

self in our behalf, and that she will obtain for us victory over our temptations, strength in our trials, and heavenly consolation in our afflictions.

We say to each of you in the words of St. Bernard: "Whosoever you are, when you find yourself tossed about by the storms and tempests of this world, turn not your eyes from the brightness of this star, if you wish not to be overwhelmed by the tempests. If the winds of temptation arise, if you are thrown upon the rocks of tribulation, look to the star; call upon Mary. If you are tossed by the billows of pride, or ambition, or detraction, or envy, look to the star; call upon Mary. If anger, or avarice, or the snares of the flesh disturb the vessel of your soul, look to Mary. If you are shocked by the magnitude of your sins, confused by the consciousness of guilt, terrified by the horrors of judgment, overwhelmed in the depths of affliction, or sunk in the abyss of despair, think of Mary."

O Mary, conceived without sin, pray for us and obtain for ourselves, the priests, religious and faithful of our Diocese, the abundant blessings of heaven. Obtain for us hatred of sin, the spirit of penitence and prayer, fervor in the service of God, an ardent desire of heaven and the holy love of God. "*Sancta Maria, succurre miseris, juva pusillanimes, refere debiles, ora pro populo interreni pro clero, intercede pro devoto femineo sexu. Seniant omnes tuum juramen, quicunque celebrant tuam sanctam commemorationem.*" "O Holy Mary, be thou an help to the helpless, a strength to the fearful, a comfort to the sorrowful; pray for the people, plead for the clergy, make intercession for all women vowed to God; may all that keep thine holy remembrance feel the might of thine assistance."

We enjoin the Reverend Clergy to hold devotions in their respective churches during the month of May in honor of our Blessed Lady; these devotions to consist of the Rosary, the Litany of Loretto, a short instruction or Meditation on the virtues and prerogatives of our Lady. In cities, towns, and other centres of the faithful, it would be advisable to hold these devotions every evening, and in country missions at least twice in the week at the hour most convenient for the people. We