

BLACK KNIGHT STOVE POLISH



**A HOUSEWIFE IS JUDGED BY HER KITCHEN.
FOR A BRIGHT STOVE AND A BRIGHT
REPUTATION. USE BLACK KNIGHT.**

A PASTE | THE F. F. DALLEY & CO. LTD. | No DUST
No WASTE | HAMILTON, ONT. | No RUST

Watford Flour Mills

We have the following brands of Flour always in stock and can give you close prices on any quantity.

SUNRISE , First Patent from Manitoba wheat	do	do	do
FIVE ROSE	do	do	do
ROYAL HOUSEHOLD	do	do	do
HORTON	do	do	do
HARVEST QUEEN , 2nd Pat. from Man. wheat	do	do	do
GOLD DUST	do	do	do
RED ROSE , High Grade Blended Flour	do	do	do
NEW ERA , Special Pastry Flour	do	do	do

Get our Prices. They will surprise you. Telephone or leave your order. It will receive prompt attention.

C. B. MATTHEWS & SON.

MILLERS AND FEED MERCHANTS

TRENOUTH & CO.

DEALERS IN

Flour, Oatmeal, Cornmeal, Wheat Kernells,
Flaked Wheat and Barley, All Kinds of
Feed, Grain, Seeds and Poultry Food.

We Carry a Full Stock of
INTERNATIONAL STOCK FOOD
FOR HORSES, CATTLE, SHEEP, HOGS AND POULTRY.

CALDWELL'S MOLASSES MEAL
AND THREE DIFFERENT MAKES OF CELEBRATED CALF MEAL.

ALL KINDS OF GRAIN TAKEN IN EXCHANGE
Cropping and Rolling Done While You Wait
PHONE 39

House Furnishings

<p>MASON & RISCH PIANOS, GRAM- APONES, STRING INSTRUMENTS, MUSIC BOOKS, SHEET MUSIC, EDISON RECORDS</p>	<p>Our aim is to keep the latest and most popular goods in our line, and carry the FINEST ASSORTMENT of all lines of FURNITURE for Parlor, Dining Room, Bedroom, Library or Kitchen.]</p> <p>Comfort, Elegance, Durability and Value are features that our goods are noted for.</p> <p>No Big Profits to Pay Here</p> <p>Our prices are as low as consistent with reliable goods.</p> <p>Let us show you the new patterns.</p>	<p>NEW & SECOND HAND SEWING MACHINES</p> <p>REPAIRS FOR STRING INSTRUMENTS</p> <p>THE NEW CUR- TAIN STRETCHER</p>
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HARPER BROS.

PHONE 31

FINE FURNITURE FUNERAL DIRECTORS

LUMBERING TOOLS

Maple Leaf, Premier and Gold Coin Saws,
\$4.50, complete with handles and file, guaranteed temper.

Brockville axes in all styles and weights,
\$1.00, with wedge, guaranteed.

14 ft Chains, with hooks and swivel, \$1.65.
16 ft. Chains, " " \$2.00.

Sledges, \$1.00; saw wedges, two for 25c.;
Horse Blankets, Lanterns and Stock Pails.

THE N. B. HOWDEN EST.

FILLING THE LUNGS.

Correct and Deep Breathing is Essential to Good Health.

No piece of advice the physician can give will bear more frequent repetition than the pithy sentence, "Breathe deeply." It is a perfectly simple rule of health, yet it is constantly broken.

There are two ways to learn to breathe. If our powers of self discipline are poor, as is the case with most insufficient breathers, it is a good plan to join a gymnasium or calisthenic class and learn to use the lungs as a baby learns to use its feet and hands. But remember that lessons in breathing will do no good if the scholar thinks he is absolved from his task except when he is in the class.

A simpler method for those who have not time or opportunity to attend a gymnasium is to turn life's daily routine into a continuous discipline in breathing. If the poor breather takes the trouble to watch himself carefully he will find that when he is engaged upon any work that calls for close attention he does not even breathe as deeply as usual; he almost invariably holds his breath. Thus the blood current is vitiated when it ought to be cleansed, and the worker exhausts himself, not so much by his labors as by his neglect.

Draw in deep drafts of air every time you take a breath, and every little while stop everything else and fill your lungs a few times with breaths that test their capacity. You will be surprised to see the improvement that it will make in your general condition. —Timely Doctor.

PRUNING BY RAIN.

One of Nature's Many Methods of Thinning Her Forests.

Nature has many ways of thinning and pruning and trimming her forests — lightning strokes, heavy snows and storm winds to shatter and blow down whole trees here and there or break off branches as required. The results of these methods I have observed in different forests, but only once have I seen pruning by rain.

The rain froze on the trees as it fell and grew so thick and heavy that many of them lost a third or more of their branches. The view of the woods after the storm had passed and the sun shone forth was something never to be forgotten. Every twig and branch and rugged trunk was encased in pure crystal ice, and each oak and hickory and willow became a fairy crystal palace. Such dazzling brilliance, such effects of white light and irised light, glowing and flashing, I had never seen, nor have I since.

This sudden change of the leafless woods to glowing silver was, like the great aurora, spoken of for years and is one of the most beautiful of the many pictures that enrich my life. And besides the great shows there were thousands of others, even in the coldest weather, manifesting the utmost fineness and tenderness of beauty and affording noble compensation for hardship and pain. —Atlantic Monthly.

Red as a Cure.

In England, says the London Globe, apothecaries for many years were firm believers in the efficacy of the color red as a combatant of disease. Patients, especially those suffering from rheumatism, were frequently wrapped in red blankets and dressed in red clothes. "Let your nightcap be of scarlet," recommended Andrew Borden in his discourse on sleep, "and petycote of scarlet also," while a physician in the sixteenth century advised that the face be washed once a week and then wiped with a red cloth. Upon this latter item of the prescription great stress was laid—no doubt the color of the cloth was intended to act as an antidote against the chill of such frequent ablutions.

Away With Depression and Melancholy.

—These two evils are the accompaniment of a disordered stomach and torpid liver and mean wretchedness to all whom they visit. The surest and speediest way to combat them is with Parmelee's Vegetable Pills, which will restore the healthful action of the stomach and bring relief. They have proved their usefulness in thousands of cases and will continue to give relief to the suffering who are wise enough to use them.

Fruit men are taking much interest in an experiment that is now being conducted at Leamington, by which it is expected that homegrown muskmelons will be offered on the Canadian market before, or at any rate, as soon as the arrival of the southern produce next season. Thirty thousand muskmelon plants have been placed under glass in the Leamington district, and a great yield is anticipated.

At the Dunwich municipal elections three people over 90 years of age were able to record their votes without assistance.

**Children Cry
FOR FLETCHER'S
CASTORIA
Children Cry
FOR FLETCHER'S
CASTORIA**

JOKE ON MRS. NEWLYWED.

The Bride's First Dinner to Her Admiring Family.

The dear little Dresden-like bride had but recently returned from her wedding trip. For the time being, while the intricacies of housekeeping in a flat were mastered, romance was crowded out. The woman who sees and hears was invited to dine and found the bride in a most jubilant mood.

"The whole family came to dinner the other night," she confided. "I had a roast, etc. Everything was so tip-top they were surprised. Mamma said she didn't think I had it in me, but I showed them!"

"And I'm getting so saving! Why, today I ordered half a watermelon for 30 cents. It was too much for us, but Will loves it. But later I passed another store and saw the dearest melon for 10 cents. I ordered it and canceled the other one. Wait till you see it. The slices will just fit those darling green plates that Luella gave me. I'll let Will put it."

The watermelon was brought forth. Will made a slash and chuckled; little bride looked puzzled, and for a moment the woman who sees and hears longed to melt into obscurity.

It was a squash!

TAN LEATHER SHOES.

An Original Treatment For This Fashionable Footwear.

Tan shoes, though pretty when new, are often a problem to keep in trim condition. Possibly this knowledge often deters some would be buyer from selecting them. When new they are apt to be scarred and have to be polished sooner than a pair of black shoes would under the same conditions. Polishing tan shoes darkens the leather, changes their appearance and takes away their fresh look. A girl recently originated a novel treatment for them which may prove a valuable suggestion to others. After melting paraffin which was left after sealing preserves she coated her shoes thoroughly with it, rubbing it in well. When the wax was dry she heated a cloth and polished the shoes with it. Apparently this treatment has made them stain proof, yet has not darkened nor hurt the leather.

SILVER CLEANING PAN.

A New Way to Accomplish an Old Household Task.

"To clean silver in such a way is plainly impossible," said a woman. She was like the good old farmer who stood looking straight at the giraffe and still declared, "There ain't no such animal."

However, this silver cleaning pan is about as practical a thing as ever was invented to do away with one of the most disagreeable chores of house-keeping.

The apparatus consists of an ordinary vessel made of sheet zinc, to the bottom of which is soldered a grating, made of tinned iron wires. The solution, one tablespoonful of baking soda and one tablespoonful of ordinary table salt dissolved in water and poured into the pan, generates a galvanic action which detarnishes silverware and



THE NEW CLEANER.

Jewelry when placed in the pan without action on the metal by simply acting on the tarnish. This action is rapid and removes the tarnish from the inside of hollow ware as well as deep recesses in embossed silver. This method doesn't take any of the silver away. That is the advantage over polishing. It simply reverses the process of oxidation, to which all silver is subject. Tarnish is not dirt and not a deposit. It is the color change of the surface of silver exposed to the atmosphere. Action of the silver cleaning pan is based on the electric relation of all metals, known as the electric potentiality of metals, which knowledge is as old as the knowledge of electricity itself. The cleaning action is based on this principle and brought about by the use of an electric current.

CHOP STUFF.

While some Caradoc farmers were taking gravel from a pit near Delaware village last week, they discovered a large Indian skull and some bones, all in good state of preservation.

Worms feed upon the vitality of children and endanger their lives. A simple and effective cure is Mother Graves' Worm Exterminator.

The death occurred at Crinan, where he had resided for some years, Monday morning, of Edward Loosemore, aged 65 years, after a few days illness with pneumonia. Deceased had resided there and in the vicinity, for a long time and is well known. He was a single man and lived alone.

A Household Medicine.—They that are acquainted with the sterling properties of Dr. Thomas' Electric Oil in the treatment of many ailments would not be without it in the house. It is truly a household medicine and as it is effective in dealing with many ordinary complaints it is cheaper than a doctor. So, keep it at hand, as the call for it may come most unexpectedly.

Another of Plympton's pioneers passed away January 14th in the person of James A. Fisher in his 72nd year. The deceased was one of the best known farmers of Plympton, having resided on the old homestead near Camiacie since his boyhood, during which time he had always taken an active interest in public matters, as well as those pertaining to agriculture, fruit growing, etc. He held the unique record of having personally attended every annual fall fair of the P. & W. Agricultural Society since its organization 68 years ago, of which society he was a valued officer. He was one of Plympton's most successful agriculturists and succeeded in earning a comfortable competence for himself and family of several sons and daughter.

MONEY BACK IF YOU ARE NOT SATISFIED

GIN PILLS ARE GUARANTEED

Every box of GIN PILLS is sold with a positive guarantee of money back if they fail to give prompt relief and to effect a cure if properly used.

We know just what GIN PILLS have done for others and will do for you.

We know that GIN PILLS have been sold in all parts of Canada for years and to-day are the most popular and most effective kidney remedy in the world.

We know that GIN PILLS will promptly soothe the irritated bladder, relieve congestion of the kidneys, take away the soreness in the back and through the hips, and completely cure Kidney Trouble and Rheumatism. We positively guarantee that GIN PILLS will do this and we pledge ourselves to return your money should GIN PILLS not do all that we claim for them.

Buy GIN PILLS on this guarantee, backed by the largest wholesale drug house in the British Empire.

50c a box—6 for \$2.50—at dealers or from us direct. Sample box free on request. National Drug and Chemical Co., of Canada, Limited, Toronto. 172

ATTENTION!

You can stand at ease if
you buy your shoes from

S. B. HOWDEN, The Shoe Man.

I have received a shipment of fall goods which for style and quality can't be beat.

Ladies' Cushion Sole Shoe,
with rubber heels, only \$3.50

Men's Cushion Sole Shoe,
only \$4.50

Just see them and you will buy. No old stock, all fresh new goods.

The Banner Shoe for Ladies
Call and examine them

REPAIRING A SPECIALTY
CASH OR TRADE

S. B. HOWDEN

OUR CLUBBING LIST.

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Northern Messenger	1 40
Weekly Montreal Witness	1 85
Hamilton Spectator	1 85
Weekly Farmer's Advocate	2 35
Daily News	2 50
Daily (Star)	2 00
Daily World	4 00
Daily Globe	4 50
Scientific American	4 75
Mail and Empire	4 00
Morning London Free Press	4 00
Evening London Free Press	3 00
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