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ARCHDIOCESE OF KINGSTON. James Vinceut, by the Grace of God and Favor of the Apostolic See, Archbishop-elect of Kingston.

the Reverend Clergy, Religious Commities, and Faithful Latry of our Dio-

The Lenter regulations for the diocese of Kingston this year are as follows:

I. All persons who have completed their twenty-first year of age, are bound by the law of fast, and accordingly are restricted to one full meat with a partial meal or collision at evening, on all days within the Lenten season, unless they be excused or dispensed. There is no restriction to the number of meals on Sandays.

pened. There is no restriction to the number of mests on Sundays.

II. The sick, the aged (that is, persons who have passed their sixtieth year) and all who are employed in hard fatiguing labor, likewise nursing women, and any others whose condition of life or state of health would render it obviously dangerous to deprive them of their usual number of meals are excused from the law of ber of meals, are excused from the law of fast, as distinguished from abstinence. Incases of doubt as to the sufficiency of the excuse, the confessor is to be con-

III. The law of abstinence, as distin-guished from fast, binds all persons who have come to the age of discretion, which is commonly reckoned about seven years of age. It forbide certain kinds of food during the pentiential season of Lent.
Since the first age of Christianity firshmeat, eggs and whitemeats, such as milk,
butter and cheese, have been excluded
from the food of the faithful throughout from the food of the faithful throughout the forty days of pemance and prayer preceding Easter. This law remains in force, except in so far as it is relaxed from year to year by the rulers of the Church Oar Sovereigu Lord, Pope Leo XiII., has authorized the Bishops of this Province to allow, and We by these presents allow to all our faithful people, the use of fiesh meat, eggs and whitemeats at every meal on all Sundays in Lent; also at the one principal meal on all Mondays, Tuesdays, Thursdays and Saturdays, "xeept Saturdays and Saturdays, "xeept Saturdays." principal meal on all mondays, recept Saturday, 1st of March, and Holy Saturday. At the evening collation they may use eggs and whitemeats; also oysters or other

IV. Whensoever fleehmeat is used on Sundays or other days in Lent fish cannot be used at the same meal. Dripping or lard may, however, be used in cooking

poor alike for the bare sustenance of life; fleshmeat, eggs and whitemeats, and every species of delicate fare, that might gratify the sensual appetite, were rigidly ex-cluded. In those days the true spirit of cluded. In those days the true spirit of penance was active and earnest; men really "chaetised their bodies and brought them into subjection" in imitation of St. Paul (1 Cor. 9 ch): the forty days' fasting and prayer bore some resemblance to Oar Lord's fast in the desert, of which Lent is an annual commemoration ordained by the Apostles; and the penitent Christian, forward to a parwho looked hopefully ticipation in the joye of the resurrection of the Crucified, prepared himself in body and soul by likening himself to Jesus, the first born of the heirs of glory, in self-humiliation and self mortification. For this is the condition of joint heirship, as it is written: "We are heirs indeed of God, and joint heirs with Carlst; yet so if we suffer with Him, that we may be also playified with Him." (Rom. 8 ch.) Let no man deceive himself into the belief that hearnest he County in the belief that, because the Courch relaxes her Lenten discipline in consideration of the weakness of her children in modern weakness of her children in inducers times, she deems penance less necessary than of old. The law of penance admits of no dispensation. The Saviour has declared it indispensable, whether we be physically able to fast or not. "Unless ye do penance," said He, "ye shall all likewise perish." (Luke, 13 the applies to the nineteenth cench ) This applies to the nineteenth century equally as to the first. So also does the maxim of St. Paul, "Taey who are of Carlst, have crucified their flesh with its vices and concupiscences." (Gal. 5 ch.)
The great Apostle himself was surely The great Apostle himself was surely "of Carist," a "vessel of election," a commissioned ambassador of heaven, isden with inspiration of secrat oracles beyond the power of humon rockue to utter, and has already been favore, with a vision of the third heaven before he wrote this edgain ant sentence of parsonal biography

and universal admonition: "I chastise my body, and bring into subjection, lest perhaps when I have preached to others. I myself should become reprobate." (I Cor. 9 ch.) It was not that his passions were stronger, or his infirmities weaker, than ours. It was that his faith more fully comprehended the necessity of personal atonement in union with the atonement of Jesus Christ for satisfaction of time forgiven, and security through God's special grace against future relapse and the danger of final reprobation of the self-chastisement who amongst using secure? "Christ hath loved me," says this great apostle, "and hath delivared himself up for me" (Gal. 2 ch.) What more was needed for his soul's safety? Yes, there was yet needed his personal co-operation; his application of Christ's merits to himself by faith and penance; his voluntary sufferings of the innocent Son of God. Hence he wrote (Csl. 1 ch.) "I now rejoice in my sufferings for you, and fill up those things that are wanting of the sufferings of Christ in my flesh."

Wherefore let those who come under fally in the spirit of obedience and penance, uniting their little privations each day with the hunger and thirst of our dear Lord in the decert. Let those who are legitimately excused from the Church's Lenten discipline bear in mind that they are bound by the law of penance qually with those who fast; and accordingly are expected to compensate in the for their dissociation from the common life of the Church in this respect, by denying themselves some one or more of the things, otherwise legitime that the terminal that they are penaled to compensate the state of the church in this respect, by the law of the the substanting of the work has careful to the control of the church in this respect, by the law of the control of the church in this respect, by the law of the control of the church in this respect, by the law of the control of the church in this respect, by the law of the control of the church in this respect, by the control of the church in this respect,

iffe of the Church in this respect, by denying themselves some one or more of the things, otherwise legitimate, that contribute to sensual gratification. If they are unable to bear restriction of food, they mry, with advantage perhaps to bodily as well as spiritual health, restrict themselves in the use of drink. Whoseever are addicted to the inordinate use of alcholic liquors are bound to this self correction by the law of Christian temperance, apart from the law of penance; and, whother they fast or not, should lay down fixed rules of daily self-dental in regard of drink which they will, by God's grace, rigidly observe through out the Lent.

Let all Catholics regard these forty

sion and the worthy reception of the Body and Biood of the Lord in the adorable Eucharist, as is commanded by the Church

Eucharist, as is commanded by the Ohurch to all her children at Eastertide.

To fasting and prayer we are exhorted by the Sacred Scriptures and voice of the Church to add aims-giving. Prayer is good," said the Archangel Raphael," with fasting and aims, more than to lay up treasures of gold." (Tob. 12 ch.) The Saviour recommended the poor to the commiseration of us all, and promised to commiseration of us all, and promised to repay us for every act of goodness done to them, as if it were done directly to Himself. Even a "cup of cold water" given in His name shall not be without its reward. We specially recommend to our people's charity the excellent Association of St. Vincent de Paul, in aid of which a sermon shall be presched, and a collection mon shall be preached, and a collection taken, in St. Mary's Cathedral at Vespers on the First Sunday of Lent, charitable gentlemen who are enrolled in that Association will relieve the wants of our poor in a Caristian manner and with a careful discrimination, so that the funds entrusted to them are sure to be expended most advantageously for the purposes of charity.

We beg to recommend likewise to our We beg to recommend likewise to our faithful congregation of St. Mary's Cathedral the promotion of the works in which they and We are engaged for the exterior completion of the sacred edifice. The Lord, Our Siviour, whose House and Home it is, the temple of His daily sacrifice and the audience chamber of His Mijesty will not fail to reward those who contribute generously towards its just and necessary adornment. towards its just and necessary adornment. The epidemic prevalent in the city has prevented very many of our people from

ALLOCUTION OF POPE LEO XIII.

Balow we give the London Tablet's translation of the allocution delivered by the Holy Father at the Consistory of December 30th:

the Holy Father at the Consistory of December 30th:

Venerable Brethren—A timely consolation has lately reached us from the remote above of America and also from Switzwiend. The Catholics have obtained what they have so carnestly sought for, and have quite recently founded by their own efforts at Washington, at Ottawa, and also at Fribourg educational institutions for higher learning, laying down as an inviolable law of their existence that the eafety of the faith shall be inseparable from culture, and that youths shall be trained to religious practice no less than to the cultivation of knowledge. We are well aware that thanks are due, in the first place, to the Bishops for their foresight and their perseverance, and then to the co-operation of private individuals. To both will the praise be due of having made by their united afforts and counsels for the great benefit of the State, as well as for that of the Church, this important provision. We discern, Venerable Brethren, what the future fruit will be of such enterprises; and the thought is most cheering to us that the Oatholic name, doubly defended, both by the laws and by the equitable judgments of mea, will be free to make a rapid progress in these cities.

CHARACTER OF THE NEW PERSECUTION IN This somewhat happy state of things

Gress in these cities.

CHARACTER OF THE NEW PERSECUTION IN ITALY.

This somewhat happy state of things abroad makes yet more bitter the knowledge of these things which are happening nearer home. For here our enemies never cease to attack the Church, and are even daily becoming mere bold; nor are they ashamed openly to glory in their crime. This is well shown by the words of a public man who, lately speaking to a crowded assembly, gathered for this very purpose, pointed out clearly what they lutend concerning the Charch and the Roman Pontificate. So also in the city of Rome were like words heard in June, when it was sought by nuwonted and noisy expressions not so much to show honor to a deserter as to heap dishonor on the Church. It is therefore easily perceived that everywhere the opinions of men are inclining to the same direction, and that all have the same object, namely to raise enmity squints and leadership.

by God and to openly revolt from the Church. ANOMALY OF THE NEW CONDITION OF THINGS IN ITALY.

Therefore the question in debate is not merely that the State should have no one raligion more influential than another, and that it should dispense equally of right to each one without distinction, in which matter in truth this very equality is iniquitous and highly pernicious; but it is their good pleasure to harraes the name of Catholics by a public proclamation of war, and to unite counsels and and forces with the worst enemies of Jesus Christ. It may seem hardly credthe that matters should have reached such a pass, and this, moreover, in the Italian people who, by the gift of God, at a very carly time, beheld the light of Christian truth, and was both sensible of and religiously preserved for the space of and religiously preserved for the space of influence centuries the very great and altogether special benefices of the divine goodness. But the fact is before our eyes. And they do not indeed spack more threateningly than they act; further, by every means they endeavored to carry out their plane, and for this reason they do not cease to turn aside the due course of institutes and laws to the injury of the of institutes and laws to the injury of the

the State as duty to assert the supremacy of the human reason, so that obscurity

being set up, there remains nothing but to reject totally what has been idelivered

Church. INIQUITY OF THE PENAL LAW. The 1st of January next will bring with it, as you know, the beginning of the New Penal Law. When, last year, this law was being deliberated upon by

THE PROPOSED LAW ON SECULARIZING

March College College

But you see that another wound srising out of this one is threatening the Church. We understood that a law has been proposed about charitable institutions (de Operibus Piis), which they have just lately approved of by a hasty vote. And this very law, they themselves admit, has been laid as the stepping stone to other things, namely, for wiping out from the institutions of States all traces of religion. The arrangement of the law agrees indeed with a plan of that kind, for the force of it is, in the first place, partly to destroy what ever institution has been founded for charitable purposes, partly to change it into another shape and nature, so that it evidently appears that by means of so great an alteration the overthrow of institutions that have been founded will most truly be effected.

But above all else this is neither in harmony with kindness nor justice, that almost everything that has been founded or left by will for divine worship, for the repose of the departed, or for providing dowries for girls aspiring to communities of nune—that for this very reason these things should be considered as passing to others and as empty, and should be turned to other uses. In this it is very evident that the wishes of the founders are violated, especially because they assigned their money to those very intentions which are rected and under no considerations to others. And these purposes, since they belong to religion, to the velief of the souls of the faithful departed, to the perfection of virtue are by nature as immutable and perpetual as those rights and But you see that another would srising

fection of virtue are by nature as immutable and perpetual as those rights and duties which join man to God.

Ohrist has left her the sole heir of His wisdom, discipline and graces. Sae also at all times has given very great proofs of how well she has been accusomed both to give heed to the counsels of her divine Founder, and to imitate His examples. Is there any kind of woe that the Church has not been

zealous to relieve, not only with maternal affection but also with surpassing forethought and watchfulness? Thus, especially by her work and author-ity, or at least by her counsel, her kind-ness, her protecting care, relief suitable to ness, her protecting care, rener suitable varying calamittee have been found everywhere in the world, but more numerous in those places where the Church is more flourishing, and the zeal for Christian virtues is greater. Distinguished by this glory has Italy been, which, by retaining the Catholic faith untarnished through propagative and adversity, has been at all prosperity and adversity, has been at all times most plentifully productive of good deeds of this kind. For this reason it is all the more unnatural and unworthy of the Italian race to have wished to spatch away from the Church the possibility of exercising public beneficence. They had alleged indeed that revenue were equandered or badly applied, but the light of truth burst forth from a quarter whence they would least have wished it. The enquiry instituted about the administration brilliantly refuted the falsely fabricated accusation THE STATE USCRPING ECCLESIASTICAL

In the meanwhile, to fill up the mea-sure of insult, those who came to have the civil administration have insolently brust themselves into the administra tion of sacred property. You essily see my allusion. Venerable Brethren. I my allusion, Venerable Brethren. I allude to the attack made in these very last months upon Aloysius, l'itular ies, where they could make happy homes Bishop of Troas, and Ordinary of on our own soil instead of going to the Aquaviva and Altamura. You all know United States. They had not been en-

pretext for withholding from Jesus Christ what He demands for His holy house, and that the offerings which have not been made for the past few Sundays shall be computed conscienticusly and paid in full at an early day. Let us be always generous in naving tribute to our King, who is the Angle kings and Lord of all.

May the peace of Our Lord Jesus Christ fill the minds and hearts of our priests and people throughout the Diocese of Kingston.

Given at the Palace, Kingston, this 12th day of February, 1890

+ James Vincent Cleary, Archbishop-Elect of Kingston.

Thomas Kelly, Secretary.

Thomas Kelly, Secretary.

Thomas Kelly, Secretary.

The process of the contempt for the wather the authority, of and passed. We, therefore, mindful of our Apostolic authority all that has been done, those same expostulations which we made when it was believed from his rank and cast forth the exercise of its duties, to be subjected to any command of men. At the same time bestowed on another men, just as if the matter was a purely civil one and was under the arbitrary control of the political authority. By this, not confident the use of the property of both churches; then be was removed from his rank and cast forth the same time bestowed on another men, just as if the matter was a purely civil one and was under the arbitrary control of the political authority. By this, not confident the use of the property of both churches; then be was removed from his nouse; the care of those was at to any command of men. At the same time bestowed on another men, just as if the matter was a purely civil one and was under the arbitrary control of the political authority. By this, not contempt for the authority, of the political authority of the political authority of the political authority of the primacy were violated. We therefore resent such an irjury with great sorrow of heart, and we stigmatize and reject by our Apostolic authority all that has b only were the laws of the Church broken but the essential rights of Our Pontifical Primscy were violated. We therefore resent such an injury with great sorrow of heart, and we stigmatize and reject by Our Apostolic authority all that has been decreed or carried out by force in this matter. As to the clergy and prople of those churches we admonish both in the Lord to seriously weigh what duty demands of them. Even as justice requires that they should render a ready obedience in matters of a civil kind to the political authority so in those which appertain to the care of souls they canappertain to the care of souls they cau-not be subject to any other authority except that of ourselves and of those who rule them by a legitmate title, un-less, which God forbid, they wish to separate from the centre of Catholic

And now, before proceeding to designate the Bishops who will fill the Sees of the vacaut churches, we now, for the greater glory of God, and the welfare of the Church, create two excellent persons Cardinals of the Holy Roman Church, whose names we nevertheless for proper reasons, reserve in pectore to be published when see fitting, with the dispensations, abrogations and formal clauses due and

requisite.
In the name of the Father + and of the Son + and of the Holy + Ghost, Amen.

THE DUAL LANGUAGE DE-BATE.

MR. CURRAN'S SPEECH. Mr. Curran, who was received with cheers, speaking in French, said a word cheers, speaking in French, said a word of explanation was necessary as to why he addressed the House in the French language. He did so as a protest against the speech of the hon. member for North Simcoe, into which he had pressed so many elements of discord, and more especially in which he had sought to make it appear on the merest preters, that there exists a hitter were the search of the control of th that surround it, and the animus that the bon. gentleman had purposely in-fused into it. He had sought to wound the susceptibilities of a proud race, and he had succeeded, but that success was not one of which a public man need boast. How could the hon gentleman justify himself in the face of the history of the legislation has we seeking to reof the legislation he was seeking to re peal? Senator Girard had introduced the amendment into the North-West Act, making the French language official. There had not been one dissentient voice in the Senate. House of Commons had endorsed that amendment without a dissentient voice. (Cheers) He (Mr. Curran) had ex-amined carefully the leading journals of Ontario and Quebec of that date. Not Not one line had been written in any of them condemning the amendment. Not a public speaker had uttered a syllable against it on any platform from that day to the present. In the North West no one had protested, no one had com-plained. There had been no hardship, everything had progressed satisfactorily until last summer, when the hon. gentle man from Simcoe, who did not belong to the territories, began to agitate the people of Ontario on this question and in the name of equal rights had gone to the territories to ask the majority there to deprive the minority of the right to use there own language in the official proceedings of the country. (Cheers.) The present feeling was the result of the efforts of the hon, gentleman to make this, as he said, a British country. He had alleged that the attempt was being made to make of the territories a new province of Quebec. Such a statement was utterly unfounded. The amendment had been made to induce French Can-adina to turn their eyes to the territor-

couraged much to go there, and the colonization system in vogue in Quebec had interfered with the movement; but he would ask has any public man amongst their French brethren, or any French newspaper, ever raised an objection to the public moneys that had been seen to accure English that had been spent to secure English, Irish, Scotch or German immigration to our western domains? (Cheers). In whatever way or from whatever stand-point the bill of the hon, gentleman was considered it was utterly without justifi-cation. The question now was, were men who did not seem to realize their responsibilities to be allowed to run their mad career unchecked, or would all good men unite to stamp out those wretched appeals to passion and prejudice that were doing so much mischief and diverting men's minds from the consideration of quesmuch mischief and diverting men's minds from the consideration of questions of vital importance? There was surely room enough for diversity of opinion in the legitimate field of Canadian politics, and there they might all strive to have prevail what they deemed best for our moral and material progress. Let men in good-will join hands to eliminate the discordant elements that set Canadian against Canadian. (Cheers). It was a happy thing for them that at the It was a happy thing for them that at the head of the French Canadian people to-day there were statesmen who were equal to the emergency, who would deal with this and all kindred questions in a spirit of generous conciliation, and with their help such a policy would be sug-gested as all might adopt for the best interest of peace. (Loud cheers)

HON. EDWARD BLAKE.

While this eminent statesman was delivering a speech in the House of Commons on the dual language question, news came that the Toronto University was being destroyed by fire. This circumstance enabled the hon, gentleman to make an excellent point in regard to the prevailing state of public opinion in the country. His remarks were as follows:

Sir, we have but just heard of an event which we must all deeply deplore. The great institution, the crowning glory, I may be permitted to say, of the educational institutions of our country is at fought for what is as dear to him as your birthright is to you. He fought, aye, conquered, too. Cannot you recognize that this was after all a victory for humanity? Even if it did impose greater difficulties upon those engaged in making a nation in Canada, yet by that very oircumstance we are given the chance of a more exalted triumph and the exhibition of a higher justice and toleration than is permitted to a wholly homoger ous people. Caunot you see that he has conquered? Do you seriously hope to prevail where under greater disadvantages victory was obtained long ago? Surely we can recognize that the thing for which he struggled was Equal Rights, rights equal to your own. You say now that his language is inimical to the constitution, that you must teach him your tongue, and that he must forget his own. He is not to have what is from his point of view equal rights with the Anglo-Saxon race. I regard this as a settled question, and even were my views as to the wisdom of the settlement different from what they are, I would not as a public man attempt to reopen a question which cannot but ensure ultimate defeat and unlimited disaster to the State. I say no. Whether you agree or differ, what has been done is past. I say no a thousand times nc—to the proposal to reopen this question. I maintain that it is the duty of all who truly wish for the progress and prosperity of Canada to defend the rights of minorities. I would regard myself as dishonest if I were to yield to the forces which are brought to bear here.

> Statistics furnished by the religious authorities show that a larger number of pilgrims visited the shrine of Ste. Anne de Beaupre in 1889 than in any previous year, The total number was 100,951, being 9 604 more than in 1885. There were 111 pilgrimages, 97,700 partook of Communion, and 3,047 Masses were celebrated. Among the pilgrima were ten Archbishops and Bishops.