

signals of distress

Don't Neglect

Abbey's Effer-Salt

Constitution Biliousness Headache Pimples

This call is always answered—human lives are at stake.

25c. and 60c. everywhere

Made in Canada

is the best answer to the S.O.S. call for help in relieving Constipation and preventing all the dangerous complications that follow in the wake of its neglect.

Abbey's Salt is a granular concentration of the medicinal salts extracted from juices of pure, fresh fruits. It is palatable, with a clean, invigorating taste, and a gentle, sure action, quite unlike the gripping and painful effect of cathartic drugs.

For many years the value of Abbey's Salt has made it the choice of careful physicians in prescribing bowel, stomach and liver complaints. And,

The Salt Of Salts

perhaps, even more to the point is the fact that these physicians use it themselves.

Witness Dr. Charles L. Martiny, for fifty years a leading practitioner in Montreal, from whom we have a letter stating: "I may add that I use it myself every day."

Sold Everywhere

Prohibition Campaign at Freshwater.

On Sunday, Oct. 13th, the prohibition campaign was started at Freshwater, by Dr. Geisel, who in a most interesting and instructive lecture told her audience of the effect of alcohol on the human system. The weather was inclement, but such was the fame of the distinguished lecturer, that many from adjoining circuits as well as from Freshwater circuit itself, had long before the appointed time repaired to the church, where they anxiously awaited her arrival. After pointing out that the greatest asset of any country is its men, she proceeded in a most effective way to expose some of the evils which are detrimental to our physical, mental and moral well-being. Amongst these she declared, were impure air, insufficient and improper food, and above all alcoholic liquors. Giving the results of twenty years of personal scientific research and investigation, as well as the most modern data collected by the greatest scientists of the age, she demonstrated in simple yet forcible language that the continued use of spirituous liquors, even in moderate quantities, cramps the vision, lowers the vitality and very often leaves the user a physical, mental, and moral wreck. Had these facts been given by a person of ordinary ability, they would have been sufficiently convincing of the destruction wrought by the use of alcoholic liquors, as a beverage, on the human system, but when given by one whose knowledge, personality and power of expression have gained her the name of one of the greatest platform speakers of the United States, the effect was, as one of her hearers expressed it, "simply wonderful." Men were seen to weep with emotion as she implored them for the sake of their mothers, for the sake of their wives, for the sake of the empire, and for the sake of Heaven, to go to the booths on Nov. 4th and help to wipe out forever in Newfoundland, the accursed drink. On the motion of Mr. Freeman Parsons, a vote of thanks was unanimously presented to Dr. Geisel for her brilliant lecture, and to Mr. H. J. Crowe, representative of the committee responsible for her coming to Freshwater.

At night another lecture was given by the doctor at Carbonear, and despite the inclemency of the weather many of our Freshwater people again took advantage of the rare delight of listening to so distinguished a personage. On Tuesday night the lecture hall was filled to overflowing as a result of Messrs. A. Soper and J. C. Morris being invited by our committee to lecture on this great question of prohibition. The meeting opened with the singing of "Onward, Christian Soldiers." In addition to the speakers there were on the platform

Rev. F. R. Matthews, B.A., Carbonear, Rev. J. R. Saint, S.T.L., Blackhead, Rev. E. Broughton, Freshwater and Judge Penney, Carbonear, who presided. The first speaker Mr. A. Soper, was briefly introduced, and very soon succeeded in concentrating the attention of all present on the great question. He compared himself to the girl who made a new dress out of her old one, but it was quite evident from the impression which he made on his audience, that the material which he had in his old dress must have been exceptionally good. Although invited he regarded himself as sent by the people of St. John's to enlist the voters of Freshwater on their side, in their great attempt to wipe out this evil. He believed that the majority of the people of St. John's would vote for prohibition for various reasons. Explaining the difference between local option and total prohibition, he assured his hearers that many workers and others in St. John's who had refused to vote for local option on the ground that the wealthy would still be able to import any amount of liquor, would vote for prohibition as it denies such privilege to rich as well as poor. Because the measure was so sweeping, and for the benefit of the workmen, who seemed to suffer most from it, losing one day out of a week as they who drank did, many influential people who were moderate drinkers were voluntarily leading in the great cause. Showing that every generation of the children of men has had some objective presented to it, he explained that our objectives were two—destruction of militarism, and prohibition of alcoholic liquors. The first, he said, our boys were engaged in on the bloody battlefields of Europe. For the second those of us who remain at home if we are worthy of the age in which we live, should exert our every effort. Already nineteen states in America have gone dry, and since the 15th of August three provinces of Canada have been added to the dry list. Discussing the economical side of the question, he stated that the revenue derived from intoxicants was \$360,000, and that our men spent in alcoholic liquors every year \$1,250,000. If prohibition became law, he said, this would be spent better in the purchase of commodities which would bring in double or treble the \$360,000 presently received. He closed with an appeal to the indifferent—if such there were,—to aid the temperance workers in saving the boys of Newfoundland from becoming products of the saloon.

The second speaker, Mr. I. C. Morris, dealt at length with the evils occasioned by drink, amongst which were loss of life, destruction of property, and suffering of women and children. Employing only data which he had gathered during forty-three years of personal observation, he proved irrefutably to an attentive audience, that much of the discomfort, discontent and sickness in St. John's

to-day was either directly or indirectly attributable to the use of alcoholic liquors. He expressed himself as being confident of victory, and so far from falling short of the 25,000 mark, he believed we would poll from 6,000 to 8,000 over. To support his position he referred to the influence of the press, which he declared had taken an excellent stand for prohibition; also to the influence of such men as Dr. Jones, Rev. Frank Smart and W. F. Coakley, M.H.A. Taking up the question of revenue he stated that 70 per cent of all those who find their way to our Penitentiary do so through drink. The loss of their earning power together with their cost to the country was a sufficient answer to the argument sometimes advanced concerning the revenue derived from intoxicants. In support of a vote of thanks moved to the speakers and chairman, by Mr. Augustus Noel, seconded by Mr. Freeman Parsons, and supported by Mr. John Moore, everyone present was heartily joined. The fact that the following resolution was enthusiastically agreed to by every man, woman and child in the building, is sufficient evidence that St. John's may confidently rely on Freshwater on Nov. 4th to do its bit: "Resolved that we pledge ourselves to give to the cause of prohibition our hearty support."

—COIL.

Freshwater, Oct. 14th, 1915.

Minard's Liniment Co., Limited.

Dear Sirs,—I can recommend MINARD'S LINIMENT for Rheumatism and Sprains, as I have used it for both with excellent results.

Yours truly,

T. B. LAVERS.

St. John.

C. M. B. C.

The regular meeting of the Cathedral Men's Bible Class was held in the Synod Hall yesterday afternoon and was largely attended. Rev. J. Brington presided and delivered an interesting address on "Our Nearness to the Spiritual World," pointing out the Omnipotence and Omnipresence of God.

The Class is making excellent progress and the attendance at yesterday's meeting was over ninety. Since the Boat and Wharf Missions began work more vessels have been visited and more religious literature distributed than during all last year. It was decided to forward members of the Class who are serving with the Regiment at the Dardanelles the best wishes of all for their success and safe return.

Obituary.

GEO. FREDERICK HOLWELL.

A well known and respected citizen of the East End, in the person of Geo. Frederick Holwell, passed to the Great Beyond on Saturday evening last. Deceased was 75 years of age and was a veteran St. John's fisherman. His father, who was a Devonshire man, established a prosperous fishing business at the North Battery many years ago. When he died his son George F. carried on the business with equal success up to about a decade ago when he retired. Though having passed the allotted span of life, he never complained of being ill up to two days before his death. A sad circumstance is that he was predeceased by his brother, Augustus, only a fortnight ago. The late George Holwell was a lifelong member of St. Thomas's Church. He is survived by a widow, four sons, Edward and Alfred of the Furness Wharf Co., William, with the Smith Co., Ltd., and George, pressman with the Daily News, and one daughter, Miss Julia Holwell; also a brother-in-law, Mr. J. Twillington and a sister in Boston. To the bereaved relatives and friends much sympathy will be expressed. The funeral takes place this afternoon.

From Lieut. Wighton.

Mr. W. H. Herder, of the Evening Telegram staff, is in receipt of a field service post card from Lieut. C. Wighton, of the Newfoundland Regiment, now at the Dardanelles. The card bears the date September 18th and the signature "C. Wighton" and contains no other writing except the address. The printed message conveys the information that Lieut. Wighton is quite well, and that letters will be written at the first opportunity.

S S Meeting

At a special meeting of the Star of the Sea Association held yesterday afternoon the following officers were nominated:

President—J. T. Martin.
Vice-Pres.—John Holden.
1st Asst. V.P.—T. A. Hickey.
2nd Asst. V.P.—John Murphy.
Secretary—William F. Graham.
Treasurer—S. J. Congdon.
Asst. Treasurer—Francis Kenny.
1st Ins. Trustee—John Byrne.
2nd Ins. Trustee—John Gladney.
Grand Marshal—R. Buckley.
Deputy G. Marshal—M. Leonard.
Next Sunday week the officers will be elected.

Church Parade.

Yesterday the volunteers of G Company in command of Capt. Montgomerie, held a church parade the members of the different denominations attending services at the R. C. Cathedral, St. Thomas's, College Hall and St. Andrew's, respectively. The parade was headed by the C. C. C. band which discoursed excellent music along the line of route.

Following service the various sections assembled near St. Thomas's whence return to headquarters was made by way of King's Bridge, Circular, Rennie's Mill, Military and Harvey Roads.

Florizel Here Again

The Red Cross Liner Florizel, Capt. Martin, arrived here at 6 o'clock last evening from New York and Halifax, bringing a full freight, including a deck load and the following saloon passengers:—Hon. W. C. Job, Dr. Ungar, C. A. Dinkley, George Harris, T. Morison, Mrs. W. E. Bearn, Mr. Burke, Miss Penny, Mr. and Mrs. Osborne, Mrs. Adams and daughter, J. Robinson and 22 second class.

Good Demand for British Cure.

The Board of Trade have received the following from Lind and Couto at Oporto:—

"The demand for British cure continues fairly good and prices are being maintained, notwithstanding numerous arrivals. There is practically no Norwegian cure in the market. The rate of exchange is 35-1-6d."

Tabasco Arrives.

The Furness Liner Tabasco arrived in port last evening. The passage took ten days and a half and latterly rough weather was experienced. She brought 26 packages of mail matter and 500 tons of cargo. The crew who took the s.s. "Can't Lose" to the Old Country, came as passengers. Corporal Burdell, of the Newfoundland Regiment, also arrived.

T. J. EDENS.

By s.s. Stephano to-day, Oct. 11th, 15:
N. Y. Turkeys.
N. Y. Chicken.
N. Y. Corned Beef.

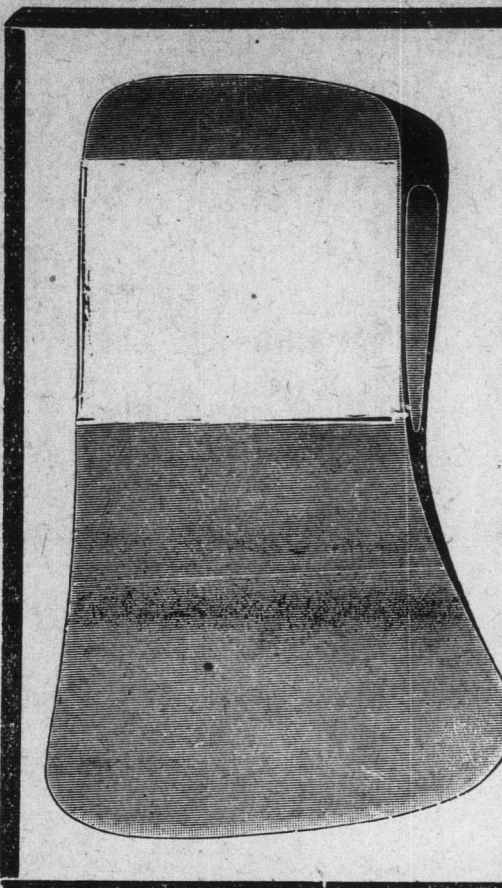
10 bunches Bananas.
10 cases California Oranges.
Grape Fruit.
Table Plums—Red & Blue.
Cucumbers.
Ripe Tomatoes.
Green Tomatoes.
Fresh Oysters in Shell.

50 baskets
PRESERVING PLUMS.
P. E. I. BLACK OATS,
4 bushel bag, \$3.00.
7 lbs. BEST
AMERICAN GRANULATED
SUGAR, 45c.

100 barrels
GRAVESTON APPLES.
(Guaranteed Stock).
10 brls. Siberian Crabapples.
10 half brls. Pears.
20 crates Texas Onions.
5 brls. Cranberries.
10 half brls. Crabapples.

50 half chests
DANAWALLA TEA,
55c. lb.
By rail to-day.
150 Braces
FRESH RABBITS.

T. J. EDENS,
Duckworth St. and
Military Road.



PIT-PROP

Cutting Proposition.

1200

SUPERIOR PATTERN,
BRIGHT BLADE,
BRONZE MOUNTED,
HICKORY HANDLE,
• KEEN CUTTING AXES.

We offer the lot at \$7.00 per doz. These goods are worth considerably more, but being a special lot we are clearing them out at this price. This offer is only open for a few days. Retail Price, 60 cents each.

AYRE & SONS, Ltd.

Do You need a New Overcoat?

If so, you need one that is at once smart, serviceable and reasonable in price.

¶ We can show you Overcoats that will fill the bill perfectly, of fine Chin-chillas and Friezes in Navy, Grey, and Brown, and in several new models. These Overcoats, which can be had in all sizes, are sure to please the most particular dresser.

¶ For Youths and Boys we have also a very fine stock of Overcoats in the above colors and materials, in several different styles and in all sizes.

U. S. Picture and Portrait Co.

The Eastern Trust Company.

A few reasons why an estate can be better administered by the Eastern Trust Company than by a personal executor or administrator:—

1. The Company affords the estate absolute security; it has a paid-up capital of \$381,000.00, and a reserve fund of \$225,300.00.
2. It has a long experience in the work of administering estates; it is incorporated for this business of acting as a trustee, and unlike many other trust companies, it does no other.
3. Its existence is perpetual. Your estate, in the event of the death of a personal executor or administrator, must look around for a substitute, and the work of administration is impeded during that time, and the new executor is unfamiliar with the policy of his predecessor, and confusion results. This company's existence is perpetual, and there is a continuity of policy in its administration that the death of its officers does not break.
4. It possesses the confidence of governments, universities and prominent charities and administers their funds.
5. A number of other advantages which will appear in due course.

The Eastern Trust Company,

mar8.m.tf
Platts Building, St. John's.



The following sizes in stock:—

26 x 2½	28 x 3
30 x 3	30 x 3½
31 x 4	32 x 3½
32 x 4	33 x 4
820 x 120	820 x 135
875 x 105	880 x 120

Also PURE GUM RED INNER TUBES.

Bishop, Sons & Co., Ltd.,

Hardware.



THE FIREMEN

may save your home and belongings from utter destruction by the flames, but the smoke and water will create a great deal of havoc.

FIRE INSURANCE

will make good your damaged property and supply you with sufficient ready funds to replace destroyed articles. Have me write you an insurance policy to-day.

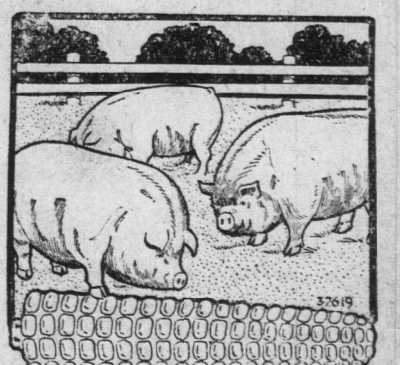
PERCIE JOHNSON,
Insurance Agent.



IMPORTANT WARNING.

The Rifle Range on the South Side Hill will be in constant use from daylight till dark for Musketry Practice until further notice. All unauthorized persons are therefore prohibited from approaching the Range within two hundred yards from either side or within 1,000 yards of the targets to the Eastward. Any unauthorized person so doing will be liable to arrest, besides incurring serious danger from rifle bullets. This prohibition does not extend to any part of the hills west of the 1,000 yard firing point.

(Signed)—
JOHN SULLIVAN,
Inspector General Constabulary.
W. H. RENNIE,
Captain (in charge of Musketry Instruction).



CORN-FED PIGS

only furnish the delicious pork that tastes so good just now. Firm, white fleshed, tender as chicken and sweet as a nut, it is meat to make the strictest vegetarian reform.

TRY A LOIN, A SHOULDER

OR SOME CHOPS
and you'll enjoy a meat treat for fair.

OUR FRESHLY MADE SAUSAGES

come from the same choice pigs. Try some for breakfast. Doesn't even the thought make your mouth water?

M. CONNOLLY.

Pains In the Side, Chest, or Back

Aching Muscles Cured Quickly

Even Doctors Marvel at the Penetrating Power of Good Old "Nerviline."

Pains anywhere—in the chest, neck, side, back or muscles—they are always a discomfort.

If the inflammation is severe, the pain will be intense. If allowed to continue, complications will follow.

Physicians say one of the best remedies is "Nerviline"—it can't help curing, because it penetrates through the sore tissues, carrying healing properties that destroy every symptom of pain.

In cases of colds, sore chest and pleurisy, there should be a good hand-rubbing with Nerviline, and, of course to prevent the trouble coming back, it's advisable to put on a Nerviline Porous Plaster, which by absorption

through the skin draws out all congestion.

For general household use, for curing the ailments of the young and old, for destroying all pain, outward or inward, nothing can excel Nerviline; thousands testify to this effect.

For nearly forty years Nerviline has been a renowned and trusted remedy in thousands of homes where practically no medicine is needed.

Nerviline is safe to use. For children's coughs, colds and sore throat nothing can be used with more certain results.

Get the large 50c. family size bottle to-day. It is more economical than the 25 cent trial size, and is sure to keep down the doctor's bill and cure a host of minor ills that arise in every household. All dealers sell Nerviline.