at least seven days previous to the Annual General Meeting or any Special General Meeting, and such communication, or a copy thereof, shall be posted by the Secretary in some conspicuous place in the Club for at least seven days next preceding such meeting. At such meeting the same shall be discussed, and, if approved of, then adopted.

XLVIII. No addition, alteration, or amendment shall be made to these By-laws, unless notice thereof in writing shall be given as provided in By-law No. 4, nor without the consent of two-thirds of the members present at such meeting.