fair chance at the newspaper. As soon as supper was over my wife would say: 'I want you to come and dry the dishes while I wash them, and then you can bring in the clothes that are hanging on the line, and take the mop and scrub the back porch, and sweep the sidewalk, and see that the chickens are all on their roosts, and bring in forty-seven buckets of water, for I want to wash the lace curtains to-morrow. I know you'll be glad to help me when you know that it is saving us money.'

"I wasn't glad to help her, and I hinted as much upon divers and sundry occasions, but hints make no impression upon a woman who has the economy bug. For three years we practiced the most rigid economy, and

## Extra!

Coleman's Special BEST BY TEST Baking Powder

"Coleman's Special" is the strongest Powder on the market. Will keep indefinitely. The last spoonful is as good as the first.

Prices:  
4oz. 6oz. 9oz. 16oz.  
10c. 15c. 20c. 30c.

Special Wholesale Prices.

## SOPER & MOORE

my wife placed our savings in the bank. Then the cashier of the bank took a vacation and forgot to come back, and we were courteously informed that we'd never see hide or hair of our money again. It was then that something seemed to give way in my head, and the busy haunts became intolerable to me."

## Painful Swellings Reduced. Muscular Strains Ended.

Such Troubles Now Quickly Rubbed Away by Powerful Remedy.

If you have any muscles that are strained and weak, that are frequently subject to rheumatic pains; if you have any painful swellings that refuse to go away—get busy with Nerviline. This is the very sort of trouble that Nerviline is noted for curing quickly. "I have proved Nerviline simply a wonder in reducing a hard, painful swelling. It followed an injury I received in my left leg and caused me great pain and discomfort. The muscles were strained and sore, and no other remedy gave me ease and comfort. I got from rubbing on Nerviline. There is a soothing, pain-relieving power about Nerviline that touched the root of my trouble. Nerviline reduced the swelling, it destroyed the pain, it brought my limb back to perfect condition." The experience of Mr. Bowen, whose home is in Middlesex, is not unusual. Thousands are proving every day that muscular pains of every kind, chronic rheumatism, lumbago, neuritis and sciatica will yield to Nerviline when nothing else can possibly cure. Nerviline is an old-time family pain remedy, used nearly forty years with great success. The large family size bottle costs 50c., trial size 25c. at all dealers.

## The Bystander.



I stand by my window a lone, and look at the people go by, pursuing their shining bone, which is so elusive and shy. Pursuing the beckoning plank, and no one can make them believe that troubles and kepecks are junk, vain baubles get up to deceive. Their faces are haggard and sad, from weariness often they reel, pursuing the succulent scud, pursuing the wandering wheel. And many are there in the throng who have all the money they need, and still they go racking along, inspired by the demon of greed. "To put some more bucks in the chest," they sigh, as they toil, "would be grand;" the beauty and blessing of rest is something they don't understand. We struggle and strain all our years, and wear out our bodies and brains, and when we are stretched on our biers, what profit we then by our pains? The lawyers come down with a whoop, and rake in our bundle of scrip, and plaster a lien on the coop before our poor orphans can yip. I stand at my window again, and see the poor folks as they trail, pursuing the yammering yen, pursuing the conquering kale; and sorrow is filling my breast, regret that the people won't know the infinite blessing of rest, that solace for heartache and woe.

FOR SALE—Baby Chicks, R. I. Red; also Hatching Eggs, R. I. Red, White Wyandotte, Black Orpington and Silver Campines. G. W. GUSHUE, 216 LeMarchant Road.—apr15, eod, 1m

Cambric Dresses.

Ladies' Undershirts.

Boys' Wash Suits.

### SEE OUR WINDOW DISPLAY OF American Goods!

Ladies', Child's and Misses White and Colored Cambric Dresses.

Ladies' White Embroidered Undershirts, Corset Covers, Princess Waists and Linen Pants, Middy Blouses.

Child's Rompers & Waists, Child's Fancy Crinoline Hats and Bonnets.

Boys' Wash Suits & Waists.

TALCUM POWDER, **8c.** per tin.

EMBROIDERED PILLOW SHAMS and BUREAU COVERS, **35c.** each.

FANCY COTTON CREPES (some bordered). BLOUSE PINS.

Child's Rompers.

Bureau Covers.

Pillow Shams.

See Our Window Display

# Steer Bros

See Our Window Display

## Manufacturers' Announcement.

Owing to our goods giving perfect satisfaction, prompt delivery, personal supervision and no retail stores, our list of customers is growing rapidly. We are sole makers of "Surface Oak" Furniture in Newfoundland. Sideboards, Bureaus, Extension Tables, Lounges, Couches, Upholstered and Morris Chairs, Parlour Suites, etc.

### Sole Makers "Oxford" Coppered Wire Springs

and the only weavers of Woven Wire Springs in the country.

Makers of a select line of Mattresses in Felts, Cottons, Wools, Hair, Excelsior, etc., in all grades and at prices to suit the trade.

### YOUR ORDERS SOLICITED.

## The Jewell Furniture and Mattress Mntg. Co.,

Vail Building, Water Street, St. John's. WHOLESALE ONLY.

### Decrease in Sport.

Due to Labor Depression.

Owing to the slackness of work on Bell Island and the consequent number of men, including ten office hands, who were paid off recently, there is comparatively no talk of sport, excepting a few baseball "fans" who are active. Heretofore football enthusiasts were much in evidence at this time, but this year such is not the case and the lack of interest displayed is regrettable, as formerly people from the city always looked forward eagerly to witnessing the fast series of games on Bell Island.

The output of ore from the Iron Isle this year is expected to be the smallest for many years, which is demonstrated by the fact of both companies having reduced their staffs considerably.

### WILL FINISH DISCHARGING.

The s.s. Craignodan is now at Job's southside premises, where she will finish discharging her salt cargo.