

Cost and Service

The two factors considered before a purchase is made.

Steel Truss Barns

measure up to every requirement. They are as sturdy as a skyscraper. They have no cross-beams to hinder unloading or mowing away. They are fire and lightning-proof. They have metal clad, roller doors, lift roof-lights, sliding side windows and "Acorn" ventilators. The cost will compare favorably with a wood frame barn.

Send for a copy of new book, "The Steel Truss Barn."

The Metal Shingle & Siding Co., Limited
Preston, Ont. Montreal, Que.



MAIL CONTRACT

Sealed Tenders, addressed to the Postmaster General, will be received at Ottawa until noon, on Friday, the 22nd of September, 1916, for the conveyance of His Majesty's Mails, on a proposed Contract for four years, six times per week, over London No. 7 Rural Route, from the 1st of October, next.

Printed notices containing further information as to conditions of proposed Contract may be seen, and blank forms of Tender may be obtained at the Post Offices of London and London West, and at the office of the Post Office Inspector, London.

Post Office Department, Canada. Mail Service Branch, Ottawa, 11th August, 1916. G. C. Anderson, Superintendent.

CREAM

Where are you shipping now? And what are you getting for your cream?

We want more individual shippers and more men to gather cream for us.

Write for our proposition.

Silverwoods Limited
LONDON, ONTARIO

SEED WANTED

We are buyers of ALSIKE, RED CLOVER, ALFALFA, WHITE BLOSSOM, SWEET CLOVER, and TIMOTHY Seed. If any to offer send samples and we will quote you our best price F.O.B. your station.

TODD & COOK
Seed Merchants
Stouffville, Ont.

CREAM WANTED

Ship your cream to us.
We pay all express charges.
We supply cans.
We remit weekly.
We guarantee highest market price.

Ontario Creameries, Limited
London - Ontario

Band Instruments

WRITE FOR 2ND HAND LIST
BARGAINS

Thos. Claxton Limited
TORONTO. - ONT.

SHORTHORNS

FOR PRIVATE SALE

The very best strains, rich in color and quality. Three cows with calves at foot; ten heifers in calf, four young bulls.

A. H. CROZIER,
Box 16 Meadowvale, Ont.

Farm Training for Soldiers

In England.

Canadians are looking with considerable hope to the arrangements, made and making, to establish ex-soldiers as farmers.

First in order of importance, of course, must be the Dominion Government's plan. This, as the Prime Minister assured Sir Rider Haggard the other day, "Will be satisfactory to all those who have at heart the great purpose." For its details we must wait till Parliament meets.

Then there is the scheme embodied in the British Columbia "Soldiers' Homestead Act." This includes a free grant of land, and a loan of money for improvements to each soldier settler, with exemption from all except school taxes, and five years' exemption from seizure for debt.

There is also the scheme of the Canadian Pacific Railway, a development of the ready-made farm system, the Company devoting millions of dollars to this enterprise.

Most of the schemes proposed are for able-bodied men; and for general farm work an able body is as necessary as an able mind. But some forms of work on the land can be hopefully undertaken even by men more or less disabled.

The Government, through its Military Hospitals Commission, is already giving the men, at some of the convalescent institutions, instruction in gardening and poultry-raising; and a good deal of progress may be expected along these lines.

Canadians are therefore keenly interested in watching the similar experiments now being carried on in the Old Country.

In England, the first experiment in the program of training disabled soldiers for work on the land, started eight months ago at the Cheshire County Council's Agricultural College, and the result so far is regarded as most promising.

Some of the men have either lived in the country or worked on the land before, while others are town-bred; but all alike have shown considerable aptitude. They have been disabled in various ways. Two, for instance, have lost an arm each, and one a hand; but all three have shown themselves perfectly competent to do good work. In every case the country life, and work in the open air, have been of benefit to them.

The main endeavor has been to make the men good, all-round farmers. Some of them will be able to manage small farms of their own; others have obtained or are obtaining sufficient practical knowledge to assist in gardening, dairy-work, or poultry-raising. All spend much more time in actual work than in attending class room lectures; but they are learning a little botany and chemistry, and enough veterinary surgery for simple purposes. Some of the men have already been placed in good situations.

One of the most urgent requirements of our own country is that our returning soldiers shall be encouraged and assisted in every practicable way to seize the opportunities offered them for such training; and this will be available not only at the Convalescent Hospitals where a beginning can be made, but afterwards at the agricultural schools and colleges which have offered to instruct men, disabled from returning to their previous occupation.

The Government, as our readers will remember, makes special money allowances for the maintenance of the men and their families while this instruction is being taken.

In Canada.

From cities as far apart as Victoria and Quebec come reports of an interesting development in the training of our disabled soldiers.

Variety, of course, is always aimed at in their training by the Military Hospitals Commission; what one man is fit for, another is not. That is true even among able-bodied men. It is much more true among the disabled; for they are disabled in all sorts of different ways. A large number

"Golden Opinions"

"I have won golden opinions from all sorts of people."—MACBETH

The Mutual Life of Canada has just published a booklet of "Golden Opinions" contributed by the policyholders and beneficiaries of the Company—the third of this series.

Golden Opinions on Mutual Dividends Many of these testimonial letters refer to the profits which the Company is paying on its various policies. The Mutual of Canada is without a superior as a dividend payer. This is due to two things—economical management and "gilt edge" investments.

Golden Opinions on Payments of Claims Every day thousands of dollars are paid out to beneficiaries under policies made in their favor, the policyholders having passed away. From these beneficiaries come numberless letters thanking the Company for their promptness in settling their claims—not an hour is lost in placing the money in the hands of the beneficiaries when once the evidence of death has been received.

Golden Opinions on Mutual Endowments A great many of our policies are in the form of endowments which are payable to the assured if he outlives a certain term of years—but payable to his relatives should he die in the interval. These endowments have shown wonderful results owing to the profits paid in cash or allowed as a reduction of premium. All the way from \$120 to \$210 have been returned for every \$100 paid to the Company in premiums—the amount depending on the length of the endowment term.

Let us send you this interesting book of "Golden Opinions."

The Mutual Life Assurance Company of Canada
Waterloo, Ontario

501

AGRICULTURAL LIME

From the celebrated Beachville Quarries. Highest testing and purest lime in Canada. Why pay \$20 to \$35 per ton for your fall wheat fertilizer when we can give Ontario farmers the highest testing Phosphate and Lime ingredients to make two tons for \$20, analyzing 14.87% Phosphoric Acid and 50% Lime? Progressive farmers by thousands are using these high-grade materials for profitable, permanent agriculture. No high-priced soil stimulants for them. Our traveller will call if you are interested. Agents wanted in unrepresented districts.

THE HENDERSON FARMERS' LIME & PHOSPHATE CO., Woodstock, Ont.

Clydesdales We have still left some exceptionally good drafty stallions, ranging in age from one to eight years, prizewinners, including champions; also in-foal mares and fillies. There is a horse boom coming. Buy now.
SMITH & RICHARDSON, Columbus, Ont.

For Sale Two imported Clydesdale Stallions, one French coach and two Hackneys ranging in price from \$500 to \$1,200, on easy terms. All are show horses. Warranted sound and sure, good workers and quiet to handle.
HENRY M. DOUGLAS, ELMVALE, ONTARIO

ORCHARD GROVE HEREFORDS
Have several young bulls and heifers for sale. Satisfaction guaranteed.
L. O. Clifford Oshawa, Ontario

WOODLANDS BROWN SWISS AND PONIES

We have no Clydes. left for sale. Our special offering is Brown Swiss bulls, out of high-testing and big-producing dams. Strictly high-class. Also Shetland and Welsh ponies.

R. BALLAGH & SON GUELPH, ONTARIO

SHORTHORNS SHROPSHIRE CLYDESDALES

Have still on hand one bull fit for service by Newton Sort = 93019 =. Some good young things coming along. **WM. D. DYER, OSHAWA, ONT.**
A few young cows and heifers. Come and see them. **R.R. No. 3.**
2 1/2 miles from Brooklin, G.T.R. 4 miles from Myrtle, C.P.R. 4 miles from Brooklin, C.N.R.

Meadow Lawn Shorthorns We are offering a choice lot of bulls at very reasonable prices. An exceptionally good one sired by Clan Alpine 2nd, No. 88387. G. D. Donside Alexandra (imp.) No. 59513, and any one wanting a right good herd header would do well to secure this bull, as he is a smooth, well proportioned fellow that attracts attention at first sight.
F. W. EWING, G.T.R. and C.P.R. R.R. No. 1. ELORA, ONTARIO

Walnut-Grove Shorthorns Sired by the great sire, Trout Creek Wonder and out of Imp. cows and their daughters of Pure Scotch breeding, and others Scotch topped. For sale are several extra nice young bulls and a few heifers. Let us know your wants.
DUNCAN BROWN & SONS, R.M.D. SHEDDEN, ONT., P.M. & M.C.R.

Willowbank Stock Farm Shorthorn Herd Established 1855. This large and old established herd has at the head the two great bulls: Imported Roan Chief = 60865 =, a butterfly of either sex. Splendid condition. Good families of both milking strain and beef. **JAMES DOUGLAS, Caledonia, Ont.**