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Our Many Selves.

BY RUTH CAMERON.



"Did you ever know such a bright girl as Eleanor?" said the lady-who-always-knows-somehow, as she smiled and nodded to a young girl who was passing down the street.

"Bright!" sniffed the author-ma's wife. "Well, that's the last word I would ever apply to her. I think she's a perfect stick. I never heard her say an interesting thing."

Yes, they were talking about the same girl. There was no mistake about that. Nor was the mistake then? Nowhere. There wasn't any. These two people were simply unconsciously illustrating the psychological fact that our friends in our presence are what we help to make them as well as what they are themselves.

Only the exceptional human being is a fixed personality, appearing the same to everyone whom he meets. Most of us are variables, the product of our own personality times the personality of the person we are with. Surely you have noticed this phenomenon in yourself, even if you haven't exactly classified it. You have a friend who is vivacious and full of fun, always seeing the amusing in everything, always ready to laugh at any attempt at wit. In this girl's company all the vivacity in you comes to the surface. You laugh at things which would never occur to you as amusing under other circumstances and you are so witty that you are actually surprised at yourself.

The next day you are in the company of a conventional-minded person whose outlook on life is as heavy

and serious as you other friend's is light. To-day there is not a sparkle of wit in your conversation. Nothing amuses you and you talk bromidioms and conventionalities as naturally as you talked witticisms the day before. Now could anything be more unlike than these two personalities who have inhabited your body in this short time? It is strange that these two friends probably have a totally different idea of you?

An even more subtle influence of a friend's personality which I have noticed is that we write a very different letter to different people.

Recently I had occasion to write half a dozen notes to different people on much the same subject. To some I wrote easily and chattily; for others I could only produce a stiff and formal epistle. Nor was the difference merely caused by the varying length of our acquaintanceships. One of the notes which I struggled over the longest was to a woman whom I have known all my life. And one of the easiest to write was to a comparatively new friend. It was simply the influence of their congenial or uncongenial personalities reaching me through space and making it difficult or easy to chat with them.

And yet more than that—I found myself writing to one girl in the same extravagant, half sincere vein in which she would have written to me; and to another with the ultra frankness which is her distinctive characteristic.

Really it is an interesting study—this effect of other personalities on ours. And if you fancy I am talking unmeaning theories, just take the pains to observe yourself in this matter, and I think you will change your mind.

Ruth Cameron

THE SECRET OF LONG LIFE.

Do not sap the springs of life by neglect of the human mechanism, by allowing the accumulation of poisons in the system. An imitation of Nature's method of restoring waste of tissue and impoverishment of the blood and nervous strength is to take an alternative glyceric extract (without alcohol) of Golden Seal and Oregon grape root, Bloodroot, Stone and Mandrake root with Cherrybark. Over 40 years ago Dr. Pierce gave to the public this remedy, which he called Dr. Pierce's Golden Medical Discovery. He found it would help the blood in taking up the proper elements from food, help the liver into activity, thereby throwing out the poisons from the blood and vitalizing the whole system as well as allaying and soothing a cough. No one ever takes cold unless congested, or exhausted, and having what we call catarrh, which is attended with impoverished blood and exhaustion of the system. The "Discovery" is an all-round tonic which restores tone to the blood, nerves and heart by imitating Nature's methods of restoring waste of tissue, and feeding the nerves, heart and lungs on rich red blood.



Mrs. Dorn.

"I suffered from pain under my right shoulder blade also a very severe cough," writes Mrs. W. Dorn, of New Brookland, S. C., to Dr. R. V. Pierce, Buffalo, N. Y. "I had four different doctors and none did me any good. Some said I had consumption, others said I would have to have an operation. I was bedridden, unable to sit up for six months and was nothing but a skeleton. You advised me to take Dr. Pierce's Golden Medical Discovery and Dr. Pierce's Pleasant Pellets. When I had taken one bottle of 'Discovery' I could sit up for an hour at a time, and when I had taken three bottles I could do my cooking and tend to the children. I took fourteen bottles in all and was then in good health. My weight is now 127 pounds."

Fads and Fashions.

The side fringe is no longer fashionable. The double frills for coats and for waists are seen everywhere.

It is certain that the return of pleated skirts means that checks will be a favored novelty. Stripes will also be featured. Wide stripes in skirts will be worn with jackets in plain colors.

Handkerchief points in polka dot pattern make a very pretty trimming for a white wash blouse. The handkerchief points should form the sailor collar and revers and appear again on the sleeves.

Neckwear will be a very important item of dress this fall. The new direction coats absolutely demand good neckwear. The stock with cascade jabot is shown among the new models for fall.

Some of the early fall dresses and

waists have a round-neck finish. The most popular low cut is about one inch below the collar line. For yokes with high collars, Brussels net is in high favor.

A dress cut in Norfolk style is always in good taste for out-of-door wear, whether it be on the deck of a steamship or yacht, the tennis court, the golf links or for any other form of outdoor exercise.

No one seems desirous, so far, of returning to dresses made around the hem, either for evening or day wear. For dances, the skirts will be of graceful length; other evening gowns will have narrow trains.

A new collar shape is that which extends well out on the shoulder, in an epaulet effect. An embroidered net collar shaped in this fashion is edged with Irish and has Irish medallions inserted on each shoulder.

A very chic and becoming toque is made of swathed silk or gauze or lace, soft and symmetrical, yet carefully arranged in long folds around the frame, and finished at the left side or in front with a feather.

A feature of the new frocks is the use of sashes with short ends hanging down the side of the back. These sashes are mostly of the material or velvet ribbon, although a few were of Roman or oriental embroidery.

If extremely fashionable, the new fall hat should be made of two materials—velvet and moire, velvet and plush, velvet and fur, velvet and tulle, velvet and otoman, velvet and satin or velvet and leather, in two colors.

For evening, the hair is dressed flat and close to the head, and a large agrette or beaded band with drooping ornaments is worn, or an arrangement of gauze that looks like a turban and trimmed with ostrich plumes.

The glowing rosy pink, which must be worn with discretion, but which is most chic, is loveliest in taffeta. If you cannot wear a solid dress of this gay color, you can have a belt or bow or a parasol, or perhaps a hat.

The top coat is a fashion necessity this summer. The young girl going away may prefer the striped blazer; the older women can choose from

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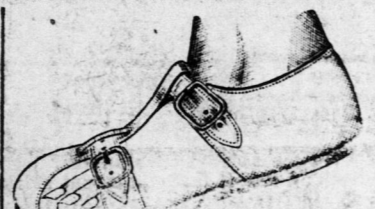



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