

USEFUL INFORMATION.

CHEAP VENTILATOR.—A sheet of finely-perforated zinc, substituted for a pane of glass in one of the upper squares of a chamber window, is the cheapest and best form of ventilator: there should not be a bed-room without it.

TO REMOVE FRECKLES.—Take one ounce of lemon juice, a quarter of a drachm of powdered borax, and half a drachm of sugar; mix them, and let them stand a few days in a glass bottle till the liquor is fit for use; then rub it on the hands and face occasionally.

MOTHS.—A very pleasant perfume, and also a preventative against moths, may be made of the following ingredients:—Take of cloves, caraway seeds, nutmeg, mace, cinnamon, and Tonquin beans, of each one ounce; then add as much Florentine orris-root as will equal the other ingredients put together. Grind the whole well to powder, and then put it in little bags, among your clothes, &c.

HAIR WASH.—Take one ounce of borax, half an ounce of camphor; powder these ingredients fine, and dissolve them in one quart of boiling water; when cool, the solution will be ready for use: damp the hair frequently. This wash effectually cleanses, beautifies, and strengthens the hair, preserves the colour, and prevents early baldness. The camphor will form into lumps after being dissolved, but the water will be sufficiently impregnated.

BALDNESS.—The decoction of boxwood, successful in cases of baldness, is thus made:—Take of the common box, which grows in garden borders, stems and leaves four large handfuls: boil in three pints of water, in a closely-covered vessel, for a quarter of an hour, and let it stand in a covered earthenware jar for ten hours or more; strain, and add an ounce and a half of Eau de Cologne, or lavender water, to make it keep. The head should be well washed with this solution every morning.

HOT WATER.—A lady says, that the patient application of hot water to any distressed part of the body, will, at least for the time being, give ease and comfort. It relieves ear-ache, cramps, tumors (especially ovarian), &c. The cloth wrung out of hot water must be applied without letting the cold air strike the flesh, and must be immediately covered with a large piece of warm, dry flannel, that the heat may be kept in and the clothing kept dry. Another soft cloth must be ready to apply as soon as the first loses its heat.