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FARM MACHINERY
If you have any pieces of machinery which are too small for your present uses, let some of the many thousands of new farmers know about it. They have machinery to buy and it will enable them to get it at a much lower price than from the dealers and make you more money than selling it for scrap iron. A small ad. on our Farmers' Market Place page will do the trick.

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Sunshine

The Grain Growers' Sunshine Guild

WHAT DO YOU THINK OF A MOTHERS' NUMBER?

We're thinking of having a Mothers' Number some time in March, when we would give up both the Homemakers and Sunshine sections entirely to the discussion of mothers' problems. If you like the idea and have anything you would like to appear in it send it along now. All we need for carrying out the idea is your co-operation.

If we have the Mothers' Number we would like it to be full of such useful suggestions that women will want to cut the pages out and paste them in their scrap books.

Now, I want to tell you one and all that Agnes has found a home and it would not be fair to expect her to write to all the disappointed ones as she must have received nearly eighty letters.

A number of our readers wrote to me concerning the girl's parentage. I know no more about the people who write to this column than the readers do and it is impossible for me to undertake to answer the piles of letters of this kind that come in every week. I will be glad to forward any letters you care to send if you enclose them in a plain stamped envelope and send them to me with a note saying for whom they are intended, but I can't promise to investigate the characters of the correspondents.

I have to acknowledge a gift of ten dollars to the Sunshine Fund from an absolutely unknown source, but hope that the sender will see this and accept our thanks.

I must apologize to Friend No. 2 for my seeming neglect of her query as to the address of the Handicraft Guild, but it was crowded out of our second last issue. The address is 586 St. Catherine's St. West, Montreal. There is also a Woman's Exchange in Toronto which might handle your work. I don't know the address, but I think The Woman's Exchange, Toronto, would find them.

FRANCIS MARION BEYNON.

PREVENTING CONSTIPATION

Dear Miss Beynon:—I am quite interested in your department and thought I would like to join the circle. I feel sorry for those who have so many trials and trouble, with their people at home. I often wonder if we do not get too melancholy about our troubles. I really think I have been sometimes, then I think of the following verse:

What a friend we have in Jesus,
All our sins and griefs to bear,
What a privilege to carry
Everything to God in prayer.
Oh! what peace we often forfeit,
Oh! what needless pain we bear,
All because we do not carry
Everything to God in prayer.

There are so many comforting hymns which come to me sometimes. There is another verse I like, too, which is as follows:

Come, ye disconsolate, where'er ye
languish;
Come to the mercy seat, fervently kneel;
Here bring your wounded hearts, here
tell your anguish;
Earth hath no sorrow that heaven
cannot heal.

The last line is really very sweet. Well, perhaps I may give a few of my household hints as I see some others do. I find flour sacks (the 100 lb. size) make good pillow cases, also sugar sacks, which I take and sew two together to make dish towels. I have made an apron out of sacks and I guess some other articles could be made from them, too.

I have a book called "Tokology" which is a good medical book for women. It is written by Alice B. Stockham, M.D. Also I have the book entitled "For Girls" which I had when I was quite a young girl. It is a good book for girls. It is written by Mrs. E. R. Shepherd.

I think some medical books should be in every home and children should have a knowledge of things which may save them suffering in later years.

I have one little girl about fourteen months old and she has been fed on cows' milk since she was three months old. I beat raw egg and put a teaspoonful in her milk each time which has kept her bowels regular. Some children are so troubled with constipation, but my baby

has never had a dose of castor oil yet. Nearly all medical books say children have to be kept dosing if you once get started, but it is better to use a syringe or some natural means to move the bowels regularly. It is certainly worth trying and any one will be repaid by doing so, because the children will not suffer from so much dosing of medicine, which is more harmful than good.

Well, I must not trespass on your time any longer.

Yours truly,
"HOPEFUL."

HAD GOOD CROPS

Dear Miss Beynon:—I am sending (20) twenty cents in stamps for which I would be very thankful to get the pamphlets on "Maternity," "How to Tell the Truth to Children" and "The Most Beautiful Story in the World." I would like "Mother and Babe" too, but do not know the price. However, I will send ten cents extra and if that is not enough please let me know and I will send the balance.

I am glad to say that our crop turned out very good this year. I hope that there are not so many who suffer from frost this year as last.

I, like February and many others, have compassion and pity on the poor fallen girls. I think we all know of some one who has fallen and I for one cannot help but pity them, and if girls would only stop and think about the innocent children they are apt to bring into the world and which are so often looked down on, I think it would be a hard fight before they would yield to temptation.

We have a little son not yet two years. But I think we should be prepared to satisfy their curiosity in regard to life.

You will be thinking, dear Sunshine, that this letter is nothing but "thinks." But it is thoughts as well as words that help to make life more beautiful and better. I love the fall of the year, so will sign myself,

AUTUMN.

We have no book entitled "Mother and Babe," the only one being "Maternity," which is sold at five cents a copy.

F. M. B.



SIMPLE MODELS FOR SCHOOL WEAR
7505—Girl's Dress, 10 to 14 years. With Four-Gored Skirt, Round or High Neck, Elbow or Long Sleeves, with or without Revers, Cuffs and Trimming Bands. 4 yards 36, with 1 1/4 yards of banding to trim as shown in front view, 3/4 yard 27 to trim as shown in back view, for 12 year size.
7499—Child's Russian Dress, 2 to 6 years. With Square or High Neck, Short or Long Sleeves, with or without Bloomers. 2 1/4 yards 36 for dress, with 1 yard 27 inches wide for trimming, 2 yards 36 inches wide for bloomers, for 4 year size.
7540—Girl's One-Piece Dress, 6 to 12 years. With Elbow or Long Sleeves, Square or Round Collar. 3 1/4 yards 36, for 10 year size.
7512—Boy's Sailor Blouse Suit, 6 to 10 years. With Round or Square Collar, Knickerbockers that can be finished with knee bands or Hems and Elastic. 3 3/4 yards 36, with 1 1/2 yard 27 inches wide for collar and cuffs, 6 1/2 yards of braid, for 8 year size.
7102—Boy's Blouse Suit, 8, 10 and 12 years. With Round Collar or Neck Band. 3 1/4 yards 36, for 10 year size.

The above patterns will be mailed to any address by the Fashion Department of this paper, on receipt of ten cents for each.

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