

## APPENDIX B.

## NOVA SCOTIA HOSPITAL FOR THE INSANE.

## TRAINING SCHOOL FOR ASYLUM NURSES.

The authorities of the Hospital for the Insane, having decided to establish a training school for nurses, offer to give women desirous of becoming professional nurses, a course of training in general nursing, with special reference to the care of cases of nervous and mental diseases.

Those wishing to receive such a course of instruction must apply to the Superintendent of the Hospital for the Insane, Halifax, N. S.

The most desirable age for candidates is from twenty-one to thirty-five years. They must be in sound health, and with their application must send a certificate from some responsible person, testifying to their good health and moral character.

Successful applicants will be given one month's probation, at the expiration of which they will, if accepted, sign an agreement to complete the prescribed course of two years. The nurses in training reside in the hospital, and serve as assistant nurses in its wards. In case of misconduct or inefficiency they are liable to dismissal at any period of the course.

The instruction will include the general care of the sick; the managing of helpless patients in bed, changing bed and body linen, making of beds, etc.; giving baths, keeping patients warm or cool, preventing and dressing bed sores; bandaging, applying of fomentations, poultices and minor dressings; the preparing and serving of food, the feeding of helpless patients, and those who refuse food; the administration of enemas and use of the catheter; attendance upon patients requiring diversion and companionship; the observation of mental symptoms, delusions, hallucinations, delirium, stupor, etc.; and the care of excited, violent and suicidal patients.

They will also be given instruction in the best practical methods of supplying fresh air, warming and ventilating sick rooms in a proper manner, and taught to take proper care of rooms and wards, in keeping all utensils perfectly clean and disinfected, etc.; to observe the sick