

**CARRY OUT THE ORDERS
OF THE
CANADA FOOD BOARD**

**Save Sugar
BY USING**

**CROWN BRAND
CORN SYRUP**

Not only a choice table Syrup—can be used for all Baking

**Save Wheat
BY USING**

**BENSON'S
CORN STARCH**

Makes dainty Pie Fillings, Blanc Mange, Puddings and Custards, and can be used in Bread making.

"CASCO"

Refined Potato Flour

Makes delicious Cake.

MANUFACTURED BY
THE CANADA STARCH CO. LIMITED - MONTREAL



The tag on good alarm clocks

THERE are two sure ways to identify a good alarm clock: the name *Westclox* on the dial, and the orange and buff *Westclox* tag attached to the ring.

When you find these quality marks you know your new alarm clock is a good time-keeper, the kind you need in times like these.

All *Westclox* alarms have the patented *Westclox* construction. They all run on time and ring on time.

Western Clock Co. - makers of Westclox
La Salle, Ill. U.S.A. Factories at Peru, Ill.

Westclox

- the trade-mark on the dials of good alarm clocks

THE FACT THAT AN ARTICLE IS ADVERTISED IN THE WESTERN HOME MONTHLY MEANS THAT IT IS EXACTLY WHAT IT IS REPRESENTED TO BE.

formed deeds, the glory of which has rarely been equalled, never excelled, and which will never be forgotten while history itself lasts. Your sons have done, are doing, and will continue to do their full duty at whatever cost to themselves. See that you fail not in the accomplishment of yours.

From Lieutenant-General Sir R. E. W. Turner, V.C., K.C.M.G., D.S.O., Canadian Headquarters, London.

"At this crisis in the great world struggle, the thoughts of Canada's soldiers turn towards their Homeland. The existence and success of every army is dependent upon the support from the nation behind it, and the support which the people of Canada have given to their Forces in the field is magnificent and inspiring. However great this has been

places ore and makes a rich vein poor. The Chicago News has an anecdote of the late Clarence King, who was sent to inspect a mine in the far West.

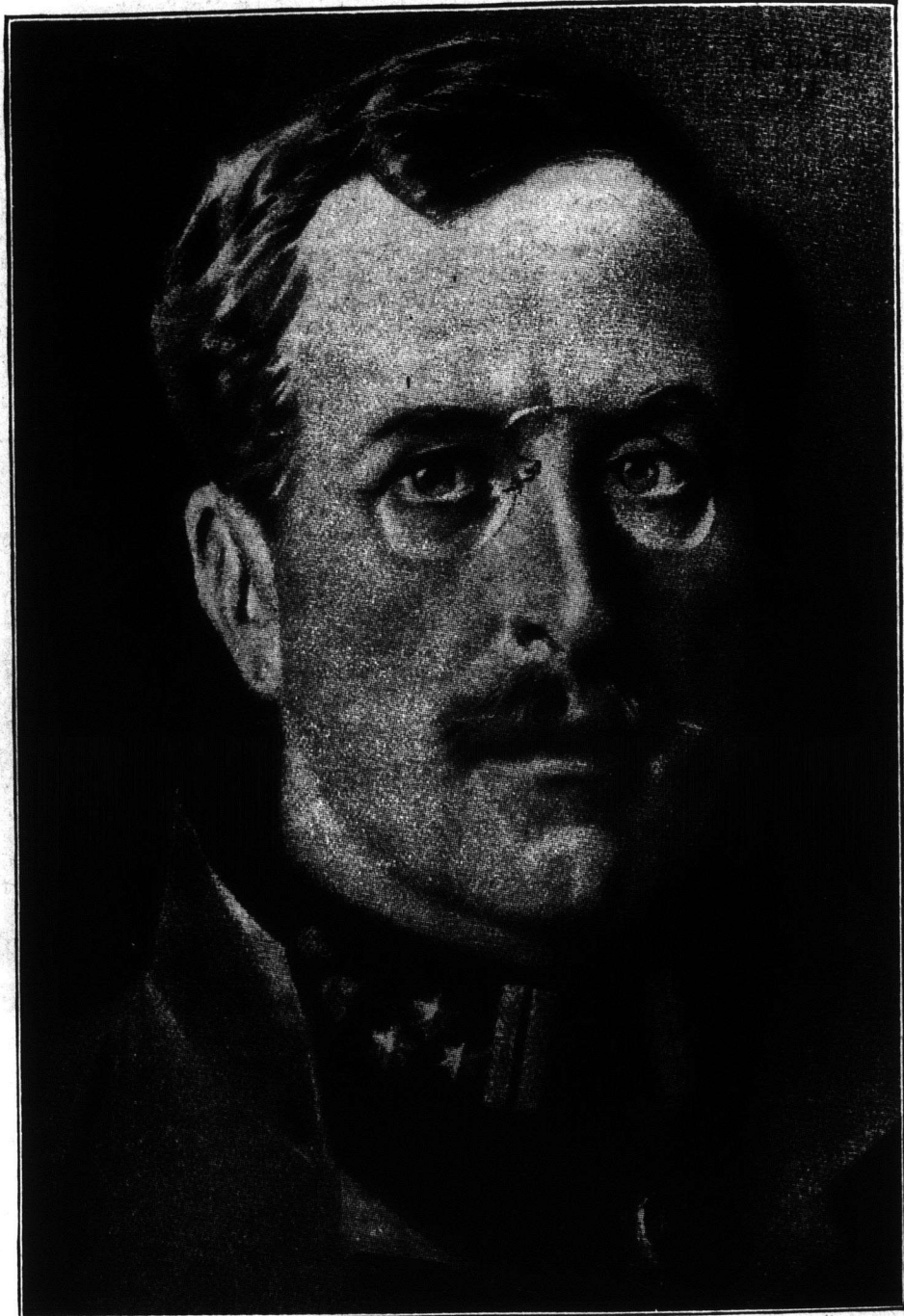
One of the owners telegraphed King to visit the mine immediately and telegraph the results of his examination, especially in regard to an alarming rumor that the value of the vein has been much impaired by finding in it a very large "horse."

When King came out of the mine after his inspection, he found another telegram waiting for him from his impatient friend, asking, "Is it true there is a 'horse' in the mine?" To which he promptly replied:

"The mine is a perfect livery stable."

The Better Deed

He was a colonel of the old school, says the New York Evening Post, and, al-



THE HERO KING OF EUROPE

In the world crisis the figure of Albert I of Belgium will stand out as the Hero King. It was his decision on the memorable Sunday, August 2, 1914, when he declared for honor and not for temporary immunity from strife, that supplied the keynote to the great struggle. The decision to do the straight thing, taken quickly at the moment when the foe was thundering at the gates of his little kingdom, has been resolutely upheld during four years of anxiety, suffering and deprivation, within sight, too, of the torture to which his loyal people have been subjected.

in the past, Canada must be prepared to face further trials and further sacrifices.

"The future Peace of the world is still at stake, and it will take very effort of all who prize liberty to overcome and overthrow the German autocracy, which is striving to crush everything that stands for Home and Freedom.

"An inconclusive Peace means the betrayal of the next generation. The spirit that animates every Officer, N.C.O. and Man serving in the Canadian Forces overseas is of the highest and the future is regarded with every confidence. True to the flag, and true to one another, Canada's sons will emerge from the conflict with the knowledge that they have fought for the highest ideals in the Universe, God—Country—and Right."

"Horse" is the miner's term for a body of worthless rock which sometimes dis-

though suffering from chronic financial embarrassment, he could always find the proverbial friend in need.

Meeting an old comrade one day, he asked the loan of \$5. "I shall need it for a short time only; a tradesman has grown rather insistent," he said. His friend had not \$5 in change, but gladly pressed a \$10 bill upon him.

The colonel expressed his thanks, then asked, "And how is your charming wife to-day?"

"Not at all well, I am sorry to say," was the answer.

"And no appetite, I'll venture. Perhaps some of these hothouse grapes may tempt her."

Whereupon he stopped at a near-by stand, purchased a basket of rare fruit, paid the \$5 the dealer asked out of his newly acquired \$10, and walked jauntily to the gate of his friend's home, carrying the basket.