

Housekeeping, Nursery, Gardening and News of Interest to Women

TEACH CHILDREN TO CO-OPERATE

Idealistic System of Kindergarten Instruction Defended at Teachers' Association.

HARD TO GET GRANTS

For Case of Defective Children, is Claim of Commissioner Star.

The annual meeting of the Toronto Teachers' Association is now in progress. Its sessions yesterday dealt largely with the special work of the different grades and were held in various schools throughout the city. Today the meetings of the general association will be held in convocation hall, closing with an address at 2:30 p.m. by Mr. R. A. Cowley, chief inspector.

In an address before the kindergarten yesterday, Mr. Cowley drew a contrast between the Montessori and the kindergarten methods. He pointed out that some were afraid that the former might supersede the latter. He did not agree with the philosophy upon which the Montessori system is based. It is based upon a materialistic and scientific philosophy instead of upon the idealistic and theistic. The one system emphasizes competition and the other co-operation and co-operation is the last word that has been said in modern education. From the kindergarten and the glory of the Froebelian system, nothing had been taken away by the Montessori.

Mothers' Clubs.

The good that would accrue to the children from the establishment of mothers' clubs, was the subject of an address by Miss Currie and Mrs. J. L. Hughes pointed out the danger that threatens when teaching the occupations of Froebel, of forgetting the principles which the great educator meant should underlie them.

A folk dance by twelve of the kindergarten, and vocal solos by Miss L. Laidlaw and Miss Isobel M. Wray diversified the program.

Rev. John McNeill spoke to the teachers of the junior first grade at Ryerson school. In her address to the same grade, Dr. Helen MacMurchy cautioned the teachers that their actions counteracted upon their pupils. Even slowly writing upon the blackboard would have its effect. Study to find the specialty that every child possesses. "Treat children as human beings was the advice of the speaker.

Some Play—Some Work.

The subject of part-time classes was taken up by Mrs. W. H. Kerr, of Queen Victoria school, and Miss G. Dixon. Mrs. Kerr told of her experience with 100 children for whom there were only 47 seats in each class. The idea of the advocates of the part-time method is that two-thirds of the children should be out in the air playing, while the remainder were inside at their studies. Experiments had proved that those outside went in and worked more vigorously and understanding than they otherwise would have done.

English Grammarless?

In the senior third grade the principal discussion was the point of more or less grammar in the schools. An idea prevalent among teachers was that there ought to be an increase in the teaching of this subject. Chief Inspector Cowley was not of this opinion. The English language, he said, had often been referred to as a grammarless language, and you can't force a formal grammar upon a grammarless tongue.

Mr. G. A. Reid, R. C. A., illustrated his address to the third grade teachers by a collection of pictures, pointing out what would best suit school children, meant to point out the history of art.

Trustee Ellis gave his view of the ideal school building, and Mr. M. Parkinson, editor of the "Canadian Teacher," gave a very much enjoyed talk on the Canadian poets.

Begin Early.

The teaching of literature to the senior first grade, was emphasized by Mr. W. H. Elliott, B. A.

Dr. Helen MacMurchy gave a short address on mentally defective children, and pointed out the necessity for grasping opportunities as they present themselves.

More Meetings.

Well attended meetings were held at

How Thin People Can Put on Flesh

A New Discovery

This men and women—that big, hearty, filling dinner you ate last night. What became of all the fat-producing nourishment it contained. You haven't gained in weight one ounce. That food passed from your body like unburned coal through an open grate. The material was there, but your food doesn't work and stick, and the plain truth is you hardly get enough nourishment from your meals to pay for the cost of cooking. This is true of thin folks the world over. Your nutritive organs, your functions of assimilation, are sadly out of gear and need reconstruction.

Cut out the foolish foods and funny savoury diets. Omit the flesh cream rub-ons. Cut out everything but the meals you are eating now and eat with every one of those single Sargol tablets. In two weeks note the difference. Five to eight good solid pounds of healthy, "stay there" fat should be the net result. Sargol charges your weak, stagnant blood with millions of fresh new red blood corpuscles—gives the blood the carrying power to deliver every ounce of fat-making material in your food to every part of your body. Sargol, too, mixes with your food and prepares it for the blood in easily assimilated form. Thin people gain all the way from 10 to 25 pounds a month while taking Sargol, and the new flesh stays put. Sargol tablets are a scientific combination of six of the best flesh-producing elements known to chemistry. They come 40 tablets to a package, are pleasant, harmless and inexpensive, and all druggists sell them subject to an absolute guarantee of weight increase, or money back.

Carnival of Nations.

For the week commencing November 17 the armories will be the scene of one of the largest productions ever allowed to enter the country. The fête will be under the auspices of the Daughters of the Empire, in aid of the prevention of tuberculosis, and will take the form of a carnival of nations.

The services of the cleverest amateur performers have been secured and the whole production promises to be the most successful effort of the season.

BARGAINS IN PLAYER-PIANO ROLLS.

A Quick Clearing of Popular Music at Big Discount.

Ye Olde Firme of Heintzman & Co., Ltd., 124-126 York Street, Toronto, are closing out a large assortment of player-piano music at a big reduction from regular prices. Many of the most popular pieces of the day are in the selection—suited to 65 or 88 note players. Call and see and hear the music or if out of town, write for more information.



NURSERY

CONDUCTED BY

Elmer Murray

COLDS, THEIR CURE

When any member of the family has a cold, he or she should not be allowed to hold the baby. It is not always possible to avoid this, but at all events it is possible to refrain from kissing the little one. Keep handkerchiefs for baby's exclusive use.

When a cold is started, it is difficult to cure it. Castor oil is the only safe medicine for the mother to give on her own responsibility. This should be given at once, and if the cold is in the head, drop olive oil up the nostrils several times every day; or insert vaseline with a piece of absorbent cotton.

For an older child the time-honored castor oil is safe and effective. If the throat is sore apply a hot pack. Take a strip of flannel, dip it in hot water, squeeze dry and wrap it around the baby's neck. Cover this with dry flannel. Change the pack every half hour. Very cold packs are quite as good—but not so comfortable for little babies. The hot pack is good for a throat cough, too, but if the cough is from the chest, only steaming will relieve it. A mustard plaster made of two teaspoonsful of mustard and four of flour, mixed to a paste with cold water, may be placed on the chest for five minutes at bedtime.

A flannel sprinkled with camphorated oil and placed on the chest and back sometimes relieves the little baby's cough.

If the baby has fever along with its sore throat, or if the child shows no improvement after trying the foregoing remedies for its cough, consult your doctor for fear of a constant disease, or of bronchitis or pneumonia.

Never give baby a patent cough mixture.

The easiest way to treat colds and coughs is to prevent them; and this may be done by adjusting baby's clothing to suit the temperature of the house and outdoors; and keeping the air around him continually fresh and pure.

If your child takes cold very easily and breathes thru his mouth you may suspect adenoids and insufficient breathing space.

the Winchester and Heister House schools.

"Oral composition" was treated by Dr. Kirkpatrick, of the school of expression, in his talk of literature, and Mr. H. J. Ballestrine spoke along the same lines. Mr. J. M. Tran, of the Central Business College, spoke on the methods of teaching shorthand.

Commissioner Starr addressed the kindergarten grade, and later spoke to the senior first grade at Dawson street school. In each case the subject of his address was the juvenile court.

Make a Home for Them.

In speaking of his work, the commissioner asked, "Do you believe in the bad boy or girl?" Answering his own question, he was of the opinion that to give delinquents a happy home is the duty of the endeavor of the best heads and hearts in Canada.

Mr. Starr thought that there is a possibility that the world today is overlooking the work of keeping good boys and good girls good, attention going more along reformative lines and endeavoring to make bad girls and bad boys into good specimens of each kind.

Only 1000 Delinquents.

He thought that spoke well for the efficiency of the men and women who have charge of Toronto schools, that of the thousands who come under their care, only one thousand are delinquents, the thought of it causes a shiver to run down the back-bone of the legislator.

The difficulty that gives rise to delinquency is that many a poor, neglected, good boy or girl, but simply immoral. Agreeing that the school and church have responsibility in connection with the child, Mr. Starr stated that it is the community which is really the parent of every child, and the keynote to public policy everywhere should be the care of the children of the community.

"But this is not recognized," said Mr. Starr. "It is easy to get grants for dependent trees, dependent hogs, dependent fish, but for dependent children, the thought of it causes a shiver to run down the back-bone of the legislator."

Referring to defective children, Mr. Starr pointed out that there are now between five and six thousand in Ontario, and their number is on the increase. This increase is due to the low class of immigrants who are often allowed to enter the country. "For these," said Mr. Starr, "we want places like Vineland, we want five or six of them." In conclusion, the optimistic outlook given was, that never in the history of the world was there such attention given to the child as now.

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EFFICIENT HOUSEKEEPING

BY HENRIETTA D. GRAUEL

DOMESTIC SCIENCE LECTURER

A Few Words About Cooking and Serving Fish

WHEN planning a fish dinner decide first what other foods are to be served and how the fish are to be cooked. A large fish baked with an oyster stuffing is a rich satisfying dinner in itself and little else will be needed. Small fish, however, are sweeter in flavor and make an excellent course between the soup and the entrees.

For this last a half pound fish should be allowed for each diner, and you will need a slice of bacon for each fish for garnishing.

After the fish that are to be fried are scaled and cleaned, it is necessary to rub them with a soft clean cloth if you expect the cracker dust to adhere to them. Rolling the fish in flour and then dipping them in egg before breading them insures a good coating, but one too hard and thick to be enjoyed by the majority. There are persons who like a coating of corn meal, but this is always granular and pebbly and not to be compared to the cracker dust.

To fry small fish have plenty of frying fat very hot but not smoking. Roll the fish in stiff, seasoned cracker dust and immerse at once in the fat. Do not put too many fish in at first, it reduces the heat of the fat and ruins the process.

If the fish are to be pan-fried use a mixture of bacon dripping and butter, and have it very hot when the fish go in, cook slowly until one side is well browned. Turn and finish the under side.

Every one does not like a sauce served with fish and, except sauce, there is nothing more desirable than parsley nicely fried and the bit of bacon I spoke of above. Have the bacon sliced very thin and broil it in its own fat. It should be golden brown in two minutes. Remove it and turn in the parsley minced finely, lift the pan from the fire as too much heat takes the bright green color out. Toss it about until it is crisp and sprinkle on the fish and bacon.



THE GARDEN

CONDUCTED BY

RACHEL R. TODD

M.D.

Transplanting from the Garden for House Culture

Now is the time, before the first frosts spoil your specimens, to take in, after potting, any of the ordinary annuals, such as ten-weeks' stock, or small asters, ageratum, morning glory, dusty miller, small coleus plants, Japanese pink, geraniums, and several others which may be utilized as house plants for a few weeks, at any rate.

Now a small sized dusty miller makes one of the prettiest ornaments for your polished mahogany that you could possibly wish for. Have you ever tried one?

The long, graceful, velvety-grey leaves, dusted over with silvery powder, is incomparably lovely. The plant, with proper care, will serve as a beautiful ornament until Christmas-time, as a rule. Is it not worth while?

The coleus plants, often called foliage plants, are so uniquely marked, some fringed, some scalloped, some toothed, that any one of them is a refreshing object for the tired eyes to rest upon, no matter whether it be on the mahogany or on the window sill, where the sun, shining thru the leaves brings out all the matchless beauty of veining and coloring. Be wary for this plant. Sometimes a tall, white, bushy plant that looks so tightly to the plant that it resembles a mould, attacks the stems and leaves. This means too much damp, and not enough sun. Tobacco smoke, or the fumes from burning sulphur, will bring renewed health to the plant, if it is doctored as soon as the disease is noticed.

The Japanese pink is indescribably attractive. If you can find a specimen that has rather late in blooming, double, full-fringed, well-marked, bring it in; or a well-rounded plant with single flowers, fringed and starred, with healthy-looking buds appearing, bring this one in also. We have kept several of these plants, apparently unchanged, for week after week, almost the whole winter. True, there is no perfume to these plants; pink, but then, we cannot expect to have every one of our senses gratified. The eye, being the true window of the soul, cannot help but throw the loveliness inward, and think of the unforgettable message remaining.

TORONTO MAN WAS DEAD WHEN FOUND

BROCKVILLE, Oct. 16.—(Special.) John A. Hogie, aged 58, residing at 527 1/2 Dufferin street, Toronto, was found dead in his room at the Central Hotel at 6 o'clock this morning when called to take his train, the Toronto G. T. R. local, of which he had been employed as baggage man for several years. The evidence of Conductor Johnson, taken at the inquest, showed that Hogie had had heart trouble and eczema, and the jury accordingly returned a verdict of death from natural causes. From the position of the body it was evident that Hogie had passed peacefully away. The body was taken to Toronto tonight.

Hogie was born in Sydney Township, near Belleville.

How Any Woman Can Remove Fuzzy Growth

(The Modern Beauty)

Many beauty shops use a delicate paste for removing hair from the face, neck or arms, as it is more satisfactory in every way than the electric needle. Enough of the powdered delatone and water is mixed into a paste and spread on the hairy surface for two minutes, then removed, and with it comes every bit of hair. After the skin is washed it will be firm and free from blemish. To insure best results, buy the delatone from your druggist in an original package.

Going and Coming

Old Dutch Cleanser

Chases Dirt

Chases Dirt

Chases Dirt

Chases Dirt

Chases Dirt

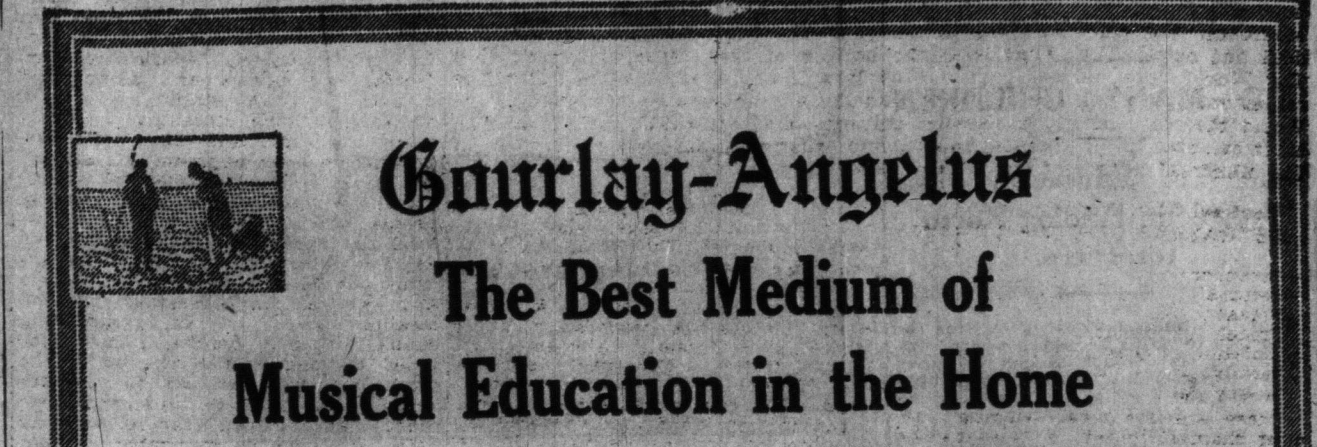
Chases Dirt

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Chases Dirt



Gourlay-Angelus

The Best Medium of Musical Education in the Home

The Gourlay-Angelus, on which the best music can be played with a touch that is human and a technique that is perfect, holds a worthy place in the most refined home.

Heretofore, musically trained children depended solely on concerts for hearing the works of masters rendered by artists, but now the Gourlay-Angelus brings all these educational advantages to the home.

A Refining Influence

The highest standard of music is enjoyed by the whole family. The marvelous expression devices of the Gourlay-Angelus give a human touch and personality to every individual interpretation. Old and young are moved by this inspiring influence in their daily life—previously felt only occasionally at great concerts.

A Human Accompaniment

The ingenious melodant device gives absolute control over the accompaniment, subduing it or emphasizing it at will. Melody notes are picked out and sustained with clear precision, however complicated the arrangement.

A Help to the Pupil

For one learning a difficult piano selection it is most helpful to play it over first on the Gourlay-Angelus and grasp the technical difficulties.

In short, the Gourlay-Angelus elevates the musical conceptions of every member of the family to that standard of music enjoyed by the great artists. It is the amazing human possibilities of the Gourlay-Angelus which make it unquestionably the best medium of musical education in the home.

Gourlay, Winter & Leeming

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