

# Motherly Advice.

Every mother possesses information of vital value to her young daughter. That daughter is a precious legacy, and the responsibility for her future is largely in the hands of the mother. The mysterious change that develops the thoughtless girl into the thoughtful woman should find the mother on the watch day and night. As she cares for the physical well-being of her daughter, so will the woman be, and her children also.

When a young girl's thoughts become sluggish, when she experiences headaches, dizziness, faintness, and exhibits an abnormal disposition to sleep, pains in the back and lower limbs, eyes dim, desire for solitude, and a dislike for the society of other girls, when she is a mystery to herself and friends, then the mother should go to her aid promptly. At such a time aid nature a little and prepare the young system for the coming change by using

## Lydia E. Pinkham's Vegetable Compound.

Case of a Young Girl, of Interest to Every Mother and Daughter in the Land.

"DEAR MRS. PINKHAM:—I feel it my duty to write you these few lines thanking you for what you have done for me. I was in a terrible condition, could not eat or sleep, had no strength, felt tired all the time. I had such a bad color that my mother was very much worried about me. Also suffered with headache, backache, pains all over. Menstruation was very irregular and scanty, and had such bearing-down pains. I have taken both the Vegetable Compound and Blood Purifier, and now I am a well girl. I cannot be grateful enough for what Lydia E. Pinkham's remedies have done for me. I would advise all who suffer as I did to write to you for advice.—Miss KATIE C. CONNOR, 102 S. Franklin St., Wilmington, Del."

A medicine that has restored so many women to health and can produce proof of the fact must be regarded with respect. This is the record of Lydia E. Pinkham's Vegetable Compound, which cannot be equalled by any other medicine the world has ever produced.

It is well to remember these facts when some druggist asks you to buy something which he says is "just as good." That is impossible, as no other medicine has such a record of cures as Lydia E. Pinkham's Vegetable Compound; so do not experiment with untried medicines, but insist upon the one you know is best.

### SPECIAL ADVICE TO YOUNG WOMEN FREE.

From a vast experience in treating female ills, extending over 20 years, Mrs. Pinkham has gained a knowledge which is of untold value to every ailing young woman. Her advice never fails to help. If you need such help write her at Lynn, Mass.

**\$5000 FORFEIT** If we cannot forthwith produce the original letter and signature of above testimonial, which will prove its absolute genuineness, Lydia E. Pinkham Medicine Co., Lynn, Mass.



## BAKING

Give your wife a chance and she'll bake bread like that mother used to make.

For rolls and biscuits—that require to be baked quickly there's nothing like Gas.

THE CHATHAM GAS CO. Limited.  
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## B. Proctor,

Commission Broker.  
N. Y. Stocks, Grains, Provisions, Cotton....

o better service anywhere. Why not you trade at home? Information free.  
Telephone 240.

## Food, Stiff Argument

Laundry work can be put up on just this—the stiff beam shirt. If there are laundrymen these as well as they are unknown to us. There are no one who does the work any than the

THAM STEAM LAUNDRY  
not finish is not the only thing sought. Care is taken that the collar band is stretched out of shape or made uneven beams of open-front shirts ironed on wheels do not come opposite. We these things right.

THAM STEAM LAUNDRY  
St. near Fire Hall, Phone 199

## MUSIC.

MR. E. B. ARTHUR, Organist and Director of First Presbyterian Church, has opened classes for organ, piano and theory.

For terms apply at residence, 31 Ad Street.

### Quickness Is Relative.

The careful American observer soon finds that the standard of quickness is to be determined in England, as everywhere else, by the point of view. People who go slowly on new ground may turn out to be quick enough when wholly at home with any particular line of thought.

How odious and complicated, for instance, seems to an American observer the computation of pounds, shillings and pence! It seems strange that any nation should consent for a day to employ anything but a decimal currency. Yet with what lightning rapidity does a London bookkeeper make his computations! What a life of tedious formality seems that of an English house servant! Yet there was no slowness of intellect in that footman in an earl's family who, when his young lord fell over the banisters and the next of kin called to ask if the elder boy was hurt, answered promptly, "Killed, my lord," thus accomplishing in an instant the transfer of the title appertaining to an earl's eldest son and heir only.—Thomas Wentworth Higginson in Atlantic.

### A Precious Manuscript.

There is now in St. Petersburg the oldest known MS. of the New Testament in Greek, saved from destruction by the merest chance many years ago. Crossing the hall of a convent at the foot of Mount Sinai, Constantine Tischendorf saw a basketful of parchment leaves on their way to be burned. Two baskets had already gone, he was told, and all that he could secure for himself was a small bundle of odd leaves. But the monks, now interested in the "waste paper," saved the rest from the fire, and nine years after, on a return visit to the convent, Tischendorf found that the steward had, wrapped in a red cloth, "a bulky kind of volume," which proved to be the whole of the New Testament, with parts hitherto unknown, and parts of the Old, which had long been sought. He begged the volume for the czar, and today it lies, well preserved in spite of its 1,500 years of age, among the treasures of the Russian capital.—London Mail.

### Testing a Horse's Eyes.

The unsuspecting farmer is often "bit" by the professional horse trader in having a horse with defective sight palmed off on him. The trader makes a John L. pass at the horse's eye with his fist, and the force of the air causes the horse to bat or blink his eyes, though he may be totally blind in one eye and weak in the other.

If the farmer will blindfold one of the animal's eyes and make gentle passes at five and ten feet from it, he can tell how strong the animal's sight is in that eye. Then blind the examined eye and go through the same process with the other.

This little hint may save you getting the "small end" of a swap.

## HOW IT'S DONE.

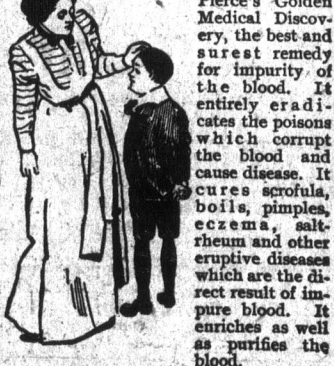
It's from the stomach the blood is fed and the nerves controlled.

Undigested food ferments for lack of gastric juice. The fermentation and putrefaction in the stomach and alimentary canal are the main causes of disease. It upsets the nerves. It poisons the eye sin.

Dr. Leonhardt's Anti-Put increases the necessary supply of gastric juices in quantity and quality to insure perfect stomach action. It has similar action on bile formation. Anyone can prove this for himself by addressing Wilson-Frye Co., Niagara Falls, Ont., for free sample.

## It's Impure Blood.

"What is it?" asks the mother as she notices the smooth skin of her child marred by a red or pimply eruption. It is impure blood, and the child needs at once to begin the use of Dr. Pierce's Golden Medical Discovery, the best and surest remedy for impurity of the blood. It entirely eradicates the poisons which corrupt the blood and cause disease. It cures scrofula, boils, pimples, eczema, salt-rheum and other eruptive diseases which are the direct result of impure blood. It enriches as well as purifies the blood.



"Dr. Pierce's medicine has not only benefited me greatly, but it has done wonders for my two sons," writes Mrs. M. H. Bartrick, of Demeter, Oswego Co., N. Y. "Both had scrofula. I have lost two daughters in less than five years with consumption and scrofula. My eldest son was taken two or three years ago with hemorrhage from the lungs. It troubled him for over a year. He took Dr. Pierce's Golden Medical Discovery, and has not had a hemorrhage in over a year. My younger son had scrofula sores on his neck; had two lanced, but has not had any since he commenced to take your medicine."

Accept no substitute for "Golden Medical Discovery." There is nothing "just as good" for diseases of the stomach, blood and lungs.

A 1008 page book, free for the asking. You can get the People's Common Sense Medical Adviser, the best medical book ever published, free by sending stamps to pay expense of customs and mailing only. Send 31 one-cent stamps for paper covers or 50 stamps for cloth-bound volume, to Dr. R. V. Pierce, Buffalo, N. Y.

### Hours and Luck.

As strong as the superstition of Friday is that concerning certain hours in European and oriental countries.

In Paris the superstition is so prevalent that an enterprising business is that of selling cards on which are printed the hours that should be avoided.

The famous Gambetta consulted a reader of cards as to the auspicious day for embarking on any important enterprise.

President Carnot was skeptical of such things, and he chose an unlucky hour for his journey to Lyons, where he was assassinated.

### St. Roger de Coverley.

Ralph Thoresby, writing in 1717 of the family of Calverley of Calverley, Yorkshire, says: "Roger was a person of renowned hospitality, since at this time the obsolete tune of 'Roger a Calverley' is referred to him. He was a knight and lived in the time of Richard I." This passage carries the date of the origin of the tune back to about 1190. The Spectator in a description of Sir Roger, now called "de Coverley," says, "His great-grandfather was the inventor of the famous country dance which is called after him."

### A Matter of Doubt.

A minister in a certain city said: "My brethren, the collection will now be taken for my expenses for a trip, for I am going away for my health. The more I receive the longer I can stay." The largest collection ever made in that church was taken. And now the question under discussion is whether the size of the collection was a compliment to the preacher or much the reverse.

Keep Minard's Liniment in the House.

### The Story of a Discovery.

How many valuable inventions have been the result of pure accident, while in other cases men have puzzled their brains with study for a lifetime and brought forth nothing!

It happened one night that a big starch factory on the banks of the Liffey, near Dublin, took fire, and great puddles of starch and water were left outside.

Some calico printers who had been out all night and were quite tipsy came along toward morning, and one of them stumbled into one of the puddles. He found it so sticky that all his clothes stuck to him so fast that he had to stay in bed next morning till his wife soaked them out.

The man knew from his trade that the starch and water had formed a very powerful and valuable gum. He went back to the place of the fire and investigated, and the result was the discovery of the adhesive gum now used in sticking postage stamps and which has made many rich. But temperance lecturers need not know it.—Boston Globe.

### A Vivid Imagination.

A furniture dealer tells a little story that shows how some people are constituted. A lady ordered an elegant easy chair of a peculiar kind. It was made and sent to her house. She examined it carefully and critically, finally remarking that it suited her exactly, with one exception—it was too soft. She sent the chair back to be made a trifle harder. It was returned to the shop and put aside. Nothing was done to it. After a lapse of about a week the chair was sent out again. The lady again examined it and now found it too hard. She was sorry, but when she paid so much to get an article for her own comfort she wanted it just right, so she sent it back to the shop for another change. The chair was again put aside for a week or ten days and sent out for the third time without the least alteration. This time it was just right. She took the chair, paid for it and was sorry it had not suited her at first. The poor woman never knew that the chair had not been changed a particle.

## IN THE MERRY MERRY SPRINGTIME

You Must Get Rid of That Tired Spring Feeling—How and Why Dodd's Dyspepsia Tablets Drive It Away.

In the Springtime the Stomach needs a rest. It has been working overtime all the winter through supplying the different parts of the body with the heat and strength they need.

It is wearied, and when the stomach is wearied all the body must be in a like condition. For when the stomach is tired and unable to do its full work the different muscles and organs do not receive the food they need. They become weak and starved.

This causes that tired feeling that is so prevalent in the springtime. The remedy is to give your stomach a rest and the simplest and best way to do it is to use Dodd's Dyspepsia Tablets.

Dodd's Dyspepsia Tablets rest the stomach by taking the work of digestion off its hands. They digest the food and the stomach rests and returns to its natural and healthy state. That's why Dodd's Dyspepsia Tablets cure permanently as well as relieve.

A wise man enjoys the little he has while the fool is looking for more.

## PRATT & LAMBART VARNISHES

are the very best Varnish you can get for varnishing

## RODGERS STAIN FLOOR FINISH

is the new hard finish for floors. Makes old floors look like new, and cleans your house.

## FOR READY MIXED PAINTS,

Oils, Varnishes and Brushes of all kinds go to

## A. H. PATTERSON'S

HARDWARE STORE,

THREE DOORS EAST OF MARKET

He is making a specialty of Paints and Varnishes for the Spring.

## Commercial Printing.

When in need of anything in the Fine of Commercial Stationery Visiting Cards, etc., leave your order at the

Planet Job Department.

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Real Estate bought, sold or exchanged. Money to loan at low rates. No commission charged borrowers. Houses to rent. Collections made. Fire and Life Insurance in safe companies. Call and see us. Office King St., opposite Market.

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## CHATHAM FARMERS' HOUSE

Opposite the market. 25 well ventilated rooms. Weekly or table borders. Special rates. \$1 per day

J. W. MILES, Proprietor.

## FOR SALE

Frame dwelling on Lorne Avenue, containing parlor, dining-room, bed room, kitchen, pantry, summer kitchen and woodshed, and three bedrooms and a hall upstairs. This building is as good as new. Price \$1025.00 if sold at once. Apply to Smith & Smith, Real Estate Agents.

## DR. OVENS, London,

SURGEON, SPECIALIST, EYE, EAR, NOSE AND THROAT. Visits Chatham Monthly. Glasses properly fitted. Office—Radley Drug Store. Next Visit, WEDNESDAY, APRIL 20

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