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It does not matter who I am: and I have done nothing worth preserving in print. But, by good, or ill, luck, I have wandered all over the face of the globe; and my friend Smith (of whom you are sentenced to hear much) and I have met all sorts and conditions of men and women, who seem to us to have said and done strange things.

I promise you faithfully you shall not be instructed by anything that you read in these reminiscences. They are not even written because the author "felt it incumbent on him to supply a long-felt want." For that reason only are they original, perhaps. They shall, I pass my word, be without law, order, sequence, rhyme or reason; and they shall also lack prelude or preface.

On His Dignity.

By way of immediate fulfilment of that promise, I will set down what for the soldier was usually the outhappened to Smith one day when he had the toothache. He sought an eminent firm of dentists-Messrs. Billington, Horton & Judd. He was in great pain; and, even if he had not been, he would not have let the fact that all three partners were eminent Territorials deprive them of his custom. Smith is a broad-minded fellow. "Mr. Judd at home?" he asked. 'Captain Judd," said the footman. with conscious importance, " is undergoing a course of musketry at Hythe-

"Mr. Horton?"

"Major Horton is at Aldershot, and has not yet-"

"Can I see Mr. Billington, then?" "Colonel Billington is on battalion parade, and cannot possiby be disturb-

Then it was that Smith spoke wildly.

"Look here, my man: Have you got a General on the premises who can take my tooth out?"

A Dreadful Mistake.

Smith has been most things, and he was for some years a real, live soldier himself. But he tells me that he never really understood military dignity, and that his wife did not either. That was how she once came to make a dreadful mistake.

The second second second second

She got a reply in the third person: Colonel Jones will duly attend to his official duties when correctly addressed by his official title. Mrs. Smith did her best to put things right, but Smith tells me that there was no pleasing Jones. Anyhow, it seemed that there was excess of purely military appreciation in the

next letter the lady wrote: Dear Colonel Jones,-Would 2.30 be convenient? And please bring your sword, as I think baby's gums want lancing.

The General, the Sentry, and the Gan. On the other hand, Smith says that some of our real soldiers do not stand on their dignity at all. Sir Evelyn Wood, for instance, never did. When he commanded at Aldershot he liked to stroll about in a suit of dittoes and

see things as they were, in preference to seeing what was specially prepared for him to see. Increase of comfort come of these "incog," visits by the general in command.

One blazing August afternoon, when 40,000 Volunteers were in camp, Sir

When Sleep **Fails You** DR. CHASE'S NERVE FOOD will

bring rest, comfort and vitality by building up the nerves.

and headaches almost drove me wild I had spells of weakness and cramps in stomach and limbs.

"Though I tried several doctors, it was money uselessly spent. Finally his drawn sword at Dr. Chase's Nerve Food was brought unsoldier-like angle. to me and eight boxes cured me. It ["Drill the battalion

is simply wonderful what benefit I general.

copy of Dr. Chase's Recipes.

delight he replied. "They calls me a bit of a sentry." ilig. "Ah! They call me a bit of a gen eral, you know." Loudly the Volunteer laughed. This

dapper little civilian should have a game, if he wanted one. "Oh, they do, do they? Well, then you fetch me that there gun, and I'll

give you a bit of a salute." History records that the only outome of this interview was an intimation to commanding officers of Volunteer battalions that privates, well stricken in years were not to be unnecessarily exposed to the sun.

True Diplomacy.

It is extraordinarily hard to get invalided, and returned home. The tice is, let us as physicians be aggresdoctors would not allow him to go sive in its prohibition. abroad again. The War Office would "Do not be satisfied by answering not accept his resignation. His pat- 'No' when asked as to their use, but riotism had already caused him hun- let us teach the families with whom

ness in the city. Then he thought that if, perhaps, he should know better, this practice is little luck, turn him out; and, as he Doctor.

had no pension to lose, that was evidently the thing to do. The chance soon came his way. His militia battalion was inspected by one of the most fearsome of our generals.

Everyone stood in awe of "Snap." tone calculated almost to strike terwho had invented this pose for him. "Captain Green, come here!"

"Drill the battalion," roared the

have obtained from this treatment." Sleeplesaness, and headaches are warnings of approaching nervous col-lapse. You can positively remove these symptoms and prevent prostration or paralysis by the use of Dr. Chase's Nerve Food. 50 cents, a box, 6 for \$2.50, at all dealers or Edmanson, Bates & Co., Toronto, Write for free that he wanted to prove. At the same stars during the subcless of clink of adult de-preds largely upon proper sustenance for the body. Children who depend upon the intelligence of their elders to furnish them with good food de-serve our most careful attention and thought. Read "The Road to Wellville," KEEP MINARD'S LINIMENT IN THE The real soldier would, of course, pends largely upon proper sustenance ed to become sufficiently interested parish, and gave entire satisfaction)

time he was a naturally courteous found in pkgs. "There's a Reason."

trouble. The vessel sailed this morn-

GROWING CHILDREN

The Period when the Nervons Activity is at Its Greatest.

"Against the pratice of giving tea and coffee to children, we cannot speak too strongly. Childhood is the period when the nervous activity is at its greatest. The brain is ever busy receiving new impressions. Reflex action, co-ordination of muscles, and the special senses are all under a special course of training.

"The nervous system is pushed to the British Empire. its utmost capacity, and long is the turned out of our Irregular Forces, if list of victims that follow its overyou are an officer in them. I heard stimulation. In these little people noof a man who tried for nearly two thing but harm can come from the years to be expelled. This fellow had use of such cerebral stimulants as served in the South African War, was tea or coffee. Bad, then, as this prac- school,

dreds of pounds; but they sent him we come in contact that such practo do garrison duty at Plymouth, and tice is evil. We speak emphatically, would not let him go back to his busi- because not only among the poor and uneducated, but among the rich, who

have it if the drink is a food and the world has ever seen. not a drug.

Postum is made to supply a rich older boys and girls then went to the addition to the crowd. nourishing liquid food with a crisp woods, about twenty, minutes walk. Snap's commands were shouted in a coffee taste for those who cannot and After the different kinds of trees had

> throughout the body and from which planting. the vital energy proceeds. The success of child or adult de-

sary qualifications in order to be a Sunday morning for Trinity, where fine. true and worthy member of the Great he will ship more men and then pro-

ceed to Labrador. Since Mr. Collins went on that factory he never had a bad year, and we hope that this will

he a record year for Hawke's Har-5. Address by the Chairman, Rev F. Smart, on Empire Day, which was bor. "May all success crown your efforts during the summer months,

Messrs. Peter Griffin and T. J. compared the observing of Empire Day Powers reports for 45 quintals for I on Weanseday the 8th prox., and to now with the holiday they would re- their last baiting. Others have also ceive on May 24th, when he was go- done well, while some have only seing to school. He thought children 15 cured from a quintal to ten. If it or 20 years ago knew very little about still continues to be plentiful some of the boats will certainly have record

catches.

Mr. Ed. Whalen of this town, who 9. "National Anthem" sung by the Sydney, arrived home on Thursday's

made hosts of friends, and when he Cheers were then given for the left to come to the birthland his many ranged all details about that part of King, Empire, Newfoundland, Gover- friends were sorry that they should the programme which will take place part. He only remained here a few

There were present in addition to days and proceeded to town by Monthose mentioned, Mr. G. E. Charlton, day's train to add one more man to well. the teachers of Southern Cove, and the the able police force of St. John's.

Men from "Ye Ancient Capital" have Although the parents had been in- met with great success wherever vited, few attended, The children and they went to. In St. John's there are nsulted a general they might, with a marvelously prevalent."- The Home all present fully enjoyed themselves Head Constable Collins, one of the and had their aspirations aroused as best men in the force; and then comes Children like a warm beverage for to privilege and honour of being a Constable Keefe, whose equals can breakfast and it is well for them to member of an Empire, the Greatest scarcely be found in the island; and then Constables Whalen and Mor-

The Principal with some of the rissey, who are Al men and a great

for \$4,000, but the fish cargo is a total Rev. Mons. Reardon, who for some loss to the owner. The fish would be should not use coffee. Analysis shows been pointed out and explained by the time had been confined to the Presbyvalue for about \$4,000. The Ruby was ror into the heart even of Mrs. "Snap," it to contain about fourteen per cent teacher, about 15 or 20 young trees- tery, is again gaining strength. He of muscle-forming elements and 66.11 mostly spruce - were taken up, was out walking on the lawn Monday, per cent of energy and fat-producing brought out and planted in the school the first time for some weeks. His Captain Green advanced, carrying elements, which go to nourish and playground. The children were very many parishioners will be glad to his drawn sword at an elegant but sustain the delicate nerve centres much interested in the lesson on tree know that their P. P. wil soon be as

a fine vessel of 90 tons and was increw.

well as ever to attend to his duties. While he was ill Rev. Fr. Gough has Mr. C. A. Pinsent Dead

Fr. Gough has now been stationed ed was once a prominent young busi-Parish Priest of Cape Shore in place ness man of this city. The funeral of Rev. Fr. McGuire. Fr. G. has been will take place from the residence of

back on Tuesday by carriage.

Mr. C. A .M. Pinsent, son of the late

Judge Pinsent, died at the Lunatic Asylum yesterday afternoon. Deceas-

Read "The Road to Wellville," KEEP MINARD'S LINIMENT IN THE out there the past week and came Mr. C. S. Pinsent, 53 Military Road,

to-morrow at 11 a.m.

sured in the Grand Bank Mutual. She carried 10 dories and 18 men of a

Rink. Tickets are already selling **Banking Schooner Lost** Yesterday afternoon a message was received in the city stating that the

ea. It was decided to have the event the Monday and Tuesday before the

make the admission fee for enteries 20 cents. The enteries for football fives, tug-of-war and relay races will be free. The preliminaries will be run off on

Sports Day. Keen competition is expected to be in evidence in the cup contest. The school relay race will also be an train. While in the foreign land he attractive feature. The dance committee also held a meeting and ar-

later in the evening in the Prince's

banker Ruby, owned by S. Harris, of

Grand Bank, had gone ashore going

into Louisburg harbor for bait and

was a total wreck, with 900 qtls. of

fish on board-all her spring's voy-

age. The vessel's hull was insured

Placentia, May 25th, '10, Sports Meeting. Last evenig a meeting of the Star of

the Sea and C. C. C. Sports Commit-

tee was held to prepare a programme

for Sports Day. A large number at-

tended and much enthusiasm prevail-

CASTLE HILL

4. "Rule Britannia." sung by the

both interesting and instructive. 6. Rev. W. H. Balley also spoke to John!" the children for a short while. He was followed by Dr. Anderson who

Empire.

children.

7. "Newfoundland Ode," sung by the children.

8. "Recessional Hymn," by Rudyard Kipling, recited by the children. for the past few years has been in

10. Final Salute of Flag.

nor, School, etc., etc.

Primary Departments.

We hope that before another Empire Day the parents will have learn- been attending to the wants of the

HOUSE.