

lasting participation in the Sacrament of the new life, the divine life must consecrate, assure and confirm it. Since you want to begin to serve God, why delay so long in receiving Him, why defer it from day to day, for months perhaps. You say you are not worthy ; but just because you think so, you begin to be less unworthy, and besides greatly need this life-giving food.

The state of grace, freedom from mortal sin, is of absolute necessity. For the rest, trust the merciful Christ, who in giving Himself to you will purify you ever more and more, and believe me, it is only by good and holy communions that you will become holy and happy. Try to bear in mind, you do not receive the Son of God to sanctify Him. It is He who will sanctify you. and finish by His presence, what He began by His grace.

Pharisees in their pride or Jansenism will no doubt censure the conduct of the Saviour and His ministers and gravely say : How times are changed, how discipline is relaxed. See the ease with which Priests allow sinners to approach the Holy Table." Heed them not ! Jesus will defend us, as He did, His disciples, and so many others : " The sick need the physician, not those who are well." Can you not, with St Francis de Sales, reply to those Christians who are scandalized at seeing former sinners go to communion weekly, and imperfect souls still oftner, can you not say to them : " Two classes should communicate often ; the perfect because being well disposed they would do wrong not to approach the source of perfection, and the imperfect in order that they may become perfect." Always add that you class yourself among the latter.

Jesus first gathered around Him disciples and afterwards choose His Apostles who were to follow Him, share His labours and continue His work. After having spent the night in prayer He choose twelve ; Peter, Andrew etc,... even Judas. What Jesus began by the Eucharist He continues and completes by the Eucharist. All His nights are spent in prayer and some morning He discloses His will to a chosen soul whispering : Come, follow-me in religious life, and like the Apostles that fervent Levite is invested with the sacerdotal cha-