

HALLOWEEN PARTY

Saturday,
October 28, 1989

Hotel Convention Inn

Featuring
STEVE MCGARRETT'S HAIR
and
FAMOUS BLUE RAINCOAT



All Bass Outlets
Downhill Riders 488-6303

Smith pushes v-ball Pandas

by Ajay Bhardwaj

When you walk into the main gym and see a young woman coaxing twelve others, at very high intensity, you know it's volleyball season at the University of Alberta.

The young woman is Suzi Smith and the group she's working with is the Panda volleyball team. She's pushing her players for all the right reasons. "If you can simulate the intensity of a game in practice it doesn't matter how intense it gets in a game because you've been there," Smith says. "We're not playing recreational volleyball here. The role of our program is to cater to athletes who want more."

Smith's hard-line approach has come under fire in the past. The brew came to a boil last year when several players refused to play for her. However, she's hoping to put that behind her. Smith is hoping that a more open atmosphere will lead to a better relationship between her and her players.

"It's part me creating an environment that's open and part the players taking responsibility for their actions," Smith says. "There was no single problem last year. There were little ripples that became a wave.

The problem festered and all of a sudden it became a tidal wave. I hope I'm wiser now."

Included in Smith's philosophy of openness are more team meetings. The Pandas had a two and a half hour meeting the week following the final cuts from training camp. "We talked," Smith says. "That didn't happen before. I commend (the players) for that."

All of this comes back to Smith's desire to give her players "the best academics and the best athletics. I'm not aiming for mediocrity. You aspire to a higher level. You have to let your participants know where you are on a spectrum. Like the saying, 'I'd rather burnout than fade away.'"

Smith is a volleyball fundamentalist who also loves to be creative. However, she knows that her players must possess the skills before she can start experimenting. "Some players go nuts," she says with a smile. "We don't touch a ball for the first week. We do movements skills and we simulate movements. Then we get into volleyball skills. The key is we work on serving, defense, and service reception."

Her players do pull their hair out

when it comes to Smith's techniques; especially when she's teaching. "They laugh," Smith says, "because I want to teach them why they're doing something. When I played I wanted to know why, because it helps me justify what I'm doing. My ultimate goal is that by the time they are in their fourth and fifth years, I can walk out of the gym and they can play on their own. I want them to think for themselves."

Smith is hoping to get good seasons from four of her veterans: universal Debra Dyson, setter Colleen Pistawka, and universals Sherry Parkhurst and Julie Scarlett. "They're the ones who will have to deliver the mail," Smith says.

The foursome, along with the emerging crop of youngsters, were able to place third in last weekend's Panda Volleyball Classic Tournament. The Canadian National Team (here for the first time since 1983) took the gold medal, while the International Ambassadors (a professional team from California) took the silver medal. The University of Regina Cougars finished fourth in the four team tourney.

Pandas one win away from nationals



The Panda soccer squad squeezed by UBC 1-0 to move closer to the CIAU championships.

Pandas 1 T-Birds 0

by Rajan Bhardwaj

The University of Alberta Pandas and the UBC Thunderbirds are two of the most equally matched teams in women's soccer, with neither team winning a game by more than one goal in their two previous meetings this season. That trend continued on Friday, as the injury-riddled Pandas defeated the T-Birds 1-0 at Faculte St. Jean to remain the only undefeated team in Canada West.

Both teams played hard all game, and both had good scoring opportunities, with the Pandas coming close on three successive corner kicks, and the Thunderbirds getting a few good chances with about ten minutes left in the first half. Despite these chances however, the game was still scoreless after 45 minutes.

UBC began to press after their second half kickoff, and penetrated the Alberta zone, only to have the strong Panda defence break up their plays. Even when the T-Birds

did get into Alberta's zone, the Pandas allowed very few shots on goal.

The tie was broken in the 56th minute, when forward Gabriella Madalena booted the ball into the bottom corner of the UBC net from 10 yards. Thunderbird goalkeeper Teresa Willman watched helplessly as Madalena's innocent-looking kick found the back of the net.

The T-Birds doubled their effort and came close to tying it up as the game continued. They hit one post and were stopped by Panda goalkeeper Cathy MacDonald several times. The Pandas were fortunate at one point when MacDonald was caught out of position and UBC practically carried the ball into the net. Once again, the strong defensive play of the Pandas cleared the ball.

The hard-fought victory gives the Pandas a 5-0 record with three games remaining. Coach Tracy David thinks that her soccer squad

could go undefeated for the rest of the season. "I think we can go undefeated. I don't think that's unrealistic to expect at all. All we need, really, out of the next three games is two points."

The only thing that worries David is injuries. With defender Sherri Froc out for the season and forward Nikki Townsend probably out for that long, the Pandas are definitely hurting. As for defender Kelly Vandergrift, who was cleared in last weekend's Lethbridge game, David is hopeful. "She will probably be ready to play, if not by next weekend, the weekend after, so we will have Kelly in time for the National Championships." Goalkeeper Lisa Tilley is also out, but is expected back.

THROW-INS: Friday's game was the Pandas' last at home. They play in Cowtown and Lethbridge next weekend, and then in Saskatchewan on November 4, with the CIAU Championships going at Acadia on November 10-12.

Sean Costall

Beach On Whyte

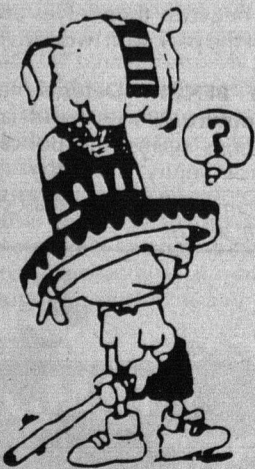
SUN TAN SALON
HALLOWEEN SPECIAL

13% off
on ALL TANNING PACKAGES & PRODUCTS

11124-82 AVENUE Ph. 431-1595

FRIDAY OCTOBER 13 to OCTOBER 31/89

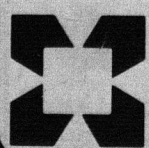
MAZATLAN



READING WEEK

FEBRUARY
17-25, 1990

8 nights from \$659.00



TRAVELCUTS

S.U.B. U OF A 492-2592