The evils of the high heel and the pointed shoe, in the case of women, are not confined to the feet, but influence the whole system through the disinclination to take sufficient exercise that naturally follows.

CORPS ORDERS

By Major-General G. La F. Foster, C.B., Acting Director-General of Medical Services

226 Special Order Ottawa, Ont June 28, 1920

Major-General J. T. Fotheringham, C.M.G., upon retiring from the duties of Director-General of Medical Services, desires to take leave of all Officers, Nursing Sisters and other Ranks of the Medical Services, both those who are still serving and those who have been demobolized but who have at any time served under him.

He is deeply sensible of the constant loyalty and high efficiency of the Service as a whole, both Overseas and in Canada; and of his indebtedness as Officer Administering the Service in Canada to the personnel as a whole.

The memories of the Great War, with its priceless opportunities for serving King and Empire and Native Land, will remain an inalienable asset to us all, and particularly the good-will shown by the Service and the Profession generally, to those who have been carrying the heavy burdens of responsibility for policy and administration, both at this Headquarters and in the Districts.

R. E. SNELL, Colonel, A.D.M.S. for a D.M.S.

PROHIBITION THAT DOES NOT PROHIBIT.

A few weeks since the report went out that the alcoholic ward at Bellevue Hospital was to be closed for lack of patients, that the Municipal Lodging House was practically vacant, and that the number of "alcoholics" in the city hospitals has been diminished to one-fifth or one-third their former number. Bird S. Coler, Commissioner of Public Welfare, now asserts that the wards are not only not empty, but that the number of patients is increasing and that many of these persons are in a serious condition owing to the fact that they are getting much worse liquor than when the traffic was regulated. He threatens to send out inspectors if there is no better enforcement of the prohibition within the next thirty days. It is notorious that any one wanting a drink of whiskey in that city can get it without difficulty if he has the price; but a sick person who may need alcohol to save his life is allowed only one pint in the course of ten days, or an ounce and a half a day.