

Pain is an Indication

of interference with the normal functions of the body. It is a sign of trouble, and if allowed to continue, causes itself still further disorders.

Common Sense and humanity agree that relief from pain should be the first step in the treatment of any disease which is present. Headache, Neuralgia, Rheumatic, Backache, Sciatic and Ovarian Pains, ONE or TWO



Dr. Miles' Anti-Pain Pills
and the pain is gone. Guaranteed Safe and Sure. Price 30c.

Sold in Watford by TAYLOR DRUG CO.

Save Money!

AND GET SATISFACTORY GOODS AT THE SAME TIME BY LEAVING YOUR ORDER AT HOWDEN'S.

GOLDEN SYRUP in bulk.....	9 cents
PURE LARD, 3lb pails.....	60 cents
PURE JAM, 4lb pails.....	95 cents
GRAPELADE, 2 pails, 5lbs.....	95 cents
RICE, 3lb.....	25 cents
Oatmeal, 4 1/2 lb.....	25 cents
HORSHOE BRAND CORN, standard tin.....	15 cents
SEAFOAM SOAP-CHIPS, per lb.....	20 cents
ROYALITE OIL, per gal.....	28 cents

N. B. Howden Est.



WHEN you require a roof, the measurement will be in squares (100 square feet). A basis for analysis of the costs of Brantford Asphalt Slates is given below:

1. INITIAL COSTS OF MATERIALS—Brantford Asphalt Slates are sometimes higher in initial cost for the material.
2. NAILS REQUIRED—Brantford Asphalt Slates require ONLY 684 nails to lay a square. Brantford Asphalt Slab Slates require ONLY 450 nails.
3. COST OF LAYING—Brantford Asphalt Slab Slates are four on one strip—require only one operation in handling, one operation in spacing—Individual slates are 8 x 12 1/2 inches—Cut easily, fit easily, fit on angles and bend over round surfaces. You save 30 to 50 per cent in laying.
4. NO PAINT OR STAIN REQUIRED—The surface of Brantford Asphalt Slates is in nature's permanent colors, green and red, unfadeable, always attractive, requiring no stain to produce artistic effects, no liquid costs to make them fire-resistant.
5. SAVING OF INSURANCE—Brantford Asphalt Slates are classed as non-combustible by fire insurance companies—a direct saving of from 10 to 20 per cent on premiums is effected. In certain localities fire regulations demand asbestos paper under some roof materials, but Brantford Asphalt Slates are fire-resistant and are immune from special regulations.
6. COST OF REPAIRS—From the day they are laid Brantford Asphalt Slates show almost 100 per cent. of the original roof untouched. Brantford Asphalt Slates do not curl, split, crack or rot. Complete protection and permanent protection are built into Brantford Asphalt Slates.

Compare these roof costs with those of any other roofing material; it is your money you are spending and you want value for it—then buy

Brantford Asphalt Slates

Distributed under Brantford Roofing Trade Marks, through Brantford Roofing Dealers. Stock carried, information furnished, service rendered by our dealer in your district.

Brantford Roofing Co. Limited
HEAD OFFICE and FACTORY
Brantford - Canada

Branches at Toronto, Montreal, Halifax and Winnipeg

For Sale by Geo. Chambers Estate

INFORMATION ABOUT THE CENSUS

Arrangements are steadily going forward under the direction of the Dominion Government preparing the way for the official census of the whole of Canada immediately after June 1st. In order that our readers may have some idea of what to be prepared for in the way of questions we have summarized the following information to think over in the meantime.

The enumeration will begin by finding out exactly every man, woman and child in the Dominion at the hour of midnight when May 31st is giving place to June 1st. The census is to be taken "as of June 1st" but the hour fixed is really the hour of midnight or the moment when that day passes over into June 1st, 1921. An infant born one hour before midnight would be included in the census figures, but one born a few minutes later would have to wait for the 1931 census before being included. A death just before midnight on May 31st would lessen the total population of Canada by one. If that death happened just after midnight, it would not be noticed by the enumerators, because the census is to show the exact number living at midnight on the day mentioned.

But this is not all. If you have a patch of garden no bigger than a man's hand that grows one currant bush capable of producing one quart of berries, that quart will swell the total. If you have a brood of the most tiny chickens so will they. For not only must the farmer make complete returns of almost every blade of grass, but so must the town folks of the products of their gardens and their hen houses.

The Lambton enumerators have received implicit instructions from Ottawa about making the census. There are really four forms to be filled in as follows:

- (1) Covering the ordinary house hold or place of permanent residence.
- (2) Covering deaf mutes and blind people.
- (3) Covering business firms, giving the class of business (wholesale, retail or manufacturing) and the kind or nature of the business.
- (4) Covering products other than those grown on farms. So that Watford people will have to supply details as to the number of horses, mules, cattle, poultry, bees, gardens, and hot houses fruit trees and fruit.

They will have to tell of the number of apple, plum, pear and cherry trees that flourish in their back yards during 1920, and the tonnage of each fruit tree harvested, also how many quarts or boxes of small fruit such as grapes, strawberries and raspberries they gathered.

The ordinary form (No. 1) which the enumerator will fill in at every house in the town has some 34 details to be filled in as follows: Names of each person in the house street, town. Is the house owned or rented. If rented, what rent. Class of houses. Materials of construction. Rooms occupied by family. Relationship to head of family. Sex. Single or married. Age last birthday. Where person born. Where father born where mother born. If born out side of Canada, year of immigration. If born a foreigner, year of naturalization. Nationality. Racial or tribal origin. Can speak English. Can speak French. Can speak any other language. Religious denomination. Can read. Can write. Months at school since September 1920, (children). Chief occupation or trade. Employer, employee working on own account. Total earnings in past 12 months. If out of work on June 1st, 1921. Number of weeks unemployed in the past twelve months. Number of weeks unemployed from June 1st, 1920, because of illness.

The enumerator has to go into every house in Watford to get this information. The principal is simple; where a man sleeps there will his census be taken.

The census commissioners are very insistent that people should understand that facts or statistics given to the enumerators may not be used except for statistical compilation. Positive assurance may be demanded on this point by people being registered. The enumerators individually have also to take an oath of secrecy. They cannot give out information received about individuals, show the returns, or allow anyone to inspect them.

Every enumerator will carry a card of credentials, signed by R. H. Coats, Dominion statistician. This card, which may be demanded by any person approached has the words underlined "All information committed to him (the enumerator) will be held to be strictly confidential."

Cause of Asthma. No one can say with certainty exactly what causes the establishing of asthmatic conditions. Dust from the street, from flowers, from grain and various other irritants may set up a trouble impossible to be relieved except through a sure preparation such as Dr. J. D. Kellogg's Asthma Remedy. Uncertainty may exist as to cause, but there can be no uncertainty regarding a remedy which has given relief to a generation of asthmatic victims of this scourge of the bronchial tubes. It is sold everywhere.

Wedding Announcements and Invitations of the finest quality at The Guide-Advocate.

DARLING BABY BRIGHTENS HOME

Children's Laughter a Pleasing Sound



Altoona, Pa.—"I am writing to tell you what Lydia E. Pinkham's Vegetable Compound has done for me. We had six children die almost at birth. From one hour to nineteen days is all they have lived. Before my next one was born I took a dozen bottles of your Vegetable Compound, and I can say that it is the greatest medicine on earth, for this baby is now four months old, and a healthier baby you would not want. I am sending you a picture of her. Everybody says 'That is a very healthy looking baby.' You have my consent to show these few lines to anybody."—Mrs. C. W. BENZ, 181 3rd Avenue, Altoona, Pa.

Mrs. Janssen's experience of interest to childless wives. Millston, Wis.—"I want to give you a word of praise for your wonderful medicine. We are fond of children, and for a considerable time after we were married I feared I would not have any. I began taking Lydia E. Pinkham's Vegetable Compound, and it strengthened me so I now have a nice, strong, healthy baby girl. I suffered very little at childbirth, and I give all the credit to your medicine, and shall always recommend it highly."—Mrs. H. H. JANSEN, Millston, Wis.

Mrs. Held of Marinette, Wis., adds her testimonial for Lydia E. Pinkham's Vegetable Compound. She says:

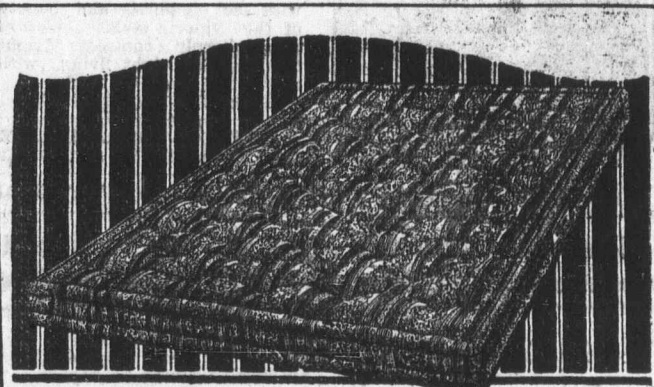
Marinette, Wis.—"I was in a nervous condition and very irregular. My doctor advised an operation. My husband brought me one of your booklets and asked me to try Lydia E. Pinkham's Vegetable Compound. It overcame my weakness so that I now have a healthy baby girl after having been married nine years. I am glad to recommend your medicine, and you may use my letter as a testimonial."—Mrs. H. B. HELD, 330 Jefferson St., Marinette, Wis.

There are many, many such homes that were once childless, and are now blessed with healthy, happy children because Lydia E. Pinkham's Vegetable Compound has restored the mother to a strong and healthy condition, as it acts as a natural restorative for ailments as indicated by backache, irregularities, displacements, weakness and nervousness.

Women everywhere should remember that most of the common ailments of women are not the serious ones—they are not caused by serious displacements or growths, although the symptoms may be the same, and that is why so many apparently serious ailments readily yield to Lydia E. Pinkham's Vegetable Compound, as it acts as a natural restorative. It can be taken with perfect safety and often prevents serious troubles.

Therefore if you know of any woman who is suffering and has been unable to secure relief and is regretfully looking forward to a childless old age, ask her to try Lydia E. Pinkham's Vegetable Compound, as it has brought health and happiness into so many homes once darkened by illness and despair.

Lydia E. Pinkham's Private Text-Book upon "Ailments Peculiar to Women" will be sent to you free upon request. Write to The Lydia E. Pinkham Medicine Co., Lynn, Massachusetts. This book contains valuable information.



Mattresses of Certified Quality

YOU should know the Mattress made by Simmons Limited—firm but soft, giving to all the contours, yet holding your spine level in any sleeping position.

Sweet and clean through and through—of materials sanitary beyond question.

Certified by the Simmons Label—your unfailing assurance of an absolutely sanitary mattress.

We offer a wide assortment of grades in Simmons Mattresses. Any grade you select can be depended upon to satisfy you.

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