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them to completely fill the jars, a syrup made of one pint of sugar to one and one-half pints water. Put on rubbers and tops and partially tighten tops. Place in boiler, sterilize 20 min Tighten tons and remove ples put up by this method are su able for pies, salads, as a breakfast dish with cream added, for apple dish with cream added, for apple dumplings, or baking whole, and may be canned from orchard culls.

For grape canning use fresh, evenly ripened fruit. Pick from the stem, wash and pack in sterilized jars, pour-ing over them a thin syrup to completely fill the jars. Put on rubbers and tops and partially tighten tops. Sterilize 20 minutes, tighten tops and

Wash and cut rhubarb up, but do not peel the stalks. Blanch for two minutes in boiling water and cold dip. Pack in sterilized jars and pour over them a rich syrup to fill. Put on rub-bers and tops and partially tighten tops. Place in boiler and sterilize for 20 minutes. Tighten tops and remove.

Peel, core and cut up pineapple in any desired shape. Boil for 10 min-ntes, drain and cold dip them. Pack in jars and pour over them a syrup made of one pint of sugar to one and one-half pints water to completely fin the jars. Put on rubbers and tops and partially tighten tops. Sterilize in the boiler for half an hour. Tighten tops and remove.

When canning oranges, lemons, grape fruit, use sound fruit, remove rkims and white pithy substance from surface. Pack whele, sliced or in sec-tions, and completely fill the jars with tions, and completely fill the jars with a syrup made of one pint sugar to one and ene-half pints water. Put on rubbers and tops and partially tighten tops. Put in belier and sterilize for 15 minutes. Tighten tops and store. These products will be found delicious for using when the fresh products cannot be obtained.

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interest to you. FALL TERM COMMENCES SEPT. 7th.

ALBERT COLLEGE BELLEVILLE

ONTARIO

E. N. BAKER, M. A., D.D., Principal



Amusement Dept.

Conducted by Marion Dallas.

Community Picnics Are Popular COMMUNITY Picnic is an or ganized picnic of all the boys and girls, men and women of a township, village or community. Every one is invited and every one is expect-ed to do their share to make it a success. The community picnic is very popular in the States and in many the sections the whole countryside will turn out to have a good time, not only on holidays, but frequently dur-ing the summer season. We are only ing the summer season. beginning to realize that play is essential to the normal development of both the individual and the commun-ity. The country must be made as attractive, socially as the city, if we are to keep our young folks on the farm, and every community should strive to run its own recreations. gatherings should be not only for the people, but by the people. need to learn how to play. The School as the Centre

The City Fathers have granted the use of the school yards this summer to the children as a playground. Why no, make the rural school grounds the center of a community picnic? If parer is of the children visited schoo's a few times, there would be a revolution of the schools inside and

Corimittees to be Formed for the

There should be a sports committee and also a refreshments committee. If there are any grouchy people in the village, don't put them on the sports, try hem on the refreshments. Have any of our readers heard of a Chip-in committee? Their work is to collect che prize money.

Games and Contests. Speed Contests.—Select 10 boys, them take off their shoes and put them in a barrel. They form circle around the barrel and at given signal try to get their shoes out and put them on. The one who suc-

Shot Put.-There can be any number of players for this. Everyone must stand four feet from a jug or pitchet and throw peanuts in the mouth of the The one putting the most peauts in in five trials, receives a prize. Knuckle Down.—Let the players

place their toes against a chalk line on the ground, then kneel down and get up again without using the hands moving the feet from the line.

Egg Race.—The contestants must carry an egg in a spoon, a distance of 20 yards. One hand must be held behind the back. The one finishing first with a whole egg, is the winner

Continuous Glum.-The man woman who can stand the longest before the audience amid the jollying of the crowd without a faint smile, receives a prize

Flower Making.-Have on hand a roll or so of bright colored tissue paper, and several pairs of scissors. Award a prize for the best flowers. This will keep the little folks busy for

Of course there will be lots of young people. Let them dance on the green, the school yard boasts of a lawn. If not, a happy ending would be an impromptu concert in the school house. Blindfold Boxing Match.—A blindfold boxing match, has often been introduced at these picnics, resulting in

considerable merriment. Two men are blindfolded and a book is laid on the mat. Both men get on their knees, laying their left hands on the book. Each man has a coach and is permitted to strike when his coach says "Hit".

Our Duty in the Community

HE Minister of Finance says the Tevery Canadian family would \$20 a year, it would the interest on our national lad ness at the present time. The we can save, the better condition (a ada will be in as a nation.

"In considering women's work in community, we come to a que which has concerned the Institut the past, although for the past of years it has rather dropped Next to being a social of zation for drawing people the most signal service of tute has been the study of the lems of the country. The wo the Institute have endeavored out how their community can proved, and made a better ple which to live, Of course, to the problems of their own con ity. This is just as real patri vice as is definite war riotism has as much to do at he abroad, and the work at home see that the part of the work

Miss McMurchy spoke at a length on the problem of keeping girls on the farm, instead of har them drift away to the cities, her opinion that there are real tunities for women and girls on farm which we have been slow times past to realize. The lig forms of agricutture, such as po raising, gardening, or small fruit in ing, offer inducements worth while girls in the country.

In dealing with women's work the nation, Miss McMurchy point that we should endeavor to in ligently inform ourselves on nat "We can't be indiffe questions. as to what happens in other part the world. Ignorance is one of surest causes of war. think about these questions and sider what are the issues that an ing to determine peace in the fa Every person who has an intelliing to shape public opinion. should read newspapers and zines and endeavor to secure n opinions on international affairs.

"I should like to see in every lage or town a small club of men women who would meet fortale not to have a formal meeting hi discuss national questions. people would make a club quite is enough, and if all were to read up some particular topic, and then a discussion, it would do more anything else to create a sound lic opinion in the country."

"Everybody should be at work the betterment of the community which they live." "The great tro with too many women, however that they are so enamoured their house work that they neve it in its larger relationship, need anything, it is some thought or work which is di away from our own ordinary case For that reason I would urge to something that will not only useful, but will take us out of ordinary routine."—From a report an address by Miss H. McMurch fore the Madoc Women's Institute

Mince Meat .- Two po Mock Mince Ment.—140 per finely chopped suet, four pounds currant, lounds raisins, five pounds is sugar, one and one-half pounds six pounds apples weighed after ping, two tablespoons cinnames, the control of the cont tablespoons cloves, one tables mace, one tablespoon salt, two a boiled cider. Keep in a cool par

Devonsh

A Delicacy Little Known bilities-By Wilfrid Sa

E ver since coming to Cana been impressed with the tunities existing for the ment of a new industry, or would be a sound financial ing for the dairyman, and or would be welcomed by the c In the Niagara peninsula, in of Ottawa, in Poronto and el constant supply of a first-c ted cream would, especially d ruit season, rapidly create emand, returning an adequa to the farmer or dairy man ertakes to pioneer and sub the production

Equipment.

in the main, the equipment ing clotted cream consists of copper or galvanized tan ank, about three feet wide foot deep, is to accommods and is fitted with steam co whereby the water may be The tank is fitted with a c wed in such a way as will pas being supported, and at time surrounded by the wate pass used for the milk are p made of aluminium or block to made of aluminium or block are 20 to 24 inches in diame top, 12 to 14 inches diamet bottom, and are 8 inches deer room is required, fitted with metal shelves. Small stra sembling a culinary straine knives and perforated met ers, complete the essentis of the equipment is such th smith or hardware manuf mpetent, can install with ifficulty; and, apart from mount of floor space requir

The Process.

Having the necessary on prime essential is a ba ally clean milk. The milk, eccived, is poured into the p or each pan from 6 to 8 quans are set aside in the and left for 10 or 12 hours eam to rise. When open he water in the tank hea emperature of about 200 de ans of milk are placed in he greatest care being of der that the layer of crean e distarbed. The steam he ies, and the contents of ach a temperature of 180 to this operation us usual

When the heating or "so apleted, the layer of cre ompieted, the layer oan is crinkled, and appear blanket or "head" of crean surface of the milk, from coone-half inch thick. The new removed, placed on the complete of the control of the n the cooling room and alle we the "clotted cream." ith the skimmer and pla This I for ted strainer. oceeding calls for conside or excessive stirring and be cream is liable to destr re-a highly important

Marketing.

The cream is ready for sa d for marketing purposes o small earthenware jug ip cups similar to those in cups similar to those is receptacles for crear ream is sold by the pound roduced under good conceptions perfectly sweet and typic