

WOMAN IN TERRIBLE STATE

Finds Help in Lydia E. Pinkham's Vegetable Compound.

Cape Wolfe, Canada.—“Last March I was a complete wreck. I had given up all hope of getting better or living any length of time, as I was such a sufferer from female troubles. But I took Lydia E. Pinkham's Vegetable Compound, and today I am in good health and have a pair of twin boys two months old and growing finely. I surprised doctors and neighbors for they all know what a wreck I was.

“Now I am healthy, happy and hearty, and owe it all to Lydia E. Pinkham's remedies. You may publish this letter if you like. I think if more women used your remedies they would have better health.”—Mrs. J. T. COOK, Lot No. 7, Cape Wolfe, P. E. I., Canada.

Because your case is a difficult one, and doctors having done you no good, do not continue to suffer without giving Lydia E. Pinkham's Vegetable Compound a trial. It surely has remedied many cases of female ills, such as inflammation, ulceration, displacements, tumors, irregularities, periodic pains, backache, and it may be exactly what you need.

The Pinkham record is a proud and peerless one. It is a record of constant victory over the obstinate ills of women—ills that deal out despair. It is an established fact that Lydia E. Pinkham's Vegetable Compound has restored health to thousands of such suffering women. Why don't you try it if you need such a medicine?



\$3.50 Recipe Free For Weak Kidneys

Relieves Urinary and Kidney Troubles, Backache, Straining, Swelling, Etc.

Stops Pain in the Bladder, Kidneys and Back

Wouldn't it be nice within a week or so to begin to say goodbye forever to the scalding, dribbling, straining, or too frequent passage of urine; the forehead and the back-of-the-head itches, the stitches and pains in the back; the growing muscle weakness; spots before the eyes; yellow skin; sluggish bowels; swollen eyelids or ankles; leg cramps; unnatural short breath, sleeplessness and the despondency?

I have a recipe for these troubles that you can depend on, and if you want to make a quick recovery, you ought to write and get a copy of it. Many a doctor would charge you \$3.50 just for writing this prescription, but I have it and will be glad to send it to you entirely free. Just drop me a line like this: Dr. A. E. Robinson, K2045 Luck Building, Detroit, Mich., and I will send it by return mail in a plain envelope. As you will see when you get it, this recipe contains only pure, harmless remedies, but it has great healing and pain-conquering power.

It will quickly show its power once you use it, so I think you had better see what it is without delay. I will send you a copy free—you can use it and cure yourself at home.

Every Woman is interested and should know about the wonderful **MARVEL Whirling Spray**. The new Vaginal Syringe. Best—Most convenient. It cleanses instantly. Ask your druggist for it.



If he cannot supply the MARVEL, accept no other, but send stamp for illustrated book—sent. It gives full particulars and directions invaluable to ladies.

WINDSOR SUPPLY CO.,
Windsor, Ont. General Agents for Canada.

Likes the W.H.M. Best
Sask., May, 1913.

Dear Editor:—I have been a subscriber to your paper for nearly six months and I would not be without the W.H.M. There are seven different papers taken into our house, and I think it beats them all. I like the correspondence column fine. In reference to a letter of “Fern's,” in March issue, on a man's moral standing, I think a friend such as “Fern” speaks of is a great help, especially one's mother. Boys, if your mother is alive take care of her—she is your best friend. I did not realize what a mother was until I lost mine. I am a total abstainer, but I have a different opinion as regards dancing and a quiet game of cards. I also smoke once in a while. I like correspondence and would answer all letters. My address is with the Editor. I would like to hear from “Girlye,” if she would write first.

Slim.

More News From Dido

Medicine Hat, June, 1913.

Dear Editor:—I'm here again, if you will allow me to “butt” in, and I'll tell you right now I have got some criticizing to do in this month's issue. Well, now, “Teetotaler” I guess you've got millionaires and homesteaders mixed up pretty well. There is not much chance of millionaires wanting to be homesteaders, but there are quite a few who would be vice versa. You are right when you say “one can get some queer ideas, in the W.H.M. letters,” look at your own? A couple do not have to wait until the money is made, but it is a dead certainty, you cannot keep a wife on nothing. Therefore, you have got to wait to get sufficient means whereby to start comfortably, and more especially if he is a homesteader. When a man has made his fortune, he can live pretty nearly where he likes, but if a girl has to wait till then, well I feel sorry for the poor girls that's all, and I guess some of them will have made their own fortunes first. You say that you have tried waiting, and found it no good, still you say you are better off than when you started. That's a conundrum. I've come to the conclusion, that you can only see one side of the feminine question and that you must be a bachelor, and also a woman hater. I have corresponded with a few, who wished to receive letters, but I don't get any answers, so now I am going to quit wasting stamps, and put it through the column instead. The nicest girls that I have ever met in Canada are in Manitoba, (south) around Brandon, Elgin, Minto, and I have been in a few places in Canada. Old Weary William has a little advice to give which ought to help some of the younger married people a little. As regards “Templar's” letter, I have been a teacher in the art of dancing, and I say again, it is a great pastime. The individual gains happiness from it, and the community gain good, either directly or indirectly, for example, a dance may be given for the benefit of some people, deserving in some way. Then the person who dances gets a certain amount of pleasure from it. I know there are failures attached to most things. Drink is not made for man to spend all his money in, or make a glutton of himself, but a glass of beer taken in moderation will hurt no man. Well, Scotch Bluebell, I'm glad you have a little sympathy for the poor bachelor, myself included, but I can cook a good meal and make pastry, and do most of the cooking for four of us. I say, take a wife when you can keep her comfortable, but not luxurious, nor yet hungry. I do not agree with “Joyful Reader” that the name of our club should be “Westerners' Club.” What about the easterners', how would it suit them? I will write to “Western Bell” as she desires to hear from someone who has travelled a little. I think this sufficient, and will sign myself,

Dido.

Miller's Worm Powders destroy worms without any inconvenience to the child, and so effectually that they pass from the body unperceived. They are not ejected in their entirety, but are ground up and pass away through the bowels with the excreta. They thoroughly cleanse the stomach and bowels and leave them in a condition not favorable to worms, and there will be no revival of the pests.

How The Body Kills Germs.

Germs that get into the body are killed in two ways—by the white corpuscles of the blood, and by a germ-killing substance that is in the blood. Just what this substance is, we do not know. The blood of a healthy person always has some germ-killing substance in it to ward off the attack of disease. The fountain head of life is the stomach. A man who has a weak and impaired stomach and who does not properly digest his food will soon find that his blood has become weak and impoverished, and that his whole body is improperly and insufficiently nourished. To put the body in healthy condition, to feed the system on rich, red blood and throw out the poisons from the body, nothing in the past forty years has excelled Dr. Pierce's Golden Medical Discovery, a pure glyceric extract (without alcohol), of bloodroot, golden seal and Oregon grape root, stone root, mandrake and queen's root with black cherrybark.



J. H. MARTIN, Esq.

“My husband was a sufferer from stomach trouble and impure blood,” writes Mrs. JAMES H. MARTIN, of Frankfort, Ky. “He had a sore on his face that would form a scab which would dry and drop off in about a month, then another would immediately form. It continued this way for a long time. He tried every remedy that any one would suggest but found no relief. He then tried Dr. Pierce's Golden Medical Discovery which completely cured him. He has stayed cured now for two years, and I recommend this valuable medicine for impurities of the blood.”

Dr. Pierce's Pleasant Pellets regulate and invigorate stomach, liver and bowels. Sugar-coated, tiny granules.

ARE YOU A Strong, Vital Man?



Believe me, reader, when I say to you, it is not a matter of stature which makes a man strong and vigorous. A tall man may be weak and unmanly, or a small man may be a giant of power in his community. No matter whether you are small or large, no matter whether you are young or elderly, no matter what past indiscretion or act of folly may have sapped your courage and left you weak, nervous, unstrung, unmanly, I say to you in all seriousness, if I can be sure that you will help yourself and help me by following the dictates of Nature's laws—that is if you really WANT to become strong again and will thus cease now and forever the practice of any excesses or indiscretions which you may be indulging; in other words, if you will lead a decent, manly man's life, be true to yourself, then under these fine conditions I promise you as man to man that I can resupply your system with an abundant VITALITY or VITAL VIGOR, you should build up and develop into a strong, virile human being, with the same force and manly vigor that you see displayed in other full-blooded fellows about you. Vitality is the greatest single power in the world, and without it debility and weakness must prevail. Take my word for it, my friend for I know whereof I speak. Over 200,000 debilitated men have written to me of their ailments during the past twenty years.

My little book, which I send free to men, goes into this matter of vitality thoroughly, and should be read by all men, single or married. It fully describes my HEALTH BELT with suspensory at-

tachment, a light, inexpensive appliance which you place comfortably around your waist upon going to bed and wear until morning. Thus while you sleep, it is continually sending a great, soft, potent stream of real VITALITY and MANLY STRENGTH into your nerves, organs and blood night after night, while you sleep. It often takes the pain or weakness out of your back in one application—then before you realize that time is passing you commence to feel better, stronger, more ambitious, more manly, and will answer “never felt better in my life” to your friends' greetings, while they in turn will secretly marvel at the great change in your appearance. I have seen this work out in thousands upon thousands of cases before you. Remember, I am not asking you to buy a HEALTH BELT now, but merely want you to send for the book, then when you have thought the matter over, I will gladly make some proposition whereby you can use a HEALTH BELT if you want to, but first get the book.

ALL men and women are naturally drawn to and fascinated by the truly VITAL man, because he radiates his power and vigor, as you know if you have observed the bright men in any assemblage. The weakling must stand aside. There are no drugs or medicines to take in connection with my HEALTH BELT. Simply wear it and absorb its wonderful health giving power. With special attachments it is a fine treatment for rheumatism, kidney, liver, stomach, bladder disorders and general ill-health.

Let me send you THIS BOOK FREE

Fill in the coupon; let me send you at once my free booklet in plain sealed envelope; it is profusely illustrated with half-tone photos; keep it in your pocket for easy reference; read the chapter on Vitality; read the chapter on Debility; read the chapter on those subjects which

interest every man, young or old, who would be strong in manly vigor. It is a word of hope, a carefully written, interesting book, which should be in everyone's possession. Therefore send today. If in or near this city call at my office. Hours, nine to six.



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