

Himself has caught us up, and set us upon our feet. The will to serve and the power to serve are both the gifts of His grace; we are raised to life and hope and joy by

THE ROYAL HAND OF OUR KING.

Church Lighting.

An essential element in the work of every church is a well-lighted sanctuary. A gloomy temple is not a wholesome place to worship in. Cheerfulness belongs to Christianity. The church should be well supplied with windows to admit the sunlight, and supplied with the very best appliances known to science for the artificial light needed for illumination at night. The most efficient dispenser or diffuser of light, either from oil lamp or gas or electric light, is the reflector manufactured by Mr. I. P. Frink, of this city. There are differences in the quality of reflectors as there are differences in the quality of flour. Competition has brought a number of inferior reflectors into the market. Those who reflect before they buy will buy the Frink Reflector.—*New York Christian Advocate.*

WHAT SAY THEY?—In popularity increasing. In reliability the standard. In merit the first. In fact, the best remedy for all summer complaints, diarrhoea, dysentery, cramps, cholera infantum, etc., is Dr. Fowler's Extract of Wild Strawberry. All medicine dealers sell it.

Three Heroes.

Of the eleven medals given last year by the Life Saving Service for signal acts of bravery in the rescue of drowning persons, three were bestowed upon heroes under the age of fifteen. One of them was given to Mary Parsons, a little girl of ten, who lives in a fishing village on the Long Island coast. From the beach she saw a man and a child swept by a jibing-boat from a small sail-boat into the waves. She sprang into a skiff and rowed out to them, managed with coolness and skill to help the exhausted man, and after him the child, into the boat, and brought them safely to shore.

Another medal was given to Henry Page, a lad of ten years, of the same State, who swam to the rescue of a boy twice his own size and weight, who was drowning in a mill-pond. Young Page, in spite of the desperate struggles

of the other lad, who grappled and dragged him down, retained perfect calmness, and contrived to keep behind him, holding him under the arms while he swam ashore with him.

The third medal was bestowed on Frederick Walker, a boy of fourteen, who saw two of his companions break through the ice while skating on a lake at Schenectady, N. Y. The water was deep; the thin ice, as they clutched at it, broke away. Walker, at the risk of his own life, dragged himself out to the edge of the chasm, and with the aid of a long stick succeeded in bringing both boys to shore. Half frozen by the icy water, and in momentary danger of death, he worked in the icy flood with quiet self-possession and indomitable courage. In these three instances the reader will notice that it was not only the bravery of this girl and the two boys which gave them success, and won for them the highest meed of praise which the Government can bestow; but their coolness and composure in sudden, desperate emergencies. They had learned, when there was no danger, to "keep their heads"—a useful hint to every other boy and girl in the country.—*Youth's Companion.*

THE BEGINNING OF DEATH.—Disease is the beginning of death; its approach should be met at once by appropriate remedies. No better means exists than the use of Burdock Blood Bitters whenever symptoms of any disease of the stomach, liver, bowels or blood appear. B.B.B. is the best live preserver.

Births, Deaths, & Marriages

BIRTH.

ADAMS.—July 3rd, at The Lodge, Bishop's College, Lennoxville, P.Q., the wife of the Rev. Principal Adams, of a daughter.

SUNBEAMS

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BELL WANTED.

WANTED—For a Mission Church, a good tenor bell from 200 to 300 lbs., must be cheap. Address, Rev. H. Softley, 43 Woolsey Street, Toronto.



ST. LAWRENCE CANALS. RAPIDE PLAT DIVISION.

NOTICE TO CONTRACTORS.

SEALED TENDERS addressed to the undersigned, and endorsed "Tender for the St. Lawrence Canals," will be received at this office, until the arrival of the eastern and western mails on Wednesday, the 23rd day of July next, for the construction of a lift lock, weirs, etc., at Morrisburg, and the deepening and enlargement of the Rapide Plat Canal. The work will be divided into three sections, each about a mile in length. A map of the locality, together with plans and specifications of the respective works, can be seen on and after Wednesday, the 9th day of July next, at this office, and at the Resident Engineer's Office, Morrisburg, where printed forms of tender can be obtained.

In the case of firms there must be attached to the tender the actual signatures of the full name, the nature of the occupation and residence of each member of the same, and further, an accepted cheque on a chartered bank in Canada for the sum of \$5,000, must accompany the tender for Section No. 1, and an accepted cheque on a chartered bank in Canada for the sum of \$2,000, for each of the other sections.

The respective accepted cheques must be endorsed over to the Minister of Railways and Canals, and will be forfeited if the party tendering declines entering into contract for the works at the rates and on the terms stated in the offer submitted. The cheques thus sent in will be returned to the respective parties whose tenders are not accepted. This Department does not, however, bind itself to accept the lowest or any tender.

By order
A. P. BRADLEY,
Secretary.

Department of Railways and Canals,
Ottawa, 13th June, 1890.

A Daughter's Influence.

So much has been written in this world about a mother's influence, and rightly too—for there is no love like hers, no nature so self-sacrificing, no one surely who cares for us in quite the devoted way that she does, consequently her influence over us is great.

But the daughter? Did you ever stop to think of the many quiet, sweet lives hidden away, whose influence may not radiate far beyond the home circle? But just there, what a power for good they are! The mother, how naturally she turns to her for companionship, comfort and sympathy. The brothers, what a grand opportunity to win their regard, their love. "Tis said we are born brothers and sisters, but love and affection we must win," as much so in our own homes as we do abroad. How full of all charitableness, uprightness, truthfulness, and integrity she should be.

How often have I heard girls whose lives are shielded and protected, have pleasant bright homes, say that they are disgusted with life; it is not worth

the living, etc., the results perhaps of some annoyance, loss or disappointment. How little they realize that

The sweetest lives are those to duty wed,
Whose deeds both great and small
Are close knit strands of an unbroken thread,
Where love ennobles all.

And surely our duty is to those whom God has placed nearest to us, perhaps sometimes influencing them unconsciously, but always continually and surely. God grant that it may always be to His honor and glory, thus making this world better and brighter for having been a daughter and a sister.

CONSUMPTION CURED.

An old physician retired from practice, having had placed in his hands by an East India missionary, the formula of a simple vegetable remedy for the speedy and permanent cure of Consumption, Bronchitis, Catarrh, Asthma, and all throat and Lung Affections, also a positive and radical cure for Nervous Debility and all Nervous Complaints, after having tested its wonderful curative powers in thousands of cases, has felt it his duty to make it known to his suffering fellows. Actuated by this motive and a desire to relieve human suffering, I will send free of charge, to all who desire it, this recipe, in German, French or English, with full directions for preparing and using. Sent by mail by addressing with stamp, naming this paper, W. A. NOTES, 320 Power's Block, Rochester N.Y.

CONSUMPTION SURELY CURED

TO THE EDITOR:—Please inform your readers that I have a positive remedy for the above named disease. By its timely use thousands of hopeless cases have been permanently cured. I shall be glad to send two bottles of my remedy FREE to any of your readers who have consumption if they will send me their Express and Post Office Address. Respectfully, T. A. SLOCUM, M.C., 186 West Adelaide St., TORONTO, ONTARIO.



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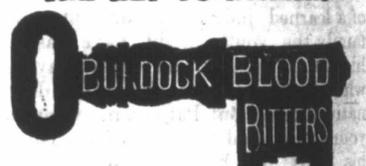
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JAUNDICE, OF THE HEART,
ERYSIPELAS, ACIDITY OF
SALT RHEUM, THE STOMACH,
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HEADACHE, OF THE SKIN,

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