tor Iomen

# ia E. Pinkham's ound Has Been eliable Medicine **Proof.**

ing from some form of constant fear of breaking ought to bring hope :---

Wis. - "When I was 16 years d at 18 years I gave birth to vith very poor health. I could the floor without having to sit vas hard for me to keep about went to a doctor and he told ment and ulcers, and would ation. This frightened me so 'know what to do. Having kham's Vegetable Compound e it a trial and it made me as ot say enough in favor of the ACH, North Crandon, Wis.

## **Oklahoma**.

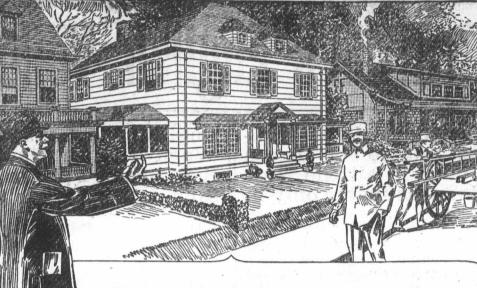
to take Lydia E. Pinkham's od for nothing. I tired easily was irregular. I took it again lid me a wonderful amount of ommend Lydia E. Pinkham's because it has done so much love St Lawton O'zla. lave St., Lawton, Okla.



ntial) Lynn, Mass. Your ered by a woman and held







# "Paint My House, Too"

The spirit of neighborhood improvement fills the very air. The glad, bright colors of spring have replaced the somber hues of winter. Grass is green

-flowers are springing into glorious bloom. Nature is providing a beautiful setting. Is your house in harmony-or do the fresh-looking surroundings only serve to emphasize its dullness? Does it complete the picture —is it well painted?

Now's the time of all times to dress up your home in fresh, new colors. The first essential in home improvement is good paint, and the paint that you can depend upon to be good is

# HIGH STANDARD LIQUID · PAINT

T. DODDS & SON

WATFORD

You take no chances, you know exactly what the contents of every can of "High Standard" will do. Forty years of experience and countless exposure tests have made this knowledge definite. Chemical analysis of the raw materials and thorough machine mixing insure a uniform product.

You get in "High Standard" a paint that works easier, and spreads farther than cheaper that its use is true economy. Ask us for an

5.8

better the surface of your building a paint that does not fade, that holds tight to the surface in perfectly protecting coats-that fails only by gradual wear and leaves a good surface for repainting

It actually costs less to use this better paint and get its perfect protection. It goes so much farther-and it lasts so much longer on the building paints-a paint that hides better and protects estimate on your paint requirements.

### dress in myrtle green faille, trimmed with jet and kolinski fur, has a two flounced skirt; upper flounce is green. the lower one is black peau de sofe The coat is also in black peau de soie and it completely covers the green dounce. In another case a two flounced skirt will have a third flounce falling rom the waist to veil the upper flounce of the skirt in some very thin material like mousseline or net. sometimes plain, sometimes embroidered. The effect is very delicate and pretty, and the fashion of flounces generally is one which leaves a wide scope for variation and adaptation. A very young and pretty model shows a ribbon skirt in vertical lines, each being juxtaposed and finished off by a tiny rose.

ABOUT FLOUNCES.

How Skirts May Be Adorned a la

Mode.

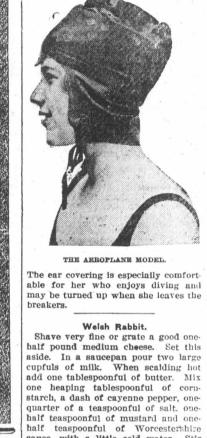
Artistic effects are achieved with skirts showing flounces of different

colors and materials. For instance, a

THE PALM BEACH GIRL.

For Her Who Enjoys Surf Bathing All Winter Is This Cap. Designed like a pilot's cap is this

bathing hood in red rubber with embossed pattern across the front piece.



# WOMAN SUFFERAGE.

## Its War Time Aspect.

London, Eng. The women of England are doing their duty. They are taking care of the wounded, or if they cannot assist in work of that kind they are adding their savings to promote the good work. They are knitting and sewing for the soldiers at the front. The suffragists have given so little trouble to the government that it will undoubtedly soften the hearts of those in Parliament, since the "mili-

given so little trouble to the government that it will undoubtedly soften the hearts of those in Parliament, since the "mili-tants" have turned all their energies to aid the fighting men of England, and so sufferage may soon come after this terrible war is over. Thousands of women in Canada have overcome their sufferings, and have been cured of woman's ills by Dr. Pierce's Favorite Prescription. This temperance medicine, though started nearly half a century ago, sells most widely to-day, because it is made without alcohol or narcotics. It can now be had in tablet form as well as liquid, and every woman who suffers from backache, headache, nervousness, should take this "Prescrip-tion" of Dr. Pierce. It is prepared from nature's roots and herbs and does not contain a particle of alcohol or any nar-cotic. It's not a secret prescription for its ingredients are printed on wrapper. Many a woman is nervous and irri-table. feels dragged down and worn out for no reason that she can think of. In ninety-nine per cent. of these cases it is the womanly organism that requires attention; the weak back, dizzy spells and black circles about the eyes, are only symptoms. Go to the source-of trouble. When that is corrected the other symp-toms disappear.

toms disappear.

St. Thomas, Ont.—"I wish to say for the benefit of other women who suffer that I recommend Dr. Pierce's Favorite Prescription as a great help. I have personally recommended the same to many who in turn have been helped a great deal by its use."—MRS. F. J. BOWDEN. 19 Oliver St., St. Thomas, Ont.



Bell, Gerhardt, Heintzman, Marten Orme.

> Organs Bell and Doherty.

Sewing Machines White, Standard, and New Home Rotaries, Raymond and New

## Guide=2 HARRIS & CO

WATFORD, M NOTE AND

Lord Robert Cec when he says : "If peace it is because

Possibly that C decided that Bacon attributed to Shak induced to use his v the submarine con his country and Gen

Winnipeg Tribun cision of Judge Tutl that Bacon wrote th espeare has suggeste writer that the Co be called upon to d ly :-Whether Hamlet

Whether Mars is What became of Israel. The exact location

The identity of 1 Iron Mask. Who won the batt ny cats.

Who struck Billy 1 The Galt Reporte

shipping days are tru for the farmers and no they profited to so gr at precent, owing tc soared to \$11.00 a live weight. One fa brought to the city a hogs which were pu above price and which neat sum of \$350. A and the moderate pr the farmer who has supply of pigs has an repaying himself for 1 realized many times in they fluctuated from p loss. There is every so long as the war last for a considerable t consumers of pork wi pay a good price as for Canadian packers 000 hogs weekly fro States to meet their The reason given is tempted by the high in Germany, has slau dinary stock and dra try to supply the g England is looking he ply for the present an the market establishe expect to continue s products on the Engli after the war draws to

<image><image><section-header><text><text><text> CHOP ST sauce, with a little cold water. Stir Williams. into scalding milk and cook about fiv WM. MCMAHON of A ley, All Kinds of Renfrew Standard Gasoline Engines week aged 86. Dunwich township ha minutes; then add the grated cheese. d Poultry Food. Start without cranking. Serve on crisp buttered toast. than last year. Bert Oke of Alvinsto in khaki. **Hbout** Renfrew Standard Cream Separators Creamed Tuna Fish In Chafing Dish. Best by every test. **Stock of** Club Materials .-- One can tuna fish, two Thamesville will have ament on May 24th. Gramophones, Records and Supplies tablespoonfuls butter, a tablespoonful flour, salt, cayenne and a little grated of all kinds. TOCK FOOD Sandwiches Henry Thomas of Eup aged 83 years. nutmeg, a cupful milk, a' squeeze of HOGS AND POULTRY. emon juice, a wineglassful of sherry. Eight families in Blent H. Schlemmer Directions.—Open the can of fish some time before it is to be served. SSES MEAL two or more sons to the Sfeb is King. ELEBRATED CALF MEAL. The club sandwich forms an ideal Melt the butter, add to it the flour, salt. Strathroy will observe every Wednesday during quick luncheon with a cup of chocolate cayenne and nutmeg. When smooth add the milk, then the fish and lemon or tea. It is a delicious after theater CLUBBING LIST OUR EN IN EXCHANGE If you let your chicken Sarnia, you must pay \$5 a tidbit. Moreover, it is easy to make in juice and lastly the wine. Cook five the dining room with the aid of a THE GUIDE-ALVOCATE AND te While You Wait minutes and serve on crackers or toast privilege. chafing dish or electric toaster. It has \*\*\*\* Family Herald and Weekly Star \$1 90 so many varieties that it can be served The Thedford, Arkona Weekly Mail and Empire..... 1 Weekly Farmers Sun...... 1 Weekly London Free Press. 1 85 frequently without becoming monot ton Telephone Co., has HOME GROWN CORN SEED. 1 85 Ipperwash. onous To begin with, its foundation is a Thamesville Girl Guide 1 90 Seven prizes must be offered as Experiments conducted at the out of their clean-up da magazines, etc. slice of hot buttered toast at the bots for each crop: First, \$20; Second hird, \$12; Fourth, \$10; Fitth, \$8; \$6; Seventh, \$4. These must be Saturday Globe ..... 2 00 Kansas State Agricultural col- @ tom and another at the top. Between these two slices there must be lettuce Northern Messenger..... 40 lege and co-operative tests con-ducted with farmers in various Chatham will adopt t poll tax on all unmarri Weekly Montreal Witness.... and mayonnaise and boiled or fried bacon. Besides these ingredients many tull to the winners without any Hamilton Spectator ..... parts of the state show that home 1 85 not ratepayers. grown seed of an acclimated va-Weekly Farmer's Advocate ... 2 40 Bothwell, Alvinston, Thamesville ball players UDGES .- The Ontario Department other things can be used. riety and of good quality will @ outyield seed introduced from @ Daily News..... 3 00 Perhaps what one may call the conculture will furnish judges free of Daily Star..... Daily World..... to form a league 3 00 ventional club sandwich contains on other localities. This is especial-Mrs. H. D. Johnston wi inspector of West Midd Strathroy Monday. 4 00 Yowerful Medicine. The healing ties in six essential oils are con-ed in every bottle of Dr. Thomas' ic Oil, forming one of the most ial liniments ever offered to the nan. Thousands can testify as to ver in allaying pain, and many ids more can certify that they owe ealth to it. Its wonderfull power the foundation slice of toast a crisp ly evident when corn is moved @ Daily Globe ..... piece of lettuce, a spoonful of thick mayonnaise, a slice of chicken breast, 4 00 Mail and Empire.... 4 00 Sarnia Canadian:-Len purchased the property at recently bought by J. E. J Allan McCharles of Rut two crisp slices of bacon, a slice of to-Morning London Free Press. 4 (0 unfavorable corn growing local- > Evening London Free Press. mato, more lettuce and mayonnaise 3 00 ity. For instance, corn grown & on the rich glacial soils of northand the cover of toast. Morning London Advertiser .. 3 00 Instead of the tomato a slice of to-Evening London Advertiser.. 3 00 greenhouse a cucumber v four fine cucumbers hangi eastern Kansas or on similar mato jelly may be used, or some shreds soils in Iowa or any other east-Saturday Advertiser ..... 2 00 of sweet green or red pepper or sliced sweet gherkins or sliced stuffed olives ealth to it. Its wonderfull power xpressed by its cheapness. m Robert Hanna, a young er owning 300 acres m offered to enlist if two would work his farm at each. Thos. Lanin and tired farmers, accepted thanna has enlisted in the at Stratford ern state does not, as a rule, do « well on the less fertile residual « All subscriptions are payable in advance may be used. Address soils of southeastern Kansas. Or else over the toast may be spread Auctioneer Varieties of corn moved west in @ GUIDE-ADVOCATE, WATFORD a mixture of chopped celery and maythe state a considerable distance do not usually produce so well \* onnaise or chopped sweet pepper and J. F. ELLIOT. mayonnaise or chopped olives and as the acclimated varieties. Re- sults obtained in co-operative SOCIETIES. at Stratford. ensed Auctioneer. mavonnaise. at Strattord. The marriage took play Thursday last of Wm. Jas. Henry Capes, 6th line. Miss Elizabeth May G road. The ceremony, wh at the residence of the bric Lancaster, was performed Cornish. They will resi time "Plumpton. Fish paste may also be used instead tests demonstrate that where a « variety of corn has been grown « For the County of Lambton. of the chicken, with or without the bacon. Sardines, boned and skinned Court Lorne, No. 17 C.O.F. T attention to all orders, reasonable us. Orders may be left at the Guide-office Regular meetings the Second and Fourth Mondays of each month at 8 o'clock. Court Room over Stapleford's store, Main street, Watford. B Smith, C. R. J. in a given locality for many @ and rubbed to a paste with mayonyears and the seed properly senaise, are good. lected each season that variety The lower slice of toast may be spread with a thin coating of pate de us A. McNally is, as a rule, a superior one for growing in that locality .- Kan- > NSED AUCTIONEER foie gras, then the chicken, bacon and line, Plympton sas Farmer. mayonnaise can be added, then lettuce or the County of Lambton. es will have my prompt atten-shortest notice. Terms reason-H.Hume R. Sec. J E. Collier, F. Sec. and the top slice of toast-with or \*\*\*\* without the slice of tomato. ione 24, ring 6. INWOOD, ONT. 1 Tentos