

HOUSEHOLD.

Lydia.

Lydia is gone this many a year,
Yet when the lilacs stir,
In the old gardens far or near,
The house is full of her.

They climb the twisted chamber stair;
Her picture haunts the room;
On the carved shelf beneath it there
They heap the purple bloom.

A ghost so long has Lydia been,
Her cloak upon the wall,
Broidered and gilt and faded green,
Seems not her cloak at all.

The book, the box on mantel laid,
The shells in a pale row,
Are those of some dim little maid
A thousand years ago.

And yet the house is full of her ;
She goes and comes again;
Like lilacs in the rain.
And longings thrill, and memories stir,

Out in their yards the neighbors walk
Among the blossoms tall;
Of Anne, of Phyllis, do they talk
Of Lydia not at all.

—Selected.

Training Children.

The social club was spending the afternoon with Mrs. Doane, and the conversation turned to the training of children. After each one had given her theory on the subject, one of the ladies appealed to the hostess. 'Can not you give us some points on the training of children?' she asked. 'Yours are known to be models of courtesy, studious, and always ready to do their best in whatever they undertake.'

'One of the most difficult of my tasks,' replied Mrs. Doane, 'was the studying out of some plan to make them attend to their lessons and their various duties. As soon as each had attained sufficient age, a certain task was allotted, and this must be performed at an appointed time and in a precise manner, according to instructions. I found that in spite of all my admonitions they would rush through their tasks, and were given to scamp-ering through their work in the most wretched fashion.'

'Ordinary punishment and the continued "line upon line, and precept upon precept," utterly failed of its purpose. One day an inspiration struck me, and I tried an experiment; I wrote upon a card this proclamation: "Be it known to the children of this family, that no pleasures are to be indulged in unless work is thoroughly done, and at the proper time. Delinquents must not ask for privileges of any sort when work is unfinished or badly done, Mamma.'

This was fastened to the dining-room door. I said nothing, but went about my work as usual. One by one the youngsters studied out the order. Some of them shook their heads, and looked wise, others laughed, and then looked troubled.

The next day a drive to a neighboring pleasure resort was to be taken, and it nearly broke my heart when, at the last moment, I was obliged to forbid two of my children dressing for the drive, because their work had been so grossly neglected. I would have been glad to stay at home with them, but felt that the order must be enforced, and was certain that the lesson would not have to be repeated many times. Two pitiful little faces looked after me as we drove away, but I really thought it only just to those who had done their duty to make the day as bright and delightful as possible. We had a glorious time, and got home to find one little curly head asleep on the sofa, with very evident tear-stains covering her face. The other had done her work over, and it was perfectly done, too. Those two required only one additional lesson. For the others the punishment was several times repeated.

'After a time it came to be understood among the children that conscientiously per-

formed tasks were rewarded by a correspond-ingly pleasant time in some way. I took pains to keep things in store for such re-wards, and it was surprising what an effect it had on those little untrained minds. I never gave them money, toys, sweets or tangible re-wards—this was too much like "value received" and hiring. But they had a good time, and I never failed to impress upon their minds that much of their pleasure arose from the con-sciousness of duty well performed.

I do not approve of hiring children by the ordinary methods; it seems to have a bad, rather than a good effect, upon mine at least, and I find the pleasure-in-store plan very much better, particularly as I can at the same time impress upon their minds that this will be the case all through life. This method I have followed for more than fifteen years, and I think I may confidently say that whatever my children undertake to do is done well.'—Elizabeth S. Gilchrist, in the 'American Agri-culturist.'

Selected Recipes.

Egg and Lettuce Sandwich.—To make this pound the yolks of hard-boiled eggs to a paste, season with salt and pepper and add enough mayonnaise or French dressing to stir to a creamy consistency. If French dressing is used a little sweet cream may be added also. Spread the mixture on thin slices of buttered bread, put a crisp lettuce leaf cut in strips on top of the paste, sprinkle the chopped white of the eggs over the lettuce, add the other slice of bread and cut in triangles.

Two Luscious Dishes.—Southern Muffins with Strawberries: Nothing can be more deli-cious than the following recipe of southern muffins served during the strawberry season for breakfast: Take four eggs, two cups milk, two cups flour, a little salt. Beat the eggs very light, whites and yolks separately. Beat in two cups milk, add the flour very gradu-ally, beating all the time; half a teaspoon salt. Bake in well greased muffin tins from twen-ty minutes to half an hour in a very hot oven. If properly cooked they will puff up so that, when done, the inside is very nearly hollow. With a sharp knife cut off the top of each muffin. Fill the hollow centre with se-lected ripe strawberries, sprinkled with sugar. Put on the top of each muffin and sprinkle with powdered sugar. Serve with cream.

Scotch Cakes.—One pound flour, one-half pound of butter, and one-quarter pound of su-gar; let the butter stand in a basin near the fire to soften, but not to melt; when soft, rub it into the flour; then rub in the sugar. Roll out a sheet half an inch thick, cut out cakes about two inches square, and bake un-til they are light brown. Put them away in a stone jar, and they will in a day or two ga-ther moisture enough to be soft.—'Harper's Cook Book Encyclopedia.'

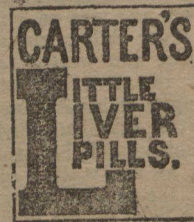
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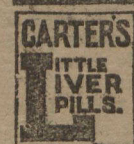
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I am, yours respectfully,

AGNES McKIM.

STILL THEY COME.

Sandringham, Ont., June 26, 1905.

John Dougall & Son, Montreal.

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am, yours truly,
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