## Constipation

or neath it your bowels are constituted pated. Undigested material, waste products, must be daily removed from the body, or there will be trouble. Constipation means bilious attacks, indigestion, headaches, nausea, dizziness, loss of appetite, this blood. Ayer's Pills are gently laxative, all vegetable. The formulas of all our medicines! Lowell, Mass.

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For sale on easy terms of payment, or to let, the brick block formerly owned by the late Mr. Evans, on the North side of King Street, directly west to Northwood's Warehouse, opposite the Planet office. Also part of Lot 5, Fourth Con. Dover, about 45 acres of Sterling farm, fronting River Thames, on terms to suit pur-

Also a few shares Chatham Wagon Works stock, ten shares Sutherland Innes stock, 10 shares Reliance Loan Co. stock and shares of Farmers' Bank of Ca 1ada.

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THE CHATHAM

ing to Control In Africa-Not

All of Them In Revolt.

The Zulus, who are now giving the British trouble in South Africa, are noted as warriors, and they are as strong as they are brave Zululand is a part of the South African colony of Natal, and it is in this part of the dark continent that the battles with the rebellious natives have taken place. Not all the Zulus are in insurrection, however. Many are loyal to the British authorities, and among these education and civilization have progressed to a considerable extent. Young men



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Don't be afraid to get a loaf Of Aunt Mary's fine Home-Made Every loaf that you do buy Is a help to Aunt Mary's trade.

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You are auticipating building new house or remodeling your old one you will save money by consulting me before letting your

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If so, do you not think that you might as well eat THE BEST? The best bread is that which optains best bread is that which on tains the MOST nutriment and the LEAST waste matter and is absolutely pure. TRY US.

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Preserves 14 pounds fruit. For sale by JAS. N. MASSEY, Phone 60. Opp. Market GRCCER

Phone 60. Opp. Market GRCCER

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A Type of the People England is Try-All of Them in Revolt.

The Canadian Savings Loan and and receive interest at rate of 3 Per Cent. per annum compounded half yearly.

The entire investment together with interest s withdrawable after three year. Begin Now. Continue Six Months



Method of the selection of the contra

grees. Notable is the observation made by Nussbaum that dust which proceeds from air artificially saturated with steam evolves vapors more evil smell-ing and irritating than the dust from ordinery air. At Cleveland Cleveland regarded in place by defeating Philadelphia, R. H. Cleveland ... 0 0 0 1 0 6 0 0 - 7 12 Philadelphia ... 0 0 0 3 0 0 0 0 - 3 9 Batterles—Rhoades and Bemis; Dyg and Schreck. Umpires—Hurst and Conn. At Chicago... 0 0 0 0 0 0 0 2 2 - 2 5 "In order to prevent the vitiation of the air in a room heated surfaces must not be heated over 65 degrees to 70 degrees, and every further addition of moisture to the air is to be avoided. Of course the heated bodies themselves are to be kept scrupulously clean and are to be frequently washed off. But this cleansing does not fully protect from the decomposition of dust, because the air sweeping past the heated bodies always brings dust upon the heated surfaces again. In furnace heating the air must be carefully kept free of dust—i. e., be filtered." "In order to prevent the vitiation of es-Altrock and Sullivan; bruster, Umpire-Connolly

Detroit 20000000 Poly New York 00010000 Batteries Donovan and Warner; and McGairs, Umpire 10 Loughlin \*\*\*\*\*\*\*\*\*\*\*\*\*\*\* NOW IS THE TIME!

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The ants in Lapland are three times as large as our common ant. Their nests are hillocks of fir sprigs and rubbish, often four feet high, the inside a mass of eggs and ants. Well beaten roads diverge from them in every direction like the lines of a railway. These ants cross the little streams and brooks by means of natural bridges. One day a naturalist was jumping over a brook and brushed with his head and shoulders two willow branches which met over the water. In an instant he was covered with ants, which were making their way across the bridge which he had disturbed.

Lapland's Big Ants.

We Buy New and Old Geese and J. J. CLAYTON, Manager

\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*

#### ATTITUDES IN SLEEP.

The Odd Postures In Which Animals and Fish Seek Repose-Hedgehog Like Chestnut Bur.

Fish have a density so nearly that of water that they can rest quietly on sand or gravel without apparent effort. Are they asleep? Probably, though they do not shut their eyes. At the best property of every for instance, the Are they asseep: Hobady, they do not shut their eyes. At the beginning of evening, for instance, the gudgeon chooses a sandy spot between stones and remains there, facing the current, its body research the current, its body research the current is body research to he current is body research to he tail and on its pectoral and ventral fins. It is possible that it assumes the same position in winter and remains in it until spring, hibernating. The barbels and breams sleep in companies, like the gudgeon, but on a muddy bottom. The pike sleeps in summer near the bank, at the surface, where the sunlight cau reach it. The carp keeps near the bottom. The eel hides in holes that it makes nearer the bank.

The observation of sea fish is more observation of sea fish is more

difficult, as may be imagined. It is now agreed that herrings, mackerel and other so called migratory fish pass the winter at the bottom in the kind of winter at the bottom in the kind of



SKELETON OVER EIGHT FEET TALL. secting table and left money in his will to pay fishermen to take his body out to sea and sink it. This they did, out to sea and sink it. This they did, but, having received money from an other source also, took care to recover it, with the result that the skeleton may now be seen in the Museum of the Royal College of Surgeons, Lincoln's Inn. He was eight feet four inches in height.

Johnny's Reason. The Minister—When you grow up, Johnny, what would like to be?
Johnny—A preacher.
The Minister—Ah, I am glad to hear

you say that, my little man. Now tell me why you think you would like to be a preacher.

Johnny—'Cause then the folks would
always git out the best things they
had in the house to eat when they seen

Orders for Bookbinding should be left at this office. It is surprising how nice a volume can be made of those magazines, even though they are somewhat soiled from much handling. Books, Magazines or Periodicals bound or rebound in any style at very reasonable prices. Blank books, such as journals, ledgers, day books, with any kind of ruling, made to order. PLANET OFFICE, CHATHAM.

#### Is Disease a Crime? BR. LUKE SMITH, DENTIST—Crown and

Not very long ago, a popular magazine published an editorial article in which the writer asserted, in substance, that all disease should be regarded as criminal. Certain it is, that much of the sickness and suffering of mankind is due to the violation of certain of Nature's laws. But to say that all sickness should be regarded as criminal, must appeal to every reasonable individual as radically wrong.

It would be harsh, unsympathetic, cruel, yes criminal, to condemn the poor,

But to say that all sickless should be regarded as criminal, must appeal to every reasonable individual as radically wrong.

It would be harsh, unsympathetic, cruel, yes criminal, to condemn the poor, weak, over-worked housewife who sinks under the heavy load of household cares and burdens, and suffers from weaknesses, various displacements of pelvic organs and other derangements of pelvic organs and other derangements of pelvic organs and other derangements peculiar to her sex.

Frequent bearing of children, with its exciting deans upon the system, coupled with the care, worry and I bor of rearing a large and the hard, and never-ending work which are agravated by the many household cares, and the hard, and never-ending work which the mother is called upon to perform. Drierce's Favorties and expression of this vorid-fames and ills—Dr. Pierce's Favorties and ills—Dr. Pierce's Favorties and ills—Dr. Pierce's Favorties and ills—Dr. Pierce's favorties and the suffer of th

Sentenced to "Skid5o."

When Judge Frank Grass, of Mun-cie, Ind., told Thomas Pellan, an Engcie, Ind., told Thomas Pellan, an Englishman, before the court on a charge of intoxication, to "skidoo," the young man thought it was a sentence imposed on him and he burst into tears. He had just concluded a plea for his own release, promising to leave town at once if permitted to do so, and the court replied "Skidoo!" With considerable detail the meaning of the slang word was explained to the Englishman, whereupon he thanked the court, and "skidooed."

Her Little Hint.

Her Little Hint.

The full moon flooded the porch with shafts of steel blue rays. It was late, but he showed no signs of departing. "It has been said," he remarked dreamily, "that he moon is dead."

"Is that any reason," she inquired, with a yawn, "why we should sit up with the corpse.

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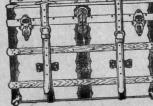
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ALEX. GREGORY, See 7.

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