

NASO-PHARYNGEAL CATARRH.

Edmond John Melville, M.D., C.M., Bakersville, Vt., writes that for the treatment of this disease he usually follows these lines: Have the patient take a hot mustard foot bath, followed by a hot pack, where practicable, administer a saline laxative and a Dover's powder and put the patient to bed between warm sheets and keep him there for at least twelve hours. In conjunction with the above, he makes it a routine practice to prescribe Glyco-Thymoline used in the K. & O. Nasal Douche every two hours, diluted one to four with warm water. This bland solution remains in contact with the mucous membrane for a considerable period of time, on account of its oily consistency and relieves inflammation by exosmosis, depleting engorgements rapidly. The above treatment followed out faithfully and well by physician and patient, will cure the most severe case of acute naso-pharyngeal catarrh in twenty-four hours. This means in a great many cases the breaking up of an incipient case of la grippe, bronchitis, or even pneumonia, as we all know the tendency of acute inflammation of the mucous membranes to extend to adjacent structures by contiguity of tissue.

All of his patients who are at all susceptible to colds are now equipped with a supply of Glyco-Thymoline and a K. & O. Nasal Douche, with instructions to begin its use upon the first symptom of a naso-pharyngitis coming on.

CLINICAL EXAMINATION OF THE GASTRIC CONTENTS.

We have received a copy of "Clinical Examination of the Gastric Contents" and are confident that it is worthy of more than a passing notice. This publication is the third of a series of scientific monographs, those already distributed to the profession being the "Essentials of Hematology" and "Syllabus of Bacteriology," published by the Palisade Manufacturing Company and the New York Pharmacal Association.

MELANCHOLIA, INSOMNIA AND GENERAL LOWERING OF NERVE POWER.

In a very forceful and exceedingly interesting paper on this subject, published in the *Cincinnati Lancet Clinic*, Dr. T. D. Fink of Louisville, Ky., writes the following:—"I am convinced that there is no other remedy so useful and attended with such satisfactory results in the treatment of melancholia with vasomotor disturbances, anemic headache, emotional distress, and active delusions of apprehension and distrust as Antikamnia Tablets. These tablets also increase the appetite and arterial tension, promote digestion, and are particularly serviceable in reliev-