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For Constipation Constipation is the chief cause of piles. By an entirely new principle Nujol softens the food waste without forcing or irritating. This prevents straining and enables the many tiny muscles in the walls of the intestines, contracting and expanding in their normal way, to squeeze the food waste along and out of the system. It is absolutely harmless and pleasant to take. Try it. The Modern Method of Treating an Old Complaint Clockwork ujol



CHARTER GRANTED TO KIWANIANS OF

Representatives of Other Ontario Clubs Guests At Big Banquet.

MANY CONGRATULATE

Mayor, Rotary Glub Officials Bring Greeting—Aim To Hold Guests At Big Bring Gr

that capacity, told the club how to attract the members to the meetings. "Variety is what is needed. At our club we have had speakers on every ecnceivable subject, and it has proven every successful, as well as educational. There is success in variety. You cannot expect the members to attend unless you have good speakers," he said. President A. J. Mitchell of the London don Club introduced Mayor E. S. Little to the Kiwanians. His worship was received with great applause. In a short address, he said that the Kiwanis Club could not be big enough. Service is what is demanded today, as the country is going through a period of reconstruction, and there are big problems ahead of us. It will take every man, woman and child to solve them. He congratulated the London and visiting gentlemen. "You have an organization which will do great work in the city, and I wish to thank you on behalf of the citizens of London," he added.

The international past-president, gave an intercesting address on what the Kiwanian Clubs have been doing. "Remember this," he said. "that the Kiwani and past-president, gave an intercesting address on what the Kiwani and as you meet week by week in assembly have home doing. "Remember this," he said. "that the Kiwani and past-president, gave an intercesting address on what the Kiwani and woment lies basically in the individual, and as you meet week by week in assembly have home doing. "Remember this," he said. "that the Kiwani movement lies basically in the individual, and as you meet week by week in assembly have home doing. "Remember this," he said. "that the Kiwani movement lies basically in the individual, and as you meet week by week in assembly have home doing. "Remember this," he said. "that the Kiwani movement lies basically in the individual, and as you meet week by week in assembly have home doing. "Remember this," he said. "that the Kiwani movement lies basically in the individual, and as you meet week by week in assembly have home doing. "Remember this," he said. "the this problems are t

The international past-president, gave an interesting address on what the Kiwanis Clubs have been doing. "Remember this," he said, "that the Kiwani movement lies basically in the individual, and as you meet week by week in assembly have honest thoughts and actions." He made many references to kind deeds that have been done by the Kiwanians.

The fourth of the December series of university extension lectures will be held in the public library on Thursday evening of this week, when Professor W. F. Tamblyn, head of the department of English of Western University will lecture on the life and work of the English writer. John Masefield, Masefield is one of the remarkable group of contemporary writers and poets whose work is having wide influence, and the selections which Professor Tamblyn will present will indicate his great variety of power. This and all other Thursday evening lectures are free to the public. A new series of extension lectures will commence immediately after the new year.

View was changed, and that's the story. It will hold you spellbound with its interest and human appeal.

Among the many extra added attractions will be a song revue by Wilfred Short, popular young singer of the city, featuring the newest success "As the Years Roll By." Christle Comedy, Allen Canadian News and Chester Outper Work in Picture will also be shown.

SAYS JAPAN CANNOT CUT.

Geneva, Dec. 11.—Japan cannot reduce her armaments as long as the United States is increasing hers, Viscount Kikujiro Ishii of the Japanese delegation declared at a meeting of the armaments committee this afternoon, when the question of disarmament was under discussion.

At The Theaters

LONDON SATURDAY THE BIG PARAMOUNT PICTURE, "BEHOLD MY WIFE," OPENS TO-DAY AT THE GRAND FOR ENTIRE

In assembly have honest thoughts and actions." He made many references to kind deeds that have been done by the Majestic Players at the line and the have been done by the Majestic all this week, with popular Majestic all this week, with popular Wednesday and Saturday matthees. The principal role will be enacted by 18,000 men, and if any club passed a resolution and turned it even the international office, if it is worthy econsideration, the club passing the resolution will have 38,000 men behind the movement. The past-president read to the delegates the high ideals of the club, which are adopted by every branch. It will be the offer admirable common that body to the Kiwanians. He said that the ideals of the two clubs were the same. "We have tried, and I believe we have succeeded in making Rotary a great name in the city. London is big enough to hold a number of such clubs, and we hold out the right hand of fellowship to the Kiwanias. London is big enough to hold a number of such clubs, and we hold out the right hand of the banner of inland cities, a city of 75 per cent homes."

At the close of the evening District Governor J. I Esperance presented the charter to A. J. Mitchell, president of the London ciub. As he passed over the charter to A. J. Mitchell, president of the London ciub. As he passed over the charter to A. J. Mitchell, president of the London ciub. As he passed over the charter to A. J. Mitchell, president of the London ciub. As he passed over the charter to A. J. Mitchell, president of the London ciub. As he passed over the charter to A. J. Mitchell, president of the London ciub. As he passed over the charter to A. J. Mitchell, president of the London ciub. As he passed over the charter to A. J. Mitchell, president of the London ciub. As he passed over the charter to A. J. Mitchell, president of the London ciub. As he passed over the charter to A. J. Mitchell, president of the London ciub. As he passed over the charter to A. J. Mitchell, president of the charter to A. J. Mitchell, president of th

place in Kiwanis. These are obligations of no small kind."

After the charter had been presented the officials of visiting clubs congratulated the London Kiwanis Club, and Fred Garvin, president of the Hamilton club, made the presentation of a gavel on behalf of the Hamilton club, and Harry Gignac, vice-president of the Brantford club, made the presentation of a large shield.

Jules Brazil, a member of the Toronto club, acted as official entertainer. He conducted the sing-songs, and with his usual pep kept things moving throughout the evening.

The officers of the London Kiwanis Club elected at a previous meeting, and who will undoubtedly see that the club takes a high place among the leading clubs of the clty, are: A. J. Mitchell, president; A. R. Ford, vice-president; E. W. Gairns, secretary-treasurer, and S. H. Rowed, district trustee.

WILL GIVE LECTURE ON

LIFE OF MASEFIELD

The fourth of the December series of university extension lectures will be held in the public library on Thursday evening of this week, when Professor W. F. Tamblyn, head of the department of English writer, John Masefield Massefield is one of the remarkable group of contemporary writers and place whose work is having wide in the power is having wide in protest whose work is having wide in the power is having wide in place whose work is having wide in place whose work is having wide in the public library on Thursday evening of this week, when Professor W. F. Tamblyn, head of the department of English writer. John Masefield Massefield is one of the remarkable group of contemporary writers and place whose work is having wide in the public library on Thursday evening of this week, when Professor was the Canadian News and Chester Outling Picture will also be shown.

NINE IN EVERY TEN INFECTED WITH T. B. LABOR FORUM TOLD

Thousands of Vigorous, Happy Girls and Women Indorse the Treatment.

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Women who are all played out, droopy, pale, nervous and irritable will ertainly be greatly interested. So will tolks who are embarrassed with pim-The real joy of living is best known to those who keep the blood pure and the system toned by the use of Dr. Hamilton's Pills, a soothing tonic laxative that puts health, vim and spirits into those who lack these qualities. You will be stronger, better not ished, in better spirits, and sleep better after using Dr. Hamilton's Pills.

Are you too too be effective!

ALL day long demands are being made upon every woman's strength, whether it is the wearing routine of household duties - the exacting pressure of business affairsor a long round of social

engagements-modern life is placing a constantly increasing tax on her energy.

Those who have made a study of fatigue say that when a woman is tired all her faculties are affected,—the heart weakens, the nerves become upset, and the danger of breakdown is threatened unless prompt action to prevent it is taken.

MILBURN'S HEART AND NERVE PILLS have proved to be, in hundreds of similar cases, a most reliable remedy for restoring strength and vitality to weakening hearts and relieving all the distressing symptoms brought on by fatigue, excitement or over-exer-

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bakeries and dairies had been established in England to provide pure food. If the state could deliver letters, why couldn't it deliver milk?

Other speakers were Arthur Mould, Frank Crockford, John F. Thomson, Dr. H. A. Stevenson, M. L. A., Fred. Daley and E. B. Westby. At the next meeting of the Labor Forum, Mayor MacBride of Brantford will speak on "Fifty Years of Canadian Progress."

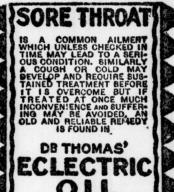
EDITH CAVELL LODGE

Edith Cavell, L. O. B. A., held their regular meeting in Uster Hall, when the second degree was conferred, and the officers for the coming year elected as follows: Worthy mistress, Mrs. Lang; deputy mistress, Mrs. Cornelius; chaplain, Mrs. Grosvenor; recording

retary, Mrs. Weekes; financial secretary, Mrs. Allen; treasurer, Mrs. Roach; first lecturer, Mrs. Whitehead; second lecturer, Mrs. Fletcher; D of C., Mrs. Essery; inner guard, Mrs. Mc. Cracken; committee, Mrs. Cross, Miss Wise, Mrs. Stanton, Mrs. Hunt, and Mrs. Raymond; guardian, Mrs. Cross, outer guard, Mrs. Roach; auditors and trustees, Mr. J. Carson and W. E. Small.

O. Hugson, Ontario Hospital, won the \$5 prize of W. J. Wray & Company, and Mr. Fairley, 224 Richmond street, table centre, ticket Nos. 165 and

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