

### Kirkwood School Standing

Grade V.—Gordon Touchie 29;  
Mary Carmalt 82; Arthur Harp 78  
Grade IV.—Honor McKinley 87;  
Gay Touchie 85; Leila Fairley 69.  
Grade III.—Burton Touchie 72½;  
Herbie McKel 64½. B  
Grade II.—Vincent Kirke 77½.  
Grade I.—Robbie Ramsay 70;  
Harold McKinley 65.  
Present every day—Mary Carmalt,  
Frank Ramsay and Arthur Harper.  
Absent only one day—Gordon Touchie,  
Leila Fairley, Honor McKinley.



### "I Wonder Would It Help Me?"

THIS question has been answered by many thousands of women who have found health and happiness in the use of Dr. Chase's Nerve Food.

Sleeplessness, irritability, nervousness, gloomy forebodings of the future, depression and discouragement—these are some of the symptoms which tell of exhausted nerves.

In order to avoid nervous prostration or some form of paralysis it is well to get the building up process established at once by use of Dr. Chase's Nerve Food.

50 cents a box, 6 for \$2.75, all dealers, or Edman, Bates & Co., Ltd., Toronto.



### The Royal Bank of Canada

Farmers' Sons and Daughters have great opportunities to-day.

They never had better chances to make and to save money. Now is the time to lay the foundation of future prosperity by cultivating the habit of thrift.

There is a Savings Department at every branch of this bank. The staff will be glad to show you how to make the first deposit.

CAPITAL AND RESERVES \$33,000,000  
TOTAL RESOURCES \$470,000,000

### Stiffness

It is astonishing how quickly Minard's Liniment relieves stiffness and lameness.

Gives Great Relief

Mrs. A. R. Calcutt, 26 Park Ave., Guelph, Ont., writes: "My husband has used Minard's Liniment frequently, always with good results. Friends of mine use it for rheumatism and tell me that it gives great relief."

□ □

Mrs. Fred Johnston, Box 718, Thorold, Ont.—"I suffered very much with neuritis in my face last winter, was advised to try Minard's Liniment, and was relieved immediately after first application. I persevered in using it and it has entirely gone. This winter I can go out without tying up my face and give the credit to Minard's Liniment. Have told several people about Minard's, and others are using it."

**MINARD'S**  
King of Pain  
**LINIMENT**  
Yarmouth Nova Scotia

**Purity-Quality-Economy**

The combination of purity-quality and economy has made **Magic Baking Powder** the standard baking powder of Canada. **Positively contains no alum or other injurious substitutes. Its use insures perfect satisfaction.**

**"Costs no more than the ordinary kinds"**

Made in Canada  
**E. W. GILLET COMPANY LIMITED**  
WINNIPEG TORONTO, CAN. MONTREAL

### Why Canada Is Proud to be a Daughter of British Empire

By Louise Cairns, aged 14.

Canada, the largest of Great Britain's numerous colonies, is proud to be a daughter in the British Empire chiefly because: The Motherland allows her freedom unsurpassed by any other nation. She is proud to be daughter of a country who has acted so nobly in the late war as well as at other times.

The British Empire is the largest empire that has ever existed. It contains about one-fifth of all the land in the world. All the great oceans wash its shores. These oceans do not keep the different countries of the empire apart as in former times. So far as trade is concerned they bring the empire into closer unity.

Canada enjoys national freedom and has a government founded on liberty, justice and fair play. She has a noble heritage to be proud of, and an look back with pride upon the noble manner in which our forefathers faced dangers and suffered hardships when trying to bring Canada to the progressive state it has reached.

Canada has been daughter of the British Empire ever since 1759 when Wolfe defeated Montcalm on the Plains of Abraham. She says: "After am I in my mother's house, but mistress in my own."

England has given the world many brave and noble men such as Nelson of Trafalgar, Wellington of Waterloo, Lord Kitchener and General French of the world-wide struggle. Among the noble women are Florence Nightingale of the Crimean war and Edith Cavell, who was so cruelly put to death by the heartless Germans. Many of the great poets and writers boast an English birth as: Shakespeare, Tennyson, and Browning. David Lloyd George is a great statesman of the day. Livingstone holds high rank as a missionary and explorer of the Dark Continent.

Great Britain's colonies have many sources of wealth. South Africa is rich in diamonds and ostrich feathers; Australia sends wool and pearls; Egypt sends wheat, cotton, sugar and rice. Canada the largest of all these countries and known as the granary of the British Empire, besides grain, sends furs, lumber, iron, lead, nickel, copper, silver, butter, cheese and apples. England's many other colonies send products equally as valuable as these.

When we think of the large amount of goods exported from the different countries and the greater portion of it carried in British vessels we see the necessity for the British Navy that his trade may be carried on in safety.

The British Navy is not only the greatest protection of our empire but is also a defender of the weak. The mistress of nations cannot be imagined were it not for the fact that Britannia rules the waves.

The different parts of the empire are not only connected by ships but by telegraph lines, so that events occurring in any part of the empire may be known in other parts in a few minutes.

And there are England's strongholds. She has control of some of the strongest fortresses in the world such as Gibraltar at the entrance to the Mediterranean Sea; Aden, at the south of the Red Sea. Both are practically impregnable. By having these fortresses Britain has control

of the trade with India which is of great importance. With all this behind Canada may she not well be proud to be daughter of such an empire.

Britain's myriad voices call  
"Sons be welded each and all,  
Into one imperial whole,  
One with Britain heart and soul!"  
One life, one flag, one fleet, one throne  
Britons hold your own.—Tennyson

### College Girls Dont Like The Fashions

Bassar College, in rebellion against the elaborate styles of today, has gone on strike, and all over the campus, girls attired in longtrailing skirts such as their mothers wore, and with hair slicked tight into little knobs, may be seen dressed for the part they are playing in speaking and singing against the prevailing fashions in coiffeurs, says a despatch from Plouf-keepsle.

The change is so great on; would not recognize one's most intimate friends at the college.

Coiffeurs, they say, have brought about their own destruction, and ears have not been visible for so long that when they become visible in all the glory of cave-man style today the girls looked positively deformed. Why, it seemed almost indecent to see such a broad expanse of naked ear.

Students wore skirts that touched the ground. Hair was tightly skin- ned back, and when a girl appeared

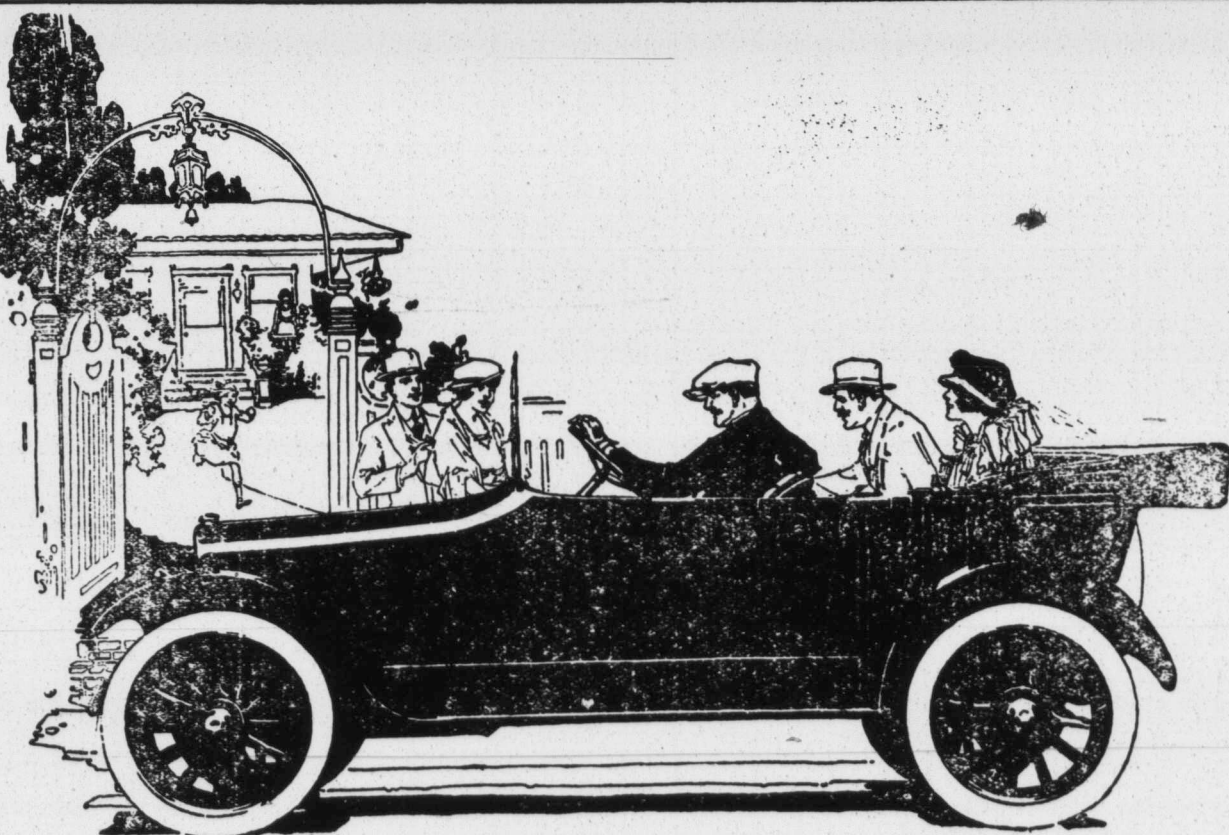
Serve them for Breakfast

**PURITY OATS**

Milled from Selected Oats of Sunny Alberta

with her hair fluffed over her ears heads wore them tight back, pinned she was hissed until she retired to with hair-pins into tiny knots. Heads bind it back. Those with bobbees are assuming a long-forgotten shape.

# GRAY-DORT



UNIT by unit, and feature by feature, a comparison shows the Gray-Dort to be bigger or stronger or better than other light cars. The motor is bigger, with cooling system to match; 40-pound crankshaft; three-ring pistons; Westinghouse starting and lighting; big axles; long springs; deep upholstery; hand-tailored top; side curtains opening with the doors; Thermoid brake-linings. Any man who will take the trouble to measure and weigh and test the units of light cars will be able to see and feel the value which is in the Gray-Dort.

This value has made sales so rapid that you should see the Gray-Dort dealer at once to be sure of securing your car.

**CHAS. M. McLAUGHLIN,**  
Newcastle, N. B.

**GRAY-DORT MOTORS, LIMITED**

CHATHAM, ONTARIO