

Children's Department.

If You're Good.

Santa Claus'll come to-night,
If you're good,
And do what you know is right,
As you should;
Down the chimney he will creep,
Bringing you a woolly sheep.
And a doll that goes to sleep;
If you're good.

Santa Claus will drive his sleigh
Thro' the wood,
But he'll come around this way
If you're good,
With a wind-up bird that sings,
And a puzzle made of rings—
Jumping-jacks and funny things—
If you're good.

He will bring you cars that "go."
If you're good,
And a rocking-horse—oh!
If he would!
And a dolly, if you please,
That says "Mamma!" when you squeeze
It—he'll bring you one of these,
If you're good.

Santa greives when you are bad,
As he should;
But it makes him very glad
When you're good,
He is wise, and he's a dear;
Just do right and never fear;
He'll remember you each year,
If you're good.

—St. Nicholas.

Mabel's Christmas Gift.

"Christmas is now here." That's what Mabel was reading on a business card that she had picked up, "Christmas is now here." So it was, or nearly so—only one day more, and then Christmas Eve! She absently counted off on her fingers the list of friends to whom she meant to present gifts. She was going to give a good

Exhaustion

Horsford's Acid Phosphate.

Overworked men and women, the nervous, weak and debilitated, will find in the Acid Phosphate a most agreeable, grateful and harmless stimulant, giving renewed strength and vigor to the entire system.

Dr. Edwin F. Vose, Portland, Maine says: "I have used it in my own case when suffering from nervous exhaustion, with gratifying results. I have prescribed it for many of the various forms of nervous debility, and it has never failed to do good."

Descriptive pamphlet free on application to

Rumford Chemical Works, Providence, R.I.

Beware of Substitutes and Imitations.
For sale by all druggists.

Price Reduced **\$10** by express.
from \$25 to \$10.25 by registered mail.

Delivered free of duty in Canada.



An Oxygen Home Remedy Without Medicine.

Often Cures Cases

PRONOUNCED "Incurable"

'HOW'?

By its new method of introducing oxygen directly into entire circulation

A CANADIAN REPORT

St. Johns, Que., Canada, Feb. 19, 1895.

NEURALGIA. I have now used the pocket Electropoise in my family since last August, and cannot speak too highly of its merits. I fully believe it does all you claim for it. My daughter, who has been an invalid for the past three years from spinal trouble, partial paralysis, and neuralgia, and had the best medical advice that St. Johns and Montreal could give, has greatly benefited by the use of this wonderful little instrument; she is now able to walk about and come down stairs alone; she looks forward, and with good reasons too, to a complete restoration to health. I have also tried it on myself for muscular rheumatism, and on others for inflammatory rheumatism, cramps in the stomach, inflamed sore throat, indigestion and other ordinary ailments; in all cases the effects were so convincing that I cannot speak too highly of its curative powers.

DYSPEPSIA. I have recommended it to a number of my friends, and to my knowledge they all speak highly of its virtues. I consider it invaluable in a family if the directions are faithfully carried out.

Very truly yours,
R. C. MONTGOMERIE

BOOK telling all about the Electropoise, and with 250 letters similar to above mailed to any address. **FREE**

Electrolibration Co., 1122 Broadway,
NEW YORK CITY

many presents this year. There was Cousin Tom, who had been so curious as to the exact size of her third finger, and her Sunday School teacher, who always put such nice cards on the tree for her class, and mamma—mamma always gave her something good, and papa—she did hope that papa understood her when she remarked, the other evening, that she didn't expect anything this year, but if she did and had her choice, she would rather have a certain black and gilt writing-desk than anything else in the world. And then she fell to wondering if Belle, her desk mate would give her anything. Belle knew that she was going to give her something. It was quite probable—quite probable, indeed—that Beth would remember her. And she slowly tore the bit of pasteboard in her hand in two, and then a thin slip fluttered to the pavement. As another was about to follow, her eye caught the bright, tinted lettering again; but

this time it read "Christ is now here,"—the little strip thrown away bearing the second syllable.

"Oh, how strange!" she thought. "Christ is now here. And suppose He should be; and Christmas His birthday!" she went on, now thoroughly aroused. "His birthday—and what am I going to give Him? Why, we are all acting as though it were our birthdays, and our Christmas-tree, too. It is all, every bit, just for ourselves—not one thing for Jesus."

When her father came home, she told him the thoughts that had been awakened by the torn card.

"But how can one, papa, give Jesus a Christmas present? And besides, it is too late now."

"No, dear," her father replied, "there are the poor whom we have always with us, and there is the black and gilt writing-desk," with a smile. "Now, how much do you suppose you could get out of that little desk?" he went on. "Let me see—one load of coal, one half-bushel of potatoes, one peck of apples, one sack of flour, and still have two dollars left."

"For a nice, warm shawl," Mabel almost shouted. "Won't Granny be surprised!"

But surprise did not at all express old, feeble, black Granny Brown's feelings when Christmas dawned and she could hardly pull open the little cabin door for the great basket of good things hanging to it. And when she stumbled against the coal that had been mysteriously heaped in the yard during the night her gratitude overflowed, and with trembling hands raised, and quavering voice, she cried: "De good Lawd Hissself done been hyar dis bressed night!"

The Whole Story

Of the great sales attained and the great cures accomplished by Hood's Sarsaparilla is quickly told. It purifies and enriches the blood, tones the stomach and gives strength and vigor. Disease cannot enter the system fortified by the rich, red blood which comes by taking Hood's Sarsaparilla.

—Hood's Pills cure nausea, sick headache, indigestion, biliousness. All druggists. 25c.

Cures Talk

"Cures talk" in favor of Hood's Sarsaparilla, as for no other medicine. Its great cures recorded in truthful, convincing language of grateful men and women, constitute its most effective advertising. Many of these cures are marvelous. They have won the confidence of the people; have given Hood's Sarsaparilla the largest sales in the world, and have made necessary for its manufacture the greatest laboratory on earth. Hood's Sarsaparilla is known by the cures it has made—cures of scrofula, salt rheum and eczema, cures of rheumatism, neuralgia and weak nerves, cures of dyspepsia, liver troubles, catarrh—cures which prove

Hood's Sarsaparilla

Is the best—in fact the One True Blood Purifier.

Hood's Pills cure liver ills; easy to take, easy to operate. 25c.

We hear a great deal about purifying the blood. The way to purify it is to enrich it. Blood is not a simple fluid like water. It is made up of minute bodies and when these are deficient, the blood lacks the life-giving principle. Scott's Emulsion is not a mere blood purifier. It actually increases the number of the red corpuscles in the blood and changes unhealthy action into health.

If you want to learn more of it we have a book, which tells the story in simple words

SCOTT & BOWNE, Belleville, Ont.

—In all your Christmas joys remember His first and make it the best and truest portion of your happiness—that you are observing the birthday of the Son of God.

—There is great danger that our children will know all about Santa Claus, and have their susceptible minds filled with fairy lore, and yet have no knowledge of the Holy Child Jesus.

Walter Baker & Co., Limited.

Dorchester, Mass., U. S. A.
The Oldest and Largest Manufacturers of

PURE, HIGH GRADE Cocoas and Chocolates



on this Continent. No Chemicals are used in their manufactures. Their Breakfast Cocoa is absolutely pure, delicious, nutritious, and costs less than one cent a cup. Their Premium No. 1 Chocolate is the best plain chocolate in the market for family use. Their German Sweet Chocolate is good to eat and good to drink. It is palatable, nutritious and healthful; a great favorite with children. Consumers should ask for and be sure that they get the genuine Walter Baker & Co.'s goods, made at Dorchester, Mass., U. S. A.
CANADIAN HOUSE, 6 Hospital St., Montreal.