

# Redpath SUGAR



2 and 5 lb. Cartons—  
10, 20, 50 and 100 lb. Bags

When you pay the price of first quality sugar, why not be sure that you get it? There is one brand in Canada which has no second quality—that's the old reliable Redpath.

"Let Redpath Sweeten it."

Made in one grade only—the highest!

## What Did We Plant in Our Vegetable Garden?



What vegetables do these pictures represent?

WHEN your answers to this interesting puzzle are received we shall gladly mail you without cost a sample copy of the latest issue in order that you and your friends may become acquainted with this great new publication and realize the place in Canadian Home Life that RURAL CANADA now occupies.

It is entertaining as well as instructive. It abounds in fine short stories, timely articles, fashions, embroidery, crochet work, recipes, a children's page, a family doctor and many other fine features. Its editorials are inspiring and uplifting. In short, take RURAL CANADA to your heart. You and your friends will be glad to make the acquaintance of so bright, interesting and good a magazine.

### Follow These Simple Rules Governing Entry to the Contest

WRITE on one side of the paper only. On one sheet of paper put your answers to the puzzle pictures, with your full name and address, stating Mr., Mrs. or Miss in the upper right hand corner. Anything other than this must be on a separate sheet of paper.

Boys and girls under ten years of age are not allowed to send answers to this Contest, because

TO help win the war we must all produce, so every patriotic Canadian has a vegetable garden this year. We have a fine assortment of vegetables in our garden, and if you will study the pictures at the right you may be able to discover what we are growing. Each of the pictures represents a common vegetable that you all know. Here are two examples from the series our artist drew and we will tell you that No. 1 is Cauliflower (Call-eye-Flower) and No. 8, Beets (Bee-eats). Now see if you can solve the rest and when you have them all, write your solutions on a sheet of paper and send them to us.



### This Contest is Free of Expense to All

YOU do not spend a single penny of your money, nor will you be asked to buy anything in order to enter this great Contest and win the Chevrolet Car or a fine prize. The Continental Publishing Co., Limited, one of the strongest and best known publishing firms in Canada is conducting this interesting Contest in order to quickly advertise and introduce "RURAL CANADA for Women" the wonderful new magazine for Canadian Farm Folk and land-lovers everywhere.

RURAL CANADA is different entirely from any other Canadian Farm Paper, because it is edited and published mainly for the women folk in our Canadian farm homes.

AS soon as your answers are received we shall write and tell you how many of the names you have solved correctly, and send you free a copy of this month's fine issue of RURAL CANADA. Then when you know your standing for the big prize you will be



What vegetables do these pictures represent?

asked to help us advertise and introduce RURAL CANADA in your neighborhood by showing your copy of the new magazine to just four of your friends and neighbors who will appreciate the worth and high purpose of RURAL CANADA and want it to come to them every month. State your willingness to accord us this simple favor when you send your answers. It will only require a few minutes of your time and you are guaranteed and will be sent at once a big cash payment or valuable reward for your trouble. If you wish we will gladly send you extra sample copies to leave with your friends to read.

asked by the judges to be nearest and best written. (Spelling, punctuation and style of entry also being given consideration). A contestant may send in as many as three sets of answers to the puzzle, but only one set may win a prize and not more than any one prize will be awarded one family or household. The Contest will close December 31st, immediately after which the judges will award the prizes. Send two two-cent stamps to pay postage on your five sample copy of RURAL CANADA, prize list, etc.

### 1st PRIZE



5 Passenger  
Chevrolet

## Touring Car

And More than \$1,000.00 in Handsome Prizes to be Awarded

THE BIG PRIZES include this magnificent \$750.00 Chevrolet Car, a \$150.00 Upright Piano, a Dandy Hotland Pony and Cart, a High Grade Bicycle, \$40.00 Clare High Oven Range, Singer Sewing Machine, Phonograph and Records, Waltham Watches for men and women, Standard Cream Separator, 1000 Washing Machine, Perfection Oil Range, Books, Cameras, Bread Mixers, Mantle Lamps, Sporting Rifles, and a host of other big valuable prizes too numerous to mention here.

WE WILL SEND YOU THE BIG COMPLETE ILLUSTRATED PRIZE LIST

Address your solutions to

THE CONTEST EDITOR, RURAL CANADA & CONTINENTAL BLDG., TORONTO

flower show coming this month we expect this also to be a busy month.

BELLE STONE,  
Secretary.

### A NEW ORGANIZATION

Three Hills reports a new U.F.W. with Mrs. C. M. Flett as secretary. Mrs. Paribby, the president, visited there on July 9 and held a successful meeting, with the above result. Success to them! L. R. B.

Gleichen sends the following:—  
The U.F.W. was organized in Gleichen May 12, 1917, with 12 members. Mrs. Wm. Walsh, president; Mrs. John Buckley, vice-president; and Mrs. R. B. Hayes as secretary. Mrs. Paribby gave an address to the U.F.W., June 29, 1917, and a social afternoon was arranged for July 17. We have held no separate meetings yet, but hope to soon. L. R. B.

### CARSTAIRS U.F.W.

Carstairs U.F.W. reports a membership of 35, and an egg circle with a steadily growing membership. The eggs are handled by the co-operative merchant. The proceeds of two lunches which were served brought \$46.60. Red Cross work is claiming considerable attention and there is an interesting program as well. L. R. B.

Mrs. Cartwright, Gwynne, reports:—  
A benefit dance was given at the home of Mrs. Cartwright in June by the women of the Gwynne U.F.W.A. and neighboring women for the Red Cross Fund. The music was kindly donated by members of the U.F.A. and others. During the evening ice cream, cake, sandwiches and coffee were served and \$62 was taken in. The expenses were \$17, leaving the sum of \$45, which we would like sent to the Red Cross Fund. Our little club is prospering and we expect to help more in the future.

DOES THIS LOOK UNPATRIOTIC?  
Asker raised \$200 for Red Cross during the month of June. These are busy farm people too, but they realize that they have a duty in this great struggle. I wonder how the idea got abroad that the farm people of Alberta are unpatriotic? L. R. B.

### STUDYING INTERNATIONAL RELATIONS

Gough Lake U.F.W., one of the latest to line up with us, is taking up the study of International Relations. They have ordered four books on the subject:—An Introduction to the Study of International Relations; The War and Democracy; After the War; The Problems of the War and Peace. All of these are by well known authors. L. R. B.

Any farm woman who is desirous of having an auxiliary in the organized farmers in her district should communicate with the provincial secretary of the province as follows:—  
Manitoba, Mrs. R. C. Wicks, Mount Pleasant; Saskatchewan, Mrs. Violet McLaughlin, Fort St. John; Alberta, Mrs. R. M. Barrett, Minn.

### HOME MADE SOAP

Grandmother knew how to make use of left-over fats and greases and she kept the kitchen supplied with a useful grade of home made soap.

Here's the way she did it: She saved all the "drippings" and kept them in a large earthenware crock and at the end of each month she made them into soap. First she put all the fat into a large kettle on the back of the stove, and when it was all melted she cut up a large raw potato and dropped it in to purify it; then she let the fat cook slowly until all the water was evaporated or until it stopped sputtering. When the fat was pure she strained it through several thicknesses of cheese-cloth, or if she wanted it whiter she strained it through charcoal or clay.

She made a soda solution of one pound of pure caustic soda dissolved in five pints of water and mixed in 14 ounces of this solution to each pound of pure warm fat, and she stirred the mix until smooth. Then she poured the mixture into pans or boxes lined with greased paper and put it away in a dry place to harden.

A number of meetings of electors are being held at various points throughout Western Canada in favor of the establishment of a national government pledged to a strong win-the-war program. Resolutions calling for the union of all parties endorsing compulsory military service are being passed.